

December 8, 2020



School of Medicine
Department of Pediatrics

LSU Pediatrics Tuesday Tidbits

Welcome to the Department of Pediatrics' weekly email blast designed to deliver important department information straight to your inbox.

Visit our
website

LSU Pediatrics Announcements

Recent Scholarly Activity



Dr. Jerome Volk, MD and Dr. Nihal Godiwala, MD of LSU School of Medicine Departments of Neurosurgery and Pediatrics presented an interactive case discussion following a 3yo patient with suspected COVID-19 and thrombotic storm from the ER through the full continuum of care in the PICU at the 49th annual meeting of the American Association of Neurologic Surgery (virtual) convention. The 4th floor Administration conference room was a less than ideal substitute for the original conference site on the ski slopes in Park City, Utah; though at least fewer injuries were suffered.

Debbie Hoppe to Retire in January 2021

Debbie Hoppe will be retiring in January 2021 after 26 years of service to

LSUHSC. Debbie has served in many roles during her LSUHSC career including Human Resources, Payroll and Accounting for the department. She also worked previously in the Dean's office and for the Foundation. Looking back on her years at LSUHSC, Debbie credits her fellow administrative staff for being the foundation of the department. "I enjoyed my many experiences in the Department of Pediatrics, especially the supportive atmosphere after Hurricane Katrina and now during the pandemic. Each member of the administrative team contributes a strong quality of work and helps the department persevere through every challenge. The staff consisted of 15-20 people when I first started out and now we are down to 8 with a strong work ethic and output still remaining."

The department thanks Debbie for her 26 years of service and wishes her well in her retirement which will consist of many days spent with her granddaughter Elsie (pictured below) who is 16.5 months old. Debbie's last day in the office will be on Friday, December 11. Department Coordinator DeShonda Jolly will be taking over most of Debbie's duties. Since we cannot hold the farewell party Debbie so deserves, email your well wishes to dhoppe@lsuhsc.edu.





Holiday Wellness Zoom Social

Join Dr. Levy for a holiday wellness Zoom social on Wednesday, December 16 at 6:00pm.

Zoom Link:

[https://lsuhsc.zoom.us/j/96033282043?
pwd=ellOckpUTkNjNlMxM2J3bnNsMnlOdz09](https://lsuhsc.zoom.us/j/96033282043?pwd=ellOckpUTkNjNlMxM2J3bnNsMnlOdz09)

Meeting ID: 960 3328 2043

Passcode: 861138

NEW Billing Rules Effective January 1, 2021- Important to Review

[Email announcement](#)

[Coding Guide 2021](#)

[MDM Quick Reference Guides](#)

LA CaTS Opportunities

The LA CaTS Center is pleased to announce the **LA CaTS 2021 Pilot Grant**

Funding Opportunity (Round 10). The full text of the application instructions is attached or can be found [here](#). You can read the RFA [here](#).

The LA CaTS Professional Development Core is pleased to announce a request for applications for the **LA CaTS 2021 Roadmap Scholars Program**. The full text of the application instructions is attached or can be found [here](#). For questions, contact the LA CaTS Professional Development Core at CareerDevel@LACaTS.org. You can read the RFA [here](#).

COVAC-TP Trial: COVID-19 Anticoagulation Thromboprophylaxis Trial

Dr. Nihal Godiwala will be the Site Principal Investigator at CHNOLA for the COVAC-TP Trial: COVID-19 Anticoagulation Thromboprophylaxis Trial. He and his team will be studying the safety and efficacy of in-hospital thromboprophylaxis with twice daily low dose enoxaparin in children hospitalized with COVID19 infection or MISC. This is a national, multi-center trial initiated by Johns Hopkins and Johns Hopkins All Children's Hospital. Dr Pinki Prasad from Hematology/Oncology will be a Co-Investigator on this trial with me. Please email Dr. Godiwala (ngodi1@lsuhsc.edu) with any questions about inclusion criteria or study protocol.

2020 Holiday Book Drive

LSU Healthy Tigers Initiative

Presents

Holiday Book Drive 2020



DECEMBER 1 2020 - JANUARY 8, 2021

DROP OFF BOXES LOCATED IN THE
RESIDENTS' LOUNGE, DOCTORS' LOUNGE,
OR ADMINISTRATIVE OFFICES ON STATE
STREET

BOOKS WILL GO TO KIDS FIRST TIGERCARE
CLINIC

**DONATE BOOKS FOR AGES 6 MONTHS -
ADOLESCENTS. BOARD BOOKS PREFERRED.
MONETARY DONATIONS MAY ALSO BE MADE
IN PERSON OR BY VENMO TO @NIKITAXLAL.**

FOR INQUIRIES, E-MAIL NIKITA AT NLALCH@LSUHSC.EDU

Other Announcements

The Pediatrics Residency program is conducting interviews this week. Here are the [applicants](#) visiting this Friday.

