

May 12, 2020



# LSU Pediatrics Tuesday Tidbits

Welcome to the Department of Pediatrics' weekly email blast designed to deliver important department information straight to your inbox.

Visit our  
website

## LSU Pediatrics Announcements

### Celebrate Hospital Week with Children's Hospital

Pick up your free gifts: To celebrate Hospital Week, CHNOLA is sponsoring a series of events. On Thursday, new T-shirts will be distributed and each staff member will receive a voucher for a meal in the hospital cafeteria. Stop by the Peds Office (Leone Coe) to pick up your vouchers prior to Thursday. ([schedule](#), [voucher](#))



### Farewell to Dr. Michael Marble LSU Pediatrics Faculty, 1999 - 2020

As many of you know, Dr. Michael Marble accepted a position in New Mexico back in April. He contributed over 20 years of service to the department, having started his LSU career in 1999. He was a great asset to our students, residents and faculty within the department and will be greatly missed. Due to the current pandemic and the timeline of his departure being moved up, he did not get a proper send off. LSU faculty and trainees have contributed many messages of appreciation and recognition for his contributions to our department over the years. [Please take some time to read them here.](#)

## Owen Allen Retires

Pediatrics Business Manager Hyang Lee announces the retirement of long-time employee Owen Allen. Owen joined the department in 1999. His first official day of retirement is today! We thank him for his 20+ years in the department and wish him well in retirement.



## Remembering Margaret Fanning

Dr. Alfonso Vargas shared some sad news with the department this week. Margaret Fanning, who worked for LSUHSC for 44 years, lost her valiant battle with cancer, combined with COVID-19, on April 7th. Margaret began working as a Research Associate in 1966, became Coordinator of Student Teaching Programs in the late 1980s, and retired in August 2010. She is remembered by many in the department for her invaluable work ethic and outgoing personality.

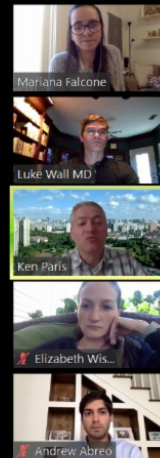
**Pediatric faculty member, Jovanny Zabaleta, selected for prestigious National Institutes of Health position ([information](#))**

## Maintaining Education and Scholarship in the Face of Quarantine

The section of Allergy Immunology held a recent journal club focused on the use of anti-IL-6 monoclonal antibodies in the treatment of COVID-19 (pictured below). The journal club was hosted by Dr. Mariana Falcone, first year AI fellow. Attendees by Zoom included the AI faculty, AI fellows, and two L3 students. Briggs Welch is an L3 on the Pediatrics Student Clerkship. Adam Prevot is an L3 who is doing a Career Planning Elective with AI. Both students have been participating in Allergy Immunology telemedicine clinic visits as part of a pilot project to involve students in virtual health care through the Department of Pediatrics.

## Other discussion points?

- What are your thoughts about the paper?
- Limitations?
- Life-saving drug?



## Wellness Update

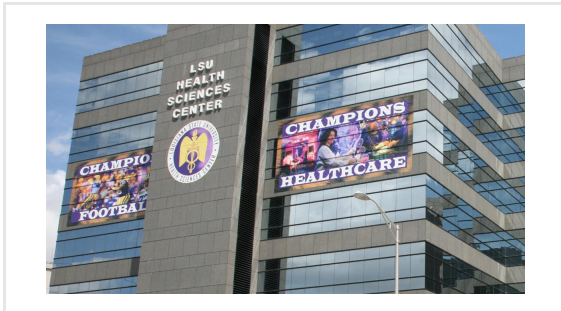
Chief Wellness Officer Dr. Jerussa Aita-Levy hosted another zoom social hour along with Dr. Luke Wall and Dr. Jeff Surcouf last week. There were lots of laughs as evidenced in the pictures below. Look for another invitation from Dr. Levy and be sure to join the next zoom!





