Mary Beth Westerman, M.D.
Assistant Professor, Urology

Education

Dartmouth College, Hanover, NH	AB	06/2008	Chemistry and Psychology
University of Texas at Southwestern Medical Center, Dallas, Texas	MD	05/2014	
Mayo Clinic, Rochester, MN	Resident	06/2015	General Surgery
Mayo Clinic, Rochester, MN	Resident	06/2019	Urology
MD Anderson Cancer Center, Houston, TX	Fellow	06/2021	Urologic Oncology

Dr. Westerman joined LSU Health New Orleans in 2021. She sees patients with every type of urologic cancer. She develops a treatment plan for each patient based on the best available evidence and advocates for clinical trials when appropriate. She has developed innovative approaches to measure the impact of a change in drug delivery in the perioperative setting on patient reported outcomes as well as on safety and efficacy. For patients who need surgery, Dr. Westerman offers both open and minimally invasive approaches. She has extensive experience with robotic surgery and has been an invited panelist at multiple robotic surgery conferences.

Dr. Westerman has authored more than 50 peer-reviewed articles on a range of urologic topics and is a peer-reviewer for five major urologic journals. She has received numerous research awards, including the Harold C. and Mary L. Dailey Endowment Fellowship, awarded for her excellence and unique contribution to biochemistry, experimental therapeutics, and molecular/cellular oncology in cancer research. In medical school, she was inducted as a junior member in AOA, the medical honor society.

Dr. Westerman is originally from New York. She studied chemistry at Dartmouth College and worked in finance in Texas before returning to medical school at The University of Texas at Southwestern Medical Center in Dallas.

After graduating she completed her urology residency at Mayo Clinic in Minnesota and fellowship training in urologic oncology at MD Anderson Cancer Center in Texas. During this time, she was the resident representative for the Urology Residency Review Committee of the ACGME.