

August 4, 2020



LSU Pediatrics Tuesday Tidbits

Welcome to the Department of Pediatrics' weekly email blast designed to deliver important department information straight to your inbox.

Visit our
website

LSU Pediatrics Announcements

Gary Duhon Promoted to Role of Chief of the Section of Pediatric Critical Care



In recognition of Dr. Gary Duhon's tremendous performance and service in the role of Acting Chief of Pediatric Critical Care since January or 2019, Dr. Watts and Dean Nelson appointed Gary the Section Chief role effective August 1st. In the Acting Chief role, Dr. Duhon oversaw fundamental changes in the Pediatric Critical Care Section, including moving to in-house, 24 hour attending physician coverage in the Pediatric ICU at Children's Hospital and overseeing the addition of Tulane faculty physicians into the Pediatric Critical Care service line.

Join me in congratulating Gary on his new position and thanking him for his steady and generous leadership.

Two Pillars of the LSU Department of Pediatrics Retire



Dr. Aluzio Stopa, Associate Professor of Pediatric Cardiology, and Dr. Rodolfo Begue, Professor of Pediatric Infectious Diseases, brought their distinguished LSU Pediatric academic careers to a close with retirement on July 31st.

Dr. Stopa contributed 34 years of service to LSU, Children's Hospital and the children of Louisiana, while Dr. Begue completed more than 25 years of faculty service.

Join me in wishing both Drs. Stopa and Begue best wishes on the next phases of their lives. Thank them for their commitment to the children and our mission.

*Dr. Thomas Kimball recently shared his sentiments
as Dr. Stopa planned his retirement...*

It's time to celebrate the career of Dr. Aluzio Stopa as he nears his retirement on July 31, 2020. Dr. Stopa was born and raised in Brazil. His undergraduate education and medical education were at the Academy of Commerce and the Faculty of Medicine of the Federal University of Juiz de Fora respectively and both in Brazil. His pediatric internship/residency was across three institutions: Babies Hospital In New York City, Albert Einstein Medical Center in Philadelphia and Cincinnati Children's Hospital. He performed his pediatric cardiology fellowship at Cincinnati Children's Hospital as well.

Following his training, he became an Associate Professor of Pediatrics at LSUHSC and Medical Director of Cardiology at CHNOLA. In 1984 he worked a brief two year stint as the Director of Cardiac Rehabilitation in Birmingham, AL before rejoining LSUHSC and CHNOLA in 1986. He has remained on the LSUHSC faculty ever since.

A true testimony to Dr. Stopa's legacy after a total of 40 years with LSUHSC and pediatric cardiology lies with how his patients feel about his retirement. They are all very sad that he will no longer be caring for them and cherish the years that he has been their doctor.

In retirement, Dr. Stopa will enjoy his daily walks along the Audubon bike path, exercising on his Power Plate and stationary bicycle at home and watching his favorite show, Forensic Files, and his favorite sports teams, the Cincinnati Reds and, of course, the Saints! Who Dat! We Dat! Dr. Stopa Dat!

We wish Dr. Stopa a very happy retirement and thank him for his many years of devoted service to the Department of Pediatrics and Children's Hospital of New Orleans.

LSAAI Appoints Elizabeth Wisner as Secretary/Treasurer

The Louisiana Society of Allergy, Asthma & Immunology appointed **Elizabeth Wisner, MD** as Secretary/Treasurer effective August 1. The LSAAI is the regional society for Allergy/Immunology (LA and MS) which advocates for patients and physicians at the local/state and national level, and has close ties with all three academic Allergy/Immunology fellowship programs in Louisiana.



Three of our LSU A/I faculty have served in leadership roles at LSAAI, representing LSUHSC and CHNOLA at these regional yearly meetings, and also at 2 annual national meetings. Section Head **Ken Paris, MD** was Vice President and then President in 2010-2013 with a couple of years of advisory roles after stepping down, **Luke Wall, MD** was Secretary/Treasurer for the last 4 years and now Dr. Wisner follows in his footsteps. This means a member of our faculty will have held or will hold a position on the board every year from 2010 - 2024. Congratulations to this great group of physicians for strongly representing the department and hospital!

SSPR Goes Virtual in 2021

The Council for the Southern Regional Meeting announced yesterday that the 2021 conference will be virtual. The group is confident that they will develop creative and valuable programming for February 2021. There will be abstract presentations and trainee awards to recognize students, residents, fellows, and junior faculty. Stay tuned and be on the lookout for a Call for Abstracts. The abstract submission site will open in mid-August.

