



CURRICULUM VITAE

Sandy Hyatt, PsyD

Current Title: Assistant Professor of Clinical Psychiatry

Business Address: 2021 Perdido Street, 6th Floor, New Orleans, LA 70112

Business Telephone: (504) 702-4349

Business email Address: SHyatt@lsuhsc.edu

Education:

Undergraduate (2012) B.S. in Biological Sciences, Louisiana State University, Baton Rouge, LA

Graduate (2015) M.A. in Counseling Psychology, Argosy University, Orange, CA

(2020) Psy.D. in Clinical Psychology, The Chicago School of Professional Psychology, Los Angeles, CA

Internship (2019-2020) Adult Specialization
LSUHSC Health Sciences Center, Department of Psychiatry
New Orleans, LA

Fellowships (2020-2021) Trauma Psychology
LSUHSC Health Sciences Center, Department of Psychiatry
New Orleans, LA

Licensure: Clinical Psychologist, LA, #1578, active through July 31, 2023

Academic, Professional, and Research Appointments:

2021- present **Clinical Assistant Professor of Psychiatry**
LSU Health Sciences Center, New Orleans, LA
Department of Psychiatry, Section of Psychology

Membership in Professional Organizations:

2015-present Member
American Psychological Association

2019-present Member
Louisiana Psychological Association

2022-present Member
 American Psychological Association, Division 56 – Trauma
 Psychology

TEACHING EXPERIENCE AND RESPONSIBILITIES

Curriculum Development

Group Supervision of Supervision (2021 to present, 2 hours per week; year-long)

Collaboratively developed a formal, structured supervision of supervision experience for six psychology intern trainees and 2 psychology postdoctoral trainees to develop their competency in clinical supervision.

Creation of Enduring Teaching Materials

Motivational Interviewing for Health Services Professionals

Collaboratively created an interactive lecture to train mental health professionals on the utilization of motivational interviewing in the healthcare setting. These training materials focused on interviewing with populations struggling with substance use and/or those who are victims of violence. Videos, role plays, and knowledge checks were used to increase understanding and retention. This didactic has been used by other clinicians as a teaching tool for psychology interns.

Formal Course Responsibilities

Neuropsychological Assessment (30 hours, 1 year, 2018)

Teaching Assistant for Grace Mucci, Ph.D., M.S., ABPdN in the Psychology Department at the American School of Professional Psychology. Assisted in curriculum development, academic support, and evaluation of 10 doctoral level students. This course introduced the assessment of brain-behavior relationships and neuropsychology including major cognitive domains and brain structures associated with psychological function and dysfunction.

Trauma-Informed Care for Medical Providers (2 hours, 4/1/2022)

Co-led a team-based learning course for 200 medical students at LSUHSC School of Medicine. Course introduced learners to the impact of trauma and pathways to recovery on an individual and systemic level, as well as the basic principles of trauma-informed care and culturally sensitive clinical practices.

Departmental/Interdisciplinary Teaching Conferences

Erotic Transference and Countertransference (2/10/2017) Argosy University
 Counseling Psychology program brown bag workshops, Orange, CA

Rapid Response on Inpatient Units (11/17/2019) University Medical Center Morbidity and Mortality Conference, New Orleans, LA

Competency-Based Clinical Supervision (12/9/2020) LSU Health Sciences Center
 Department of Psychiatry psychology internship seminar series, New Orleans, LA

Experiential Self-Care for Psychologists in Training (3/10/2021) LSU Health
 Sciences Center Department of Psychiatry psychology internship seminar series, New
 Orleans, LA

Competency-Based Clinical Supervision (7/27/2022) LSU Health Sciences Center
 Department of Psychiatry psychology internship seminar series, New Orleans, LA

Mentoring Roles:

Mentor for individual students at the Chicago School of Professional Psychology (2017-2020)

Served as a mentor to 1-2 graduate students per year completing their doctorates in
 Clinical Psychology. Assisted students with professional development tasks and
 obtaining training placements required for their degree program.

Mentor medical student completing a research project with behavioral health population (2022)

Served as a mentor for a medical student completing a research project reviewing
 assessment tools and symptom tracking for patients completing an Intensive Outpatient
 Program.

Mentor medical student and undergraduate student completing research internship (summer 2022)

Served as a mentor for a medical student and an undergraduate student completing a 3-
 month research internship.

