



There are various symptoms which you may experience if you have lung cancer. Lung cancer affects people in different ways. You may have general symptoms of not feeling well, or you may have specific symptoms related to your lungs or to other parts of your body affected by the cancer. Some people with lung cancer don't have symptoms until the cancer is advanced.

Common symptoms you may experience when living with lung cancer include:

- Breathlessness.
- Tiredness (fatigue).
- Coughing.
- Pain management.
- Constipation.
- Weight loss.

There are other less common symptoms which some people who have lung cancer also experience. Symptoms can often be reduced with the use of medicines, treatments and practical changes to the way you live your everyday life. This is called symptom management by your healthcare team.

Our *Living with lung cancer* DVD has information on emotions and emotional support, depression, the role and support of carers, and sexual relationships. It also has useful information on breathlessness, tiredness, exercise and relaxation, diet, pain control and finance. Visit www.roycastle.org/onlinevideos or call our free helpline on **0333 323 7200 (option 2)**.

GIVING HELP AND HOPE

The charity has two aims:

Supporting people living with lung cancer - Working closely with lung cancer nurses, we provide information, run lung cancer support groups and offer telephone and online support. Our patient grants offer some financial help to people affected by lung cancer.

Saving lives - We fund lung cancer research, campaign for better treatment and care for people who have lung cancer, and raise awareness of the importance of early diagnosis. Our lung cancer prevention work helps people to quit smoking and encourages young people not to start smoking.

Call us on 0333 323 7200 (option 2)

This information has been taken from the following sources:

Lung cancer—answering your questions: *Managing lung cancer symptoms 2014*

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