

October 15, 2024



School of Medicine
Department of Pediatrics

LSU Pediatrics Tuesday Tidbits

Welcome to the Department of Pediatrics' weekly email blast designed to deliver important department information straight to your inbox.

Visit our
website

LSU Pediatrics Announcements

CHNOLA Time Studies - Please Send Week One

It's that time of year again –**CHNOLA's Annual Physician Time Studies** will be collected over the next several weeks:

Week 1: Monday, October 7 – Sunday, October 13

Week 2: Monday, October 14 – Sunday, October 20

Week 3: Monday, October 21 – Sunday, October 27

Please follow the instructions below to generate your time studies and send them to [Kelly Allerton](#). She will collect all of LSU Pediatrics' Faculty time studies on a weekly basis and send them to CHNOLA as a group.

Generating and Printing your Weekly CHNOLA Time Study

1. Complete your timesheet as you normally do in the [LSU time tracking system](#).
2. Once you record time at Children's Hospital, you will see a button labeled "Print Hospital Time Studies" on the Timesheet Actions tab. Click that button each week and generate your Time Study. If needed, [step-by-step instructions can be found here](#).
3. If the "Print Hospital Time Studies" button does not show up, save the timesheet, then go to the "My Timesheets" tab and click "Open Current Timesheet". This will cause a refresh and the "Print Hospital Time Studies" button will be visible on the Timesheet Actions tab.
4. Remember to sign and date your time study.
5. Send your time study weekly to [Kelly Allerton](#) on each of the following Mondays: October 14, 21, 28.

Background:

Each year the Medicare and Medicaid programs require Children's Hospital to conduct a time study of the physician services provided at the Hospital. Completion of these forms is mandatory and important in determining the hospital's reimbursements from these programs.

Faculty Development Sessions at CHNOLA

Faculty Workshop: Improving Learning Environments Through Upstander Skills

Wednesday, October 16th, 2024

8:30 AM – 10:00 AM

Hospital Large Conference Rooms, or

[on Zoom](#)

click the link or scan the QR code



Presented by:

Visiting Professor **Dr. Jean-Marie Alves-Bradford**

Dr. Alves-Bradford is the Associate Dean for Student Affairs, Support and Services, and the Inaugural Dean of Medical School Professionalism in the Learning Environment at Vagelos College of Physicians and Surgeons, and Professor of Psychiatry at Columbia University Medical Center. She has over 20 years of experience in patient care, medical education, and management of inpatient and outpatient psychiatric services in Upper Manhattan. Dr. Bradford received her bachelor's degree in psychology at Harvard College and completed her Medical Degree at the Albert Einstein College of Medicine at Yeshiva University. She has been a Columbia faculty member since completing her residency in Psychiatry at Columbia University where she served as chief resident. She created a longitudinal upstander curriculum for medical students, a clinical service integrating primary care into outpatient mental health clinics and directs the health equity and justice curriculum for psychiatric residents.



Children's Hospital
New Orleans
LCMC Health



Tulane
University
SCHOOL OF MEDICINE
Department of Pediatrics

**Get Involved in Pediatric Research Day
May 16, 2025**

Dear Faculty,

We are excited to announce that **Pediatric Research Day will be held on Friday, May 16, 2025**. Last year's event was a big success, and we are looking forward to continued growth and new additions this year.

There are many ways to contribute, and we would love to have your participation! Please review this [form](#) and let us know how you would like to get involved.

If you have any questions, feel free to reach out to Julie Gallois at Jgall3@lsuhsc.edu or Tamara Bradford at tbra11@lsuhsc.edu.

Thank you in advance for helping us showcase the incredible research happening at our own institution!

