

# Establishing a Limb Salvage Protocol at a Level 1 Trauma Center

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# Background

- Lower extremity mangling injuries can be devastating, life-altering, and costly
- Limb salvage vs. amputation
   requires complex decision-making
- At our **Level 1 trauma center**, extremity trauma is managed by Orthopedics, General Surgery/Trauma, and Plastic Surgery



 Open fractures can be classified using the Gustilo system

Type I	Type II	Type III
≤ 1cm	1-10cm, soft tissue injury	A: > 10cm, soft tissue injury, contaminated B: periosteal stripping, requires soft tissue coverage C: vascular injury requiring repair

# Objectives & Study Design

- Retrospective chart review over 9 years (from 2016 to 2024)
- Included patients with Gustilo III open fractures involving the lower extremity
- 475 patients

### Results

• 414 (87%) of limbs were salvaged

Gustilo Type IIIA: 209 (50.5%)
IIIB: 137 (33.1%)
IIIC: 68 (16.4%)

• 61 (13%) of limbs were amputated

 Immediate
 37 (61%)

 Delayed
 24 (39%)

**Gustilo IIIC**Shock on presentation
Plastic surgery consult
OR 5.61, p<0.0001
OR 3.09, p<0.0005
OR 2.32, p<0.0049

### **Conclusion & Future Direction**

- Decision to amputate impacted by large zone of injury and extensive soft tissue loss involving nerves, muscles, tendons
- Plastic surgery plays a role in limb salvage and amputation by assessing potential for functional recovery, including evaluation of tissue loss, reconstructive options, and surgical planning
- Plastic surgeons should be involved early in patients with complex extremity injuries