1. **Hand hygiene**
   - A. Using an alcohol-based hand rub is the preferred way to clean your hand. Rub for 20 seconds.
   - B. If your hands are visibly soiled (look or feel dirty), soap and water must be used to wash your hands. Wash for at least 20 seconds.

2. **Gown**
   - A. Fully cover torso from neck to knees, arms to end of wrist.
   - B. Fasten/Tie at the back of neck and waist.

3a. **Procedure/surgical mask**
   - A. Secure the ties or elastic at middle of head and neck.
   - B. Fit flexible band to nose bridge. Fit snugly to your face and below chin.

3b. **N95 respirator**
   - There are different styles of N95 respirators (pictured below). They include:
     - A. Molded Cup
     - B. Duckbill

4. **Goggles/faceshield**
   - A. Place over the eyes (or face).
   - B. Adjust to fit.

5. **Gloves**
   - A. Pull the cuffs of the gloves over the cuffs of the isolation gown – ensure that wrists are covered, and no skin is exposed.
Taking off (doffing)
Personal Protective Equipment (PPE)

1. **Remove gown & gloves**
   - A. Grasp gown in front and pull away from your body until the ties break, touching outside of gown only with gloved hands.
   - B. Fold or roll the gown inside out into a bundle, as you are removing the gown, peel off your gloves at the same time, only touching the inside of the gloves and gown with your bare hands.
   - C. Place gown and gloves into the appropriate waste container.

2. **Hand hygiene**
   - A. Using an alcohol-based hand rub is the preferred way to clean your hand. Rub for 20 seconds.
   - B. If your hands are visibly soiled (look or feel dirty), soap and water must be used to wash your hands. Wash for at least 20 seconds.

3. **Remove eye protection**
   - A. Handle only by headband or earpieces.
   - B. Carefully pull away from face.
   - C. Put reusable items in appropriate area for cleaning.
   - D. Put disposable items in the garbage.

4. **Exit the room**
   - A. Exit the room.
   - B. Close the door.

5. **Hand hygiene**

6. **Remove mask/respirator**
   - A. Bend forward slightly and carefully remove the mask from your face by touching only the ties or elastic bands.
   - B. Start with the bottom tie, then remove the top tie.
   - C. Throw the mask in the garbage.
   - **Front of mask is contaminated – DO NOT TOUCH**

7. **Hand hygiene**