



CURRICULUM VITAE
Shane (Shannon) R. Bierma, Ph.D.

Date: December 30, 2025

School: LSU School of Medicine

Department/Program: Department of Psychiatry

Current Title: Assistant Professor of Clinical Psychiatry

Business Address: 2021 Perdido St, 6th Floor, 6118, New Orleans, LA 70112

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Initial Appointment at LSUHSC Date: July 1, 2018

Current Academic Rank: Assistant Professor of Clinical

Date of Appointment to Current Rank: December 1, 2021

Education:

Undergraduate:	2006-2011	University of Wisconsin – Oshkosh Bachelor of Science, Magna Cum Laude Honors Program Graduate
Graduate:	August 2013-August 2019	University of Tennessee Master of Arts in Clinical Psychology Doctor of Philosophy in Clinical Psychology
Internship:	July 2018-June 2019	LSU Health Sciences Center Pre-Doctoral Psychology Intern
Fellowship:	July 2019-November 2021	LSU Health Sciences Center Post-Doctoral Fellowship Neuropsychology
Licensure:	October 29, 2021-present February 9, 2024-present	Louisiana Licensed Psychologist #1583 Mississippi Licensed Psychologist #64 1186
Other:	December 2022-present	National Register Health Service Psychologist #65949

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Academic, Professional, and Research Appointments:

December 2021-present	Assistant Professor of Clinical Psychiatry LSU Health Sciences Center New Orleans, LA
July 2022-present	Associate Director of Postdoctoral Fellowship LSU Health Sciences Center, Psychiatry New Orleans, LA
July 2023-present	Director of Assessment Clinic LSU Health Sciences Center, Psychiatry New Orleans, LA
July 2024-present	Director of Research, Department of Psychiatry LSU Health Sciences Center, Psychiatry New Orleans, LA

Awards and Honors:

June 2022	Early Career Psychologist Achievement Award Presented by LSUHSC Department of Psychiatry, Section of Psychology
June 2022	Best Poster, Faculty Advisor of Research for Psychiatry Residents Presented by LSUHSC Department of Psychiatry
December 2022	Early Career Psychologist Credentialing Scholarship National Register of Health Service Psychologists
June 2024	Faculty Member of the Year Award in Psychology Presented by LSUHSC Department of Psychiatry, Section of Psychology
June 2024	Early Career Psychologist Achievement Award Presented by LSUHSC Department of Psychiatry, Section of Psychology
June 2025	Chairman Excellence in Education Award Presented by LSUHSC Department of Psychiatry

TEACHING EXPERIENCE AND RESPONSIBILITIES

Curriculum Development/Implementation:

August 2021-June 2024 Culturally Competent Healthcare & Academics

Shannon Bierma, PhD

Creation and implementation of two different approaches to cultural competence in academic settings. Pilot testing across several different departments and institutions.

Formal Course Responsibilities:

- | | |
|-------------------|--|
| 2018-present | Louisiana State University Health Sciences (LSUHSC)
2 hours per year; annual. Human Behavior and Development Course
Co-lecture to first-year medical students on Psychodynamic theory in both team-based learning and virtual settings. |
| July 2019-present | Director of Assessment Clinic
2.5 hours per week; year-long direct seminar for approximately 15 psychology trainees including practicum students, interns, and post-doctoral fellows. Assessment cases are presented and discussed, theory and clinical technique explored, and peer and supervisor supervision provided. |
| July 2022-present | Psychodynamic Psychotherapy
2 hours per week; year-long. Co-teach long-term psychodynamic psychotherapy to PGY3 psychiatry residents. Course covers principles of psychodynamic psychotherapy and reviews case material to apply technique, formulation, and theory involved in psychotherapy. |

Departmental/Interdisciplinary Teaching Conferences:

- | | |
|----------------|--|
| July 2018 | Safezone Workshop
Adapted workshop for regional and culture specific training for interns, residents, fellows, and faculty on culturally competent health care approaches in working with gender and sexual minorities (GSM).
Department of Psychiatry at LSU School of Medicine, New Orleans, LA. |
| September 2018 | Transference and Countertransference Working with Psychotic Patients
Presented for department didactics, LSU School of Medicine Department of Psychiatry, New Orleans, LA. |
| November 2018 | Cultural Competence with GSM Individuals and Patients
Presented for the Department of Psychiatry at LSU School of Medicine, New Orleans, LA. |
| January 2019 | Transference and Countertransference in Treatment
Presented for the Department of Psychiatry Grand Rounds Conference, LSU School of Medicine Department of Psychiatry, New Orleans, LA. |
| July 2019 | Safezone Workshop |

