Nutritional		<b></b>		Is it safe to take
Supplement	Claims	Side effects	When not to take it	otherwise?
			It should be avoided with	
		Increased	certain chemotherapy agents	
	Antiovident		and with radiation therapy.	
	Antioxidant,	stool, flu-like	Data has shown stimulation of	
	Immune	symptoms,	breast cancer cells. There are	
	enhancing,	slight	multiple potential interactions	Not recommended
	Stimulate	headaches,	with chemotherapy due to its	due to lack of
<b>_</b> .	secretion of GI	swollen	effects on the liver metabolism	evidence to
Essiac	motility	glands	of some of these agents.	support claims.
Hydrogen	Given orally,	Lethal gas		
peroxide	intravenously or	embolism,		Not recommended
therapy (oxygen	by colonic	tear in the	Alone or in conjunction with	due to potential
therapy)	irrigation	bowel	any other therapy	harm
			It should be avoided during	
			chemotherapy and radiation	
			therapy. Curcumin has some	
			estrogenic properties and	
			should be avoided in breast	
			cancer patients. Curcumin has	
	Anti-	Nausea or	shown to decrease platelet	
	inflammatory,	diarrhea but	function, so it should be	
Curcumin	stimulated bile	generally well	avoided by those on blood-	
(Turmeric)	production	tolerated	thinning therapies.	Likely safe
	Antioxidant and		Due to antioxidant properties, it	
	immune	GI distress	should be avoided with certain	
	enhancing	and hive-like	chemotherapy agents and with	
Juice Plus	properties	rash	radiation therapy.	Likely safe
			Take with caution with	
		GI upset,	barbiturates. Due to potential	
		diarrhea,	antioxidant properties, it should	
	Anti-inflammatory	vomiting,	be avoided with certain	
	and immune	overactive	chemotherapy agents and with	Likely safe short-
Ashwagandha	enhancing effects	thyroid	radiation therapy.	term
		Liver toxicity,	Due to antioxidant properties, it	
		high blood	should be avoided with certain	
	Antioxidant	potassium	chemotherapy agents and with	
Noni	effects	levels,	radiation therapy.	Likely unsafe
		· ·	Due to antioxidant properties, it	,
			should be avoided with certain	
	Antioxidant	None	chemotherapy agents and with	
	properties	reported	radiation therapy.	Likely safe

		1	Demost takes deminent autist to the	
			Do not take during antiplatelet,	
		Halitosis,	antihypertensive and	
	Anti-	heartburn,	anticoagulant therapies. Due to	
	inflammatory,	dyspepsia,	antioxidant properties, it should	
	antioxidant and	nausea,	be avoided with certain	
Fish oil/Omega-	antithrombotic	loose stools,	chemotherapy agents and	3 gm. per day or
3 Fatty Acids	effects	and rash	during radiation therapy.	less is likely safe
		Bloating,		
		flatulence,		
		abdominal		
		pain,		
		diarrhea,		
		constipation,	Do not take if you have breast	
		dyspepsia,	or endometrial cancers. Take	
		and nausea,	with caution with metroprolol,	
	Estogenic, anti-	higher risk	ketoprofen, furosemide,	
	inflammatory	with higher	antidiabetic, antibiotic and	
Flax Seed	properties	doses	acetominophen medications.	Likely safe
			Don't take while taking	
			cyclophosphamide,	
		Inflammation	immunosurpressants and	
		in the nose,	lithium. Individuals with	Possibly safe
		throat and GI	lymphoma should avoid due to	when taken in
	Immune	tract.	the possibility of stimulating B	small doses over a
Astragalus	enhancing	Nausea.	cells.	short term