

**CURRICULUM VITAE**  
**Richard N. Costa, Psy.D., M.P.**

**Current Title:** *Clinical Associate Professor of Psychiatry* (July 2017 to Present)

**Business Address:** LSU Health Sciences Center School of Medicine Department of Psychiatry, 1542 Tulane Ave., 2<sup>nd</sup> Fl., New Orleans, LA 70112

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**Home Address:** 7225 Monroe St., Harahan, LA 70123

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**Birthdate and Birthplace:** born April 7, 1972 in Fall River, MA

**Education:**

**Undergraduate:**

- (1990-1994) **University of Massachusetts at Dartmouth**, North Dartmouth, MA, Bachelor of Arts

**Graduate:**

- (1996-1998) **Georgia School of Professional Psychology at Argosy University**, Atlanta, GA, Master of Arts in Clinical Psychology
- (1997-1998) **Emory University School of Medicine**, Department of Child and Adolescent Psychiatry, Atlanta, GA, Diagnostic Practicum Student
- (1998-1999) **The Hub Counseling & Education Center**, Tucker, GA, Therapy Practicum Student
- (1999-2000) **Emory University School of Medicine**, Grady Health System, Department of Pediatrics: Hughes Spalding Children's Hospital & Georgia Comprehensive Sickle Cell Center, Atlanta, GA, Advanced Practicum Student
- (1998-2002) **Georgia School of Professional Psychology at Argosy University**, Atlanta, GA, Doctor of Psychology in Clinical Psychology
- (2009-2011) **California School of Professional Psychology at Alliant International University**, San Francisco, CA, Postdoctoral Master of Science Program in Clinical Psychopharmacology

**Internship:**

- (2000-2001) **Louisiana State University Health Sciences Center School of Medicine**, Department of Psychiatry, New Orleans, LA

**Post-Doctoral Fellowship in Clinical Psychology and Infant Mental Health:**

- (2002-2003) **Louisiana State University Health Sciences Center School of Medicine**, Department of Psychiatry, New Orleans, LA

**Honorary Clinical Fellowship:**

- (2001-2002) **New Orleans Psychoanalytic Institute and Society**, New Orleans, LA

**Other:**

- (1993) **Certification in Rape Crisis Hotline Training**  
New Bedford Women's Center, Inc., New Bedford, MA
- (1995) **Certification of Authority to Administer Medication**  
Commonwealth of Massachusetts Department of Health, Fall River, MA
- (1998) **HIV Prevention Counseling Certification**  
Georgia Department of Human Resources, Division of Public Health (Epidemiology and Prevention Branch), Atlanta, GA
- (2001) **Hospice Volunteer Training Course**  
Hospice Care of Louisiana, New Orleans, LA
- (2010-2011) **Classical Theory in Psychoanalysis Course**,  
New Orleans/Birmingham Psychoanalytic Center, New Orleans, LA

**Licensure:**

- **Louisiana State Board of Examiners of Psychologists**  
Louisiana State License # 946  
Clinical Psychology (Granted 11/14/03)
- **Louisiana State Board of Medical Examiners**  
Louisiana State License #MP.000022  
Medical Psychology (Granted 3/7/12)
- **Louisiana State Board of Medical Examiners**  
Louisiana State License #AP.335110  
Advanced Practice Medical Psychology (Granted 2/7/23)

**Academic, Professional, and Research Appointments:**

**Research Assistant** (November 1992 to August 1994)  
University of Massachusetts at Dartmouth, North Dartmouth, MA

Duties: Assisted in designing and programming computer-based perceptual study. Prepared subjects for testing. Calibrated and ran computerized EEGs, collected observational behavior data, and entered/managed databases.

**Relief Counselor** (June 1993 to July 1994)  
Meadowridge Behavioral Health Center, Swansea, MA

Duties: Provided mental health services to adolescents living in this residential treatment program, following a structured behavior modification model. Monitored activities of daily living and accompanied clients on appointments and earned trips. Acted as an academic and vocational aide in onsite classrooms and a job coach to clients employed in the community.

**Mental Health Support Counselor** (July 1994 to May 1995)  
Hyland House, Inc., Fall River, MA

Duties: Assisted in placement of clients with chronic mental illness from assisted living facilities into mainstream apartments within the community. Provided outreach assistance within supported housing program, apartment visits, daily living assistance, and supportive counseling. Worked to establish treatment goals, provide pharmacological education, and administer medication to clients. Collaborated with psychiatrists, psychologists, case managers, social workers, and physicians to develop and implement specific treatment plans to guide patient treatment. Maintained records and provided training and support for peer counselors providing outreach to clients within the program.

**Case Monitor** (May 1995 to August 1996)  
Harvard Pilgrim Health Care of New England (HPHC) & Brown University  
Providence, RI

Duties: Recruited subjects from the substance abuse day treatment program of major health care provider. Interviewed clients with substance abuse problems and their significant others using standardized protocol. Provided ongoing case monitoring interventions with subjects randomized into treatment group by using active listening skills and providing appropriate referrals for outpatient/inpatient treatment services as needed. Collaborated with HPHC members, clinicians, and Brown University research staff. Acted as research assistant to Dr. Zwick by reviewing and procuring recent empirical literature in the areas of substance abuse assessment, treatment, and outcome.

**Violence Recovery Program Extern** (June 1998 to August 1998)  
Fenway Community Health Center, Boston, MA

Duties: Provided crisis intervention and supportive counseling, advocacy, and referral services to gay, lesbian, bisexual and transgendered (GLBT) survivors of bias/hate crimes, domestic violence, sexual assault, and police misconduct. Informed and educated clients about legal rights. Coordinated service plans, assisted clients in securing services, and provided court accompaniment. Worked with police and other criminal justice agencies to identify GLBT crime victims and provided follow-up services. Organized, prepared, and data-entered statewide statistics of hate crimes and domestic

violence incidents reported to this program's hotline through the 1997-1998 fiscal year.