	Adapted workshop for regional and culture specific training for interns, residents, fellows, and faculty on culturally competent health care approaches in working with gender and sexual minorities (GSM). Department of Psychiatry at LSU School of Medicine, New Orleans, LA.
September 2019	Utilizing Patient-provider Relational Dynamics to Prevent Missed Medication Dosages and Illness Relapse in Psychiatric Patients. Presented for the Department of Pharmacy at Xavier University, New Orleans, LA.
February 2020	Compassion Fatigue Presented for the Oncology Department medical providers at University Medical Center, New Orleans, LA.
March 2020	Managing Erotic Transference in Therapy Presented for the Department of Psychiatry Grand Rounds Conference, LSU School of Medicine Department of Psychiatry, New Orleans, LA.
July 2020	Safezone Workshop Adapted workshop for regional and culture specific training for interns, residents, fellows, and faculty on culturally competent health care approaches in working with gender and sexual minorities (GSM). Department of Psychiatry at LSU School of Medicine, New Orleans, LA.
July 2021	Safezone Workshop Adapted workshop for regional and culture specific training for interns, residents, fellows, and faculty on culturally competent health care approaches in working with gender and sexual minorities (GSM). Department of Psychiatry at LSU School of Medicine, New Orleans, LA.
October 2021	Gender Affirming Surgical Evaluations LSU Health Sciences Center, Department of Psychiatry, Psychology Didactics, New Orleans, LA.
March 2022	Depression in Renal Disease Presented for Nephrology Department, LSU School of Medicine, New Orleans, LA.
April 2022	Hidden Identities in STEM LSU Health Sciences Center, Department of Psychiatry, Psychology Didactics, New Orleans, LA.
July 2022	Safezone Workshop Adapted workshop for regional and culture specific training for interns, residents, fellows, and faculty on culturally competent health care

approaches in working with gender and sexual minorities (GSM).
Department of Psychiatry at LSU School of Medicine, New Orleans, LA.

- October 2022 Personality Disorders in Medical Admissions
Presented for Internal Medicine Department, Tulane Medical School, New Orleans, LA.
- October 2022 Gender Affirming Surgical Evaluations
LSU Health Sciences Center, Department of Psychiatry, Psychology Didactics, New Orleans, LA.
- November 2022 Gender and Sexual Minority Patient Care
Presented for Department of Psychiatry at LSU School of Medicine, New Orleans, LA.
- April 2023 Hidden Identities in STEM
LSU Health Sciences Center, Department of Psychiatry, Psychology Didactics, New Orleans, LA.
- July 2023 Safezone Workshop
Adapted workshop for regional and culture specific training for interns, residents, fellows, and faculty on culturally competent health care approaches in working with gender and sexual minorities (GSM).
Department of Psychiatry at LSU School of Medicine, New Orleans, LA.
- October 2023 Gender Affirming Surgical Evaluations
LSU Health Sciences Center, Department of Psychiatry, Psychology Didactics, New Orleans, LA.
- May 2024 Trauma Informed Care
Presented for Internal Medicine Department, Tulane Medical School, New Orleans, LA.
- July 2024 Safezone Workshop
Adapted workshop for regional and culture specific training for interns, residents, fellows, and faculty on culturally competent health care approaches in working with gender and sexual minorities (GSM).
Department of Psychiatry at LSU School of Medicine, New Orleans, LA.
- July 2025 Identity Factors in Clinical Care
LSU Health Sciences Center, Department of Psychiatry, Psychology Didactics, New Orleans, LA.

Undergraduate, Medical, or Graduate Student Research Projects:

August 2020-August 2024 Research Advisor

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	Primary director and advisor for identity research implemented at three Southeastern universities for NSF STEM grant.
January-2022 present	Research Advisor Oversee research projects and publications for PGY2 psychiatry residents at LSUHSC.
March 2022-present	Research Advisor Oversee research project and publication for 1-2 2 nd year medical students at LSUHSC
April 2025-present	Supervise Mermilliod, I., Bierma, S. Cognitive Testing Data in People Living with HIV and Associated Biopsychosocial Factors. Study in progress.
May 2025-present	Supervise Harris, T., Bierma, S. Substance use and burnout in the New Orleans Service Industry. Study in progress.

Formal Mentoring and Advising:

Psychiatry residents supervised for psychotherapy Ryan Addell, MD; Scott Lavie MD; Sarah Stuart DO	2018-2019
Psychology Interns supervised Lisa Godfrey MA, Michael Gee, MA	2021-2022
Psychiatry residents supervised for psychotherapy Heeryoung Kim, MD	2022-2023
Psychology Interns supervised Angela Van Berkel MA, Jennifer Petell, MA	2022-2023
Psychiatry residents supervised for psychotherapy Eric Wilde, MD	2022-2024
Psychology Interns supervised Angela Pawley MA, Brad Landry, MA	2023-2024
Psychiatry residents supervised for psychotherapy Kat Beyer, DO	2024-present
Psychiatry residents supervised for psychotherapy Michael Thompson, MD	2024-present

Psychology Interns supervised Maureen Maher MA, Andrea Pereyra, MA	2024-2025
Psychiatry residents supervised for psychotherapy Brock Williams, MD, Brendan Mauch, MD	2025-present
Psychology Interns supervised Whitney Contreras MA, Julia Dobre, MA	2025-present

Post-doctoral Fellows Trained:

July 2022-September 2023	Dr. Michael Gee	Postdoctoral Fellow in Psychology LSU Health Sciences Center
September 2022-August 2023	Dr. Shay Burns	Postdoctoral Fellow in Psychology LSU Health Sciences Center
July 2023-January 2025	Dr. Katie Catanzarite	Postdoctoral Fellow in Psychology LSU Health Sciences Center
July 2023-July 2025	Dr. Taylor Nash	Postdoctoral Fellow in Psychology LSU Health Sciences Center
July 2024-December 2024	Brad Landry	Postdoctoral Fellow in Psychology LSU Health Sciences Center
August 2024-present	Dr. Bryan Shurigar	Postdoctoral Fellow in Psychology LSU Health Sciences Center
July 2025-present	Dr. Andrea Pereyra	Postdoctoral Fellow in Psychology LSU Health Sciences Center