Benefits Annual Enrollment

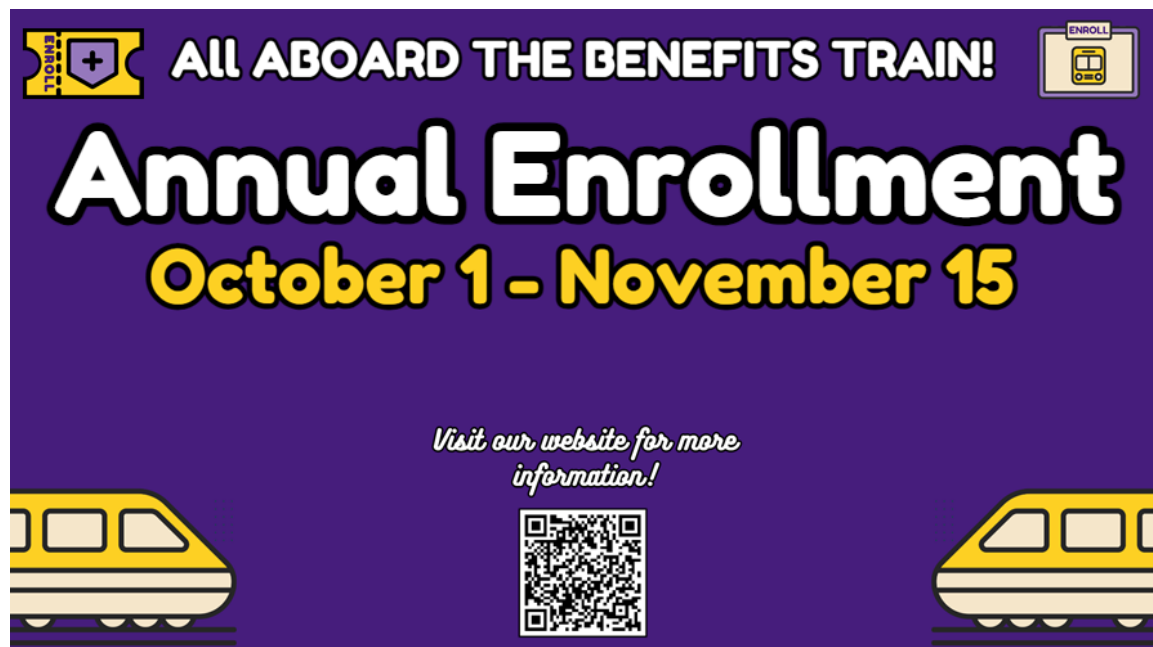
HRM is excited to announce that the Annual Enrollment period is here!

From **October 1, 2024**, through **November 15, 2024**, you will have the opportunity to review and update your benefits for the upcoming year.

The HRM Benefits team will be hosting informational sessions to help you navigate the process and answer any questions. Please review the links below for schedules of events. Additional information can be found on our website [HERE](#).

[Benefits Fair Event](#)

[Annual Enrollment Town Hall Event](#)




ENROLL **+** **ENROLL**

ALL ABOARD THE BENEFITS TRAIN!

Annual Enrollment

October 1 - November 15

Visit our website for more information!



The graphic features a purple background with yellow and white text and icons. At the top left is a yellow shield with a white cross and the word 'ENROLL' written vertically. At the top right is a yellow train car icon with the word 'ENROLL' written above it. The main text 'ALL ABOARD THE BENEFITS TRAIN!' is in white with a black outline. Below that, 'Annual Enrollment' is in large white letters with a black outline, and 'October 1 - November 15' is in yellow with a black outline. At the bottom, there is a QR code and the text 'Visit our website for more information!' in white script. Two yellow train cars are shown at the bottom, one on the left and one on the right, moving towards the center.

LSU Speed Mentoring Session

Are you interested in talking with experienced faculty members about

opportunities for career advancement?

The Mentoring and Faculty Development Committees have set up another speed mentoring session designed to facilitate connections, which will be held on **Monday, October 21st** in the **Lion's Building**.

