

## Comprehensive Diabetes Lower Extremity Amputation Prevention Program

### Risk and Management Categories for the Foot

| <b>Risk Category</b>   | <b>Description</b>  |
|--|---|
| 0  | Diabetes, but no loss of protective sensation in feet   |
| 1  | Diabetes, loss of protective sensation in feet  |
| 2  | Diabetes, loss of protective sensation in feet with high pressure (callout/deformity), or poor circulation. |
| 3  | Diabetes, history of plantar ulceration or neuropathic fracture.  |
| Note: “loss of protective sensation” is assessed using a 5.07 monofilament at 10 locations on each foot. |   |

| <b>Category</b> | <b>Management Category</b>   |
|-----------------|--|
| 0               | Education emphasizing disease control, proper shoe fit/design<br>Follow-up yearly for foot screen<br>Follow as needed for skin/callus/nail care or orthoses  |
| 1               | Education emphasizing disease control, proper shoe fit/design, daily self-inspection, skin/nail care, early reporting of foot injuries<br>Proper fitting/design footwear with soft inserts/soles<br>Routine follow-up 3 – 6 months for foot/shoe examination & nail care   |
| 2               | Education emphasizing disease control, proper shoe fit/design, self-inspection, skin/nail/callus care, early reporting of foot injuries<br>Depth-inlay footwear, molded/modified orthoses; modified shoes as needed<br>Routine follow-up 1 – 3 months for foot/activity/footwear evaluation and callus/nail care                                   |
| 3               | Education emphasizing disease control, proper fitting footwear, self-inspection, skin/nail/callus care and early reporting of foot injuries<br>Depth-inlay footwear, molded/modified orthoses; modified/custom footwear, ankle-foot orthoses as needed<br>Routine follow-up 1 – 12 week for foot/activity/footwear evaluation and callus/nail care |

Diabetic Foot Clinic visit frequency may vary based on individual patient needs..