



**ACADEMIC
PERFORMANCE
RESOURCES
IN
LSUHSC-NO**

APRIL provides an umbrella of academic support services for All LSU Health Sciences Center (LSUHSC) students in New Orleans through LSUHSC Student Health. Funding for many of these services comes from Student Health Fees and Student Health Insurance. However, not all services may be covered. Please familiarize yourself with the scope of your health insurance coverage. For convenience, this brochure outlines the services available, the providers and contact numbers. Students may choose to contact any of the following service providers directly or may seek information through their Office of Student Affairs.

**SERVICES AVAILABLE THROUGH
STUDENT HEALTH
(412-1503)**

Student Health Appointments (412-1503)

LSUHCN Clinics (412-1100)

Clinic Appointments (412-1400)

After Hours Emergency (412-1100)

Located in Lions–LSU Clinics Building

- Student health insurance claim forms
- Preventive health care, including health immunizations
- Health care for episodic illnesses
- Health care for chronic health issues
- Referral for laboratory work and/or specialty services

**LSUHSC Health Promotion Program
(568-2565) Located in the Residence Hall**

- Fitness Center with cardiovascular & resistance training areas
- Weight room instruction
- Aerobics classes
- Body composition testing
- Fitness and wellness counseling
- Special interest classes (ballet, yoga, karate, etc.)
- Noon-hour wellness presentation series/health & wellness elective course

**Academic & Neuropsychological Assessment
(Referral from LSUHSC Clinics Required)**

- Primarily academic and neuropsychological assessment (intellectual, cognitive & personality tests) to document learning disabilities including:
 - attention deficit disorder
 - other cognitive disabilities that affect learning
- evaluation of emotional
- contributions to scholastic trouble
- Individualized recommendations made to remediate or accommodate students with disabilities, utilizing services provided within LSUHSC

**Free Off-Campus Professional Counseling
(455-7296 w or 865-1419 h)**

- Crisis intervention
- Initial assessment and referrals as needed
- Individual counseling (brief and long term)
- Confidential counseling or psycho-therapy services for individuals, couples, and families
- Group psychotherapy

- Consultation
- Grief counseling
- Stress management including: coping skills, relaxation techniques, and assertive communication skills
- Mental health education
- Phone conferences

**RESOURCES OFFERED THROUGH
THE CAMPUS ASSISTANCE
PROGRAM (CAP)**

**Located on the 5th floor of the
Lions – LSU Clinics Building
(568-3931)**

- Crisis Line (568-3931) with a CAP counselor on-call 24 hours a day 365 days a year to assist in times of crisis
- Services provided for problems with anxiety, depression, stress, marriage and family, relationships, legal or financial concerns, grief, and alcohol or drugs
- Free short-term confidential counseling and referral services for students, their significant others, and/or immediate family members and, when needed, referral will be made to a specialist within the community for the most cost effective services
- Trained professional specialists in individual, marital and family counseling, social work, substance abuse, and psychiatry with medical back-up
- Resource Library and concise easy-to-read informational brochures on a variety of subjects



**SERVICES PROVIDED BY THE
 SCHOOL OF ALLIED HEALTH
 PROFESSIONS**

**Free On-Campus Counseling by the
 Department of Rehabilitation Counseling
 through its Counseling Clinic (568-7675)**

Confidential individual counseling services provided free of charge by advanced graduate students under faculty supervision regarding:

- Short-term problem solving
- Career decisions
- Stress management
- Test anxiety & performance anxiety
- Vocational interest testing
- Study Skills
- Adjustment to disability
- Values clarification
- Time management
- Health maintenance
- Job searching and interviewing
- Social skills
- Interpersonal relationships
- Referrals to relevant LSUHSC and community resources

**Department of Communication Disorders
 (568-4348)**

- Speech-Language Pathology
 - Assessment including: spoken language, speech (articulation, fluency and voice), written language, reading skills, oral structure and function, augmentative and alternate modes of communication
 - Treatment including: speech disorders, language disorders (oral and written), cognitive communication disorders, augmentative and alternate communication devices, enhancing

speech-language proficiency, language based academic problems.

- Audiology
 - Comprehensive assessment of hearing skills
 - Comprehensive assessment of listening skills Treatment including: aural rehabilitation, auditory prostheses (hearing aids and assistive listening devices), ear molds/swim molds and musician earplugs

**For More Information on APRIL Services
 Call the Coordinator of APRIL
 Thomas Wolf, PhD at 568-3068**

APRIL Facilitators

- Bonnie Adelsberg, MN, CS, Off-campus Mental Health Counselor
- Dorothy S. Bonner, RN, MN, Assistant Dean of Nursing Student Services
- Grant Butterbaugh, PhD, Academic and Neuropsychological Services
- Doris Cather, MSC-RC, Coordinator of Rehabilitation Counseling Clinic
- Stan Denton, BCSW, Director of CAP
- Marcia Flugsrud-Brechenridge, MD, Medical Director of CAP
- Cathi Fontenot, MD, Director of LSUHSC Clinics
- Elizabeth Humphrey, EdD, Chair of the Student Health Committee
- Cynthia Langford, PhD, RN-CS, FNP, Family Nurse Practitioner LSUHSC Clinics
- Michael Levitzky, PhD, Coordinator for ADA (Americans with Disabilities Act) Issues
- Henry McCarthy, PhD, APRIL Coordinator for the School of Allied Health Professions
- Joseph Moerschbaeche, PhD, Vice Chancellor for Academic Affairs
- Mike Webster, MS, Coordinator of the LSUHSC Health Promotion Program
- Barbara Wendt-Harris, PhD, Assistant Professor of Communication Disorders

Students

**Are You Experiencing:
 Academic Problems
 Trouble Concentrating
 Test Anxiety
 Stress**



APRIL



**CAN
 HELP
 YOU**

A GUIDE TO

**A CADEMIC
P ERFORMANCE
R ESOURCES
I N
L SUHSC**