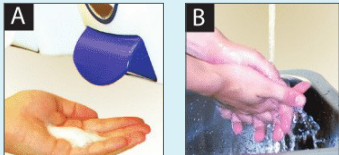


Putting on (donning) Personal Protective Equipment (PPE)

1 Hand hygiene



- A. Using an alcohol-based hand rub is the preferred way to clean your hand. Rub for 20 seconds.
- B. If your hands are visibly soiled (look or feel dirty), soap and water must be used to wash your hands. Wash for at least 20 seconds.

2 Gown



- A. Fully cover torso from neck to knees, arms to end of wrist.
- B. Fasten/Tie at the back of neck and waist.

3a Procedure/surgical mask



- A. Secure the ties or elastic at middle of head and neck.
- B. Fit flexible band to nose bridge. Fit snugly to your face and below chin.

3b N95 respirator

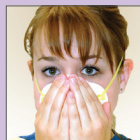
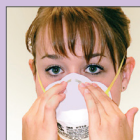
There are different styles of N95 respirators (pictured below). They include:



A. Molded Cup



B. Duckbill



- A. Cup the N95 respirator in your hand.
- B. Position the N95 respirator under your chin with the nose piece up. Secure the elastic band around your head so the N95 respirator stays in place.
- C. Use both hands to mold the metal band of the N95 respirator around the bridge of your nose.
- D. Fit check the N95 respirator.

4 Goggles/faceshield



- A. Place over the eyes (or face).
- B. Adjust to fit.

5 Gloves



- A. Pull the cuffs of the gloves over the cuffs of the isolation gown – ensure that wrists are covered, and no skin is exposed.

Taking off (doffing) Personal Protective Equipment (PPE)

1 Remove gown & gloves



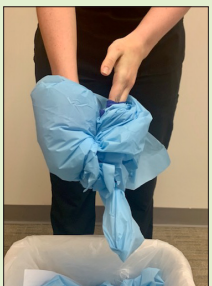
A. Grasp gown in front and pull away from your body until the ties break, touching outside of gown only with gloved hands.



B. Fold or roll the gown inside out into a bundle, as you are removing the gown, peel off your gloves at the same time, only touching the inside of the gloves and gown with your bare hands.

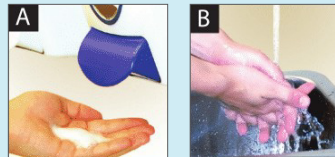


C. Place gown and gloves into the appropriate waste container.



Outside of gloves, gown front and sleeves are contaminated - DO NOT TOUCH

2 Hand hygiene



- A.** Using an alcohol-based hand rub is the preferred way to clean your hand. Rub for 20 seconds.
- B.** If your hands are visibly soiled (look or feel dirty), soap and water must be used to wash your hands. Wash for at least 20 seconds.

3 Remove eye protection

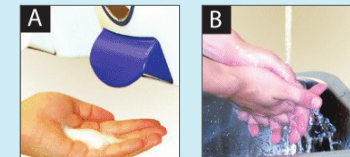


- A.** Handle only by headband or earpieces.
- B.** Carefully pull away from face.
- C.** Put reusable items in appropriate area for cleaning.
- D.** Put disposable items in the garbage.

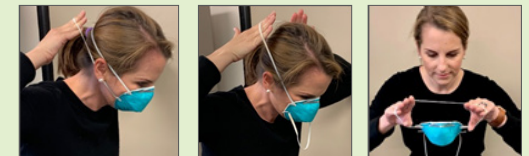
4 Exit the room

- A.** Exit the room.
- B.** Close the door.

5 Hand hygiene



6 Remove mask/respirator



- A.** Bend forward slightly and carefully remove the mask from your face by touching only the ties or elastic bands.
- B.** Start with the bottom tie, then remove the top tie.
- C.** Throw the mask in the garbage.

Front of mask is contaminated - DO NOT TOUCH

7 Hand hygiene