**Research Assistant: Grady Adolescent Knowledge & Adjustment Study** (June 1999 to June 2000)

Emory University School of Medicine, Grady Memorial Hospital Pediatric Infectious Disease Program, Atlanta, GA

Duties: Recruited HIV+ adolescents to assess skills, knowledge, and attitudes regarding "safer" sex practices and "high-risk" behaviors using structured interview and standardized measures in accordance with the research protocol.

**REACH (Rapid Evaluation & Clinical Help) Assessment Clinician** (July 1999 to February 2000)

Emory University West Paces Medical Center Department of Behavioral Health Services Atlanta, GA

Duties: Provided on-site consultation and mobile mental health/psychiatric and chemical dependency assessment, crisis intervention, health information, and referral assistance services at several emergency departments affiliated with the Emory University School of Medicine. Interfaced with medical staff of several clinical and administrative departments of these hospitals working closely with patients, families and significant others, as well as with diverse community and public agencies to facilitate referrals to outpatient, partial or inpatient hospital settings.

**Research Associate: Job Stress Related Hypertension Study** (January 2001 to July 2003)

Louisiana State University Health Sciences Center School of Medicine  
Departments of Psychiatry & Nephrology, New Orleans, LA

Duties: Collaborated with the Department of Nephrology on a longitudinal study of pre-clinical predictors of hypertension in new healthcare employees. Administered computer-based mental stress tests and psychosocial questionnaires to identify work and life stressors.

**Clinical Psychology and Research Fellow** (July 2001 to July 2003)

Louisiana State University Health Sciences Center School of Medicine  
Department of Psychiatry: Section of Psychology, Department of Neurology and Epilepsy Center of Excellence, New Orleans, LA

Duties: Conducted pre- and post-surgical neuropsychological and psychological evaluations of patients with intractable epilepsy. Scored, interpreted, and completed comprehensive assessment reports for referring neurologists and neurosurgeons. Participated on multidisciplinary team through the LSUHSC Epilepsy Center of Excellence. Collaborated with the Department of Neurology on research projects studying the neurobiological and psychosocial impact of epilepsy related to structural MRI, memory, cost-benefit analysis of epilepsy surgery, and quality of life. Created outcome questionnaires to compare quality of life of patients' pre- and post-epilepsy surgery. Assisted in completing Institutional Review Board forms, which were accepted by the LSUHSC IRB office. Studied various aspects of the Symptom's Checklist-90-Revised (SCL-90-R) to identify possible means of lateralization in epilepsy. Used SPSS to enter, manage, and analyze large longitudinal databases.

**Clinical Associate Professor of Psychiatry** (July 2017 to Present)  
**Assistant Professor of Clinical Psychiatry** (October 2003 to July 2017)  
Louisiana State University Health Sciences Center School of Medicine, Department of Psychiatry, New Orleans, LA

Duties:

1. **LSUHSC Outpatient Clinic/Behavioral Sciences Center Clinician & Clinical Supervisor** (October 2003-November 2018)

Provide a variety of psychotherapeutic and evaluative services to children, adolescents, families, and adults at an outpatient clinic. Provide clinical supervision to predoctoral and postdoctoral psychology interns and fellows overseeing all aspects of their outpatient psychotherapy and psychological evaluation of all clinic patients treated.

2. **Harris Infant Mental Health Program Faculty Member** (October 2003 to Present)

As a member of the core clinical faculty, provide a variety of outpatient assessment and therapeutic services to infant, child, adolescent, adult, and family clients referred through the LSUHSC Child and Adolescent and Adult Psychiatry Clinics. Supervise and teach a multidisciplinary group of fellows and interns various topics related to infant mental health in this program's weekly didactic seminars.

3. **Louisiana Rural Trauma Services Center: Associate Coordinator for Clinical Services** (October 2003 to October 2013) and **Project Coordinator** (October 2008 to October 2013)

Assisted in developing and expanding this program in cooperation with the National Child Traumatic Stress Network (NCTSN) and the Substance Abuse Mental Health Services Agency (SAMHSA) according to research protocol. Provided various mental health assessment, treatment, crisis intervention, forensic, and educational services for infants, children, adolescents, and their families exposed to traumatic events in three rural Louisiana parishes (St. James, St. John the Baptist & West Feliciana). Provided forensic assessment, consultation, advocacy, and follow-up treatment to children, adolescents, and families referred from the St. James and St. John the Baptist Parish Juvenile and Truancy Courts and Families in Need of Services (FINS) Programs. Provided training to school and hospital personnel to identify and respond to traumatic incidents involving infants, children, adolescents, and the community at large. Provided onsite and telephone consultation to mental health clinicians and supervision to psychology and social work interns. Created, edited, managed, and analyzed statistical data using SPSS and EXCEL databases. Helped replicate model in St. Bernard, Orleans, and Plaquemine Parishes following Hurricane Katrina. Promoted to Project Coordinator in 2008 after NCTSN/SAMHSA grant was successfully refunded. Expanded project to provide mental health services to military families in Plaquemine Parish schools and Naval Base.

4. **Director of Clinical Psychology Internship Training Program** (October 2005 to October 2011)

After being appointed following Hurricane Katrina, successfully petitioned to have this APA-accredited clinical psychology training program reinstated. Submitted proposal in 2008 that was accepted by APA to expand internship training program to include new Adult Track. Oversaw all aspects of predoctoral internship recruitment, training, supervision, and evaluation of all psychology interns in Adult/Child, Infant/Child, and Adult Psychology internship training tracks. Completed Self-Study and participated in APA site visit in March 2010 which resulted in successfully receiving an additional seven years of accreditation.

5. ***Mental and Behavioral Health Capacity Project Clinician & Clinical Supervisor*** (October 2013-November 2018) ***Coordination of Care/Care Management Program Coordinator*** (July 2014 to October 2016)

Provide a variety of assessment, treatment, crisis management, and consultation/liaison services in several Federally Qualified Health/Primary Care Clinics located in St. Bernard and Jefferson Parishes in accordance with a grant from British Petroleum (BP) to provide psychological services to communities impacted by the 2010 Gulf Coast's Deepwater Horizon oil spill.

