

September 21, 2021



School of Medicine
Department of Pediatrics

LSU Pediatrics Tuesday Tidbits

Welcome to the Department of Pediatrics' weekly email blast designed to deliver important department information straight to your inbox.

Visit our
website

LSU Pediatrics Announcements

Celebrate Leone Coe's Retirement This Thursday

Assistant Business Manager Leone Coe will be retiring after 30+ years with LSUHSC (29 of those years with the department) on September 30. The department will host a socially-distanced Retirement Celebration in honor of her on **Thursday, September 23, 2021, 1:00pm – 4:00pm**, LSU Peds Admin Suite. Please stop by to congratulate Leone and wish her well in her well-deserved retirement.



Post Hurricane Ida Faculty Development Workshop



The LSUHSC School of Medicine's Committee on Faculty Development is offering an additional workshop to assist faculty and staff in their response,

recovery and return to work following Hurricane Ida amidst a continuing pandemic.

Lynne Unikel, PhD and Ryan Flynn, MHA from Albert Einstein Healthcare Network in Philadelphia will explore how people can make sense and meaning out of adverse life experiences. They will introduce two wellness models: PERMA and Post-Traumatic Growth and apply both concepts in the context of current stressors, i.e. COVID-19 pandemic and hurricanes. The workshop will be comprised of a didactic session followed by an interactive group discussion.

“Finding Growth in the Wake of Adverse Events”
Friday, October 1 at 12:00pm on Zoom
<https://lsuhsc.zoom.us/j/94373027716>

CME credit will be offered. You can view the event flyer [here](#).



Dr. Ricardo Gomez Appointed to the Richard Fowler Professorship of Pediatric Endocrinology

Dr. Watts appointed Dr. Ricardo Gomez to the Richard Fowler Professorship for Pediatric Endocrinology effective September 1, 2021. Dr. Gomez will use the funds to enhance the Pediatric Endocrinology Fellowship Program and advance his scholarly activities. Congratulations, Dr. Gomez!

Recent Accomplishments from the Division of Hematology/Oncology



Third year fellow Dr. Maria G. Español, along with her mentor Dr. Maria C. Velez, were awarded a grant from the Hemophilia Foundation of America (HFA). The grant, entitled "*Using Interactive Technology to Improve Patient Education and Transition of Care in an Underserved Population with Hemophilia*" consists of \$7,000.00 for one year. The grant will be used to develop an interactive website for patients to increase their disease knowledge as well as learn readiness at the time to transition to the adult world.

Dr. Español also authored the following paper:

María G. Español, Renee V. Gardner, Minelys M. Alicea-Marrero, Gisela Marrero-Rivera, Tamara Bradford, Dana M. LeBlanc, María C. Velez. Multisystem Inflammatory Syndrome in a Pediatric Patient With Sickle Cell Disease and COVID-19: A Case Report. *J Pediatr Hematol Oncol* 2021 May 18. [View article here.](#)

Dr. Maria C. Velez has been named the *American Society of Pediatric Hematology Oncology (ASPHO) Board Liaison to the American Academy of Pediatrics Section on Hematology-Oncology (AAP-SOHO/ASPHO) Joint Policy Review Group*. In this role, she will assist the joint effort in reviewing consolidated policy feedback from workgroups prior to, or at the same time as, submission to original policy author; providing guidance when agreement on an issue within a policy cannot be reached by the workgroup; and participating in review and final decisions of workgroup nominations (every three years), among others.

September is Childhood Obesity Awareness Month

The Louisiana AAP Committee on Childhood Obesity & Nutrition along with Pennington Biomedical Research Center created a healthy alphabet video series on topics related to obesity prevention

To see the videos, go to our website:

<https://www.laaap.org/obesityandnutrition/>

See below for our social media pages where we are posting 2 letter videos per day.

[Louisiana AAP | Facebook](#)

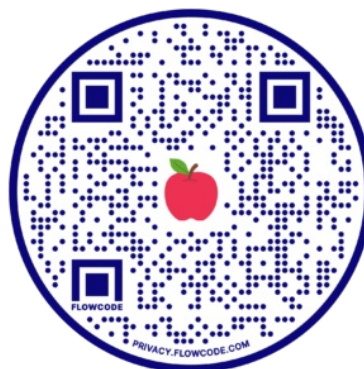
[\(5\) LA Chapter of AAP \(@MyLAAAP\) / Twitter](#)

Please consider sharing on your social media pages and any other media outlets that you think would help raise awareness!

[#ChildhoodObesityAwareness](#)

[#GetFedUp](#)

Below is our infographic that we created for Louisiana Childhood Obesity Awareness Day that we shared with the Louisiana Legislature in June!