RESEARCH AND SCHOLARSHIP

Grants and Contracts:

Funded:

1. State of Tennessee Public Health Intervention Fund
October 2017
Funds used to start risk management program with needle exchange for IV drug users at Positively Living/Choice Health Network, Knoxville, TN
 - a. \$16,000
 - b. PI
 - c. 20% Effort
2. Ryan White Part B Grant Research Funding

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December 2017-July 2019

Funds used to assess access to medical and mental health care for rural Appalachian individuals living with HIV through Positively Living/Choice Health Network, Knoxville, TN

- a. \$123,500
- b. PI
- c. 20% Effort

3. AIDS United Southern HIV Impact Fund

December 2017-August 2019 *(Note) Grant renews annually under agency's care after August 2019*

Funds used to build mental health programs for individuals living with HIV, grant has sustained mental health program at agency to date

- a. \$160,000 Under my oversight; ongoing renewal totals \$800,000 to 2025
- b. PI December 2017-August 2019
- c. 50% Effort

4. Building Capacity in STEM Education Research (ECR: BCSER)

August 2020-August 2024

NSF 20-521 EHR Core Research (ECR); Funds investigating how aspects of identity in individuals in science disciplines impact career paths. We are looking to see if there are barriers for individuals from marginalized groups to pursuing certain science careers across 3 Southeastern Universities. PI: Henning.

- a. \$348,866
- b. Consultant on research, Co-PI for culturally competent academic/healthcare workshop
- c. 15% Effort

5. LSUHSC Wide Intramural Research Program (WIRP) Assessing Fluoride Exposure and Cognitive Outcomes in Children Living in Fluoridated and Non-Fluoridated Communities in Louisiana. PI: Godebo

December 2025-present

- a. \$193,924
- b. Co-PI
- c. 10% effort

Pending funding:

1. R01 MUSC/LSUHSC: CPT Intervention for People Living with HIV and PTSD (Lopez, C., Richey, L., **Bierma, S.**) December 2025

- a. \$1,273,000
- b. Co-PI
- c. 15% Effort

Non-funded applications:

1. NSF – Culturally Responsive Undergraduate Science Education (CRUSE).
July 2020
 - a. \$224,310
 - b. Co-PI
2. LSU School of Medicine Research Enhancement Program (REP) Clinical Research Grant: The impact of ketofol and methohexital on seizure quality, seizure threshold, and neurocognitive outcome in electroconvulsive therapy (McGee, BL., **Bierma, S.**, Maestri, T., Helmstetter, J., Conrad, E.). March 2023
 - a. \$75,000
 - b. Co-PI
3. NIH Graduate Psychology Education Program (GPE) Health Resources and Service Administration HRSA-25-067 (Moore, M., Archie, D., **Bierma, S.**, Gee, M., Clomburg, A., Kent, K., Wadley, A., Hamrick, M., Wells, J., Creedon, J., Davis, M.) January 2025
 - a. \$437,912
 - b. Co-PI
4. LSU/Ochsner Alzheimer's Association: Sleep Position, Cortical Perfusion, and Cognitive Health in Older Adults: A Two-Phase Investigation (Liu, H., Atiyeh, K., **Bierma, S.**, Rini, J., Licea, J., Tseng, T.) June 2025
 - a. \$300,000
 - b. Co-PI
 - c. 10% effort

Major Area of Research Interest: My primary research interest investigates factors impacting medication adherence in people living with HIV (PLWH) such as stigma, health comorbidities, memory issues, and trauma. Additionally, my research examines neurocognitive decline in PLWH, especially in the aging population. Through neurocognitive assessment and imaging, my research is better able to diagnose HIV-associated neurocognitive disorder (HAND). I also factor in viral loads and medication nonadherence in the HAND process and assess these factors longitudinally to create predictive models for HAND progression in high-risk individuals. Additionally, I research neuropsychological assessment approaches for early detection of Alzheimer's/dementia. Lastly, I research differential diagnoses through psychological assessment of individuals with severe and persistent mental illness (SPMI) who present with psychotic symptoms but have an intellectual disability. Psychological assessment can clarify whether their reported psychotic symptoms are a true psychotic cognitive process or a possible misinterpretation of their own internal monologue.

Journal Publications:

Refereed:

Published:

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Garcia, D.J., Schmidt, M., **Bierma, S.**, Shorter, R., Skadberg, R., Waugh, M. (March 2018). It's not that Difficult: An Interrater Reliability Study of the DSM–5 Section III Alternative Model for Personality Disorders, *Journal of Personality Assessment*, doi.org/10.1080/00223891.2018.1428982 . Impact Factor=2

Wolford-Clevenger, C., **Bierma, S.**, Flores, L. Y., Cropsey, K. L., & Stuart, G. L. (March 2021). Minority stress experiences and drug use among transgender and gender diverse adults: A daily diary study. *Drug and Alcohol Dependence*, 220(108508) [10.1016/j.drugalcdep.2021.108508](https://doi.org/10.1016/j.drugalcdep.2021.108508). Impact Factor=3.6

Correia, K., **Bierma, S.**, Houston, S., Nelson, M., Pannu, K., Tirman, C., Cannon, R., Clance, L., Canterbury, D., Google, A., Morrison, B., Henning, J. (April 2022). Education Racial and Gender Disparities in COVID-19 Worry, Stress, and Food Insecurities across Undergraduate Biology Students at a Southeastern University, *Journal of Microbiology and Biology Education*. <https://doi.org/10.1128/jmbe.00224-21>. Impact Factor=1.5

Submitted:

Nelson, M., Caudle, D., Ballen, C., **Bierma, S.**, Canterbury, D., Morrison, B., Beatty, A., Correia, C., Clance, L., Google, A., Henning, J.A. (December 2025). *Seeing herself in science: Broadening participation in biology through promoting familiarity with scientists*. (In review).

