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### **“The impacts of stress on Multiple sclerosis”**

Background- Multiple Sclerosis is a chronic disease within the central nervous system, which is unpredictable and incurable as of now. MS patients can be detected with MRI's just to be confirmed. My study has been a c conduction of test run on patients with MS.

Hypothesis: To understand the role stress plays in more patients with Multiple sclerosis (MS). We collected samples from everyone in our study taking part in the King- Devic Test (KD) testing. Utilizing the knowledge of everyone's general geographic background as well as their race to gather an understanding of stress may be a huge factor in MS relapses.

Method: While running multiple tests the most common test given to patients with MS are the Symbol Digit Modalities (SDMT) and (Montreal Cognitive Assessment) the MoCA test. Both tests given are to prepare and help us detect cognitive impairment earlier.