6. ***Associate Director of Postdoctoral Fellowship Training Program*** (June 2015- November 2018)

Provide clinical supervision to postdoctoral psychology fellows, psychiatry residents, and research associates overseeing their clinical and research duties. Developed, coordinate, and facilitate postdoctoral training weekly didactics series focusing on case consultations/conceptualizations as well as evidence-based practices in primary care clinic and school settings.

7. ***Terrorism and Disaster Coalition for Child & Family Resilience Project Project Coordinator*** (October 2016 to September 2022)

Responsible for the daily administrative and operational activities necessary to achieve the project objectives of this National Child Traumatic Stress Network (NCTSN) and Substance Abuse Mental Health Services Agency (SAMHSA) funded research project. Oversaw and completed all aspects related to quarterly and annual reporting efforts to ensure fidelity to the proscribed research protocol designed to develop several regional coalitions to include the Gulf Coast, Northeast, and Midwest regions of the United States. Served as major point of contact with program participants, consultants, collaborators, stakeholders, and subject matter experts involved with the project at the local, regional, and national level. Plan and facilitate regional coalition and subcommittee group conference calls to address the impact of terrorism and disaster events on children, families, and communities directly and vicariously affected. Consulted with national experts in aiding in the development and adaptation of trauma-informed evidence-based products and practices including programs such as Psychological First Aid for Schools, Skills for Psychological Recovery, and web-based applications such as Help Kids Cope as outlined in our grant proposal. Promoted to Clinical Associate Professor of Psychiatry in July 2017.

***Private Practice Clinician, Owner & Manager*** (March 2012 to Present)  
Center for Emotional Health & Wellness, LLC, New Orleans, LA

Duties: Provide a variety of state-of-the art, culturally sensitive assessment, psychotherapy, crisis management, and psychopharmacological services to children, adolescents, families, and adults at this privately owned outpatient mental health center with a special emphasis placed on providing a multidisciplinary one-stop-shop approach to treating mental health difficulties from a holistic wellness approach.

***Consulting Clinical and Medical Psychologist*** (October 2012-December 2014)  
RENEW Science and Technology Academy, New Orleans, LA

Duties: Provided onsite consultation/liaison, psychotherapeutic, crisis management, and medication management services to students, families, and school personnel at the RENEW Sci Tech Academy, a public charter elementary school in New Orleans, LA. Conducted home visits to provide supplemental support to families/caregivers of children served and worked closely with pediatricians/primary care doctors to coordinate care of children receiving psychopharmacological treatment. Facilitated supportive consultation groups with faculty and staff that included providing ongoing staff development training sessions as well as classroom management interventions in this unique therapeutic educational program.

***Consulting Clinical and Medical Psychologist*** (July 2015-Present)  
KIPP New Orleans Public Charter Schools, New Orleans, LA

Duties: Provide onsite consultation/liaison, psychotherapeutic, crisis management, and medication management services to students, families, and school personnel at four KIPP New Orleans Charter Schools, including KIPP McDonough 15 Elementary, KIPP Believe College Prep, KIPP Leadership Primary, and KIPP Renaissance High. Conduct home visits to provide supplemental support to families/caregivers of children served and work closely with pediatricians/primary care doctors to coordinate care of children, adolescents, and parents receiving psychopharmacological treatment. Facilitate supportive consultation groups with faculty and staff that include providing ongoing staff development training sessions.

#### **Membership in Professional Organizations:**

- ***University of Massachusetts Psychology Association*** (1991-1994), Student Member, Vice President (Elected by Peers)
- ***American Psychological Association*** (1993-2010), Student Affiliate
- ***American Psychological Association, Division 44*** (1995-2003), *Society for the Psychological Study of Lesbian and Gay Issues*, Student Affiliate
- ***Georgia School of Professional Psychology Student Senate*** (1996-1998), Library Committee Representative and Student Body Representative (Elected by Peers)
- ***American Psychological Association, Division 54*** (1999-2003), *The Society of Pediatric Psychology*, Student Affiliate
- ***Louisiana Psychological Association*** (2008-2012), Member

- ***New Orleans/Birmingham Psychoanalytic Center*** (2010-Present), Member
- ***National Register of Health Services Providers in Psychology*** (2010-Present), Member
- ***Louisiana Academy of Medical Psychologists*** (2011-Present), Member

#### **Awards and Honors:**

- *Psi Chi, the National Honor Society in Psychology* (Inducted June, 1994)

#### **TEACHING EXPERIENCE AND RESPONSIBILITIES:**

##### **Predoctoral Internship and Postdoctoral Fellowship Directorships in Psychology/ Curriculum Development/Implementation:**

***Director of Predoctoral Clinical Psychology Internship Training Program*** (October 2005 to October 2011), Louisiana State University Health Sciences Center School of Medicine, Department of Psychiatry, New Orleans, LA

Duties: Oversaw all aspects of predoctoral internship recruitment, training, supervision, and evaluation of all psychology interns in Adult/Child, Infant/Child, and Adult Psychology internship training tracks in this APA-accredited training program. Developed weekly case conference series where trainees presented formal clinical cases conceptualized in various schools of thought including psychodynamic, cognitive-behavioral, family systems, and/or multicultural perspectives. Provided clinical instruction in topics including child and elder abuse reporting, clinical and reflective supervision, ethics in psychology, and multicultural counseling.

***Associate Director of Postdoctoral Fellowship Training Program*** (June 2015 to November 2018), Louisiana State University Health Sciences Center School of Medicine, Department of Psychiatry, New Orleans, LA

Duties: Provided clinical supervision to postdoctoral psychology fellows, psychiatry residents, and research associates overseeing all aspects of their clinical and research duties. Developed/implemented and coordinate postdoctoral training weekly didactics series focusing on case consultations/conceptualizations as well as evidence-based practices in primary care clinic and school settings.

#### **Formal Course Responsibilities:**

***Physiological Psychology and Psychopharmacology Teaching Assistance*** (January 1994 to May 1994), University of Massachusetts at Dartmouth, Dartmouth, MA

Duties: Assisted instructor of Physiological Psychology and Psychopharmacology courses. Tutored undergraduate and graduate students enrolled in these courses and



provided study skills and test anxiety coping skills instruction [10 hours/week].