Latest edition of LSU SOM's *The Pulse*. ([link](#))

LSU Proof-of-Concept Fund- LIFT2 Round 12 Announcement ([information](#))

Importance of Time Certification ([information](#)) - learn more about why we

certify time each month!

Important Notice: P-Card Restrictions on AAP Purchases ([information](#))

Use of Non-LSUHSC Email ([information](#))

CDC COCA Call: 2020-2021 Influenza Vaccination Recommendations and Clinical Guidance during the COVID-19 Pandemic. Find recent COCA talks regarding Covid-19 [here](#). All talks can be indexed and replayed.

New Pre-Review for Grant Proposals service offered by LSU([information](#))

Several Avenues of Stats Support, Education and Consultation ([information](#))

Download the new Department Composites for this academic year!([Faculty](#), [Fellow](#), [Resident](#)).

FACULTY DEVELOPMENT

New video monthly

December Video: Online Presentation Skills

This short (8 minute) video provides tips for improving our online presentation skills. As we continue with online interviews, teaching and meetings these pointers can help us all put our best foot forward. Happy Holidays!

<https://sites.google.com/wisc.edu/so-you-have-to-teach-online/looking-good-online>

Please send any suggestions or areas of faculty development need to acree1@lsuhsc.edu.

If you are interested in other forms of Faculty Development, visit these websites:

- [LSU Pediatrics Faculty Development Page](#)
- [LSUHSC GME Medical Education Development Site](#)

For questions or comments regarding Faculty Development, please contact [Amy Creel](#).

CHNOLA Announcements

Urgent COVID Reminder

Enhanced Safety Efforts: Because of the troubling uptick in COVID cases across Louisiana, CHNOLA is emphasizing renewed efforts to protect our workforce as we enter these important next few weeks. [Read about their enhanced safety efforts here.](#)

Construction Update: 1st Floor Corridor & Elevator Access Changes ([information](#), [map](#))

Latest edition of CHNOLA Employee E-News ([link](#))

From the Clinical Trials Office: I-ACT for Children: Mentor and Mentee Application Announcement ([information](#))

EPIC Upgrade [information](#), [11.11 Upgrade Improvements](#)
[Ambulatory Upgrade](#), [ED Upgrade](#), [Inpatient Upgrade](#), [Secure Chat Guidelines](#)
[11.11.20 Canto and Haiku Upgrade](#)



Come get your CHNOLA Hat! With the recent high employee response to their Employee Engagement Survey, CHNOLA is giving out hats to employees (including LSU Pediatrics!) as a gift. Please pick up your hat in Kelly Allerton's office.

Upcoming Events

Grand Rounds

For those who prefer an Outlook Calendar Reminder for Grand Rounds, please [click here](#) for directions that walk you through creating a recurring reminder.



Children's Hospital
New Orleans
LCMC Health

Virtual Pediatric Grand Rounds

Wednesday, December 9, 2020
Noon-1pm

The Allergen Reduction and Child Health Study (ARCHS)

Felicia A. Rabito, M.P.H, Ph.D
Associate Professor, Department of Epidemiology
Tulane University School of Public Health and Tropical Medicine
New Orleans, Louisiana

Please join Pediatric Grand Rounds from your computer, tablet or smartphone:

Zoom link: <https://lsuhsc.zoom.us/j/99010762984?pwd=bXJKZ3ZhSUFkQzdpajErbDd2Smt4Zz09#success>

Meeting ID: 990 1076 2984, Passcode: 018428

One tap mobile: +16465588656,,99010762984# US (New York)
+13017158592,,99010762984# US (Germantown)

Note: This is a live activity. The link is only valid from 12-1:00 pm and the presentation will not be recorded for CME or CEU credit. Please sign in with your full name and credentials in order to receive credit.

Objectives: At the conclusion of this activity, participants should be able to:

1. Review recent literature on the role of non-pharmacologic interventions in asthma management and control.
2. Discuss the effectiveness of current clinical guidelines on asthma management in high risk children in New Orleans with asthma.
3. Review the ARCHS Study.

