

May 5, 2020



LSU Pediatrics Tuesday Tidbits

Welcome to the Department of Pediatrics' weekly email blast designed to deliver important department information straight to your inbox.

Visit our
website

LSU Pediatrics Announcements

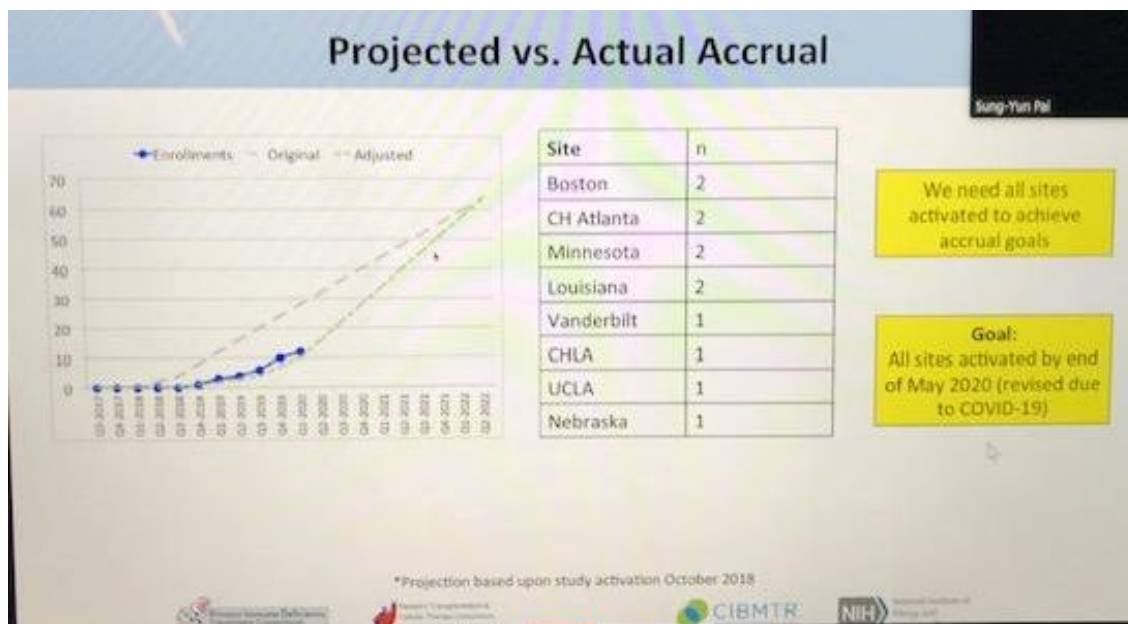
LSU Pediatrics / Children's Hospital Play a Major Role in New SCID Treatment Research Protocol

Faculty members of LSU Pediatrics Hematology Oncology/HSCT and Allergy Immunology are part of the Primary Immunodeficiency Treatment Consortium (PIDTC) [Dr. Lolie Yu, site PI]. The PIDTC 10th Annual Scientific Workshop was held virtually on April 29, 2020. A highlight of the meeting was an update on the new research protocol: Conditioning SCID Infants Diagnosed Early (C-SIDE). LSU Pediatrics/Children's Hospital is one of only 26 sites activated to enroll patients. Remarkably, our institution has enrolled 2 out of only 12 infants accrued nationally to date (only 8 centers have accrued subjects to date)! This new protocol seeks to determine the lowest dose of busulfan (conditioning chemotherapy used for transplant) needed to achieve full T and B cell immune reconstitution in SCID. Congratulations to the hematopoietic stem cell transplant team, the immunology team, clinical and research nurses and the Clinical Trials Center (CTC) in the collaborative care and research surrounding these complex infants!