## LSU Health Zoom Backgrounds

You can now download LSU Health New Orleans branded backgrounds for your next telehealth visits and zoom meetings. Find the images as well as instructions for using them to create virtual backgrounds [here](#).



LSU IT also released information about properly cleaning your computer ([information](#)).

## COVID-19 UPDATES

**Please check your emails each day, especially communications from Dr. Watts - lots of info to share, can only do by email.**

LCMC Telehealth ([information](#))

LSUHSC's COVID-19 Page ([website](#))

CHNOLA's COVID-19 Page ([website](#))

LSU GME's COVID-19 Resources ([website](#))

Importance of Time Certification ([information](#)) - learn more about why we certify time each month!

Update from LSUHSC Grants Office ([information](#))

Coronavirus grant – up to \$1M awards plus personalized drug development team ([information](#))

Download the new Department Composites for this academic year! ([Faculty](#), [Fellows](#), [Residents](#)).

New Pre-Review for Grant Proposals service offered by LSU ([information](#))

Latest edition of LSU SOM's *The Pulse*. ([link](#))

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## Several Avenues of Stats Support, Education and Consultation

Dr. Stuart Chalew has put a helpful list of statistical support resources together for the department:

1. Online free modular basic medical stats course through LSU CITI program free to all LSUHSC students, residents, fellows faculty. Register with your LSU CITI user ID and password. Can work through modules at your own pace.
2. Formal Stats course through LSU - contact Dr. Donald Mercante for info and times.
3. Louisiana Clinical and Translational Science Center (LACATS) supports early statistical consultation for LSU and Children's - <https://www.lacats.org> Need to register/apply through SPARC website through link on <https://www.lacats.org/>. Brian Melancon 225-763-2980 can help with navigating SPARC. Usually LSU applicants get assigned to an LSU stats faculty through LACATS.

Dr. Chalew can help with navigating LACATS issues for LSU DoP members and those seeking support from LACATS for projects at Children's Hospital.

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## Resident Class of 2020 Spotlight

*The COVID Pandemic has certainly changed many aspects of our daily lives and will affect how we typically celebrate our graduates via a large Hello-Goodbye Ceremony. Each week, leading up to their final days of training, our residency team will highlight the graduating residents. Please join us in celebrating these excellent pediatricians at the departmental level...give them some shout outs in the hallway over the next few weeks! We thank all of our "almost graduates" for three wonderful years of dedication to their patients, their peers, and to LSU Pediatrics/Children's Hospital. You will do GREAT things, and we will miss you all.*

**Michael Carver, MD**

From: Sandusky, Ohio

College: University of South Carolina

Medical School: University of Queensland



After Graduation: Pediatric Gastroenterology Fellowship, Stanford

Talents: Relaxing poolside (I'm a professional)

Interesting Fact: I've seen every episode of 40 seasons of Survivor and will be on it one day.

Advice you wish you'd known during residency: Trust your gut 😊 you know much more than you think you do.

Evaluation Highlight: "Dr. Carver was an amazing leader and role model. He remains calm in stressful situations, he is a great communicator with families and team members, and he makes others feel comfortable to discuss our ideas. As an intern on his team, he allowed me to think

independently and suggest things, while also make me feel so supported when I was overwhelmed with difficult patient situations and/or a busy to-do list. He made every day so much fun, even during extremely busy weeks."

## Jonathan Chawla, MD

From: Nola!

College: Tulane University (History, Neuroscience)

Medical School: LSU New Orleans

After Graduation: Pediatric Nephrology Fellowship, Baylor

Talents: eating food, talking about food, cooking food; I'm also a musician, traveler,

Jeopardy expert, and a bigger (though less ostentatious) Harry Potter fan than Evan

Interesting Facts:

- Most of my brain space is taken up by useless Academy Award trivia.
- I know my constellations pretty well.
- I have Adele lyrics tattooed on my chest (just kidding... for now).
- I want to be a tour guide in the French Quarter when I retire (so, like in five years?).