***Child & Adolescent Assessment Teaching Assistant and Laboratory Section Graduate Instructor*** (Summer, 1999), Argosy University Atlanta, Georgia School of Professional Psychology, Atlanta, GA

Duties: Taught laboratory section to doctoral-level students in the Child & Adolescent Assessment course. Created syllabus and provided instruction about appropriate use and integration of assessment tools and data. Promoted students' mastery of skills via observation and hands-on training in interviewing, test administration, scoring, test interpretation, and psychological report writing [20 hours/week].

### **Departmental/Interdisciplinary Teaching Conferences:**

***Irving Harris Infant Mental Health Didactics Weekly Training Series*** (2003 to Present), Louisiana State University Health Sciences Center School of Medicine, Department of Psychiatry, New Orleans, LA

Duties: As member of the core faculty, serve as instructor and clinical supervisor to a multidisciplinary group of fellows, psychiatry residents, and interns teaching various topics related to infant mental health in this program's weekly didactic seminars. Lectures presented include Maternal Depression, Play Therapy, Child-Parent Psychotherapy (CPP), and Diagnostic Classification: 0 to 3.

***Topics in Clinical Psychology/Ethics and Various Issues Didactics Seminar*** (2004 to 2011), Louisiana State University Health Sciences Center School of Medicine, Department of Psychiatry, Section of Psychology, New Orleans, LA

Duties: Teach predoctoral clinical psychology interns various topics in this weekly didactics seminar series. Specific lectures developed and implemented in this series which is presented annually include: Diversity Issues: Louisiana/New Orleans Culture & Multicultural Counseling; Multicultural Aspects of Psychotherapy and Case Formulation; Psychodynamic Theories and Therapy Case Formulation; Family Systems Theories and Therapy Case Formulation; and Cognitive Behavioral Theories and Therapy Case Formulation.

### **Predoctoral, Post-Doctoral, Graduate or Post-Residency Fellows Trained:**

- (2005-2006) Christina Hall and Elizabeth McEnany
- (2006-2007) Adrienne Brennan and James Smith
- (2007-2008) Adrienne Brennan, Jonathan Ridenour, Tricia Doud, Amy Henke, and Anjali Sadhwani
- (2008-2009) Michelle Moore, Phillip Stepka, Aaron Armelie, Sharonda Ayers, Ariel Lloyd, and Lavonda Mickens
- (2009-2010) Michelle Moore, Lisa Schuster, Dana O'Hoyt, Emily Caster, Courtney Lewis, Kelly Gerhardstein, and Juliet Dinkins
- (2010-2011) Kelly Gerhardstein, Michael Polito, Anne Ciccone, Kulvadee Thongpibul, Jennifer Strickland, Andrew Cox, and Celia Heppner

- (2011-2012) Chikira Barker, Crystal Balfour, Elesia Hines, Andrea LaPlante, Taronish Irani, and Sara O'Neil
- (2012-2013) Anne Ciccone, Kulvadee Thongpibul, Brooke Anderson, Emily Silverman, and Cristina Shaheen
- (2013-2014) Jennifer Hughes and Christina Danko
- (2014-2015) Jennifer Hughes, Lindsay Poe, Allyn Rodriguez, Allison Palmisano and Cristina Schock
- (2015-2016) Jennifer Hughes, Lindsay Poe, Gregory Fassnacht, Rebecca Graham, Allison Palmisano, Megan Brokenborough, Elliott Lacki, and Trang Pham-Smith
- (2016-2017) Erika Rajo, Charles Starkman, and Francis Ernst
- (2017-2018) Francis Ernst

## **RESEARCH AND SCHOLARSHIP:**

### **Refereed Journal Publications:**

**Costa, R.** & Hayes-Hammer, J. (2004). Examining the duty to warn in HIV psychotherapy cases. *HIV Clinician*, 16 (1), 6-8.

Butterbaugh, G., Olejniczak, P., Roques, M., **Costa, R.**, Rose, M., Fisch, B., Carey, M., Thomson, J. & Skinner, J. (2004). Lateralization of temporal lobe epilepsy and learning disabilities as defined by disability-related civil rights law. *Epilepsia*, 45, 963-970.

Butterbaugh, G., Rose, M., Thompson, J., Roques, M., **Costa, R.**, Brinkmeyer, M., Olejniczak, P., Fisch, B. & Carey, M. (2005). Mental health symptoms in partial epilepsy. *Archives of Clinical Neuropsychology*, 20, 647-654.

Kliebert, T., Osofsky, J., Osofsky, H., **Costa, R.**, Drennan, P., Morse, P., & Morse, E. (2006). Trauma interventions and systems change in rural areas: The role of the juvenile court judge in collaboration with mental health professionals. *Juvenile and Family Court Journal*, Winter: 71-77.

Hansel, T., Osofsky, H., Osofsky, J., **Costa, R.**, Kronenberg, M., & Selby, M. (2010). Attention to process and clinical outcomes of implementing a rural school-based trauma treatment program. *Journal of Traumatic Stress*, 23 (6), 708-715.

**Costa, R.**, Hansel, T., Moore, M., Many, M., Osofsky, J. & Osofsky, H. (2015). Teachers as first responders following disasters: Survivors and supporters. *Journal of Traumatic Stress Disorders & Treatment*, 4 (2), 2-7.

### **Published Abstracts:**

Butterbaugh, G., Olejniczak, P., Carey, M., Fisch, B., Roques, M., & **Costa, R.** (2003). Reductions on hippocampal volumes are associated with mood and anxiety in temporal lobe epilepsy. *Journal of Clinical Neurophysiology*.

Butterbaugh, G., Olejniczak, P., Carey, M., Fisch, B., Roques, M., & **Costa, R.** (2003). Hippocampal asymmetry is associated with emotional distress in intractable temporal lobe epilepsy. *Journal of Clinical Neurophysiology*.

