

17th Annual  
**McGinty**  
**Conference**  
on **Alzheimer's**

alzheimer's  association®

Oregon Chapter

THE **MIND,**  
**MEMORY**  
AND **MUSIC**



**NOVEMBER 3, 2015**  
**OREGON CONVENTION CENTER**  
**PORTLAND**

## Keynote Speaker



### Matthew Baumgart

is the Senior Director of Public Policy for the Alzheimer's Association. The work under his purview includes state government affairs, policy development, global policy efforts, and public health, including the Healthy Brain Initiative project with the Centers for Disease Control and Prevention.

Prior to joining the Association, Baumgart worked for nearly 18 years in the United States Senate. Most recently, he was Legislative Director for Senator Barbara Boxer of California, where he supervised the legislative staff, managed all of the Senator's legislative activities, and was her chief legislative strategist. Prior to working for Senator Boxer, Baumgart worked for over 10 years for then-Senator Joseph R. Biden, Jr. of Delaware, primarily as Legislative Assistant for social policy issues, including health care.

Between his tenure in the Senate and his joining the Alzheimer's Association in September 2009, Baumgart was the Associate Director of the Initiative on Financial Security at the Aspen Institute in New York City.

Baumgart is a native of Seattle, and has a degree in Communications, with a second major in Political Science, from Washington State University in Pullman, Washington.

## Luncheon Speaker



### Nicolas Bazan, MD, PhD,

is founding director of the Neuroscience Center of Excellence, School of Medicine, LSU Health, New Orleans. He has been called "a true renaissance man": research scientist, teacher, mentor, community leader, administrator, author, patron of the arts and entrepreneur.

His research has uncovered cellular and molecular principles that reveal novel pro-homeostatic lipid mediators and their potential relevance in early stages of Alzheimer's and Parkinson's disease, experimental stroke, epileptogenesis, traumatic brain injury and retinal degenerations.

Among Dr. Bazan's awards and recognitions are the Javits Neuroscience Investigator Award from the National Institute of Neurological Diseases and Stroke; elected to the Royal Academy of Medicine, Spain; elected fellow of the Royal College of Physicians of Ireland, Dublin; elected to the Royal Academy of Sciences, Spain; president of the American Society for Neurochemistry; Endre A. Balazs Prize, International Society of Eye Research; the Proctor Medal, ARVO; the Chevreul Medal, Paris, France; the Excellence Award, Annual European Association for Vision and Eye Research, Nice, France; and the Mossakowski Medal, Polish Academy of Sciences, Warsaw, Poland.

Dr. Bazan also authored "Una Vida: A Fable of Music and the Mind", as well as "The Dark Madonna: A Fable of Resiliency and Imagination."



Effective assessment processes are the first step to good care planning and worthwhile service implementation. By better understanding the full range of challenges faced by the family, it is possible for the professional to save valuable time and energy for everyone involved. This technique is designed for the case manager within a private practice, yet can be used across multiple service fields, including medical, social, legal and financial services to better serve elders and their families when facing the many issues of long term care for dementia.

### **B3 The 5 Lessons: Real-Life Caregiving Wisdom**

**Adele R. Tiberius** – Our friends, loved ones and clients with dementia have a lot of insight about how their care partners interact with them — and they can offer surprising and beautiful ways that they can have a high-quality, joyful life. This presentation provides simple tips for helping loved ones living with dementia. Some are practical, some are inspirational. All are gleaned from actual experiences and real-life wisdom from people with dementia (who often have no voice). You will learn encouraging new ways to look at difficult caregiving situations while gaining insight and inspiration.

### **B4 Dementia Conversations**

**Alzheimer's Association Staff** – When someone is showing signs of dementia, it's time to talk. This workshop is designed to help you have a conversation with your family about some challenging and often uncomfortable topics regarding Alzheimer's and dementia. Some of the most difficult include going to the doctor to get a diagnosis or medical care, deciding when it is necessary to stop driving and making plans for managing finances and legal documents to be sure the person's wishes are carried out and the costs of future care are covered. You may try to wait until the time is "right" to have these conversations, but in reality, that time rarely comes. The sooner these discussions can take place, the better, so you can include the person about whom you have concerns and avoid unexpected situations in the future.

## **SESSION C 2:30 PM - 4:00 PM**

### **C1 Making Health Care Personal: Palliative Care for the Patients with Serious Illness**

**Regence Staff** – Although palliative care has long existed as a niche, specialty medicine, demand for the practice has seen steady growth in recent years. This type of person-centered care is focused on quality of life through relieving pain and symptoms, along with addressing emotional and psychosocial

needs of both patient and family. More than ever, health care consumers demand personalized attention — particularly when it comes to health. Learn how the healthcare industry has advanced to better serve America's aging populations and those living with serious or life-limiting illnesses. Also, learn resources available to those providing care.

### **C2 Alzheimer's Care via Telemedicine: Extending the Boundaries of Care**

**Allison Lindauer, NP, PhD; Deniz Erten-Lyons, MD and Adriana Seelye, PhD** – The prevalence of Alzheimer's in America is growing rapidly, and innovative models of care are needed to meet the demand for quality, patient-centered care. For many families living with Alzheimer's, access to expert care is limited because Alzheimer's specialists tend to be in metropolitan areas and Alzheimer's related impairments limit the feasibility of travel to clinic sites. The Alzheimer's Care via Telemedicine for Oregon (ACT-ON) project was developed to remove these barriers to quality care. Using interactive, real time videoconferencing technology, the ACT-ON team is exploring the feasibility of tele-dementia care and the reliability of commonly used scales. This presentation reviews our findings from the first three months of ACT-ON.

### **C3 Legal & Financial Planning**

**Garvin Reiter, JD** – The diagnosis of Alzheimer's disease makes planning for the future more important than ever. During this presentation, you will have a chance to learn about what important legal and financial issues to consider, how to put plans in place and how to access legal and financial resources near you. This workshop will cover many important topics, including making legal plans that fit your needs, legal documents you'll need and what they mean for you, how to find legal and financial assistance and practical strategies for making a long-term plan of care.

### **C4 Research Update: The Movement Toward Healing the Mind**

**Nicolas Bazan, MD, PhD** – More than one hundred years has passed since Dr. Alois Alzheimer first discovered amyloid plaques and tau tangles in neurological tissue. Yet, our brains are complex, and the search to understand its mysteries continues, especially when disease strikes. Dr. Bazan has spent his career seeking to answer the question: "How can we heal the mind?" He will highlight some of his more recent findings, as well as discuss the relevant discoveries and emerging themes.