Nelson, M., Ballen, C., Caudle, D., Singleton, K., Fagbodun, S., Brunelli, R., **Bierma, S.**, Henning, J. (November 2025) *How students with stigmatized hidden and visible identities experience active learning in biology: a multi-institutional study*. (In review).

Mermilliod, I., Barberito, M., Bozner, E., Hanson, E., Henning, J., **Bierma, S.** (December 2025) *Case report on differentiation of psychosis versus intellectual disability (ID) with depressive symptomology*. (In review).

H-Index/indices:

h-index – 3

Researchgate 7/2/25

Book Chapters:

Bierma, S., Lookatch, S., Khaddouma, A., & Stuart, G.L. (2014). Individual Therapy. In A. Skull, & G. Golson (Eds), *Cultural Sociology of Mental Illness, an A-Z Guide*. (p. 882-884). La Jolla, CA: Sage.

Bierma, S., Lookatch, S., Ritter, K., & Moore, T.M. (2014). Mental Illness Defined: Historical Perspectives. In A. Skull, & G. Golson (Eds), *Cultural Sociology of Mental Illness, an A-Z Guide*. (p. 511-515). La Jolla, CA: Sage.

Bierma, S., Shorey, R., Brasfield, H., & Stuart, G.L. (2014). Agoraphobia. In A. Skull & G. Golson (Eds), *Cultural Sociology of Mental Illness, an A-Z Guide*. (p. 14-17). La Jolla, CA: Sage.

Bierma, S., Shorey, R., Elmquist, J., & Stuart, G.L. (2014). Mania. In A. Skull & G. Golson (Eds), *Cultural Sociology of Mental Illness, an A-Z Guide*. (p. 480-482). La Jolla, CA: Sage.

Scientific Presentations/Published Abstracts/Oral Presentations and Posters:

Scientific Presentations:

Local:

June 2024 **Bierma, S.** *Diagnostic and treatment considerations in individuals with low cognitive capacity*. Presented at Louisiana Psychological Association Spring Conference Science Café, New Orleans, LA.

National:

October 2015 Khaddouma, A., **Bierma, S.** *First Comes Love, Then Comes... Whatever: Skills for Building and Sustaining Happy Romantic Relationships*. Presented at the OUTstanding LGBTQ+ Self-Revelations Conference, University of Tennessee, Knoxville, TN.

October 2015 **Bierma, S.,** Flores, L. *On Another Planet: Comparing LGBTQ+ Services at UT with the Greater Knoxville Community*. Presented at the OUTstanding LGBTQ+ Self-Revelations Conference, University of Tennessee, Knoxville, TN.

November 2015 Bell, K. M., Sherrill, A. M., Shorey, R. C., Moore, T, McNulty, J. K., Stuart, G. Bishop, N., Mauck, S. E., Lookatch, S., **Bierma, S.,** Ramsey, S., Thompson, K., McKenzie, M., Rosenbaum, A., Price, M. *Costs and Benefits of Crowdsourcing Sensitive Data: Methodological and Ethical Considerations*. Presented at the Association for Behavioral and Cognitive Therapies Conference, Chicago, IL.

February 2016 **Bierma, S.** *Psychiatric crisis stabilization and trauma: Risk assessment and clinical response to suicidal or homicidal ideation in victims of domestic violence*. Presented for mental health care providers, victims' advocates, and law enforcement at the Family Justice Center, Knoxville, TN.

February 2016 **Bierma, S.** *Working with LGBTQ+ youth, adult crisis patients and families: Clinical considerations and implications of language*. Presented for clinicians at the Helen Ross McNabb Mobile Crisis and Crisis Stabilization Units, Knoxville, TN.

- October 2016 Flores, L., **Bierma, S.**, Farley, M. *State of the state re: LGBTQ+ issues and accessing culturally competent health care in a hostile political environment*. Presented at the OUTstanding LGBTQ+ Let it all OUT Conference, University of Tennessee, Knoxville, TN.
- January 2017 Flores, L., Wise, E., Pentel, K., **Bierma S.**, Brownstone L., Clevenger C., Nagendra A., Kurdziel, G. *Biscuits and Bigotry: How Psychologists in the South Have Navigated Political Attacks Against LGBT Rights*. Symposium presented at the National Multicultural Summit, Portland, Oregon.
- June 2024 Amaya, S., **Bierma, S.**, Gee, M., Wilson, T., Catanzarite, K., Richey, L., & Lopez, C. *Corrective Strategies and Adaptive Beliefs to Address Maladaptive Thoughts and Reduce Internal HIV Stigma in Individuals with Trauma Histories*. International Association of Providers of AIDS Care (IAPAC) Continuum 2024, Fajardo, Puerto Rico
- August 2024 Amaya, S., Catanzarite, K., Lopez, C., **Bierma, S.**, Gee, M., Wilson, T., & Richey, L. *Addressing the Mental Healthcare Needs of People with HIV in Ryan White Clinics*. National Ryan White Conference on HIV Care and Treatment, Washington, D.C.
- November 2025 Lopez, C., Baker, N., Amaya, S., Bisca, E., Wilson, T., Richey, L., **Bierma, S.**, Moreland, A., Danielson, C., Resick, P., Safren, S. *Improvements in HIV outcomes and PTSD symptoms with an integrated PTSD treatment and adherence intervention (Cognitive Processing Therapy; CPT-L) for people with HIV (PWH)*. Association for Behavioral and Cognitive Therapies, New Orleans, LA.