Photo- map of C-SIDE centers in US:

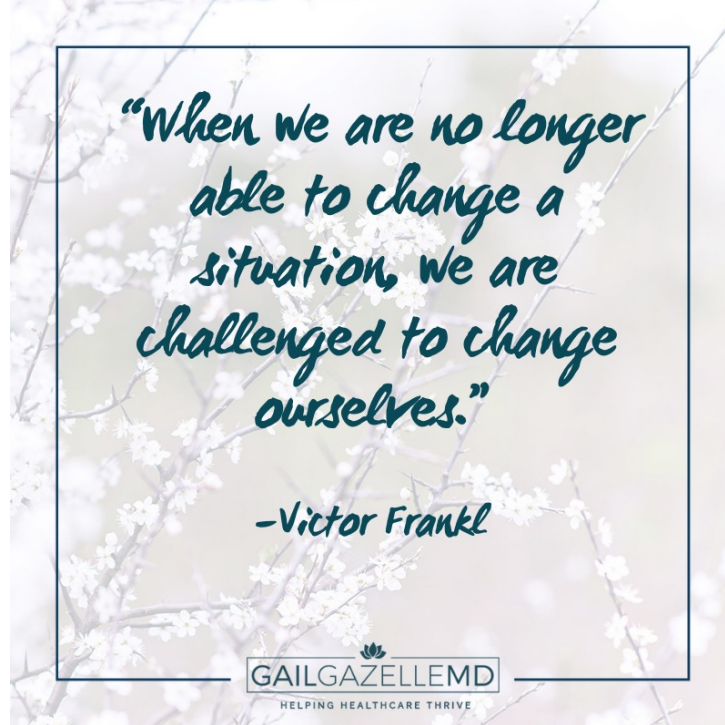


Photo- table of centers and number of subjects enrolled:



Recent Scholarly Activity

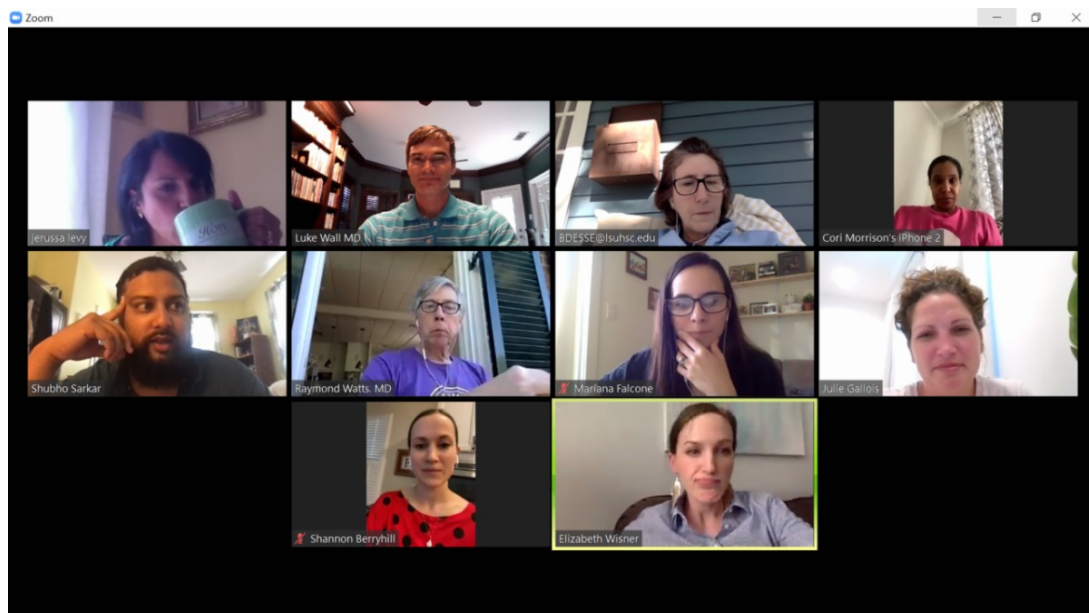
A manuscript Dr. Amanda Dumas co-authored with researchers at Pennington Biomedical Research Center, San Chu and Dr. Ronald Horswell, was accepted for publication in Journal of Adolescent Health and will appear in an upcoming issue under the title *“Analysis of Pregnancy and Birth Rates among Black and White Medicaid-Enrolled Teens.”*