Undergraduate or Medical Students Trained:

Graduate Students Trained:

1-2 Psychology Practicum student(s) trained annually (2019-2021)

Provide individual supervision to practicum students on psychotherapy and
 psychological testing services

1-6 Psychology Intern(s) trained annually (2020-present)

Provide individual supervision to psychology interns on psychotherapy and psychological
 testing services

Residents Trained:

Supervising 1-2 psychiatry residents in psychotherapy skills annually (2019-present)

RESEARCH AND SCHOLARSHIP

Not Funded

Title:	DEI QI/QA Project
Role:	Co-Investigator
Summary:	

Title: Evaluation of Trauma Informed Care Training on Physician Attitudes and Perceptions

Role: Co-Investigator

Summary: This study aims to improve patient experience at University Medical Center and other Level 1 Trauma Centers following a traumatic event. We will qualitatively assess how emergency medicine and trauma surgery physicians practice medicine on traumatized patients before and after undergoing a Trauma Informed Care training program. This study will help us to understand how implementing a Trauma Informed Care approach can lead to an improved patient experience following a traumatic event

Journal Publications:

Refereed

Hyatt, S. (2020) *Clinicians' Perspectives on the Impact of Familial and Intimate Partner Relations on Patients with Schizophrenia Spectrum Disorders* (Publication No. 2309521812) [Doctoral Dissertation, Chicago School of Professional Psychology]. ProQuest Dissertations & Theses Global.

Rajo, E., Brown, N., **Hyatt, S.**, Whitley, M. (2022) Adapting Psychological First Aid for Healthcare Workers Fighting COVID-19 at an Academic Medical Center and partner Institutions. *Journal of Louisiana Public Health Association*.

Scientific Presentations:

LOCAL

Hyatt, S. (6/18/2017) *Cognitive Games: Experiential Exercises to Develop and Improve Cognitive Skill Sets in Patients with Schizophrenia*. Presentation for 40 patients and family members at the John Henry Foundation, Santa Ana, CA.

Brown, NH., Cohn, D., **Hyatt, S.**, & Rajo, E. (3/11/2021) *The Role of Psychology in an Academic Medical Center*. Panel presentation for graduate students of The Chicago School of Professional Psychology at Xavier University, New Orleans, LA.

Batiste, C., **Hyatt, S.**, & Rajo, E. (3/15/2021) *Working with Trauma Survivors: Occupational Challenges & Strategies for Building Resilience*. Presentation on the impact of exposure to trauma in the workplace and methods of promoting resilience when working with traumatized individuals at Southern Solidarity, New Orleans, LA.

Batiste, C., **Hyatt, S.**, & Rajo, E. (4/27/2021) *Trauma Informed Care*. Presentation to 30 mentors to children with significant trauma histories at Son of a Saint, New Orleans, LA.

Hyatt, S., & Rajo, E. (5/14/2021) *Trauma Informed Care in Emergency Medicine*. Presentation to 30 emergency medical residents introducing trauma-informed care in healthcare at University Medical Center, New Orleans, LA.

Hyatt, S., & Rajo, E. (10/27 & 11/3/2021). *Trauma-Informed Care for LOPA Personnel*. Presentation on trauma informed practices to individuals working with the Louisiana Organ Procurement Agency, Covington, LA.

Hyatt, S., & Rajo, E. (6/20/2022) *Trauma Informed Care in Healthcare Leadership*. Presentation on trauma informed practices for hospital leadership at University Medical Center, New Orleans, LA.

Hyatt, S., & Rajo, E. (7/8/2022) *Trauma Informed Care in Research*. Presentation to Tulane research group introducing trauma-informed practices for those conducting research with vulnerable populations at University Medical Center, New Orleans, LA.

Hyatt, S., & Rajo, E. (7/11/2022) *Trauma Informed Care with Traumatized Populations*. Presentation to mental health providers introducing trauma-informed practices in inpatient and outpatient mental health care at a level 1 trauma center at University Medical Center, New Orleans, LA.

Hyatt, S., & Rajo, E. (9/9/2022) *Preventing Burnout Blindness*. Presentation to Ophthalmology residents on how work-related stress can result in burnout, compassion fatigue, and vicarious trauma, and methods to support resilience.

LOCAL WITH CE CREDIT

Hyatt, S., & Rajo, E. (11/12/2021) *Trauma Informed Care in Critical Care Nursing*. Presentation on trauma informed practices in healthcare to 150 critical care nurses at a nursing conference in Covington, LA.

Hyatt, S., & Rajo, E. (8/31/2022) *To Debrief or Not to Debrief*. Presentation during Emergency Medicine resident conference reviewing the benefits and drawbacks of debriefing and alternate methods of intervention and support following crises in emergency medicine.

NATIONAL

Hyatt, S. (4/25/2019) *Clinicians' Perspective on the Impact of Familial and Intimate Partner Relations on Patients with Schizophrenia Spectrum Disorders*. Western Psychological Association, Pasadena, CA

NATIONAL WITH CE CREDIT

Poe, L., Brokenborough, M., & **Hyatt, S.** (6/24/2020) *Health Literacy: Making Healthcare Understandable*. Southeastern Psychological Association Annual Convention, New Orleans, LA.