Oral Sessions (CE):

- May 2016 Flores, L., **Bierma, S.**, Clevenger, C. *LGBTQ+ Issues in Health Care*. Cherokee Health Systems therapists. Cherokee Health Systems, Knoxville, TN.
- April 2017 Sexton, M., Stewart, A., **Bierma, S.**, Schmidt, M. *Using the therapeutic relationship in understanding and managing patients with complex characterological issues*. University of Tennessee, Knoxville, TN.
- September 2022 **Bierma, S.** *A Kernbergian Perspective on Gender Dysphoria*. Appalachian Psychoanalytic Society, Knoxville, TN.

Invited Presentations and Seminars:

- February 2013 **Bierma, S.** *Intimacy, Connectedness, and Their Influence on Wellness: The Challenge of Being in Law Enforcement*. Presented at Federal Bureau of

Investigation Headquarters, Occupational Health Psychological Intervention Series, Knoxville, TN.

- September 2013 **Bierma, S.** *Depression & Aging*. Presented at Federal Bureau of Investigation Headquarters, Occupational Health Psychological Intervention Series, Knoxville, TN.
- October 2015 Khaddouma, A., **Bierma, S.** *First Comes Love, Then Comes... Whatever: Skills for Building and Sustaining Happy Romantic Relationships*. Presented at the OUTstanding LGBTQ+ Self-Revelations Conference, University of Tennessee, Knoxville, TN.
- February 2016 **Bierma, S.** *Psychiatric Crisis Stabilization and Trauma: Risk Assessment and Clinical Response to Suicidal or Homicidal Ideation in Victims of Domestic Violence*. Presented for mental health care providers, victims' advocates, and law enforcement at the Family Justice Center, Knoxville, TN.
- October 2017 **Bierma, S.** *Engaging LGBT Patients in Health Care*. Presented as employee training for HIV and LGBT treatment facility, Choice Health Network, Knoxville, TN.
- February 2018 **Bierma, S.** *Psychiatric Crisis Risk Assessment for Healthcare Providers*. Presented as employee training for HIV and LGBT treatment facility, Choice Health Network, Knoxville, TN.
- March 2018 **Bierma, S.** *A Developmental Perspective to Behavior Change: Addressing the Impact of Social Biases on the Individual*. Presented at the Tennessee Statewide Conference for HIV prevention and treatment, Nashville, TN.
- November 2018 **Bierma, S.** *Cultural Competence with LGBT Individuals and Patients*. Presented for the Department of Psychiatry at LSU School of Medicine, New Orleans, LA.
- September 2019 **Bierma, S.** *Utilizing Patient-provider Relational Dynamics to Prevent Missed Medication Dosages and Illness Relapses in Psychiatric Patients*. Presented for the Department of Pharmacy at Xavier University, New Orleans, LA.
- February 2020 **Bierma, S.** *Compassion Fatigue*. Presented for the Oncology Department medical providers at University Medical Center, New Orleans, LA.
- February 2020 **Bierma, S.** *Empathy and Compassion in Oncology Nursing*. Presented for the Oncology Department at University Medical Center, New Orleans, LA.
- March 2021 **Bierma, S.** *Resistance and Denial*. Presented in the Psychology of Climate Change undergraduate course, University of South Alabama, Mobile, AL.

- April 2021 **Bierma, S.** *Grief and Coping*. Presented in the Psychology of Climate Change undergraduate course, University of South Alabama, Mobile, AL.
- January 2022 **Bierma, S.** *Trans Healthcare and Gender Affirming Surgical Evaluation*. Presented for the Department of Psychiatry at LSU School of Medicine, New Orleans, LA.
- March 2022 **Bierma, S.** *Resistance and Denial*. Presented in the Psychology of Climate Change undergraduate course, University of South Alabama, Mobile, AL.
- March 2022 **Bierma, S.** *Depression in Renal Disease*. Presented for the Department of Nephrology at LSU School of Medicine, New Orleans, LA.
- April 2022 **Bierma, S.** *Grief and Coping*. Presented in the Psychology of Climate Change undergraduate course, University of South Alabama, Mobile, AL.
- October 2022 **Bierma, S.** *Personality Disorders in Medical Admissions*. Presented for Internal Medicine Department, Tulane Medical School, New Orleans, LA.
- November 2022 **Bierma, S.** *Gender and Sexual Minority Patient Care*. Presented for Department of Psychiatry at LSU School of Medicine, New Orleans, LA.
- February 2023 **Bierma, S.** *Dementia Symptoms in PLWH*. Presented for Infectious Disease clinic, University Medical Center, New Orleans, LA.
- March 2023 **Bierma, S.** *Resistance and Denial*. Presented in the Psychology of Climate Change undergraduate course, University of South Alabama, Mobile, AL.
- April 2023 **Bierma, S.** *Grief and Coping*. Presented in the Psychology of Climate Change undergraduate course, University of South Alabama, Mobile, AL.
- January 2024 **Bierma, S.** *Assessing for Neurocognitive Disorders in PLWH*. Presented for the department of Infectious Disease, University Medical Center, New Orleans, LA.
- June 2024 **Bierma, S.** *Diagnostic and Treatment Considerations in Individuals with Low Cognitive Capacity*. Presented at Louisiana Psychological Association Spring Conference Science Café, New Orleans, LA.

