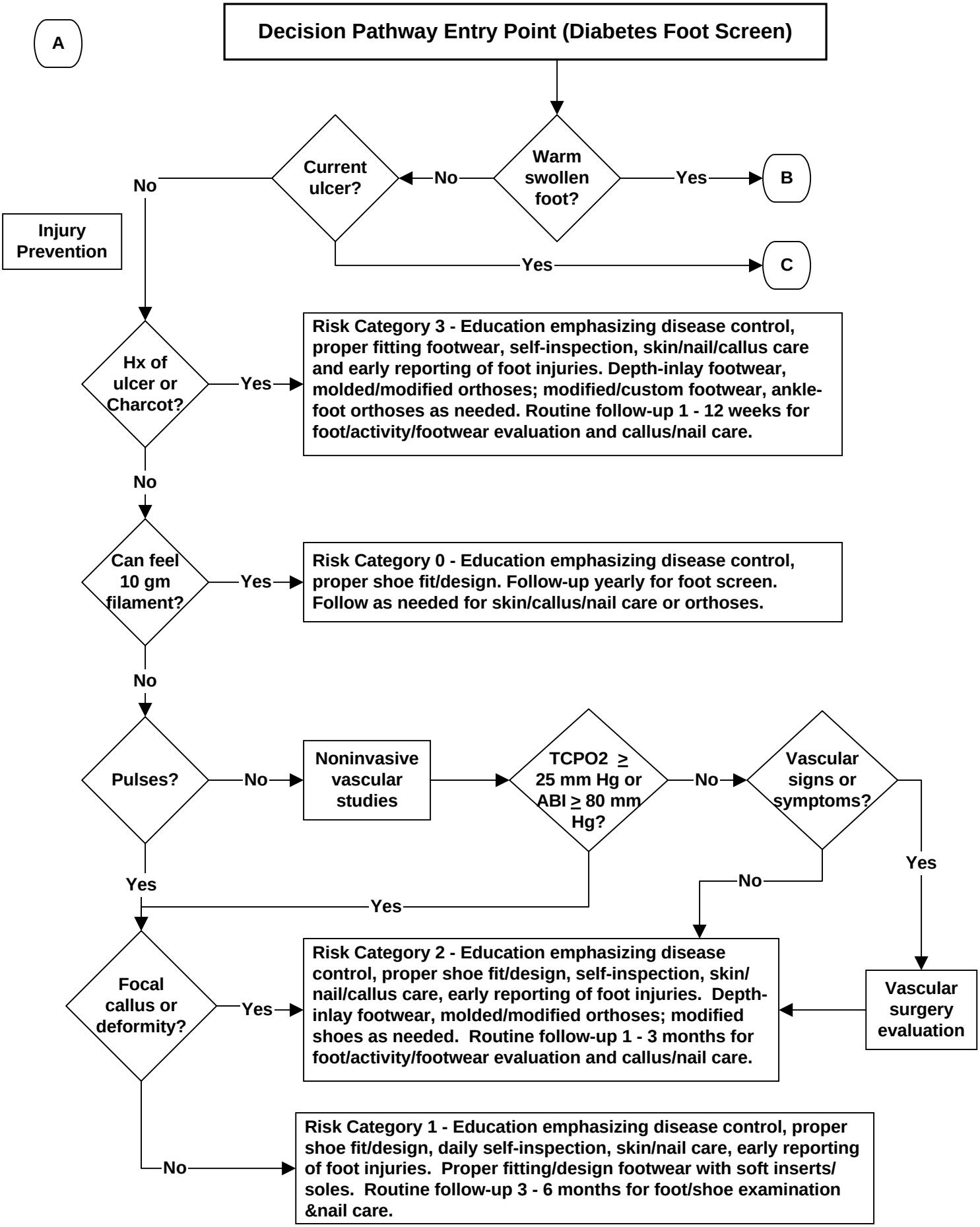
A
Decision Pathway Entry Point (Diabetes Foot Screen)
Warm swollen foot?
Yes
B
No
Current ulcer?
No
Yes
C
Injury Prevention
Hx of ulcer or Charcot?
Yes
Risk Category 3 - Education emphasizing disease control, proper fitting footwear, self-inspection, skin/nail/callus care and early reporting of foot injuries. Depth-inlay footwear, molded/modified orthoses; modified/custom footwear, ankle-foot orthoses as needed. Routine follow-up 1 - 12 weeks for foot/activity/footwear evaluation and callus/nail care.
No
Can feel 10 gm filament?
Yes
Risk Category 0 - Education emphasizing disease control, proper shoe fit/design. Follow-up yearly for foot screen. Follow as needed for skin/callus/nail care or orthoses.
No
Pulses?
No
Noninvasive vascular studies
TCPO2 ≥ 25 mm Hg or ABI ≥ 80 mm Hg?
No
Vascular signs or symptoms?
Yes
No
Yes
Yes
Focal callus or deformity?
Yes
Risk Category 2 - Education emphasizing disease control, proper shoe fit/design, self-inspection, skin/nail/callus care, early reporting of foot injuries. Depth-inlay footwear, molded/modified orthoses; modified shoes as needed. Routine follow-up 1 - 3 months for foot/activity/footwear evaluation and callus/nail care.
Vascular surgery evaluation
No
Risk Category 1 - Education emphasizing disease control, proper shoe fit/design, daily self-inspection, skin/nail care, early reporting of foot injuries. Proper fitting/design footwear with soft inserts/soles. Routine follow-up 3 - 6 months for foot/shoe examination &nail care.