August 11, 2020



# LSU Pediatrics Tuesday Tidbits

Welcome to the Department of Pediatrics' weekly email blast designed to deliver important department information straight to your inbox.

Visit our website

#### **LSU Pediatrics Announcements**

In Remembrance of Dr. Paul Hyman



Please see this brief remembrance published by Paul's family.

#### SSPR Goes Virtual in 2021

The Council for the Southern Regional Meeting announced yesterday that the 2021 conference will be virtual. The group is confident that they will develop creative and valuable programming for February 2021. There will be abstract

presentations and trainee awards to recognize students, residents, fellows, and junior faculty. Stay tuned and be on the lookout for a Call for Abstracts. The abstract submission site will open in mid-August.

SRM Abstract Submission Deadline - October 9 at 11:00pm CST https://srm2021.abstractcentral.com/

#### Important Notice: P-Card Restrictions on AAP Purchases

Recently, changes to the American Academy of Pediatrics on-line purchase process will limit the use of the LSU Department of Pediatrics credit card (P-Card) to American Academy of Pediatrics membership renewals only.

Since LSU is a State Agency, it does not pay State sales taxes on purchases. Thus, the LSU P-Card can't pay sales taxes. The AAP is now processing state sales taxes on all purchases except membership dues renewals. Therefore, all other AAP purchases of faculty members (books, subscriptions, etc) must be purchased directly by the individual faculty member. Then, receipts can be submitted for reimbursement of the expenses.

AAP membership renewals can continue via the P-Card at this point.

This policy is in effect regardless of what State account (LSU or LSU Foundation) is used to reimburse faculty members for expenses.

For those interested in details, see the <u>P-Card policy</u> (III Policy Guidelines – D. Sales Tax Exemption) regarding taxes.

#### **Use of Non-LSUHSC Email**

Please note that use of non-LSUHSC e-mail addresses to conduct official LSUHSC business is **n o t** permissible unless authorized by the Chancellor. Review CM-42 Information Technology (IT) Infrastructure here, see highlighted section on page 6.



#### **Other Annoucements**

New Vertebrate Animals Section (VAS) Online Training Module (<u>information</u>)

LSU Proof-of-Concept Fund- LIFT2 Round 12 Announcement (information)

Mentored Career Development (KL2) Program in Clinical and Translational Science (<u>information</u>)

PAS Neonatology Summer Webinar Series (information)

Importance of Time Certification (<u>information</u>) - learn more about why we certify time each month!

Download the new Department Composites for this academic year! (<u>Faculty</u>, Fellow, Resident).

New Pre-Review for Grant Proposals service offered by LSU(information)

Latest edition of LSU SOM's The Pulse. (link)

#### **Several Avenues of Stats Support, Education and Consultation**

Dr. Stuart Chalew has put a helpful list of statistical support resources together for the department:

- Online free modular basic medical stats course through LSU CITI program free to all LSUHSC students, residents, fellows faculty. Register with your LSU CITI user ID and password. Can work through modules at your own pace.
- 2. Formal Stats course through LSU contact Dr. Donald Mercante for info and times.
- Louisiana Clinical and Translational Science Center (LACATS) supports early statistical consultation for LSU and Children's -<a href="https://www.lacats.org">https://www.lacats.org</a> Need to register/apply through SPARC website through link on <a href="https://www.lacats.org/">https://www.lacats.org</a> Need to register/apply through SPARC website through link on <a href="https://www.lacats.org/">https://www.lacats.org/</a>. Brian Melancon 225-763-2980 can help with navigating SPARC. Usually LSU applicants get assigned to an LSU stats faculty through LACATS.

Dr. Chalew can help with navigating LACATS issues for LSU DoP members and those seeking support from LACATS for projects at Children's Hospital.

### **FACULTY DEVELOPMENT**

New video monthly

August Video: One Minute Preceptor

Efficient teaching during our day to day clinical work possible. This short video demonstrates and breaks down the One Minute Preceptor technique for concise clinical teaching. Whether you're new to teaching or an old pro, adding more tools and techniques will help us all acieve excellence in our educational mission.

https://vimeo.com/76305964

If you are interested in other forms of Faculty Development, visit these websites:

- LSU Pediatrics Faculty Development Page
- LSUHSC GME Medical Education Development Site

For questions or comments regarding Faculty Development, please contact <u>Amy Creel</u>.

**Construction Update**: Important Corridor Changes, ED Phase 2 Relocation, and Elevator Access to Inpatient Floors (<u>information</u>, <u>map</u>)

Latest edition of CHNOLA Employee E-News (link)

COVID-19 Visitor Update (information)

Latest COVID-19 Policies (information)

## **Upcoming Events**

**Attention: Grand Rounds Moved to Noon** 



#### Virtual Pediatric Grand Rounds

Wednesday, August 12, 2020 12-1pm

## Aerodigestive Teams: An Approach for Evaluating Children with Breathing and Swallowing Problems

#### James Scott McMurray, MD FACS FAAP

Chief of Pediatric Otolaryngology Children's Hospital New Orleans

Please join Pediatric Grand Rounds from your computer, tablet, or smartphone:

Zoom link: https://lsuhsc.zoom.us/j/99010762984?pwd=bXJKZ3ZhSUFkQzdpajErbDd2Smt4Zz09#success

Meeting ID: Meeting ID: 990 1076 2984, Passcode: 018428
One tap mobile: +16465588656, 99010762984# US (New York)
+13017158592, 99010762984# US (Germantown)

Note: This is a live activity. The link is only valid from 12-1:00 pm and the presentation will not be recorded for CME or CEU credit. Please sign in with your full name and credentials in order to receive credit.