Intended Audience: This activity is specifically directed towards the pediatrician, but it is open to all other interested physicians, residents, medical students and allied health professionals.

CME Statement: Children's Hospital is accredited by the Louisiana State Medical Society to provide continuing medical education for physicians. Children's Hospital designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CEU Statement: Children's Hospital is approved as a provider of nursing continuing professional development by Louisiana State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.



Join Grand Rounds through the Zoom Portal:

<https://lsuhsc.zoom.us/j/99010762984?pwd=bXJKZ3ZhSUFkQzdpajErbDd2Smt4Zz09#success>

Meeting ID: Meeting ID: 990 1076 2984, Passcode: 018428

One tap mobile: +16465588656,,99010762984# US (New York)
+13017158592,,99010762984# US (Germantown)

12.21.20 - American Pediatric Society and Society for Pediatric Research present a Virtual Chat Webinar Series. *Academic Skills: Of Grants and Publications*, 4:30pm CST ([information](#), [registration](#))

Carranza Pryor

Carranza Pryor is Chief Counsel for LSU Health Shreveport. He is the primary legal advisor for the campus and also a part of the Louisiana State University Office of General Counsel. A native of Shreveport, he graduated from Harvard University and Yale Law School before clerking on both the federal district court and United States Fifth Circuit Court of Appeals.

Over the course of his legal career, Carranza's practice has focused on complex commercial litigation as both a partner and of counsel at major national and international law firms and also as the head of litigation for a Fortune 100 financial services company. In addition, he has worked as a prosecutor handling public corruption cases and investigations and devoted many hours to pro bono work in such areas as criminal defense and consumer protection.

Jude D. Bourque

Jude D. Bourque is an Assistant Attorney General for the Department of Justice in Louisiana who specializes in Medical Malpractice Defense. He graduated from Tulane Law School (Class of 1987) having served on the Tulane Maritime Law Review and Tulane Moot Court Board. He graduated from the University of Louisiana-Lafayette and named the Outstanding Graduate.

Mr. Bourque has taught trial advocacy and deposition skill programs through the NITA (National Institute for Trial Advocacy) for over 15 years across the nation in both public program and in-house programs for international law firms. He has also taught these programs at LSU Law School, Tulane Law School, and Southern Law School.

Brian D. Landry

Brian D. Landry is a Deputy Director in the Litigation Division of Louisiana Department of Justice. He supervises, among other areas, the State's defense of medical malpractice claims. Prior to joining the Department, Brian was an attorney in private practice representing doctors, nurses, and hospitals for over 20 years. Brian is a graduate of both Louisiana State University and LSU Law Center.

The Basics of Physician Depositions

Carranza Pryor, JD

Chief Counsel LSU Health Shreveport

Jude D. Bourque, JD

*Assistant Attorney General
for the Department of Justice in Louisiana*

and

Brian D. Landry, JD

*Deputy Director in the
Litigation Division of Louisiana Department of Justice*

TUESDAY, DECEMBER 8, 2020 | 5:30 P.M.

WebEx Link:

<https://lsuhscshv.webex.com/lsuhscshv/j.php?MTID=mfe10c3b87bea46a5df7eca7f4d40ee2f>

Password: MZmJ8b38kc@

THURSDAY, DECEMBER 10, 2020 | NOON

WebEx Link:

<https://lsuhscshv.webex.com/lsuhscshv/j.php?MTID=m2f8217d09c726290683d64ab08b8043b>

Password: E9iysP3Y63@

SCOPE OF SEMINAR

Unfortunately, a deposition is an event that many, if not most, physicians will experience at least once in their career. This seminar is intended to provide osteopathic residents and medical students with an introductory look into the typical deposition of a physician. We will highlight the basic format of a deposition, along with many of the tricks and tactics often used by deposing attorneys. In addition, we will leave you with ten points to remember should you ever be deposed.

OBJECTIVES OF SEMINAR

At the conclusion of this presentation, the participant will be able to:

- Understand the purpose and format of a typical physician's deposition;
- Recognize many of the tricks and tactics attorneys will use in an effort to trap the physician or extract testimony;
- Understand how best to prepare for a pending deposition in order to provide the best possible defensive testimony; and
- Leave with a better understanding of the overall deposition process.

LSU Health
SHREVEPORT

Department Wellness

6 Helpful Tips from the AMA

6 Tips to Protect Against Burnout



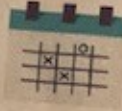
Try to put yourself on your own schedule. Identify and prioritize your values and compare them to how you spend your time.