Invited Presentations and Seminars:

Hyatt, S. (6/18/2020) Commencement Speaker for graduating class of Clinical Psychology doctoral students at the Chicago School of Professional Psychology, Los Angeles, CA

SERVICE AND ADMINISTRATION

University/Institutional Service:

Departmental committees

2020-present **Committee for Diversity, Equity, Inclusion and Belonging**
 Within the Department of Psychiatry at LSUSHC, the Committee for Diversity, Equity, Inclusion and Belonging (CDEIB) represents the sections of Psychology and Social Work in the Department of Psychiatry. This committee was initially formed in 2017 to ensure that the section of Psychology was thoroughly addressing diversity through our training program and faculty development. This initial mission has expanded to help identify and eliminate barriers to cultural inclusivity in the broader department of psychiatry. When serving as co-chair of this group, I aided in the committee's mission by developing and participating in several initiatives including hosting a monthly book club to expand cultural awareness and racial equity, creating an anonymous online feedback portal, developing a monthly newsletter highlighting cultural news around the country, and organizing a yearly survey of the cultural and inclusivity of the sections of psychology and social work.

2021-present **Clinical Psychology Internship Committee**
 Within the Department of Psychiatry at LSUSHC, the section of Psychology has a Clinical Psychology Internship Committee that meets monthly to discuss the quality of internship program, implement any necessary changes to the training program, review selection criteria of applicants to invite for interviews and determine selection of applicants to rank for positions. As a member of this committee, I discuss individual interns' progress and contribute to the internship program's continued growth.

2023-present **Consultation Liaison Fellowship Committee**
 Within the Department of Psychiatry, assist with the training program for psychiatry residents completing a fellowship on the consultation liaison team at University Medical Center. Committee members assist with interviewing applicants, provide trainings, offer consultation, and support research efforts of psychiatry fellows.

Hospital committees

2019-present **MCI Response Team**
 At University Medical Center, a team of mental health clinicians provide Psychological First Aid to community members who have experienced trauma related to a mass casualty incident. As a member of this team, I volunteer to provide these psychological supportive interventions as needed.

2022-present **Stress First Aid Trainer Team**
 At University Medical Center, hospital administration and select clinical attendings are working with the Schwartz Center to develop a Stress First Aid program for the hospital. This program will be implemented hospital-wide to support all healthcare professionals

and reduce stress injuries associated with occupational responsibilities. As the lead of the Trainer team I will support the implementation of the Stress First Aid program by training others within our organization.

Special Assignments

2020-2021 Virtual Psychological First Aid

Within LCMC hospitals, a group of mental health clinicals from LSUHSC's section of psychology developed a virtual program for the delivery of Psychological First Aid to healthcare personnel in the wake of COVID-19. As a member of this team, I helped organize and implement PFA to healthcare workers throughout the hospital system.

8/15-8/16/2022 PFA for ED Personnel

At University Medical Center, provided individual psychological first aid to Emergency Department staff and employees impacted by work-related trauma.

Clinical Service:

In-patient service activities

2021-present University Medical Center; 12 hr/week

Primary responsibilities include inpatient screening with patients hospitalized for traumatic injuries to assess for symptoms of PTSD, depression, and substance use. Brief therapeutic intervention is provided to patients and family members. I also help facilitate a biweekly survivor support group. I also provide client-centered and consultee-centered case consultation to interdisciplinary teams.

Clinic coverage

2021-present University Medical Center Trauma Recovery Clinic; 7 hr/week

Provide trauma-specific and informed psychotherapy to adolescent and adult trauma survivors. Facilitate bi-monthly support groups for trauma-survivors and their loved ones. I also participate in weekly multidisciplinary treatment team meetings aimed at care-coordination and program development.

2021-present University Medical Center Behavioral Health Clinic; 20 hr/week

Primary responsibilities include outpatient psychotherapy and co-facilitation of an outpatient psychotherapy process group. I also co-facilitate an Intensive Outpatient program for individuals with either psychosis or anxiety/depression. As a member of the IOP team, I coordinate care and participate in interdisciplinary team meetings with psychiatrists, psychologists, and social workers.

2021-present LSUHSC Behavioral Sciences Center; 5 hr/per week

Provided supervision for psychology interns who are providing direct services to trauma survivors seeking inpatient medical care at University Medical Center. I also provide weekly supervision of psychology interns and postdoctoral fellows who supervise other less experienced mental health trainees conducting psychotherapy and psychological assessment services.

Community Service Activities:**2021 Psychological First Aid for Chaplain Residency**

Provided drop-in hours for chaplain residents struggling with job related stressors and vicarious trauma. PFA was used to support resilience of these trainees following traumatic events and challenging patient interactions that transpired while working in a Level 1 trauma center.

2021-present National Trauma Survivors Day (annual event)

In collaboration with the Trauma Survivors Network, co-host an annual community event honoring trauma survivors and their loved ones at University Medical Center.

4/9/22 Community Health Fair at University Medical Center; 5hr

Provided general information about mental health services available to the community as well as psychoeducation on mental health and adaptive psychological coping. This event was open to any member of the public.

4/25/22 Mindfulness Workshop for Healthcare Personnel; 2hr

Volunteered for a workshop for healthcare personnel at University Medical Center. At this event, I provided psychoeducation on mindfulness techniques that can be easily implemented into the workday to manage occupational stress.