Posters:

- July 2015 **Bierma, S.,** Lookatch, S., Ritter, K., Kurdziel, G., Moore, T., Katz, E. *Correlates of Specific Personality and Alcohol Use with Nonmedical Use of Prescription Stimulants in College Students*. The College on Problems of Drug Dependence, Phoenix, AZ.

- April 2016 Kurdziel, G., Skadberg, R., **Bierma, S.**, Macfie, J., Moore, T. *Longitudinal Associations Between Anxiety, Depression, And Stress in College Students with Borderline Personality Features*. Society for Research on Adolescence, Baltimore, MD.
- October 2016 **Bierma, S.**, Schmidt, M., Skadberg, R., Kurdziel, G., Moore, T. M. *Effects of Attachment and Gender Role Conflict on Intimate Relationship Infidelity and Satisfaction in Gay Men*. 50th Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- October 2016 Skadberg, R., Schmidt, M., **Bierma, S.**, Kurdziel, G., Moore, T. M. *Chronic Pain, Pain Medication Usage, and Life Satisfaction in Midlife: A Longitudinal Study*. 50th Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- March 2017 Garcia, D. J., Schmidt, M., **Bierma, S.**, Shorter, R., Skadberg, R., Waugh, M. *Learning the Level of Personality Functioning Scale: An Inter-rater Reliability Analysis*. The Annual Society for Personality Assessment Conference, San Francisco, CA.
- November 2021 Blocher, N., **Bierma, S.**, Moore, T. *The Influence of the Social Determinants of Health in Viral load Variance in Men Living with HIV*. The Association of Behavioral and Cognitive Therapies Conference, New Orleans, LA.
- June 2022 Bloomer, B., Crozat, N., Rousseau, K., **Bierma, S.** *Generation Z Mental Health Crisis: The kids are not alright*. LSU Department of Psychiatry research symposium. Poster won first place for best research.
- April 2025 O’Leary, D., **Bierma, S.** *Mental Health Challenges in Adolescent and Young Adult Cancer Survivors: A Review of Prevalence, Risk Factors, and Existing Interventions*. LSU Department of Psychiatry research symposium.
- April 2025 Ezedine, O., **Bierma, S.** *Exploring the Effectiveness of Virtual Exposure Therapy in Treating Adult Patients with Contamination-Based Obsessive-Compulsive Disorder: A Review of the Literature*. LSU Department of Psychiatry research symposium.
- April 2025 Philastre, D., **Bierma, S.** *The Effect of Psychiatric Advance Directives on Clinical Outcomes: A Review*. LSU Department of Psychiatry research symposium.
- June 2025 Lopez, C., Baker, N., Amaya, S., **Bierma, S.**, Bisca, E., Catanzarite, K., Gee, M., Richey, L. *Integrated Psychosocial PTSD Treatment and Adherence Intervention (Cognitive Processing Therapy; CPT-L) Reduces Stigma for People with HIV*. International Association of Providers of AIDS Care (IAPAC) 20th International Conference HIV Prevention, Treatment and Adherence, Continuum in Puerto Rico.

October 2025 O’Leary, D., **Bierma, S.** *Mental Health Challenges in Adolescent and Young Adult Cancer Survivors: A Review of Prevalence, Risk Factors, and Existing Interventions*. LSU Medical Student research symposium.

November 2025 Mermilliod, I., Catanzarite, K., Poe, L., **Bierma, S.** *Utility in psychological assessment and imaging in the diagnosis and treatment of HIV-associated neurocognitive disorder (HAND)*. Association for Behavioral and Cognitive Therapies (ABCT), New Orleans, LA.

Video, Electronic Media, and Multimedia:

July 2018 **Bierma, S.** Contributor. *You don’t want second best: Anti-LGBT Discrimination in US Health Care*. Human Rights Watch.
https://www.hrw.org/sites/default/files/report_pdf/us_lgbt0718_web.pdf.

June 2019 **Bierma, S.** Contributor. *Nervous: All about feelings pt.4. Brains On! A podcast for kids*. NPR. <https://www.brainson.org/shows/2019/06/25/nervous-all-about-feelings-pt-4>.