#### **Local Scientific Presentations:**

Kaslow, N., Cummings, S., Fodor, E., Leventhal, G. & **Costa, R.** (2001, March). *Training in group, couples, and family therapy*. Presented at the Association of Psychology Postdoctoral and Internship Centers (APPIC) Membership Meeting and Conference, New Orleans, LA.

**Costa, R.**, Roques, B., Butterbaugh, G., Byerly, A., Dang, A., Aguilar, E., & Reisin, E. (2002, February). *Memory effects in normotensive healthcare professionals working night versus day shifts*. Poster session presented at the Louisiana State University Health Sciences Center School of Medicine Department of Psychiatry, New Orleans, LA.

**Costa, R.**, Dickson, A., & Kronenberg, M. (2003, February). *Diagnosing and treating Reactive Attachment Disorder in young children*. Presented at the 17th annual Prevent Child Abuse and Neglect Conference, Baton Rouge, LA.

Butterbaugh, G., Blackwell, P., Aguilar, E., **Costa, R.**, Reisin, T., Roques, B. & Reisin, E. (2003, February). *Impact of job or life stresses and affective states on resting blood pressure and heart rate in female nurses*. Poster session presented at the Louisiana State University Health Sciences Center School of Medicine Department of Psychiatry, New Orleans, LA.

Gabbard, W., Aguilar, E., Tourgeman, K., Liao, J., Butterbaugh, G., Roques, B., Rose, M., **Costa, R.**, & Reisin, E. (2004, February). *The relationship between stress-induced neurophysiologic responses and common carotid artery ultrasonographic imaging in normotensive and pre-hypertensive adults*. Poster session presented at the Southern Medical Association, New Orleans, LA.

Liao, J., Aguilar, E., Butterbaugh, G., Roques, B., Rose, M., **Costa, R.**, Reisin, T., & Reisin, E. (2004, February). *Identifying potential health risk factors of hypertension using mental stress tests in dialysis, intensive care, or emergency room nurses as compared to other nursing specialties*. Poster session presented to the Southern Medical Association, New Orleans, LA.

Morse, M., Aguilar, E., Morse, S., Liao, J., Gabbard, W., Butterbaugh, G., Roques, B., Rose, M., **Costa, R.**, & Reisin, E. (2004, February). *Carotid ultrasonography and mental stress-induced hemodynamic and neurohormonal responses: potential markers of metabolic syndrome*. Presented at the Southern Medical Association, New Orleans, LA.

Zhang, R., Aguilar, E., Liao, J., Butterbaugh, G., Blake, C., Roques, B., Rose, M., **Costa, R.**, & Reisin, E. (2004, February). *Nondipping and mental stress-induced hormonal and hemodynamic changes as the risk of development of hypertension and cardiovascular disease*. Poster session presented at the Southern Medical

- Association, New Orleans, LA.
- Costa, R.** (2005, May). *Recognizing trauma in children: Implications for juvenile court cases*. Presented at the 10<sup>th</sup> Annual FINS Conference, Baton Rouge, LA.
- Costa, R.** & Jackson, T. (2005, June). *DBT with rural female adolescents/dependency courts and rural children*. Presented at the 13<sup>th</sup> Annual American Professional Society on the Abuse of Children Colloquium, New Orleans, LA.
- Osofsky, J., Osofsky, H., **Costa, R.**, Dickson, A., Kronenberg, K., Jackson, T., Many, M., Drennan, P., Morse, P., Hall, C., & McEnany, E. (2006, August) *Promoting resiliency in children and families in the wake of Hurricane Katrina*. Presented at the American Psychological Association Annual Convention, New Orleans, LA.
- Selby, M., **Costa, R.** & Pinson, N. (2007, March). *The link between rural court involvement and childhood trauma*. Presented at the National Association of Social Workers-LA Annual Conference, Baton Rouge, LA.
- Costa, R.** (2007, April). *Trauma 101: Childhood trauma and the link between rural court involvement*. Presented at the Families in Need of Services (FINS) Annual Conference, Baton Rouge, LA.
- Costa, R.** & Kaywood, A. (2007, August). *Trauma intervention and systems of change in rural areas: The role of the juvenile judge in collaboration with mental health professionals*. Presented at the Systems of Care Community Meeting Conference, New Orleans, LA.
- Aguilar, E., Mercante, D., Morse, S., Lee, B., Liu, M., Kathresal, A., Butterbaugh, B., **Costa, R.**, Roques, B., Asghar, A., & Reisin, E. (2008, May). *Changes in abdominal circumference are associated with changes in blood pressure and intima-media thickness over a 4-year period on healthy young professionals*. Presented at the American Society of Hypertension 23rd Annual Scientific Meeting and Exposition, New Orleans, LA.
- Aguilar, E., Mercante, D., Morse, S., Lee, B., Liu, M., Mendez, C., Kathresal, A., Butterbaugh, B., **Costa, R.**, Roques, B., Asghar, A., & Reisin, E. (2008, May). *Using job stress (classified as low, mixed, and high) in predicting changes in blood pressure, intima-media thickness, common carotid distensibility, and abdominal circumference over a 4-year period in healthy young professionals*. Presented at the American Society of Hypertension 23rd Annual Scientific Meeting and Exposition, New Orleans, LA.
- Costa, R.** (2009, April). *Lessons learned: A longitudinal look at Hurricane Katrina's children*. Presented at the Families in Need of Services (FINS) Annual Conference, Baton Rouge, LA.
- Costa, R.** (2010, March). *Louisiana Rural Trauma Services Center*. Poster session presented at the National Child Traumatic Stress Network All Network Conference, New Orleans, LA.