Find support and guidance in outside groups. Seek professional help if you need it.



Think about your practice from a different perspective. Write down your individual mission statement.



Think about the bigger picture when deciding how to spend your free time.



Find meaning outside of work.



Try to schedule (and keep) time to enjoy for yourself.

A PIECE OF MY MIND

Walking the Shoreline

Erosion, Regrowth, and Professional Formation

Take a look at this [recent JAMA article](#) that Dr. Levy shared with the department.

Department Wellness Ambassador Jerussa Aita-Levy, MD and the Wellness Committee have compiled a list of helpful links and resources. Please take this time to focus on your wellness!

1. Remember LSUHSC **Campus Assistance Program** (CAP) is here to help! ([information](#))
2. A great article about grief in this new version of our world ([information](#))
3. CAP's Advise on Dealing with Stress ([article](#))
4. 7 steps to help doctors reduce stress during the COVID-19 outbreak ([link](#))

Why Our Heroes Need to Prioritize Sleep([article](#))

Generational divide: 4 ways physician burnout differs by age ([article](#))

5 Ways to Combat Burnout ([article](#))

In 'Together,' Former Surgeon General Writes About Importance Of Human Connection ([5-minute listen](#))

Wellness Break: 3 Ways Your Mind Makes You Miserable (And How to

Stop It Today) Dr. Jerussa Aita-Levy recommends reading our last Wellness Grand Rounds Speaker Dr. Gail Gazelle's emails and blog posts. Dr. Levy found one of Dr. Gazelle's recent [posts](#) helpful and wanted to share it with the department. You can also watch Dr. Gazelle's weekly wellness talks on her [Facebook page](#).

Need child care? Touro's got you covered. Touro has re-opened its Kids Activity Center and they are generously accepting children of LCMC Health employees (ages 5-11). The Kids Activity Center is open from 6:30 am - 7 pm.

CHNOLA Bootcamp Class: Do you want to increase your strength and improve your cardiovascular fitness? Are you new to exercising, or a seasoned veteran? We have a program for you! Every Tuesday, Children's is offering FREE Krewe du CrossFit bootcamp classes from 5:30-6:30 p.m. outside the Conference Center. Class is open to all Children's employees and members of the medical staff. This one-hour interval training bootcamp is for all skill levels and no experience is necessary. These classes will help you to gain confidence in your athletic abilities and increase your capacity for stamina, strength, flexibility, and balance. Please [this signed waiver](#) and a water bottle with you to your first class. We look forward to seeing you there!

CHNOLA Yoga: We're bringing back Zoom yoga with Dr. Amy Henke! Classes will be Wednesdays from 5:30 - 6:30 pm. Children's Hospital Psychologist, Dr. Amy Henke will be leading free Zoom Yoga classes for employees and staff. No experience is necessary! Classes are suitable for beginners and designed to encourage moving at your own pace with an emphasis on mindfulness, relaxation, and somatic stretching. <https://chnola.zoom.us/my/amyhenke>
Zoom ID number: 867 947 2744

Free apps and websites to keep you physically and mentally fit:

Peloton App: stream spin, run, walk, strength, stretching, bootcamp, yoga and meditation over an extended 90 day trial ([information](#)).

Pure Barre OD: 60 day free trial with Code: EXTENDED TRIAL ([information](#))

Shira Kraft, Pilates Instructor: 30 minute session on youtube ([information](#))

Beachbody: Free sample workouts ([information](#)); also offering a free 14-day trial of their on demand service.

Yoga:

Yoga with Adriene ([YouTube channel](#))

Fight Master Yoga ([YouTube channel](#))

Fitness Marshall ([YouTube channel](#))- for those who like dancing

Yoga for Kids! Cosmic Kids Yoga ([YouTube channel](#))

Meditation:

Free Headspace Plus for all US Healthcare Workers ([information](#)) Use this meditation tool to de-stress to get a healthy perspective.

Ten Percent Happier: ([information](#)) free access to app for healthcare workers

Find more discounts and freebies for healthcare workers including resources for mental and physical health [here](#).

Department Anniversaries

The following employees celebrate another year with the department this month. Thank you for your continued service to LSU Pediatrics!

Kelly Gajewski, 11 years
Raymond Watts, 5 years
Jason Turner, 3 years

Looking for old newsletters?
View the *Tuesday Tidbits* archive on the department's website. ([link](#))

Submit information to the next Tuesday Tidbits

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