Childhood Obesity Awareness Month

Healthy Alphabet series brought to you by:

Louisiana Chapter

INCORPORATED IN LOUISIANA

American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN®



Pennington Biomedical
Research Center
Louisiana State University



LOUISIANA HEALTHY
COMMUNITIES COALITION



OUR LADY
OF THE ANGELS



OUR LADY OF THE LAKE
CHILDREN'S HEALTH



OUR LADY OF LOURDES
WOMEN'S & CHILDREN'S HOSPITAL



WELLAHEADLA.COM

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CHILDHOOD OBESITY IN LOUISIANA

Louisiana ranks 6th nationally in the prevalence of childhood obesity



Portion of Louisiana youth 10-17 years old with obesity.

Companies disproportionately target African American and Hispanic youth with TV ads for sugary drinks. African American teens saw 2.3 times as many ads compared to white teens.

Spanish Language tv ads have increased by 80% since 2010.

African Americans, Hispanics and American Indians have experienced the highest increase in childhood obesity rates. On average, 25% of children in these ethnic groups are affected by obesity.



of **CHILDREN WITH OBESITY** are more likely to become adults with obesity



of **LOUISIANA** children ages 10-17 have overweight or obesity compared to the national average of 31.3%



of **YOUTH** consume at least one sugar-sweetened beverage a day



of **CHILDREN** are predicted to develop obesity by age 35 if current trends continue

Kids ages 8-18 now spend, on average 7.5 hours in front of a screen daily. Over a year that adds up to 114 full days of screen time. This severely limits time for free play and physical activity.

2012 Louisiana Report Card on Physical Activity and Health for Children and Youth (Pennington Biomedical Research Center)

Louisiana's Grade: D

for insufficient physical activity opportunities and programs available to the majority of Louisiana's children and youth.

Louisiana Chapter

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American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN®



PRODUCED BY THE OBESITY & NUTRITION COMMITTEE OF THE LOUISIANA AAP. FOR MORE INFO, VISIT:

WWW.LAAAP.ORG/OBESITYANDNUTRITION



SSPR Call for Abstracts: Deadline October 8

The deadline to submit abstracts for the 2022 SSPR Annual Meeting is fast approaching. View the call for abstracts [here](#).

Southern Regional Meetings

February 10-12, 2022

Abstract Deadline:

October 8, 2021

11:59 pm EST

Jointly provided by Tulane University Health Sciences Center

This activity has been approved for *AMA PRA*
Category 1 Credits™



Other Announcements

LSUHSC COVID Self-Reporting ([information](#))

Latest edition of LSU SOM's *The Pulse*. ([link](#))

Resident Participation in Research ([information](#))

Grant Opportunity: Thrasher Research Fund ([information](#))

LSUHSC IRB's Researcher Education Series ([information](#))

LSU Proof-of-Concept Fund- LIFT2 Round 12 Announcement ([information](#))

Updated: Several Avenues of Stats Support, Education and Consultation ([information](#)) ([using stats models through CITI](#))

Importance of Time Certification ([information](#)) - learn more about why we certify time each month!

Important Notice: P-Card Restrictions on AAP Purchases ([information](#))

Use of Non-LSUHSC Email ([information](#))

New Pre-Review for Grant Proposals service offered by LSU ([information](#))

Download the new Department Composites for the 2021-2022 academic year! ([Resident](#), [Fellow](#), [Faculty](#)).

FACULTY DEVELOPMENT

New video monthly

September Video: Giving Feedback

Feedback is crucial for educating our learners. But it doesn't always come naturally. This video breaks down characteristics of effective feedback. And uses some scenarios to show do's and don'ts in clinical scenarios. With a run time of 12 minutes it's great to watch over lunch, during a break, or in small chunks when you have a minute to invest in education!

Please send any suggestions or areas of faculty development need to acree1@lsuhsc.edu.

If you are interested in other forms of Faculty Development, visit these websites:

- [LSU Pediatrics Faculty Development Page](#)
- [LSUHSC GME Medical Education Development Site](#)

For questions or comments regarding Faculty Development, please contact [Amy Creel](#).

CHNOLA Announcements

Latest edition of CHNOLA Employee E-News ([link](#))

EPIC Outpatient Efficiency Training - Free Virtual training with AMA credit ([information](#))

Report your flu-like symptoms

Please notify Employee Health at 504.962.6270 if you have any flu-like symptoms before reporting to work. Symptoms may include cough, congestion, headache, with or without fever.

Upcoming Events

Grand Rounds

For those who prefer an Outlook Calendar Reminder for Grand Rounds, please click [here](#) for directions that walk you through creating a recurring reminder.

Virtual Pediatric Grand Rounds



Children's Hospital
New Orleans
LCMC Health

"Finding H2O: Volume Assessment in End-Stage Renal Disease"

Wednesday, September 22, 2021

Noon

Please join Pediatric Grand Rounds from your computer, tablet, or smartphone:

To receive CME or CEU Credit, you **MUST register through EventBrite** and use the EventBrite link to join Grand Rounds.