- Costa, R.** (2010, August). *Responding to individuals with previous trauma*. Presented at the LSUSHC Readiness and Recovery Conference, New Orleans, LA.
- Osofsky, J., **Costa, R.**, Moore, M., Stepka, P. & Ciccone, A. (2012, June). *Lessons learned from the Deepwater Horizon oil spill: Impact on the community and outreach to the affected community*. Presented at the Collaborative Efforts toward Understanding Disasters and Future Preparedness in the Gulf Coast Conference, New Orleans, LA.
- Costa, R.** (2015, May). *Psychological trauma 101: The link between mental health issues and rural juvenile court offenders*. Presented at the 35<sup>th</sup> Annual Louisiana Governor's Conference on Juvenile Justice, New Orleans, LA.
- Wells, J., **Costa, R.** & Barker, C. (2016, April). *Overcoming mental health stigma in youth*. Presented at the Starfish Foundation's PowerHERful New Orleans Conference, New Orleans, LA.
- Costa, R.** (2016, April). *Recognizing and responding to trauma: A guide for collaboration between mental health and juvenile court personnel*. Presented at the 36<sup>th</sup> Annual Louisiana Governor's Conference on Juvenile Justice, Baton Rouge, LA.
- Costa, R.** (2016, August). *Psychological Trauma 101: The Link between Mental Health Issues & Juvenile Court Offenders*. Presented at the 40<sup>th</sup> Annual Juvenile Justice Symposium Conference, Biloxi, MS.
- Costa, R.** & Keller, E. (2017, April). *Seeing "Red Flag" behaviors: Recognizing and responding to trauma with at-risk youth*. Presented at the 37<sup>th</sup> Annual Louisiana Governor's Conference on Juvenile Justice. New Orleans, LA.
- Costa, R.** (2017, August). *The Impact of Trauma on Children, Secondary Traumatic Stress & Trauma-Informed Systems*. Webinar recorded at the Louisiana State University Health Sciences Center, School of Medicine, Department of Psychiatry. New Orleans, LA.
- Costa, R.** (2018, April). *Trauma after the Storm: Psychological Impact on Youth after Major Storms/How Youth in the Juvenile Justice System May React*. Presented at the 38<sup>th</sup> Annual Louisiana Governor's Conference on Juvenile Justice. Baton Rouge, LA.

#### **National Scientific Presentations:**

- Haimson, B., Kreiss, D., Haimson, J., & **Costa, R.** (1995, April). *ERP correlates of letter matching in a divided visual field task*. Poster session presented at the Eastern Psychological Association Conference, Boston, MA.
- Bachanas, P., Mirsalimi, H., Ries, J. & **Costa, R.** (2000, August). *Psychosocial barriers to medical adherence in HIV-infected adolescents*. Presented at the American Psychological Association Convention, Washington, DC.
- Costa, R.** & Jackson, T. (2005, June). *Assessment and treatment of traumatized*

*adolescents in rural communities*. Presented at the Rural Mental Health Symposium, Moran, WY.

- Costa, R.** (2009, March). *Louisiana Rural Trauma Services Center*. Poster session presented at the National Child Traumatic Stress Network All Network Conference, Orlando, FL.
- Costa, R.** (2009, April). *Katrina's children revised: A longitudinal story*. Presented at the Society for Research in Child Development Conference, Denver, CO.
- Costa, R.** (2011, February). *Louisiana Rural Trauma Services Center*. Poster session presented at the National Child Traumatic Stress Network All Network Conference, Baltimore, MD.
- Costa, R.,** Osofsky, J., & Leskin, G. (2012, March). *Building resilience in schools for children in military families*. Presented at the National Child Traumatic Stress Network All Network Conference, Baltimore, MD.
- Costa, R.** (2012, March). *Louisiana Rural Trauma Services Center*. Poster session presented at the National Child Traumatic Stress Network All Network Conference, Baltimore, MD.
- Costa, R.** Caringi, J., Gurwitch, R., & Lawrason, B. (2012, September). *Secondary traumatic stress for educators*. Live webinar training session presented as part of the National Child Traumatic Stress Network Online Speaker Series Program.
- Costa, R.** (2016, August). *Psychological Trauma 101: The Link between Mental Health Issues & Juvenile Court Offenders*. Presented at the 40<sup>th</sup> Annual Juvenile Justice Symposium Conference, Biloxi, MS.
- Costa, R.** & Speier, A. (2019, October). *Neighbors Helping Neighbors: Complexities of Loss and Recovery in the Aftermath of Hurricane Michael*. Co-presented keynote address at the 9<sup>th</sup> annual Suicide Prevention Conference. Sponsored by Life Management Center of Northwest Florida, INC. Florida State University, Panama City, FL.
- Moats, J., Sullivan, L., Maddock, J., McCord, C., Carrillo, I., and **Costa, R.** (2021, February). *Behavioral Health and Disasters: A Moderated Panel Discussion of the Challenges and Interventions for the community, Responders, and Self*. Presented Virtually at the Texas A & M Disaster PRIMR Conference. College Station, TX.

#### **Invited Presentations, Workshops, and Seminars:**

- Costa, R.,** Zenon, V., & Drennan, P. (2005, July). *Trauma in young children: Effects on and de-escalation of disruptive behavior*. Presented at the St. John the Baptist Parish School Board, LaPlace, LA.
- Costa, R.,** Jackson, T. & Greene, M. (2005, October). *The aftermath of Hurricane Katrina: How to understand and help children of different ages*. Presented to the