September 2019 **Bierma, S.** Contributor. *Careers in Psychology*. Grey House Publishing, Book, Salem Press. ISBN 978-1-64265-301-4

February 2020 **Bierma, S.** Contributor. *Hidden and Buried and Locked*. Cape Cod Times. Cynthia McCormick. <https://www.capecodtimes.com/news/20200208/hidden-and-buried-and-locked>

Grant Reviewer:

2025-present MSREP Grant – LSUHSC Medical Student Research Grant

2025-present Clinical Grant Review Committee – LSUHSC School of Medicine

SERVICE AND ADMINISTRATION

University/Institutional Service

LSUHSC Campus Committees:

2025-present Non-Traditional Student Advocacy Committee (NTAC) Faculty Advisor

2025-present MSREP Grant Review Committee (LSUHSC)

2025-present Clinical Grant Review Committee (LSUHSC)

School Committee:

Shannon Bierma, PhD
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2024-present Women's Affairs Committee

Departmental Committees:

2018-2020 Psychology Committee for Diversity, Equity, Inclusion, and Belonging

2021-present Clinical Psychology Internship Committee

2025-present Psychiatry Research Symposium Reviewer (LSUHSC)

Hospital Committees:

2018-present UMCNO HIV Outpatient Mental Health Committee

2021-present UMCNO Behavioral Health Staff Committee

Special Assignments:

2019-present Working Group-Interdisciplinary Team of Transgender Healthcare Specialists

2022-present Working Group-Sexual and Gender Minorities Clinical Case Consultation

State/Regional Service:

Professional Society Committee:

2025-present New Orleans Birmingham Psychoanalytic Center (NOBPC)
 At large board member – elected

Clinical Service:

In-patient Service Activities:

July 2018-September 2021

Trainee: UMCNO Inpatient Behavioral Health
20 hours/weekly. Provide group and individual therapy to psychiatric inpatient individuals, along with psychological diagnostic testing. Currently provide supervision to psychology interns for therapy and testing. Attend treatment team meetings for LSU team.

October 2021-present UMCNO Inpatient Behavioral Health

20 hours/weekly. Provide group and individual therapy to psychiatric inpatient individuals, along with psychological diagnostic testing. Currently provide supervision to psychology interns for therapy and testing. Attend treatment team meetings for LSU team.

Shannon Bierma, PhD

January 2022-present UMCNO Psychiatry Consultation/Liaison
Hours vary by need. Provide therapy or testing consultation for medically hospitalized patients with psychiatric issues who are non-trauma. Supervise psychology interns for therapy and testing.

Clinic Coverage:

July 2018-November 2021, 4-20 hours weekly;
Trainee: UMCNO HIV Outpatient Clinic (HOP)
Provide individual, couple, and family therapy, along with neuropsychological testing.

December 2021-present, 16 hours weekly UMCNO HIV Outpatient Clinic (HOP)
Provide individual, couple, and family therapy, along with neuropsychological testing. Currently provide supervision to psychology interns and postdoctoral fellows for therapy and testing. Work on grant writing and program development, including a Cognition and Memory Clinic. Manage patient issues within clinic, including stabilization and behavioral concerns toward providers.

July 2018-November 2021, 4-16 hours weekly;
Trainee: LSUHSC Behavioral Sciences Center
Provide individual therapy and neuropsychological testing for adults.

December 2021-present, 4 hours/weekly LSUHSC Behavioral Sciences Center
Provide individual therapy and neuropsychological testing for adults.

July 2019-June 2020 UMCNO Cancer Center
4 hours/weekly Provide individual therapy for adults in different stages of cancer treatment or recovery.

June 2021-present UMCNO Gender Affirming Evaluator
Provide evaluations for hormone replacement therapy and gender affirming surgery for endocrinology and plastic surgery departments.

July 2023-July 2025 UMCNO Women's Clinic
Supervise interns and postdoctoral fellows working with women with issues related to postpartum depression and fertility.

Membership in Professional Organizations:

2013-2019 American Psychological Association (APA), Graduate student affiliate

2015-2018 Divisions: Psychoanalysis 39; Lesbian, Gay, Bisexual, and Transgender Issues 44
Commission for Women in STEM, Mentor, Committee member

2016-2018 Tennessee Equality Project (TEP), Committee member

2018-2020 LSUHSC Diversity Committee, Member

2021-present American Psychological Association (APA), Member

2022-present Louisiana Psychological Association (LPA), Member

2022-present National Register of Health Service Psychologists (NRHSP)

2024-present New Orleans Birmingham Psychoanalytic Center (NOBPC), Member

2025-present Mississippi Psychological Association (MPA)

2025-present New Orleans Birmingham Psychoanalytic Center (NOBPC), Board Member

2025-present Southeastern Psychological Association (SEPA)

ADMINISTRATIVE RESPONSIBILITIES:

LSUHSC

2018-2024 Process Group, LSUHSC,
Provide a weekly confidential space to process stressors for PGY3s in the psychiatry department.

Departmental:

July 2022-present Associate Training Director of Clinical Psychology Postdoctoral Fellowship
Responsibilities include collaboration with department, clinic, and hospital business managers to secure funding for postdoctoral fellows annually. Attend meetings with clinic directors in hospital settings to ensure clinical care by trainees. Co-lead administrative meetings with director and fellows for professional development and address any challenges to training. Recruit, review, and interview applicants for fellowship.

July 2023-present Director of Assessment Clinic
Responsibilities include teaching, reviewing, and providing scientific backing for psychological, neuropsychological, and educational assessment for interns, postdocs, and practicum students.

July 2024-present Director of Research – Department of Psychiatry
 Direct departmental research including project management, funding, publication, and presentation for medical students, psychiatry residents, psychology interns and postdocs, and faculty

Interdisciplinary/other program:

July 2022-present Director of Cognitive Disorders Program within HIV Outpatient (HOP) Clinic
 Oversee all assessment, treatment, and coordination of care of patients struggling with cognitive decline or memory issues related to HIV or other health comorbidities. Responsible for grant writing and obtaining funding for services. Work with community providers to coordinate care and refer for services. Supervise postdoctoral fellow for neuropsychological assessments. Work closely with in-house prescriber for medication treatment approaches.