Advice you wished you'd known during residency: check and double check doses, trust (and befriend) your nurses, trust your gut, learn from mistakes (everybody makes them), be patient with the families

Evaluation Highlights: "Jonathan was very knowledgeable and treated families like they were his own. He was always positive and handles difficult patient encounters with patience and humility. He will make an excellent Nephrologist. Jonathan is everything you look for in a co-upper level. He shares the workload evenly while always willing to help with any issues that arise. I wish I could work with him on every rotation."



# FACULTY DEVELOPMENT

*New video monthly*

May Video: *Feedback*

Feedback remains a core teaching skill, crucial for learners of all levels whether in person or utilizing technology. In the fall we visited division meetings offering faculty development on Specific Feedback. For those who weren't able to attend a session, and those who would like a refresher, we are offering the content of that session here. [This PowerPoint](#) will take less than 10 minutes to review (videos included). Let's all continue to provide excellence in our educational mission.

If you are interested in other forms of Faculty Development, visit these websites:

- [LSU Pediatrics Faculty Development Page](#)
- [LSUHSC GME Medical Education Development Site](#)

For questions or comments regarding Faculty Development, please contact [Amy Creel](#).

## CHNOLA Announcements

CHNOLA's COVID-19 Page ([website](#))

Latest edition of CHNOLA Employee E-News ([link](#))

CHNOLA EPIC Updates:

Discontinuation of COVID Transmission Based Precautions ([message](#), [information](#))

MyChart Care Companion Home Monitoring Program ([information](#))

IP Provider: MyChart Home Monitoring Program ([information](#))

## Upcoming Events

### Grand Rounds

*There has been a recent issue with Grand Rounds calendar invitations being sent out erroneously. Please do not try to create a calendar item using any Grand Rounds announcement emails. Instead, go to your calendar and create one manually from there. We think using the email shortcut to a calendar invitation is creating the issue.*





**Children's Hospital**  
New Orleans  
LCMC Health

## Virtual Pediatric Grand Rounds

Wednesday, May 13, 2020  
8:00 am

### Hypertrophic Cardiomyopathy – The Sudden Death Risk

**Tamara Bradford, MD, FAAP**

Associate Professor of Clinical Pediatrics, LSU Health New Orleans  
Department of Pediatric Cardiology, Children's Hospital of New Orleans

Please join Pediatric Grand Rounds from your computer, tablet or smartphone:

**Zoom link:** <https://lsuhsc.zoom.us/j/95948773509?pwd=dJhQVFhkaGtWVW8vSmFPZmNEQ1FSQT09>

**Meeting ID:** 959 4877 3509, Password: 947648

**One tap mobile:** +16465588656,,95948773509# US (New York)  
+13126266799,,95948773509# US (Chicago)

Note: This is a live activity. The link is only valid from 8-9:00 am and the presentation will not be recorded for CME or CEU credit.

**Objectives:** At the conclusion of this activity, participants should be able to:

1. Describe what is hypertrophic cardiomyopathy.
2. Define Sudden Death in Hypertrophic Cardiomyopathy.
3. Discuss moving beyond absolute cardiac sports restrictions.

**Intended Audience:** This activity is specifically directed towards the pediatrician, but it is open to all other interested physicians, residents, medical students and allied health professionals.

**CME Statement:** Children's Hospital is accredited by the Louisiana State Medical Society to provide continuing medical education for physicians. Children's Hospital designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**CEU Statement:** Children's Hospital is approved as a provider of nursing continuing professional development by Louisiana State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.