- faculty and staff of East St. John High School, LaPlace, LA.
- Costa, R.** (2008, November). *The impact of childhood mental illness in the classroom: A guide for teachers*. Presented at Lafayette Academy Charter School. New Orleans, LA.
- Costa, R., Many, M., Kronenberg, M., Osofsky, J.** (June 2009). *Hurricane preparedness, crisis intervention, and Psychological First Aid*. Presented in collaboration with Mercy Family Center Fleur De Lis Program: New Orleans, LA.
- Costa, R. & Many, M.** (2011, March). *Psychological First Aid*. Training session presented at the Lafourche Parish School System, Raceland, LA.
- Costa, R. & Many, M.** (2012, January). *Psychological First Aid*. Training session presented at the Terrebonne Parish School System, Houma, LA.
- Costa, R.** (2012, January). *About bullying: A guide for teachers, parents, and students*. Training session presented at the Lafourche Parish School System, Raceland, LA.
- Costa, R. & Many, M.** (2012, January). *Anger management: What to do when I am really mad?* Training session presented at the Lafourche Parish School System, Raceland, LA.
- Costa, R. & Many, M.** (2012, July). *Psychological First Aid*. Training session presented at Vietnamese American Youth League Association, New Orleans, LA.
- Costa, R. & Many, M.** (February, 2013). *Realities of bullying and cyberbullying: A guide for school personnel and students*. Workshop presented at Terrebonne Parish School Board Office, Houma, LA.
- Costa, R. & McDonough, M.** (2013, March). *Mindfulness: Recognizing and managing stress for school personnel*. Training session presented for the Terrebonne Parish Schools, Houma, LA.
- Costa, R.** (2013, September). *Recognizing and managing work-related stress*. Training sessions presented at the Terrebonne Parish Police and Fire Departments, Houma, LA.
- Costa, R.** (2014, July). *Various topics in child psychology: A guide for teachers*. Training session presented for the St. Bernard Parish School system, Chalmette, LA.
- Costa, R.** (2014, August). *Medication management in children: A guide for educators*. Presented at the Science and Technology Academy, New Orleans, LA.
- Costa, R.** (2015, July). *Medication management in young children: A guide for school personnel*. Presented at the KIPP Central City Academy Charter School, New Orleans, LA.
- Costa, R.** (2015, July). *Diversity issues: Louisiana and New Orleans culture*. Presented

- at Louisiana State University Health Sciences Center School of Medicine, Department of Psychiatry, New Orleans, LA.
- Costa, R.** (2015, August). *Medication management in primary care clinics: A guide for psychologists*. Presented at Louisiana State University Health Sciences Center School of Medicine, Department of Psychiatry, New Orleans, LA
- Costa, R.** (2015, September). *Medication management: A quick reference for school nurses*. Presented at the KIPP Believe College Prep Charter School, New Orleans, LA.
- Costa, R.** (2015, November). *Trauma and disruptive behavior disorders: classroom management guide for teachers*. Presented at the KIPP Believe College Prep Charter School, New Orleans, LA.
- Costa, R.** (2015, November). *Suicide prevention: A guide for teachers working with at-risk youth*. Presented at the St. Charles Parish Public School system, Luling, LA.
- Costa, R.** (2016, February). *Topics in human development: Childhood and adolescence*. Presented at Louisiana State University Health Sciences Center School of Medicine, Department of Psychiatry, New Orleans, LA.
- Costa, R.** (2016, March). *Medical psychology: A subspecialty for the professional psychologist*. Presented at Louisiana State University Health Sciences Center School of Medicine, Department of Psychiatry, New Orleans, LA
- Costa, R.** (2017, July). *Trauma and Disruptive Behavior Disorders: Classroom Management Guide for Teachers*. Presented at the RENEW Science and Technology Academy, New Orleans, LA.
- Costa, R.** (2017, July). *Emotions, Acting Out & Avoiding Escalation: A Guide for Classroom Management*. Presented at the St. Bernard Parish Public School system, Chalmette, LA.
- Costa, R.** (2017, August). *The Impact of Trauma on Children, Secondary Traumatic Stress & Trauma-Informed Systems*. Webinar recorded at the Louisiana State University Health Sciences Center, School of Medicine, Department of Psychiatry. New Orleans, LA.
- Costa, R.** (2018, January). *Medication Management in Children: A Guide for Educators*. Training session presented at KIPP Leadership Primary Academy, New Orleans, LA.
- Costa, R.** (2018, February). *Children in Crisis: A Guide for Educators Working with At-Risk Youth*. Presented at the St. Charles Parish Public School system, Luling, LA.
- Costa, R. & Many, M.** (2018, March). *Psychological First Aid*. Training session presented at Vietnamese American Youth Leadership Association, New Orleans,



LA.

**Costa, R.** (2018, July). *Medication Management in Children: 2018 Guide for Educators*. Training session presented at the RENEW Science and Technology Academy, New Orleans, LA.

**Costa, R.** (2018, July). *Teachers as First Responders: Mindfulness for Recognizing and Managing Stress in School Personnel*. Presented at the RENEW Science and Technology Academy, New Orleans, LA.

**Costa, R.** (2018, July). *Medication Management in Children: A Guide for Educators and School Nurses*. Training session presented at KIPP Leadership Primary Academy, New Orleans, LA.

**Costa, R.** (2018, November). *Medication Management in Children: A Guide for Educators*. Training session presented at the St. Charles Parish Public School system, Luling, LA.

**Costa, R.** (2018, December). *Medical Psychology: A Subspecialty for the Professional Psychologist*. Presented at Louisiana State University Health Sciences Center School of Medicine, Department of Psychiatry, New Orleans, LA.

**Costa, R., Many, M. & Craft, T.** (2019, April). *Psychological First Aid for Schools*. Training session presented at RENEW Science and Technology Academy, New Orleans, LA.

**Costa, R. & Many, M.** (2019, July). *Psychological First Aid for Schools*. Training session presented at KIPP New Orleans Academy Behavioral Support Program, New Orleans, LA.

Many, M., **Costa, R.** & Rajo, E. (2019, July). *Psychological First Aid*. Training session presented at Louisiana State University School of Medicine, University Medical Center, New Orleans, LA.

**Costa, R.** (2019, July). *The Interface between Psychological Trauma and Culture in Schools: A Guide for Educators*. Training workshop sessions presented at Orleans Parish School Board Annual Professional Development Conference. Ben Franklin High School, New Orleans, LA.

**Costa, R.** (2020, March). *Medical Psychology: A Subspecialty for the Professional Psychologist*. Presented at Louisiana State University Health Sciences Center School of Medicine, Department of Psychiatry, New Orleans, LA.

**Costa, R.** (2020, November). *Coping with COVID-19: Supporting Students, Families, and Educators in the Face of a Global Pandemic*. Professional Development Virtual Training Presented at KIPP Believe Behavioral Support Program, New Orleans, LA.

**Costa, R.** (2022, February). *Psychological First Aid (PFA) and Psychological First Aid*

for Schools (PFA-S): A guide for educators. Virtual training session presented for St. Bernard Parish Schools, St. Bernard, LA.