Community Service Activities:

2013-2018 PRIDE Center, Knoxville, TN, Volunteer

2015-2018 Commission for Women in STEM, Knoxville, TN, Committee member/mentor

2022-present Process Group, LSUHSC
 Provide a quarterly confidential group to process stressors for fellows in critical care department.

2022-present Process Group, LSUHSC
 Provide a monthly confidential group to process stressors for 2nd and 3rd year medical students.

Continuing Education Courses Attended:

Shannon (Shane) Bierma, PhD	December 2021-December 2025	
Organizer	Course Title	Hour(s) CME/CE offered
LSUHSC Grand Rounds	Intimate partner violence: An Evidence-based Approach	1
New Orleans-Birmingham	Case conference workshop	2

Psychoanalytic Center (NOBPC)		
LSUHSC Grand Rounds	Approaching Mental Health through a Decolonized Lens	0.5
LSUHSC Grand Rounds	An Overview of Electroconvulsive Therapy: Past, Present, and Future Directions	1
LSUHSC Grand Rounds	DSM-5-TR Outline for Cultural Formulation and Interview: Tools for Culturally/structurally Competent Care	1
LSUHSC Grand Rounds	Safezone workshop	4
LSUHSC Grand Rounds	Monkeypox: What We Know...What We Need to Know	0.75
New Orleans-Birmingham Psychoanalytic Center (NOBPC)	Advance Ethical Planning for the Therapist's Unexpected Departure: The Professional Will	3
LSUHSC Grand Rounds	But He Knew It Was Wrong: Criminal Culpability of Adolescents and Young Adults	0.5
LSUHSC Grand Rounds	Transplant Psychiatry: A Primer on the Pretransplant Evaluation for Solid Organs	0.5
LSUHSC Grand Rounds	Special considerations in women's health: the impacts of trauma on the perinatal period and beyond	1
LSUHSC Grand Rounds	An Updated Review of Implications and Treatment of Sleep Disorders in Psychiatric Practice	0.75
LSUHSC Grand Rounds	Phantom Cannabinoids: The Hidden Problem of Synthetic Marijuana	1
LSUHSC Grand Rounds	Trauma Informed Care: Mitigating Retraumatization in Healthcare Settings	0.75
New Orleans-Birmingham Psychoanalytic Center (NOBPC)	Vital Signs of Clinical Progress and Psychological Wellness	3
New Orleans-Birmingham	Disguised Memories of Traumatic Experiences in Childhood and Adolescence that Appear in Psychotic Patients	2

Psychoanalytic Center (NOBPC)		
Nancy Williams NOBPC	Vital Signs of Clinical Progress and Psychological Wellness –	3
Michael Garrett NOBPC	Disguised Memories of Traumatic Experiences in Childhood and Adolescence that Appear in Psychotic Symptoms	2
LSUHSC Grand Rounds	The Games We Play: Gambling, Gaming, and the Gateway to Addiction	1
LSUHSC Grand Rounds	The Legacy of Antipsychiatry: Understanding and Engaging with Mistrust in Psychiatry	1
LSUHSC Grand Rounds	Phantom Cannabinoids: The Hidden Problem of Synthetic Marijuana	1
LSUHSC Grand Rounds	Trauma-Informed Care: Mitigating Re-Traumatization in Healthcare Settings	0.75
LSUHSC Grand Rounds	An Updated Review of Implications and Treatment of Sleep Disorders in Psychiatric Practice	0.75
LSUHSC Grand Rounds	Special Considerations in Women’s Health: The Impacts of Trauma on the Perinatal Period and beyond	1
LSUHSC Grand Rounds	Transplant Psychiatry: A Primer on the Pretransplant Evaluation for Solid Organs	0.5
National Register of Health Service Psychologists (NRHSP)	Evolutionary Issues in Psychological Ethics: Boundaries, Money, and Tech	3
National Register of Health Service Psychologists (NRHSP)	Emotional Intelligence in Practice: Supporting Client Growth and Clinician Care	1
National Register of Health Service Psychologists (NRHSP)	Re-Engaging Cultural Competence by Addressing Racist Biases	1
National Register of Health Service Psychologists (NRHSP)	Modern Grief in Practice: Tools for the Contemporary Psychologist	1

National Register of Health Service Psychologists (NRHSP)	Assessing and Treating Emotionally Inexpressive Men	1
National Register of Health Service Psychologists (NRHSP)	Emotionally Focused Therapy Interventions with Adult Individuals and Couples	1
National Register of Health Service Psychologists (NRHSP)	Contextual and Culturally Relevant Considerations for Assessment and Treatment with Indigenous Individuals	1
LSUHSC Grand Rounds	Kids These Days: Social Media, Self-Diagnosis, and the Shaping of Mental Health	1
Louisiana Psychological Association, LPA	Advanced Report Writing	2
Louisiana Psychological Association, LPA	Louisiana State Board of Examiners of Psychologists LSBEP Presentation	1
Louisiana Psychological Association, LPA	Contemporary Projective Assessment	1.5
Louisiana Psychological Association, LPA	Anxiety and Related Disorders	1.5
Louisiana Psychological Association, LPA	Key Legislative Updates Impacting Psychology in Louisiana	1
Louisiana Psychological Association, LPA	Law and Disorder	1.5