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**5.13.20** - 12:00pm - LSU Health Foundation COVID-19 Webseries - Impacts of the COVID-19 Pandemic on Health Services Delivery - Policy, Practice, and Medical Education with Dr. Ben Springgate, (register [here](#))

**5.15.20** - 10:00am - LSU Health Foundation COVID-19 Webseries - Vitamin D and COVID with Guest Speakers Dr. Frank Lau and Dr. Patrick Greiffenstein, (register [here](#))

**5.19.20** - 11:00am - LSU Health Foundation COVID-19 Webseries - Novel PPE for a Novel Coronavirus with Dr. Karen Bruggers and Dr. Robert Laughlin, (register [here](#))

**5.20.20** - 1:00pm - LSU Health Foundation COVID-19 Webseries - Neurological Complications of COVID-19 with Guest Speaker John D. England, MD, (register [here](#))

**5.22.20** - 10:00am - LSU Health Foundation COVID-19 Webseries - Answering Frequently Asked Questions about Cancer Care in the Climate of COVID-19 with Dr. Mary A. Maluccio, (register [here](#))

**6.4.20** - **LSU Quality Improvement/Patient Safety Forum** will be held virtually via Zoom on **June 4, 2020 from 1:00pm - 4:00pm** ([information](#))

**6.19.20** - Hello/GoodBye Ceremony via Zoom

## Department Wellness

Department Wellness Ambassador Jerussa Aita-Levy, MD and the Wellness Committee have compiled a list of helpful links and resources. Please take this time to focus on your wellness!

1. Dr. Amy Creel has created a shared file of **Childcare Resources** that can be accessed by all in the department. Please review, use and edit as you'd like! ([information](#))
2. Remember LSUHSC **Campus Assistance Program** (CAP) is here to help! ([information](#))
3. A great article about grief in this new version of our world ([information](#))
4. CAP's Advise on Dealing with Stress ([article](#))
5. 7 steps to help doctors reduce stress during the COVID-19 outbreak ([link](#))

**Recent Wellness Grand Rounds:** Dr. Gail Gazelle gave two important, immensely helpful lectures. If anyone missed it, check out her slides here ([Grand Rounds, Noon Conference](#)). Dr. Gazelle included a free resource for our department: She leads a weekly Zoom clinician support group called "Helping Clinicians Thrive During COVID-19." The group is for physicians and advanced practice clinicians like you to build community and resilience during this time. Sessions are on Wednesdays, 3:30-4:30 PM CST. Click the link below to download a calendar attachment or simply join us at <https://zoom.us/j/92100651837>.

**Bootcamp Class:** Children's is offering a FREE virtual boot camp class on Tuesdays and Thursdays at 5:30pm if there is at least 5 people signed up. There will also be a Saturday class that will cost \$10. Attend [here](#).

### Free apps and websites to keep you physically and mentally fit:

**Peloton App:** stream spin, run, walk, strength, stretching, bootcamp, yoga and meditation over an extended 90 day trial ([information](#)).

**Pure Barre OD:** 60 day free trial with Code: EXTENDED TRIAL ([information](#))

**Shira Kraft, Pilates Instructor:** 30 minute session on youtube ([information](#))

**Beachbody:** Free sample workouts ([information](#)); also offering a free 14-day trial of their on demand service.

**Yoga:**

Yoga with Adriene ([YouTube channel](#))

Fight Master Yoga ([YouTube channel](#))

Fitness Marshall ([YouTube channel](#))- for those who like dancing

Yoga for Kids! Cosmic Kids Yoga ([YouTube channel](#))

**Meditation:**

**Free Headspace Plus** for all US Healthcare Workers ([information](#)) Use this meditation tool to de-stress to get a healthy perspective.

**Ten Percent Happier:** ([information](#)) free access to app for healthcare workers

Find more discounts and freebies for healthcare workers including resources for mental and physical health [here](#).

## Department Anniversaries

The following employees celebrate another year with the department this month. Thank you for your continued service to LSU Pediatrics!

Mary Pendleton, 20 years

Richelle Monier, 4 years

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Looking for old newsletters?

View the *Tuesday Tidbits* archive on the department's website. ([link](#))

Submit information to the next Tuesday Tidbits

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