**Costa, R.** (2022, September). *Secondary Traumatic Stress in Schools*. Professional Development Virtual Training Presented at KIPP Believe Behavioral Support Program, New Orleans, LA.

## **SERVICE ACTIVITIES:**

### **University/Institutional Service/Departmental Committees:**

***Predoxal Internship and Postdoctoral Fellowship in Clinical Psychology Trainee Selection Committee*** (July 2004 to November 2018), Louisiana State University Health Sciences Center School of Medicine, Department of Psychiatry, Section of Psychology, New Orleans, LA

Duties: As a member of the clinical faculty in the Department of Psychiatry, Section of Psychology at LSUHSC, recruit, interview, and assist in ranking prospective predoctoral and postdoctoral level trainees considering admission into our APA-Accredited Internship Program in Clinical Psychology selected via a national computerized matching system. Served as the Director of Internship Training from 2005 to 2012 and served as Associate Director of the Postdoctoral Fellowship Training Program after being appointed in 2015 through 2018.

### **Departmental Administrative Responsibilities:**

***Clinical Supervisor*** (2003 to Present), Louisiana State University Health Sciences Center School of Medicine, Department of Psychiatry, New Orleans, LA

Duties: Provide clinical supervision to predoctoral and postdoctoral psychology interns and fellows overseeing their psychotherapy, psychological evaluation, and crisis management of clinic patients served at various inpatient, outpatient, hospital, school, and primary care clinics including a diverse population of infants, children, adolescents, adults and families. LSUHSC clinics served currently include the Behavioral Sciences Center (BSC), Office of Mental Health (OMH) Algier's Clinic and previously included the New Orleans Adolescent Hospital (NOAH) and Charity Hospital.

### **Interdisciplinary/Other Program (Center or Program):**

***Research Associate*** (2001 to 2003), Louisiana State University Health Sciences Center School of Medicine, Department of Psychiatry, Department of Neurology, Epilepsy Center of Excellence & Department of Nephrology, New Orleans, LA

Duties: Collaborated with the Department of Nephrology on a longitudinal study of pre-clinical predictors of hypertension in new healthcare employees as they relate to work and life stressors. Also collaborated with the Department of Neurology and Epilepsy

Center of Excellence on various studies to identify neuropsychological, neurophysiological, neuroimaging prediction, cost-effectiveness, and cost-benefit analyses of outcomes following epilepsy surgery. Assisted in completing Institutional Review Board forms, which were accepted by the LSUHSC IRB office. Conducted extensive neuropsychological assessments, according to research protocols, of patients evaluated from the LSUHSC Epilepsy Center of Excellence. Scored, interpreted, and completed comprehensive assessment reports for referring neurologists and neurosurgeons. Created outcome questionnaires to compare quality of life of patients' pre- and post-surgery.

### **Community Service Activities/Clinical Volunteer Experience:**

***Certified Rape Crisis Counselor*** (March 1992 to May 1994), University of Massachusetts at Dartmouth, North Dartmouth, MA

Duties: Completed 30-hour training course to earn certification. Assisted with establishing active crisis hotline on campus. Provided rape awareness education to students.

***Lifeline Volunteer*** [Part Time - 12 hours / month] (October 1994 to August 1996), United Way of Fall River/New Bedford, Fall River, MA

Duties: Provided outreach to inmates enrolled in Lifeline program in three residential correctional facilities. Educated inmates in suicide prevention, empathic listening skills, and crisis intervention. Promoted mastery of skills through role-playing.

***Suicide Prevention Volunteer*** [Part Time - 30 hours / month] (October 1993 to August 1996), United Way of Fall River/New Bedford, Fall River, MA

Duties: Completed 40-hour training program to counsel callers on crisis hotline. Participated in suicide prevention programs with other volunteers at schools, corporations, and fairs. Acted as Assistant Training Coordinator for interviewing and training prospective volunteers. Acted as Grief Facilitator to families and friends of suicide victims. Supervised other volunteers as a Home Leader.

***AIDS Outreach Program Volunteer*** [3 hours/ week] (April 1998 to January 1999), AID Atlanta, Atlanta, GA

Duties: Completed a six-week training course. Co-facilitated monthly support/discussion group for adult males focusing on various issues pertaining to sexuality and HIV/AIDS prevention.

***HIV/AIDS Testing and Counseling Volunteer*** [4 hours/week] (September 1998 to March 1999), Dekalb County Board of Health, Decatur, GA

Duties: Completed intensive 25-hour training program in HIV prevention counseling through the Centers for Disease Control and Prevention (CDC) in Atlanta, GA. Provided anonymous and confidential counseling, education, and test results to individuals tested for HIV, AIDS, and/or other STDs.

**No/AIDS Task Force: Chevron No/AIDS Walk Volunteer** (September 2001 to September 2004), New Orleans, LA

Duties: Volunteered at annual fund-raiser to benefit agency whose mission is to serve local patients with HIV and AIDS. Assisted with set-up and provided office support. Served as greeter and staffed information booth.

**Villa D'Orleans Condominium Association Board Member, Vice-President** (October 2005 to April 2007), Metairie, LA

Duties: After being elected as board member and appointed Vice-President after Hurricane Katrina, worked actively with neighbors to oversee all aspects of rebuilding buildings damaged in this 240 unit condo association including hiring and managing contractors, collecting condo dues, enforcing rules and regulations, mediating unit owners'/renters' grievances, overseeing repairs and maintenance, and facilitating board meetings.

**Children's Miracle Network Telethon Volunteer** (May 2013 and May 2014), New Orleans, LA

Duties: Served as volunteer at this annual Memorial Day weekend telethon to benefit Children's Hospital New Orleans. Answered telephones on-air at WDSU television station to collect pledges/donations from callers/viewers.

**Preservation Resource Center: New Orleans Annual Home Tours Volunteer** (April 2014 to 2020), New Orleans, LA

Duties: Volunteered as docent guiding visitors and providing historical accounts of Uptown New Orleans homes showcased in the Annual Shotgun Homes Tour event hosted each spring as well as the Holiday Homes Tour hosted each winter.