Adolescence and Adulthood, Development of the Family, and Doctor-Patient-Family Dynamics

Learning Objectives:

1. Describe development during adolescence (Years 12-20), within the context of the biopsychosocial model.
2. Cite examples of developmental issues pertinent to adolescence.
3. Know the Sexual Maturity Rating scales for boys and girls.
4. Know the components of an adolescent HEADSS assessment.
5. Describe development during adulthood (Years 20-65), within the context of the biopsychosocial model and describe adulthood’s stages and consolidation.
6. Discuss the role of the family in development.
7. Understand issues of confidentiality with respect to adolescent health care.

Clinical Skills/Competencies:

1. Apply your understanding of the critical developmental challenges and issues of adolescence to the medical interview of the adolescent patient.
2. Demonstrate appropriate physician involvement with adults facing a variety of illness (and their families).

Required Reading: (Non-textbook readings included on website)

Coulehan & Block, The Medical Interview Chapters 6, 10

H.E.A.D.S.S. – A Psychosocial Interview for Adolescents.

State Policies in Brief (Guttmacher Institute): An Overview of Minors’ Consent Law

The Tanner Stages (Vermont Dept of Health, Health Screening Recommendations for Children and Adolescents)

Confidential Health Care for Adolescents: Position Paper of the Society for Adolescent Medicine