

Lauri O. Byerley
Associate Professor Research
Fellow of the Academy of Nutrition and Dietetics

Education

Iowa State University	BS	1979	Foods and Nutrition
Purdue University	MS	1981	Nutritional Sciences
The University of California	Ph.D	1987	Public Health
Stanford University	Fellowship	1989	Metabolism
UCLA Medical Center	Fellowship	1992	Nutrition and Metabolism



Dr. Lauri O. Byerley received her bachelor's degree in food and nutrition from Iowa State University, and her master's degree in nutritional science from Purdue University. She was awarded her doctorate in public health/nutritional sciences with a minor in biological sciences from the University of California in Los Angeles, CA. She is also a registered dietitian.

During the last several decades, she has taught nutrition at several accredited universities and conducted research. Her focus has been nutrition metabolism and its role in cancer, obesity, and exercise, which has resulted in funded grants and more than 44 peer-reviewed original publications, and several books.

Her current research interest is the influence of diet on the gut microbiome and body composition. Her research has been presented at 30 local, state, and national meetings.