You will have the opportunity to meet with at least 2 faculty members who have experience in research, medical education, clinical leadership, and/or administration so that you can identify next steps for your own career development within these areas.

The event will last an hour, then be followed by additional networking time, and you can earn CME credit. See the attached [flyer](#) for more details about how to register.

Registration closes October 17th!

We hope to see you there!

FACULTY DEVELOPMENT

New video monthly

October Video: Social Media as an Academic Tool

Dr. Isa Ashoor shares information on harnessing the power of social media. In this fact filled video (just over 15 minutes), he demonstrates everything from Twitter/X sign up to uses for advocacy, education, and professional development.

<https://drive.google.com/file/d/1rduL1BZ-W-Vysmd08kTN5hjLXurCnvar/view?usp=sharing>

Please send any suggestions or areas of faculty development need to acree1@lsuhsc.edu.

If you are interested in other forms of Faculty Development, visit these websites:

- [LSU Pediatrics Faculty Development Page](#)
 - [LSUHSC GME Medical Education Development Site](#)
 - [LSUHSC Faculty Development and Evaluation Committee's Tiger Bites Series](#)
 - [ACGME LEARN](#)
-

For questions or comments regarding Faculty Development, please contact [Amy Creel](#).

CHNOLA Announcements

Grand Rounds

Hybrid Pediatric Grand Rounds



Children's Hospital
New Orleans
LCMC Health

The Tulane University School of Medicine Office of Multicultural Affairs presents: "Impact of Bias in Health Systems Location: Children's Hospital of New Orleans "

Wednesday, October 16th, 2024
Hospital Large Conference Rooms, Noon

You may join Pediatric Grand Rounds from your computer, tablet, or smartphone:

Zoom link: <https://lsuhsc.zoom.us/j/92702233054>
Meeting ID: 927 0223 3054

When you exit the Zoom meeting, you will be prompted to complete a short form to provide your name and email address. By completing the form your attendance will be counted. Thank you for your cooperation.



Dr. Jean-Marie Alves-Bradford is the Associate Dean for Student Affairs, Support and Services, and the Inaugural Dean of Medical School Professionalism in the Learning Environment at Vagelos College of Physicians and Surgeons, and Professor of Psychiatry at Columbia University Medical

Center. She has over 20 years of experience in patient care, medical education, and management of inpatient and outpatient psychiatric services in Upper Manhattan. Dr. Bradford received her bachelor's degree in psychology at Harvard College and completed her Medical Degree at the Albert Einstein College of Medicine at Yeshiva University. She has been a Columbia faculty member since completing her residency in Psychiatry at Columbia University where she served as chief resident. Dr. Alves-Bradford's professional interests include medical education, faculty development, improving care in underserved communities, and advancing equity, diversity and inclusion and belonging. She enjoys creating clinical and educational programs to address unmet needs. She created a longitudinal upstander curriculum for medical students, a clinical service integrating primary care into outpatient mental health clinics and directs the health equity and justice curriculum for psychiatric residents.

Objectives: At the conclusion of this activity, participants should be able to:

- Describe at least 2 ways in which systemic and/or provider bias contribute to inequities in the healthcare of minority-status individuals
- Identify one action you can take to address care disparities in your clinical, administrative, or educational roles

Intended audience: This activity is specifically directed towards the pediatrician, but it is open to all other interested physicians, residents, medical students, and allied health professionals.

Accreditation Children's Hospital New Orleans is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Designation Children's Hospital New Orleans designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CNE statement: Children's Hospital is approved as a provider of nursing continuing professional development by Louisiana State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Provider #4003155. To receive credit, you must attend the entire program and submit a post program evaluation.

ADA Statement: In compliance with the Americans with Disabilities Act, if special accommodations are needed, please notify Denise Graham at 504-896-9431.



LCMC Employee Assistance Program (EAP)

In addition to resources from LSU, all faculty, residents, and fellows have access to the benefits available through the [LCMC Employee Assistance Program \(EAP\)](#). The LCMC EAP is administered by VITAL-Work Life.