SRM Abstract Submission Deadline - October 9 at 11:00pm CST

<https://srm2021.abstractcentral.com/>

Important Notice: P-Card Restrictions on AAP Purchases

Recently, changes to the American Academy of Pediatrics on-line purchase process will limit the use of the LSU Department of Pediatrics credit card (P-Card) to American Academy of Pediatrics membership renewals only.

Since LSU is a State Agency, it does not pay State sales taxes on purchases. Thus, the LSU P-Card can't pay sales taxes. The AAP is now processing state sales taxes on all purchases except membership dues renewals. Therefore, all other AAP purchases of faculty members (books, subscriptions, etc) must be purchased directly by the individual faculty member. Then, receipts can be submitted for reimbursement of the expenses.

AAP membership renewals can continue via the P-Card at this point.

This policy is in effect regardless of what State account (LSU or LSU Foundation) is used to reimburse faculty members for expenses.

For those interested in details, see the [P-Card policy](#) (III Policy Guidelines – D. Sales Tax Exemption) regarding taxes.

Use of Non-LSUHSC Email

Please note that use of non-LSUHSC e-mail addresses to conduct official LSUHSC business is **n o t** permissible unless authorized by the Chancellor. Review CM-42 Information Technology (IT) Infrastructure [here](#), see highlighted section on page 6.



Other Announcements

New Vertebrate Animals Section (VAS) Online Training Module ([information](#))

LSU Proof-of-Concept Fund- LIFT2 Round 12 Announcement ([information](#))

Mentored Career Development (KL2) Program in Clinical and Translational Science ([information](#))

PAS Neonatology Summer Webinar Series ([information](#))

Importance of Time Certification ([information](#)) - learn more about why we certify time each month!

Download the new Department Composites for this academic year! ([Faculty](#), [Fellow](#), [Resident](#)).

New Pre-Review for Grant Proposals service offered by LSU ([information](#))

Latest edition of LSU SOM's *The Pulse*. ([link](#))

Several Avenues of Stats Support, Education and Consultation

Dr. Stuart Chalew has put a helpful list of statistical support resources together for the department:

1. Online free modular basic medical stats course through LSU CITI program free to all LSUHSC students, residents, fellows faculty. Register with your LSU CITI user ID and password. Can work through modules at your own pace.
2. Formal Stats course through LSU - contact Dr. Donald Mercante for info and times.
3. Louisiana Clinical and Translational Science Center (LACATS) supports early statistical consultation for LSU and Children's - <https://www.lacats.org> Need to register/apply through SPARC website through link on <https://www.lacats.org/>. Brian Melancon 225-763-2980 can help with navigating SPARC. Usually LSU applicants get assigned to an LSU stats faculty through LACATS.

Dr. Chalew can help with navigating LACATS issues for LSU DoP members

and those seeking support from LACATS for projects at Children's Hospital.

FACULTY DEVELOPMENT

New video monthly

August Video: *One Minute Preceptor*

Efficient teaching during our day to day clinical work **IS** possible. This short video demonstrates and breaks down the One Minute Preceptor technique for concise clinical teaching. Whether you're new to teaching or an old pro, adding more tools and techniques will help us all achieve excellence in our educational mission.

<https://vimeo.com/76305964>

If you are interested in other forms of Faculty Development, visit these websites:

- [LSU Pediatrics Faculty Development Page](#)
- [LSUHSC GME Medical Education Development Site](#)

For questions or comments regarding Faculty Development, please contact [Amy Creel](#).

CHNOLA Announcements

Construction Update: Important Corridor Changes, ED Phase 2 Relocation, and Elevator Access to Inpatient Floors ([information](#), [map](#))

Latest edition of CHNOLA Employee E-News ([link](#))

COVID-19 Visitor Update ([information](#))

Latest COVID-19 Policies ([information](#))

Upcoming Events

Attention: Grand Rounds Moved to Noon



Children's Hospital
New Orleans
LCMC Health

Virtual Pediatric Grand Rounds

Wednesday, August 5, 2020
12-1pm

(Note the new time for the 2020-2021 academic year)

The "Normal Newborn": Medical Legal Exposures for Pediatricians

Jay P. Goldsmith, MD

Clinical Professor of Pediatrics, Division of Neonatology
Tulane University School of Medicine, New Orleans, Louisiana

Please join Pediatric Grand Rounds from your computer, tablet or smartphone:

Zoom link: <https://lsuhsc.zoom.us/j/99010762984?pwd=bXJKZ3ZhSUFkQzdpajErbDd2Smt4Zz09#success>

Meeting ID: Meeting ID: 990 1076 2984, Passcode: 018428

One tap mobile: +16465588656,,99010762984# US (New York)
+13017158592,,99010762984# US (Germantown)

Note: This is a live activity. The link is only valid from 12-1:00 pm and the presentation will not be recorded for CME or CEU credit. Please sign in with your full name and credentials in order to receive credit.

