

September 15, 2020



School of Medicine
Department of Pediatrics

LSU Pediatrics Tuesday Tidbits

Welcome to the Department of Pediatrics' weekly email blast designed to deliver important department information straight to your inbox.

Visit our
website

LSU Pediatrics Announcements

Dr. Shubho Sarkar to Lead American Academy of Pediatrics Quality Improvement Initiative

A multidisciplinary team led by Dr. Shubho Sarkar from the Division of Pediatric Hospital Medicine was recently selected to join the American Academy of Pediatrics Value in Inpatient Pediatrics Network, Better Antibiotic Selections in Children (BASiC) National Collaborative. The project launches this fall, and in conjunction with 130 other Children's Hospitals across the country, the Children's Hospital team will be providing and analyzing data on antimicrobial use for the conditions of Pneumonia, UTIs and Skin and Soft Tissue infections in order to develop best practices for antibiotic use. Other members of the multidisciplinary team include: Greg Cook, PharmD (CHNOLA), Dr. Jay Hescocock (LSU Pediatrics), Dr. Silio (Tulane University), Dr. Callie Roth (LSU Pediatric Hospital Medicine Fellow), Dr. Katie Procarione (LSU Resident), Dr. Mac (CHNOLA) and Dr. Leron Finger (CHNOLA).



Recent Scholarly Activity

As previously reported, Dr. Amanda Dumas' article titled *Analysis of Pregnancy and Birth Rates Among Black and White Medicaid-Enrolled Teens* has been published in the



September issue of the Journal of Adolescent Health. An accompanying editorial has also been published alongside her article. See links to both articles below. Congratulations to Dr. Dumas on having her article highlighted in this way!

Article:

<https://www.sciencedirect.com/science/article/abs/pii/S1054139X20302147>

Editorial:

[https://www.jahonline.org/article/S1054-139X\(20\)30322-0/pdf](https://www.jahonline.org/article/S1054-139X(20)30322-0/pdf)

Grey LSU Peds Shirts

A few people have asked about ordering more grey LSU Pediatrics t-shirts. We can order these from the bookstore, but we have to order in bulk – at least 48 shirts. If anyone is interested in ordering a shirt, please add your name, number of shirts and size(s) to this [shared spreadsheet](#). Each shirt will cost around \$13 plus tax. Hopefully we'll get enough interest to place an order.



SSPR Call for Abstracts Volunteer Opportunity to Review Abstracts



**SRM Abstract Submission Deadline -
October 9 at 11:00pm CST**

<https://srm2021.abstractcentral.com/>

The Council for the Southern Regional Meeting will hold their annual SSPR conference virtually February 25 - 27, 2021. Abstracts submissions are due October 9 at 11:00pm CST. Read the official call for abstracts [here](#).

Dr. Marcie Houser is asking for volunteers from the department to help review abstracts for the meeting. If interested in reviewing Pediatric clinical case reports, Adolescent and General Pediatrics abstracts, and Neonatology case reports, [email Dr. Houser](#).

Other Announcements

Latest edition of LSU SOM's *The Pulse*. ([link](#))

NORC Initiative to Advance the Careers of Researchers from Groups Underrepresented in Academia (URiA) Schedule ([information](#))

Policy for Charging Personal Protective Equipment to NIH Grants and Cooperative Agreements as Direct Costs ([information](#))

New Vertebrate Animals Section (VAS) Online Training Module ([information](#))

LSU Proof-of-Concept Fund- LIFT2 Round 12 Announcement ([information](#))

Importance of Time Certification ([information](#)) - learn more about why we certify time each month!

Important Notice: P-Card Restrictions on AAP Purchases ([information](#))

Use of Non-LSUHSC Email ([information](#))

CDC COCA Call: 2020-2021 Influenza Vaccination Recommendations and Clinical Guidance during the COVID-19 Pandemic. Find recent COCA talks regarding Covid-19 [here](#). All talks can be indexed and replayed.

New Pre-Review for Grant Proposals service offered by LSU([information](#))

Several Avenues of Stats Support, Education and Consultation ([information](#))

Download the new Department Composites for this academic year!([Faculty](#), [Fellow](#), [Resident](#)).

FACULTY DEVELOPMENT

New video monthly

September Video: *Giving Feedback*

Feedback is crucial for educating our learners. But it doesn't always come naturally. This video breaks down characteristics of effective feedback. And uses some scenarios to show do's and don'ts in clinical scenarios. With a run time of 12 minutes its great to watch over lunch, during a break, or in small chunks when you have a minute to invest in education!