Register here: <https://www.eventbrite.com/o/chnola-office-of-medical-education-34140724807>

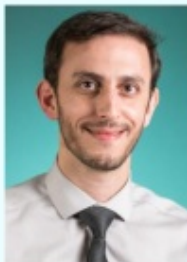
CME/CEU credit for this activity, you can join via Zoom. Your attendance will not be counted.

Zoom link: <https://lsuhsc.zoom.us/j/92312437678?pwd=amd0RENwQWJ2L1BDNW1zeHVQRHhjQT09>

Meeting ID: 923 1243 7678

Passcode: 235623

Note: This is a live activity. The link is only valid from noon – 1:00 PM and the presentation will not be recorded for CME or CEU credit. Please register and join the activity via EventBrite to receive credit.



Abdulla Ehlal, MD, is a Clinical Assistant Professor of in LSU Department of Pediatrics and Pediatric Nephrologist at Children's Hospital New Orleans. He earned his MD at the University of Jordan in 2010. He completed his pediatric residency and served as Chief Resident at Children's Hospital of Michigan. Dr. Ehlal then completed a pediatric nephrology fellowship at Children's Hospital of Philadelphia. He is board certified in Pediatrics and Pediatric Nephrology. He joined CHNOLA's faculty in 2019.

Objectives: At the conclusion of this activity, participants should be able to:

1. Review the long-term complications of volume overload.
2. Understand the current limitations in assessing volume status in ESRD.
3. Review newer methods of volume assessment.

Intended audience: This activity is specifically directed towards the pediatrician, but it is open to all other interested physicians, residents, medical students, and allied health professionals.

CME statement: Children's Hospital is accredited by the Louisiana State Medical Society to provide continuing medical education for physicians. Children's Hospital designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CEU statement: Children's Hospital is approved as a provider of nursing continuing professional development by Louisiana State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.



Eventbrite link to register for Grand Rounds on 9/22:

<https://www.eventbrite.com/o/chnola-office-of-medical-education-34140724807>

Anyone who does not wish to earn CME/CEU credit can continue join Grand Rounds through the Zoom portal:

[https://lsuhsc.zoom.us/j/92312437678?
pwd=amd0RENwQWJ2L1BDNW1zeHVQRHhjQT09](https://lsuhsc.zoom.us/j/92312437678?pwd=amd0RENwQWJ2L1BDNW1zeHVQRHhjQT09)

Meeting ID: 923 1243 7678, Passcode: 235623

One tap mobile: +16465588656 or +13017158592

Any questions about Eventbrite can be sent to emma.cradyc@lcmchealth.org.

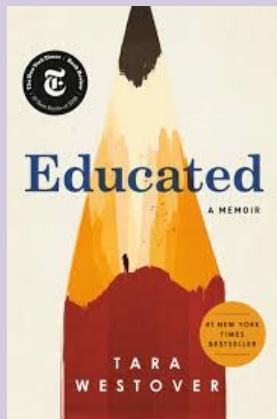
October 15 and 22, 2021 - Sustaining Behavior Change Conference - free and open to all participants. For full conference agenda, speakers and registration: [ANSCHUTZWELLNESS.COM/SBC](https://anschutzwellness.com/sbc)

- This conference grows from the belief that limitations in our ability to help people make lasting changes in their health-related behaviors is one of the greatest challenges to the well-being of our population. Whether it is adopting healthy eating and physical activity habits, or curtailing the use of unhealthy substances or behaviors, people seem able to initiate behavior change, but a range of forces typically lead to a return of previous behaviors.
- The Sustaining Behavior Change Conference assembles a group of leading scholars in a range of disciplines, including behavioral sciences, behavioral economics, marketing and neuroscience to share their insights and perspectives on this important issue.
- Our goal is to spur creative new thinking about how we might study and implement strategies that will foster effective long-term behavior change

Department Wellness

CHNOLA's childcare center open for children of providers/staff working at Children's Hospital ([flyer](#))

LSU Pediatrics Wellness Resources ([information](#))



Wellness Committee Book Club Reschedules Meeting for October

The LSU Pediatrics Wellness Committee shares its book for this quarter. It is called "[Educated](#)" by [Tara Westover](#). The September club meeting has been rescheduled to Wednesday, October 20th at 7:30pm at Peacock Room, 501 Tchoupitoulas St. Please RSVP with Eden Haile (ehaile@lsuhsc.edu) by October 6th.

Department Anniversaries

The following employees celebrate another year with the department this month. Thank you for your continued service to LSU Pediatrics!

Renee Gardner, 28 years
Cori Morrison, 11 years
Dania Felipe, 9 years
Amanda Dumas, 8 years
Leslie Reilly, 7 years
Brooke Naranjo, 5 years
Kyle Fulton, 4 years
Tamara Bradford, 2 years
Ashley Stevens Farge, 2 years
Nathalie Medeiros, 2 years

Shannon Powell, 2 years
Elizabeth McDonough, 1 year

Looking for old newsletters?
View the *Tuesday Tidbits* archive on the department's website. ([link](#))

Submit information to the next Tuesday Tidbits

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