Aging and Later-Life Development

Learning Objectives:

1. Provide an overview of aging and later-life development (Years 65+) within the context of the biopsychosocial model.
2. Discuss choices, crossroads and critical challenges in later adult development.
3. Describe how behavioral and psychosocial variables affect aging and later life.
4. Know the components of a mini-mental status examination.
5. Know the clinical features of depression and dementia and be able to distinguish between the two conditions.
6. Know the role of the family in the interview of an elderly patient.
7. Know the components of a health supervision visit for the elderly, including special considerations.

Clinical Skills/Competencies:

1. Demonstrate the ability to obtain an appropriate review of systems and social history from an elderly patient with confusion.
2. Demonstrate the ability to perform a mini-mental status examination.

Required Reading: (Non-textbook readings are included on website)

Coulehan & Block, The Medical Interview, Chapter 11

Depression vs Dementia handout

Mini-Mental Status Examination