<https://vimeo.com/76300757>

If you are interested in other forms of Faculty Development, visit these websites:

- [LSU Pediatrics Faculty Development Page](#)
- [LSUHSC GME Medical Education Development Site](#)

For questions or comments regarding Faculty Development, please contact [Amy Creel](#).

CHNOLA Announcements

Construction Update: Important Corridor Changes, ED Phase 2 Relocation, and Elevator Access to Inpatient Floors ([information](#), [map](#))

Latest edition of CHNOLA Employee E-News ([link](#))

COVID-19 Visitor Update ([information](#))

Latest COVID-19 Policies ([information](#))

Upcoming Events



Children's Hospital
New Orleans
LCMC Health

Virtual Pediatric Grand Rounds

Wednesday, September 16, 2020
Noon-1pm

“Conversations About Pain Management: Why the Management of Pain Can Be Such a Pain.”

Michele Hendrickson, MD
Pediatric Anesthesiology and Acute & Chronic Pain Management,
Children's Hospital New Orleans

Please join Pediatric Grand Rounds from your computer, tablet or smartphone:

Zoom link: <https://lsuhsc.zoom.us/j/99010762984?pwd=bXJKZ3ZhSUkQzdpajErbDd2Smt4Zz09#success>

Meeting ID: 990 1076 2984, **Passcode:** 018428

One tap mobile:

+16465588656,,99010762984# US (New York)

+13017158592,,99010762984# US (Germantown)

Note: This is a live activity. The link is only valid from 12-1:00 pm and the presentation will not be recorded for CME or CEU credit. Please sign in with your full name and credentials in order to receive credit.

Objectives: At the conclusion of this activity, participants should be able to:

1. Discuss the relevance and challenges of treating pain.
2. Describe the public health implications of treating pain.
3. Discuss multimodal and multidisciplinary analgesia.

Intended Audience: This activity is specifically directed towards the pediatrician, but it is open to all other interested physicians, residents, medical students and allied health professionals.

CME Statement: Children's Hospital is accredited by the Louisiana State Medical Society to provide continuing medical education for physicians. Children's Hospital designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CEU Statement: Children's Hospital is approved as a provider of nursing continuing professional development by Louisiana State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

LSU Health
NEW ORLEANS
School of Medicine
Department of Pediatrics



 **Tulane University**
SCHOOL OF MEDICINE
Department of Pediatrics

Join Grand Rounds through the Zoom Portal:

[https://lsuhsc.zoom.us/j/99010762984?](https://lsuhsc.zoom.us/j/99010762984?pwd=bXJKZ3ZhSUFkQzdpajErbDd2Smt4Zz09#success)

[pwd=bXJKZ3ZhSUFkQzdpajErbDd2Smt4Zz09#success](https://lsuhsc.zoom.us/j/99010762984?pwd=bXJKZ3ZhSUFkQzdpajErbDd2Smt4Zz09#success)

Meeting ID: Meeting ID: 990 1076 2984, Passcode: 018428

One tap mobile: +16465588656,,99010762984# US (New York)

+13017158592,,99010762984# US (Germantown)

Resident Senior Scholarly Presentations

Conference: Clinical Case Conference

Date/Time: Thursday, September 17, 2020, 12:10pm – 1:00pm

Title: "2 Year Old with Weakness "

Presenter: Dr. Marie Bulathsinghala

Mentor: Dr. Gary Duhon

Faculty's dedication to our trainees and effort to attend these sessions and contribute to the discussion is much appreciated. CME credit will be offered!

Zoom Information: Meeting ID: 987 2113 4546; Password: Isupeds20

[Click here for the zoom link.](#)

9.30.20, 10.21.20, & 11.18.20 - UAB Center for Clinical and Translational Science - Specific Aims Intensive AND Grant Proposal Development Academy ([information](#))

10.2.20 - LSU Pediatrics Virtual Research Fest, 1:00pm - 5:00pm. Review the [Call for Abstracts](#) to learn more.

10.19.20 - Insights Into the Impact of Sections and Departments on Your Career, Virtual Chat with American Pediatric Society & Society for Pediatric Research, register [here](#).