Objectives: At the conclusion of this activity, participants should be able to:

- Discuss the composition of an Aerodigestive Team for the evaluation of breathing and swallowing problems in children.
- Recognize the utility of the team approach to the evaluation of children with breathing and swallowing problems.
- 3. Identify key patient symptoms suggesting referral to an Aerodigestive Team.

Intended Audience: This activity is specifically directed towards the pediatrician, but it is open to all other interested physicians, residents, medical students and allied health professionals.

CME Statement: Children's Hospital is accredited by the Louisiana State Medical Society to provide continuing medical education for physicians. Children's Hospital designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit ™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CEU Statement: Children's Hospital is approved as a provider of nursing continuing professional development by Louisiana State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.







#### Join Grand Rounds through the Zoom Portal:

https://lsuhsc.zoom.us/j/99010762984? pwd=bXJKZ3ZhSUFkQzdpajErbDd2Smt4Zz09#success

Meeting ID: Meeting ID: 990 1076 2984, Passcode: 018428 One tap mobile: +16465588656,,99010762984# US (New York) +13017158592,,99010762984# US (Germantown)

**8.17.20** - Society for Pediatric Research presents *Gender Equity in the Scientific Workforce: What is the Current State of Pediatrics* (information and registration)

Department Wellness Ambassador Jerussa Aita-Levy, MD and the Wellness Committee have compiled a list of helpful links and resources. Please take this time to focus on your wellness!

- 1. Dr. Amy Creel has created a shared file of **Childcare Resources** that can be accessed by all in the department. Please review, use and edit as you'd like! (information)
- 2. Remember LSUHSC **Campus Assistance Program** (CAP) is here to help! (information)
- 3. A great article about grief in this new version of our world information)
- 4. CAP's Advise on Dealing with Stress (article)
- 5. 7 steps to help doctors reduce stress during the COVID-19 outbreak (link)

Recent Wellness Grand Rounds: Dr. Gail Gazelle gave two important, immensely helpful lectures. If anyone missed it, check out her slides here (Grand Rounds, Noon Conference). Dr. Gazelle included a free resource for our department: She leads a weekly Zoom clinician support group called "Helping Clinicians Thrive During COVID-19." The group is for physicians and advanced practice clinicians like you to build community and resilience during this time. Sessions are on Wednesdays, 3:30-4:30 PM CST. Click the link below to download a calendar attachment or simply join us at <a href="https://zoom.us/j/92100651837">https://zoom.us/j/92100651837</a>.

**Bootcamp Class**: Children's Hospital's bi-weekly bootcamp class is back inperson on Thursdays! Starting Thursday, June 18, Krewe du Crossfit's free **Thursday** classes for Children's Hospital and LCMC Health employees will be in-person and not casted on Zoom. **Tuesday** classes will remain virtual and accessed through this <u>Zoom link</u>. **Saturday** classes start at 9:30am and costs \$10 (combined yoga and bootcamp). Saturday Zoom info: zoom ID: 930503841, password: krewe.

# Free apps and websites to keep you physically and mentally fit:

**Peloton App**: stream spin, run, walk, stregth, stretching, bootcamp, yoga and meditation over an extended 90 day trial (<u>information</u>).

Pure Barre OD: 60 day free trial with Code: EXTENDED TRIAL (<u>information</u>)

Shira Kraft, Pilates Instructor: 30 minute session on youtube (<u>information</u>)

**Beachbody**: Free sample workouts (<u>information</u>); also offering a free 14-day trial of their on demand service.

#### Yoga:

Yoga with Adriene (YouTube channel)
Fight Master Yoga (YouTube channel)
Fitness Marshall (YouTube channel)- for those who like dancing
Yoga for Kids! Cosmic Kids Yoga (YouTube channel)

#### **Meditation:**

**Free Headspace Plus** for all US Healthcare Workers (<u>information</u>) Use this meditation tool to de-stress to get a healthy perspective.

Ten Percent Happier: (information) free access to app for healthcare workers

Find more discounts and freebies for healthcare workers including resources for mental and physical health <u>here</u>.

## **Department Anniversaries**

The following employees celebrate another year with the department this month. Thank you for your continued service to LSU Pediatrics!

Diego Aviles, 26 years
Hong Xin, 22 years
Gary Duhon, 21 years
Jerussa Aita-Levy, 20 years
Caroline Straatmann, 5 years
Nihal Godiwala, 4 years
Elizabeth Wisner, 3 years
James Krulisky, 2 years
Alexis Morvant, 2 years
Andrew Abreo, 1 year
Colleen LeBlanc, 1 year

Looking for old newsletters? View the *Tuesday Tidbits* archive on the department's website. (link)

Submit information to the next Tuesday Tidbits

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