Visit VITALWorkLife.com and use code "LCMC" for both Username and Password to login and start accessing resources, such as:

- Financial services
- 5 free coaching sessions (per issue)

- Parenting, career, wellness, health, skills, etc.
- Counseling (generally 5 sessions per issue)
- Unlimited, in-the-moment support from a licensed professional
- Legal support
- Fertility support
- Wellbeing assessments
- E-Courses, and more

In addition, all physicians, including residents and fellows, can access 5 free counseling sessions (per issue) through BetterHelp at [BetterHelp.com/lcmchealth](https://www.betterhelp.com/lcmchealth)

- This benefit can also be used by anyone in your household, per issue.

“Per issue” means you could have 5 sessions working on developing effective strategies to cope with stress (issue 1), another two sessions at a later date about anxiety around an anticipated transition (issue 2), and then four sessions exploring your relationship with parental figures (issue 3), etc etc.

“Household” means anyone you consider to be in your immediate family. This could be a roommate or spouse who shares your home or a family member who lives elsewhere, even in another state. If a loved one’s distress is causing you distress, they can use these resources.

These resources are all entirely confidential. No one at LCMC or LSU will know who logged in or what resources were accessed; the LCMC code simply opens the menu of resources available to the organization. Check out the [LCMC Be Well Center](#) for even more resources.

Epic Upgrades

Need more information regarding the recent Epic upgrades? Here are some helpful guides on the recent changes: [Ambulatory](#), [Beacon](#), [ED](#), [Inpatient](#), [POTC Lactate and Blood Gas Ordering](#)

Department Wellness

CHNOLA's childcare center open for children of providers/staff working at Children’s Hospital ([flyer](#))

LSU Pediatrics Wellness Resources ([information](#))

Other Announcements

Latest Edition of The Pulse ([link](#))

Resident Education

- Resident Participation in Research ([information](#)) - complete a shared spreadsheet with a brief description of the project you are looking for collaboration or assistance with.

Department Biostatistician

- Department Biostatistician, Dr. Zhide Fang, is available to provide biostatistical support to faculty, fellows, and residents. Please see below

for revised scheduling procedures:

1. Email Zhide Fang at zfang@lsuhsc.edu
2. Provide brief explanation of the service you need and, if applicable, times you are able to meet
3. Dr. Fang may request additional information depending on the nature of your request
4. Asking simple, direct questions through email is welcome at any time, but appointments are preferred

Administrative Reminders

- Importance of Time Certification ([information](#)) - learn more about why we certify time each month!
- Use of Non-LSUHSC Email ([information](#))
- Download the Department Composites for the 2024-2025 academic year! ([Resident](#), [Fellow](#), [Faculty](#), and [Admin Staff](#)).
- The Tulane Resident Composite for the 2024-2025 school year is available [here](#). Faculty members who would like a laminated copy can contact Tulane's Chief Residents, [Taylor Katt](#) and [Genesis Ricard](#).
- LSU travel policy and procedures ([information](#))
- Download the new Clinical [Handbook](#) and Pediatric Clerkship [Objectives](#) for Faculty, Residents, and Fellows.
- Grant Support is available through an LSU/Hanover [collaboration](#) - more information is available [here](#).

Department Anniversaries

Stuart Chalew, 27 years
Hanh Rimmer, 25 years
Kelly Allerton, 17 years
Marla Johnston, 6 years
Hannah Bauer, 5 years
Parvin Dorostkar, 2 years
Carrie Henderson, 1 year

Share Your News!

The department wants to highlight your success! Please send any news to include in *Tuesday Tidbits* to [Michele Hallinan](#).



Submit information to the next Tuesday Tidbits

Looking for old newsletters?

View the *Tuesday Tidbits* archive on the department's website. ([link](#))

Department of Pediatrics | LSUHSC

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