Objectives: At the conclusion of this activity, participants should be able to:

1. Identify the 4 basic elements that a plaintiff must prove in order to bring a successful malpractice action against a health care provider.
2. Recognize how the Louisiana medical malpractice panel system functions.
3. Discuss the areas of highest risk for malpractice litigation and safety when caring for a newborn.

Intended Audience: This activity is specifically directed towards the pediatrician, but it is open to all other interested physicians, residents, medical students and allied health professionals.

CME Statement: Children's Hospital is accredited by the Louisiana State Medical Society to provide continuing medical education for physicians. Children's Hospital designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CEU Statement: Children's Hospital is approved as a provider of nursing continuing professional development by Louisiana State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.



Join Grand Rounds through the Zoom Portal:

<https://lsuhsc.zoom.us/j/99010762984?pwd=bXJKZ3ZhSUFkQzdpajErbDd2Smt4Zz09>

Meeting ID: 990 1076 2984, Passcode: 018428

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8.17.20 - Society for Pediatric Research presents *Gender Equity in the Scientific Workforce: What is the Current State of Pediatrics* ([information and registration](#))

Department Wellness

Department Wellness Ambassador Jerussa Aita-Levy, MD and the Wellness Committee have compiled a list of helpful links and resources. Please take this time to focus on your wellness!

1. Dr. Amy Creel has created a shared file of **Childcare Resources** that can be accessed by all in the department. Please review, use and edit as you'd like! ([information](#))
2. Remember LSUHSC **Campus Assistance Program** (CAP) is here to help! ([information](#))
3. A great article about grief in this new version of our world ([information](#))
4. CAP's Advise on Dealing with Stress ([article](#))
5. 7 steps to help doctors reduce stress during the COVID-19 outbreak ([link](#))

Recent Wellness Grand Rounds: Dr. Gail Gazelle gave two important, immensely helpful lectures. If anyone missed it, check out her slides here ([Grand Rounds, Noon Conference](#)). Dr. Gazelle included a free resource for our department: She leads a weekly Zoom clinician support group called "Helping Clinicians Thrive During COVID-19." The group is for physicians and advanced practice clinicians like you to build community and resilience during this time. Sessions are on Wednesdays, 3:30-4:30 PM CST. Click the link below to download a calendar attachment or simply join us at <https://zoom.us/j/92100651837>.

Bootcamp Class: Children's Hospital's bi-weekly bootcamp class is back in-person on Thursdays! Starting Thursday, June 18, Krewe du Crossfit's free **Thursday** classes for Children's Hospital and LCMC Health employees will be in-person and not casted on Zoom. **Tuesday** classes will remain virtual and accessed through this [Zoom link](#). **Saturday** classes start at 9:30am and costs \$10 (combined yoga and bootcamp). Saturday Zoom info: zoom ID: 930503841, password: krewe.

Free apps and websites to keep you physically and mentally fit:

Peloton App: stream spin, run, walk, strength, stretching, bootcamp, yoga and meditation over an extended 90 day trial ([information](#)).

Pure Barre OD: 60 day free trial with Code: EXTENDED TRIAL ([information](#))

Shira Kraft, Pilates Instructor: 30 minute session on youtube ([information](#))

Beachbody: Free sample workouts ([information](#)); also offering a free 14-day trial of their on demand service.

Yoga:

Yoga with Adriene ([YouTube channel](#))

Fight Master Yoga ([YouTube channel](#))

Fitness Marshall ([YouTube channel](#))- for those who like dancing

Yoga for Kids! Cosmic Kids Yoga ([YouTube channel](#))

Meditation:

Free Headspace Plus for all US Healthcare Workers ([information](#)) Use this meditation tool to de-stress to get a healthy perspective.

Ten Percent Happier: ([information](#)) free access to app for healthcare workers

Find more discounts and freebies for healthcare workers including resources for mental and physical health [here](#).

Department Anniversaries

The following employees celebrate another year with the department this month. Thank you for your continued service to LSU Pediatrics!

Diego Aviles, 26 years
Hong Xin, 22 years
Gary Duhon, 21 years
Jerussa Aita-Levy, 20 years
Caroline Straatmann, 5 years
Nihal Godiwala, 4 years
Elizabeth Wisner, 3 years
James Krulisky, 2 years
Alexis Morvant, 2 years
Andrew Abreo, 1 year
Colleen LeBlanc, 1 year

Looking for old newsletters?
View the *Tuesday Tidbits* archive on the department's website. ([link](#))

Submit information to the next Tuesday Tidbits