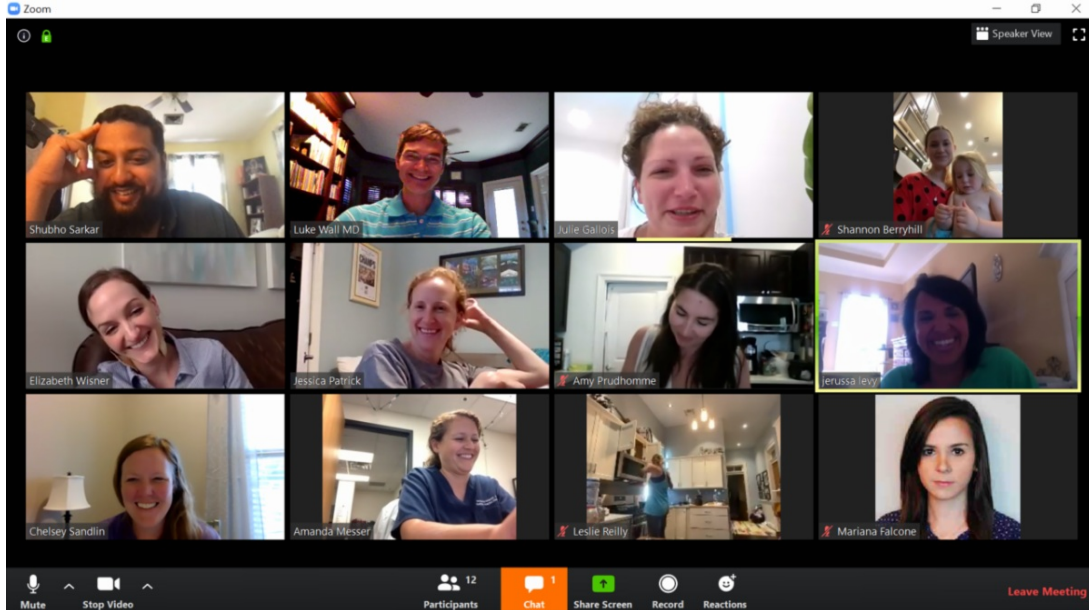


Wellness Update

Dr. Gail Gazelle hosted a clinician support session earlier this week and had the chance to discuss this quote and explore how mindful awareness can help us cope in challenging times. In case you missed the session, you can access the replay [here](#).

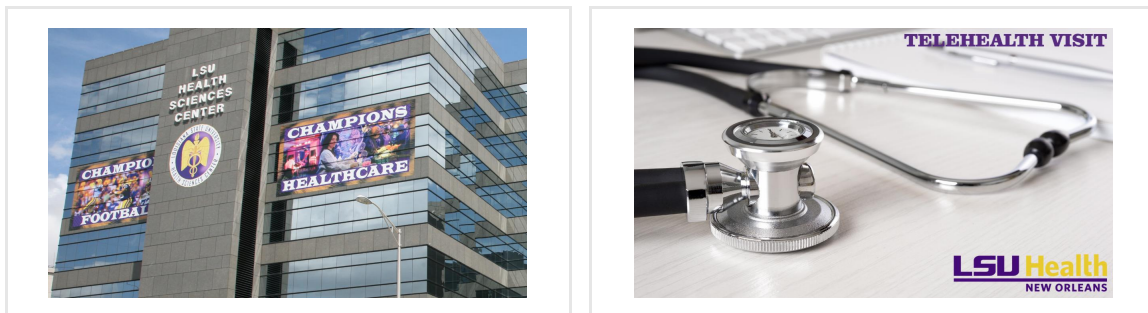
Look out for emails from Chief Wellness Officer Dr. Jerussa Aita-Levy this week about another social. Faculty shared fantastic stories of thriving through COVID-19 at last week's meeting (pictured below). It was wonderful time connecting and knowing that laughter is the best medicine! Thanks also to Dr. Luke Wall for helping to coordinate this virtual event.





LSU Health Zoom Backgrounds

You can now download LSU Health New Orleans branded backgrounds for your next telehealth visits and zoom meetings. Find the images as well as instructions for using them to create virtual backgrounds [here](#).



LSU IT also released information about properly cleaning your computer ([information](#)).

COVID-19 UPDATES

Please check your emails each day, especially communications from Dr. Watts - lots of info to share, can only do by email.

