

**Lydia Y. Melendez-Ramirez, MD**

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PRESENT POSITION

Director of SHAP/Comprehensive Diabetes Clinic MCLNO  
Assistant Professor of Medicine  
Section of Endocrinology  
LSU Health Sciences Center  
February 2008- Present

EDUCATION

College: 1980-1983 University of Puerto Rico  
Rio Piedras, Puerto Rico  
Premedical Studies, Biology Major.

Medical School: 1983-1987 University of Puerto Rico School of Medicine  
San Juan, Puerto Rico  
Medical Doctor Degree

Internship: 1987-1988 Internal Medicine, Louisiana State University  
Charity Hospital, New Orleans, LA

Residency: 1989-1991 Internal Medicine, Mount Sinai Medical Center  
Miami Beach, FL

Fellowship: 2004-2006 Endocrinology, Diabetes and Metabolism, Louisiana State University  
Health Sciences Center, New Orleans, LA.

BOARD CERTIFICATION

NBME #342122 Part I (06/85) Part II (09/86) Part III (03/88)

FLEX I, II # 620414903 (12/87)

ABIM # 137316

Original Certification (1991)

Recertification (2001)

Endocrinology, Diabetes and Metabolism

Original Certification (2006)

MEDICAL LICENSURE

State of Louisiana #019748  
State of California #G65036  
State of Florida #ME0059014

HONORS AND AWARDS

Academic Excellence Award University of Puerto, Rico, 1981  
BBB Biology Honor Society, 1992  
Upjohn Achievement Award, Outstanding Resident for the Year, MSMC, 1991  
Genentech Clinical Fellows Travel Grant 2006

PROFESSIONAL CERTIFICATIONS

Thyroid Ultrasound Reading and Ultrasound Guided FN Biopsy (03/06)  
DXA Reading (03/06)

PREVIOUS PROFESSIONAL EXPERIENCE

Volunteer Research Assistant  
“Acute ischemic and Reperfusion Injuries in Skeletal Muscle of Rabbits”  
Drs. A. Chervu, MD and W. Quifiones-Baldrich, MD  
UCLA Dep. of Vascular Surgery  
200 UCLA Medical Plaza  
Los Angeles, CA 90009  
(11/1988-05/1989)

Staff Physician CAC Ramsay-United Healthcare HMO  
701 NE 164<sup>th</sup> Street  
North Miami Beach, FL 33162  
(07/1992-10/1996)

Attending Physician South Florida State Hospital  
1000 SW 84<sup>th</sup> Ave  
Pembroke Pines, FL 33025  
(11/1996-11/1998)

Locums Tenens Physician  
Sterling Medical Corporation  
Weatherby Locums  
(03/2000-06/2000)

Staff Physician Liberty Healthcare  
Community of Landmark  
20000NW 47<sup>th</sup> Ave.  
Opa Locka, Fl 33155  
(07/2000-06/20004)

Private Medical Practice General Endocrinology  
West Jefferson Hospital  
Dr Tilak Mallik, MD  
111 Medical Center Blvd. Suite 113 Marrero, LA 70072  
(12/2006-12/2007)

#### PROFESSIONAL AND SOCIETY MEMBERSHIPS

American College of Physicians –American Society of Internal Medicine  
Member (1990)  
Endocrine Society Member (2004)  
American Diabetes Association Member (2004)  
American Association of Clinical Endocrinologists, Member (2004)

#### INTRAMURAL PRESENTATIONS

Grand Rounds: “Ciguatera Intoxication”  
Mount Sinai Medical Center Miami Beach FL, December 1989  
Morbidity and Mortality Conference: “A rare case of Tetanus”  
Mount Sinai Medical Center Miami Beach FL March 1990  
Grand Rounds: “Myocardial Damage and Tetanus Toxin, A Review of the Literature”  
Mount Sinai Medical Center Miami Beach FL March 1990  
Grand Rounds: “Corneal Melt in Rheumatoid Arthritis”  
Mount Sinai Medical Center, Miami Beach FL March 1991  
Endocrine Grand Rounds: “Usefulness of Capillary Fasting Glucose in the Identification of  
Subjects with Impaired Glucose Tolerance”  
University of Miami, Miller School of Medicine Miami, FL May 2006

#### PUBLICATIONS

Cefalu WT, Richards RJ, Melendez-Ramirez LY. Redefining Treatment Success in Type 2  
Diabetes Mellitus: Comprehensive Targeting of Core Defects. Cleveland Clinic Journal of  
Medicine. 2009;76(Suppl 5):S39-S47  
Richards RJ, Melendez-Ramirez LY, Cefalu WT. Sensitizer vs. Secretagogue as First-Line  
Therapy for Diabetes? In: Controversies in Diabetes Management. Rizza RA and Vella A, eds.  
In Press  
Melendez-Ramirez LY, Richards RJ, Cefalu WT. Complications in Type 1 Diabetes Endocrinol  
Metab Clin North Am. 2010 Sep;39(3):625-640

#### CLINICAL INTERESTS

Diabetic Peripheral Neuropathy  
Diabetes and Pre Diabetes  
Obesity