

WHAT TO DO IN CASE OF A BLOOD/BODY FLUID EXPOSURE

Interim LSU Public Hospital (ILH)

Employee Health Services

Pocket-Guide



Employee Health Services

2021 Perdido Street

University Hospital Room W555

Monday - Friday

6:30 AM - 3:30 PM

504-903-3671 phone

504-903-4706 fax

Healthcare Worker Guidelines

1. In the event of an exposure, notify the floor supervisor or charge nurse and complete an incident report form. **ILH employees are to complete form MCLN 0741. All others (i.e., contract workers, medical residents, fellows, visitors, students or volunteers) are to complete MCLN 0742. Please place the source patient's (i.e., the patient from which the blood or body fluid originated to which the healthcare worker was exposed) hospital label on the upper right corner of the**

incident report form or write in the source patient's name, medical record number, and date of birth. Supervisor/charge person is expected to assist any healthcare worker exposed in their area of responsibility with the paperwork and process.

2. Have blood drawn on the **source patient** for Rapid HIV, Hep B, and Hep C serologies. Obtain Source lab slip from <http://www.mclno.org/webresources/needlestick/index.htm> (click Get Forms). Place hospital label or write source patient's information on the lab slip. Obtain two purple top tubes on the source patient, label the tubes and complete specimen collection information. **Please note the lab will not conduct the lab test if the exposed person's contact information (name and telephone number) is not included on the source patient's lab slip.**

3. Have someone hand-deliver the form with the source patient's specimens to the Blood Bank.

4. Report to the Emergency Department – Urgent Care Clinic Located on 5th Floor University Medical Office Building (UMOB) ASAP with completed incident report, for medical evaluation and assessment of exposure.

5. Emergency Department Physician will evaluate the status of the source patient (including behaviors that may increase risk for bloodborne disease). The Blood Bank will report the Rapid HIV result of the source patient to the Staff Physician in the ED. The ED physician will also evaluate the health care worker's immunization status for hepatitis B and Tetanus and give boosters when appropriate. Blood Exposure/Needlestick baseline testing of the healthcare worker for HIV, HbsAg, HbsAb, and Hep C is drawn in the Emergency Room. Please have a copy of your ID or Drivers License available.

6. If the healthcare worker is to receive HIV post exposure prophylaxis (PEP), see provider instructions (<http://www.mclno.org/webresources/needlestick/index.htm>) to obtain post exposure needlestick lab slip. The following labs will be drawn in the ED prior to initiating antiretroviral medications:

- CBC with diff and platelets
- CMP (BUN, ALT, AST, amylase, creatinine, direct bili)
- UA
- UPT and BHCG for childbearing aged female

Healthcare workers will receive the first dose of antiretroviral medications in the ED along with two prescriptions: a prescription for a three day supply and a prescription for a five day supply of antiretroviral medications. The three day supply will be filled by Interim LSU Public Hospital (ILH) Pharmacy at Ambulatory Clinic 1450 Poydras Street during their hours of operation 8 AM – 5 PM M - F. After hours or on weekends/holidays, any prescriptions for the 3 day supply will be filled by in-patient pharmacy. The 5 day supply will be filled by the healthcare worker's pharmacy of choice. To expedite timeliness of medication filling, the Emergency Department MD can call in prescription to healthcare worker's pharmacy of choice (see below for 24 hour pharmacy list).

Remember, HIV postexposure prophylaxis is to be taken for 4 weeks. The purpose of the 3 day prescription filled expeditiously at ILH is to ensure that the healthcare worker does not have an interruption in therapy while he is arranging for his workers' compensation mechanism to fill the rest of the medications (the 5 day prescription followed by the prescription for the remainder of the 4 week course).

7. After reporting to the ED, all exposed personnel are to report to or call Employee Health **ASAP** to assure that all postexposure reporting, bloodwork and follow-up is arranged. After hours or on weekends/holidays, personnel are to report on the next working day to complete the postexposure process.

Employee Health Services will facilitate follow-up care in the HOP Clinic, or the healthcare worker may be followed by their physician of choice for the remainder of the therapy.

8. Medication Procurement/Workers' Compensation

ILH employee will receive a copy of the Office of Risk Management Workers' Compensation letter signed by the Employee Health Nurse or ED RN Supervisor, with their prescription. This letter is to be given to your pharmacy of choice to obtain medication at no cost.

ILH Healthcare workers filing for workers' compensation must report the incident to Worker Compensation Room 204 Butterworth Building, 1541 Tulane Avenue. All others are to follow their organization's procedure for postexposure management.

All Non-ILH employees must follow their organization's workers' compensation policies to receive subsequent doses of medication.

- **Tulane Residents and Staff MDs** are to contact Tulane University

Office of Environmental Health and Safety at 504-988-2869 after reporting to ILH Employee Health Services.

- **Tulane Medical Students** should call 504-988-6929 Mon-Fri 8 AM to 4 PM. **After business hours page the physician on call at 504-538-7277.** After reporting to ILH Employee Health Service, the student must still notify the Tulane Bloodborne Pathogen Coordinator at 504-988-6608.
- **LSUHSC Residents & Staff MDs** are to contact LSU Worker Compensation at 504-568-3916 after reporting to ILH Employee Health Services.
- **LSUHSC Medical Students and Nursing Students** are to contact Student Health Services at 504-525-4839, **if after hours call 504-412-1366** after reporting to ILH Employee Health Services.
- **LSUHSC Dental Students** are to contact the Dental School Nurse at 941-8393 after reporting to ILH Employee Health Services.

24 hour Pharmacies

Rite Aid 4936 Veterans Memorial Boulevard 504-883-5616 **Open Until 9 PM** and 4330 S. Claiborne Ave 504-896-4570 **Open Until 9 PM**

Walgreens

4400 S. Claiborne 504-891-0976 **Open Until 9 PM**

4110 General DeGaulle 504-433-3297

678 Terry Pwky 504-366-1535

821 W. Esplanade 504-468-5479

288 Hwy 190 985-624-8548

4421 Airline Hwy 504-836-2316

1260 Front St 985-641-5557

CVS 3345 Metairie Rd 504-832-1765 **Open Until 10 PM**