**Patrick Rourke - Initial Information for Students**

**History:**

Patrick Rourke is a 50 year old male who is being seen in your multidisciplinary clinic for a follow-up visit after a hospitalization. A quick review of his chart reveals that he was taken by EMS to the ER after a fall down his back steps. He was noted to have a tibia fracture on the left. He was kept overnight because he was incoherent and unable to drive himself home. His blood alcohol level on presentation was .15% (over the legal limit). Other issues that were noted during his 2 day hospital stay were poorly controlled hypertension and significant dental caries. He was discharged 2 weeks ago and has come to your clinic on a recommendation from his hospital physician. He has not previously had a regular medical home. Upon further questioning, he reveals that he had a fall 3 years ago when entering his home one night after going out with friends. He had an ankle sprain with that injury.

You will each see Mr. Rourke and perform your assessment. You will then meet as a group to discuss his plan of care.

**Physical Examination:**

Vital Signs: HR 90 RR 24 BP 156/88 T 98.7 BMI 28 kg/m2 (overweight)

General: Alert and oriented.

HEENT: Multiple dental caries with gingivitis noted. Shotty cervical lymphadenopathy. Sclerae slightly icteric.

CV: Regular rate and rhythm with no murmurs, 2+ distal pulses

Lungs: Course breath sounds bilaterally

Abd: Slightly protuberant abdomen, no hepatosplenomegaly, normal bowel sounds, nontender

Ext: Good perfusion. Cast on left leg. Otherwise full range of motion all joints, no ovbvious edema. Low muscle mass with thin legs compared to trunk.

Skin: Dry throughout without rashes

Neuro: Normal except for tremor with hands outstretched

**Laboratory tests ordered in the hospital:**

Chemistry, PT/PTT, GGT

**In preparation for the case discussion, consider the following questions with respect to your discipline:**

* **What additional history would you like to get from him or other individuals?** 
  + **Why is that history important to you?**
  + **How does it help you in your assessment of the condition/situation?**
  + **How does it help you in your decision making regarding management?**
* **What specific maneuvers or physical examination findings would you try to elicit from him?**
  + **Why is the presence or absence of those findings important to you?**
  + **Are there other particular assessments that you will utilize to evaluate him? If so, what information will those assessments give you?**
  + **How will the laboratory tests help you in your approach to his care?**