LCMC Telehealth ([information](#))

COVID-10 OPH Test Now Available at CHNOLA ([information](#))

LSUHSC's COVID-19 Page ([website](#))

CHNOLA's COVID-19 Page ([website](#))

LSU GME's COVID-19 Resources ([website](#))

LSU Human Resources Update ([information](#))

LSU Zoom Backgrounds ([information](#))

CHNOLA EPIC Updates:

Discontinuation of COVID Transmission Based Precautions ([message, information](#))

MyChart Care Companion Home Monitoring Program ([information](#))

IP Provider: MyChart Home Monitoring Program ([information](#))

Update from LSUHSC Grants Office ([information](#))

Coronavirus grant – up to \$1M awards plus personalized drug development team ([information](#))

Download the new Department Composites for this academic year! ([Faculty, Fellows, Residents](#)).

New Pre-Review for Grant Proposals service offered by LSU ([information](#))

Latest edition of LSU SOM's *The Pulse*. ([link](#))

Resident Class of 2020 Spotlight

The COVID Pandemic has certainly changed many aspects of our daily lives and will affect how we typically celebrate our graduates via a large Hello-Goodbye Ceremony. Each week, leading up to their final days of training, our residency team will highlight the graduating residents. Please join us in celebrating these excellent pediatricians at the departmental level...give them some shout outs in the hallway over the next few weeks! We thank all of our "almost graduates" for three wonderful years of dedication to their patients, their peers, and to LSU Pediatrics/Children's Hospital. You will do GREAT things, and we will miss you all.

Nick Algu, MD

From: Thibodaux, LA

College: Tulane University

Medical School: LSU New Orleans

After Graduation: Pediatrician at Collins Pediatrics, New Orleans

Talents: I'm a really good dancer.

Interesting Fact: I once danced on ESPN in a banana suit.

Advice you wished you'd known during residency: You're smarter than you think!

Evaluation Highlights: "Nick is always positive and a wonderful team player.

He fosters a welcoming learning environment. Great communicator.

Understanding, patient, helpful. Great

leader.”



Michael Caffery, MD



Hometown: New Iberia, LA but New Orleans is my new home

College & Graduate School: Tulane

Medical School: LSU New Orleans

After Graduation: Pediatrician at Daughter's of Charity, New Orleans

Talents: Singing (ask me about Barret's Esophagus), ukulele, fun math, minesweeper

Interesting Fact: I am always cold, to the point that I wear sweaters in New Orleans summers. (Before you ask- I've had my thyroid checked and I'm fine!)

Advice you wished you'd known during residency: You will grow more than seems possible. Stress is temporary, growth is forever.

Evaluation Highlight: "I have never met a person who cares more for the patients he takes care of nor feels more accountable for their well-being than him. Michael is the definition of altruism, compassion, and intelligence. I am a better resident and person for having worked with him."

May Video: *Feedback*

Feedback remains a core teaching skill, crucial for learners of all levels whether in person or utilizing technology. In the fall we visited division meetings offering faculty development on Specific Feedback. For those who weren't able to attend a session, and those who would like a refresher, we are offering the content of that session here. [This PowerPoint](#) will take less than 10 minutes to review (videos included). Let's all continue to provide excellence in our educational mission.

If you are interested in other forms of Faculty Development, visit these websites:

- [LSU Pediatrics Faculty Development Page](#)
- [LSUHSC GME Medical Education Development Site](#)

For questions or comments regarding Faculty Development, please contact [Amy Creel](#).

CHNOLA Announcements

CHNOLA's COVID-19 Page ([website](#))

Latest edition of CHNOLA Employee E-News ([link](#))

Upcoming Events

Grand Rounds

“Management of Infantile Hemangiomas.”

By:

**India Hill, MD, FAAD
Pediatric Dermatology
Children's Hospital New Orleans**

Wednesday May 6, 2020

Join Grand Rounds through the Zoom Portal:

<https://lsuhsc.zoom.us/j/95948773509?pwd=dlhQVFlxaGtWVWw8vSmFPZmNEQ1FSQT09>

Meeting ID: 959 4877 3509

Password: 947648

One tap mobile

+16465588656,,95948773509# US (New York)

This is a live activity, so the link is only valid from 8-9am; the presentation will not be recorded for CME Credit.