11.21.20 - 22nd Annual Frontiers in Diabetes Research Conference: "Obesity, Diabetes and COVID-19 – elucidating the bidirectional links" ([information](#))

Department Wellness

Department Wellness Ambassador Jerussa Aita-Levy, MD and the Wellness Committee have compiled a list of helpful links and resources. Please take this time to focus on your wellness!

1. Remember LSUHSC **Campus Assistance Program** (CAP) is here to help! ([information](#))
2. A great article about grief in this new version of our world ([information](#))
3. CAP's Advise on Dealing with Stress ([article](#))
4. 7 steps to help doctors reduce stress during the COVID-19 outbreak ([link](#))

Wellness Break: 3 Ways Your Mind Makes You Miserable (And How to Stop It Today) Dr. Jerussa Aita-Levy recommends reading our last Wellness Grand Rounds Speaker Dr. Gail Gazelle's emails and blog posts. Dr. Levy

found one of Dr. Gazelle's recent [posts](#) helpful and wanted to share it with the department. You can also watch Dr. Gazelle's weekly wellness talks on her [Facebook page](#).

Recent Wellness Grand Rounds: Dr. Gail Gazelle gave two important, immensely helpful lectures. If anyone missed it, check out her slides here ([Grand Rounds](#), [Noon Conference](#)). Dr. Gazelle included a free resource for our department: She leads a weekly Zoom clinician support group called "Helping Clinicians Thrive During COVID-19." The group is for physicians and advanced practice clinicians like you to build community and resilience during this time. Sessions are on Wednesdays, 3:30-4:30 PM CST. Click the link below to download a calendar attachment or simply join us at <https://zoom.us/j/92100651837>.

Need child care? Touro's got you covered. Touro has re-opened its Kids Activity Center and they are generously accepting children of LCMC Health employees (ages 5-11). The Kids Activity Center is open from 6:30 am - 7 pm.

CHNOLA Bootcamp Class: Children's Hospital's bi-weekly bootcamp class is back in-person on Tuesdays and Thursdays! Beginning Tuesday, September 8, all bootcamp sessions on Tuesdays and Thursdays will be in-person outside the Conference Center. The time will remain 5:30 - 6:30 pm.

CHNOLA Yoga: We're bringing back Zoom yoga with Dr. Amy Henke! Classes will be Wednesdays from 5:30 - 6:30 pm. Children's Hospital Psychologist, Dr. Amy Henke will be leading free Zoom Yoga classes for employees and staff. No experience is necessary! Classes are suitable for beginners and designed to encourage moving at your own pace with an emphasis on mindfulness, relaxation, and somatic stretching. <https://chnola.zoom.us/my/amyhenke>
Zoom ID number: 867 947 2744

Free apps and websites to keep you physically and mentally fit:

Peloton App: stream spin, run, walk, strength, stretching, bootcamp, yoga and meditation over an extended 90 day trial ([information](#)).

Pure Barre OD: 60 day free trial with Code: EXTENDED TRIAL ([information](#))

Shira Kraft, Pilates Instructor: 30 minute session on youtube ([information](#))

Beachbody: Free sample workouts ([information](#)); also offering a free 14-day trial of their on demand service.

Yoga:

Yoga with Adriene ([YouTube channel](#))

Fight Master Yoga ([YouTube channel](#))

Fitness Marshall ([YouTube channel](#))- for those who like dancing

Yoga for Kids! Cosmic Kids Yoga ([YouTube channel](#))

Meditation:

Free Headspace Plus for all US Healthcare Workers ([information](#)) Use this meditation tool to de-stress to get a healthy perspective.

Ten Percent Happier: ([information](#)) free access to app for healthcare workers

Find more discounts and freebies for healthcare workers including resources for mental and physical health [here](#).

Department Anniversaries

The following employees celebrate another year with the department this month. Thank you for your continued service to LSU Pediatrics!

Renee Gardner, 27 years
Cori Morrison, 10 years
Amanda Dumas, 7 years
Leslie Reilly, 6 years
Brooke Naranjo, 4 years
Peter Tieh, 4 years
Tamara Bradford, 1 year
Ashley Stevens Farge, 1 year
Rachel Hansen, 1 year
Nathalie Medeiros, 1 year
Shannon Powell, 1 year

Looking for old newsletters?
View the *Tuesday Tidbits* archive on the department's website. ([link](#))

Submit information to the next Tuesday Tidbits

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