OBJECTIVES: At the conclusion of this activity, participants should be able to:

1. Identify high risk infantile hemangiomas .
2. Select appropriate therapy based on hemangioma characteristics.
3. Recognize when further work up is needed in a patient with infantile hemangiomas.

INTENDED AUDIENCE: This activity is specifically directed towards the pediatrician, but it is open to all other interested physicians, residents, medical students and allied health professionals.

Place: Zoom Platform

Time: 8:00 AM

CME Statement: Children's Hospital is accredited by the Louisiana State Medical Society to provide continuing medical education for physicians.

Children's Hospital designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CEU Statement: Children's Hospital is approved as a provider of nursing continuing professional development by Louisiana State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

5.6.20 - 1:00pm - LSU Health Foundation COVID-19 Webseries - Growth through Adversity: Training in the COVID Crisis, (register [here](#))

6.4.20 - LSU Quality Improvement/Patient Safety Forum will be held virtually via Zoom on **June 4, 2020 from 1:00pm - 4:00pm** ([information](#))

Updates to previously scheduled events:

- **LSU Pediatrics Research Day** originally scheduled for May 8 has been postponed until further notice.
- **New Faculty Orientation** scheduled for 4/21 will be postponed until further notice. We hold this twice annually and we will hopefully be able to do it this fall in person.
- The April 29th **Spring General Faculty Meeting** will be rescheduled in a few weeks when we have a little more clarity about the impact of the hiring freeze announced this morning and the anticipated budget reductions in 2020-21.

Department Wellness

Department Wellness Ambassador Jerussa Aita-Levy, MD and the Wellness Committee have compiled a list of helpful links and resources. Please take this time to focus on your wellness!

1. Dr. Amy Creel has created a shared file of **Childcare Resources** that can be accessed by all in the department. Please review, use and edit as

- you'd like! ([information](#))
2. Remember LSUHSC **Campus Assistance Program** (CAP) is here to help! ([information](#))
 3. A great article about grief in this new version of our world ([information](#))
 4. CAP's Advise on Dealing with Stress ([article](#))
 5. 7 steps to help doctors reduce stress during the COVID-19 outbreak ([link](#))

Recent Wellness Grand Rounds: Dr. Gail Gazelle gave two important, immensely helpful lectures. If anyone missed it, check out her slides here ([Grand Rounds, Noon Conference](#)). Dr. Gazelle included a free resource for our department: She leads a weekly Zoom clinician support group called "Helping Clinicians Thrive During COVID-19." The group is for physicians and advanced practice clinicians like you to build community and resilience during this time. Sessions are on Wednesdays, 3:30-4:30 PM CST. Click the link below to download a calendar attachment or simply join us at <https://zoom.us/j/92100651837>.

Bootcamp Class: Children's is offering a FREE virtual boot camp class on Tuesdays and Thursdays at 5:30pm if there is at least 5 people signed up. There will also be a Saturday class that will cost \$10. Attend [here](#).

Free apps and websites to keep you physically and mentally fit:

Peloton App: stream spin, run, walk, strength, stretching, bootcamp, yoga and meditation over an extended 90 day trial ([information](#)).

Pure Barre OD: 60 day free trial with Code: EXTENDED TRIAL ([information](#))

Shira Kraft, Pilates Instructor: 30 minute session on youtube ([information](#))

Beachbody: Free sample workouts ([information](#)); also offering a free 14-day trial of their on demand service.

Yoga:

Yoga with Adriene ([YouTube channel](#))

Fight Master Yoga ([YouTube channel](#))

Fitness Marshall ([YouTube channel](#))- for those who like dancing

Yoga for Kids! Cosmic Kids Yoga ([YouTube channel](#))

Meditation:

Free Headspace Plus for all US Healthcare Workers ([information](#)) Use this meditation tool to de-stress to get a healthy perspective.

Ten Percent Happier: ([information](#)) free access to app for healthcare workers

Find more discounts and freebies for healthcare workers including resources for mental and physical health [here](#).

Department Anniversaries

The following employees celebrate another year with the department this month. Thank you for your continued service to LSU Pediatrics!

Mary Pendleton, 20 years
Richelle Monier, 4 years

Looking for old newsletters?
View the *Tuesday Tidbits* archive on the department's website. ([link](#))

Submit information to the next Tuesday Tidbits

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