### **Assessing Baseline Cancer Demographics Versus** LSU Health **Cancer Trial Participation Demographics Over One Year NEW ORLEANS** in Louisiana

### School of Medicine

# NATIONAL CANCER INSTITUTE

### Background

- Racial, ethnic and socioeconomic homogeneity of clinical trial participants significantly contributes to health disparities by producing results that are not generalizable to the patient populations disproportionately affected by cancer
- There are several proposed barriers to minority recruitment in clinical trials including:
  - Lack of access to open clinical trials in diverse communities
  - Lack of encouragement to enroll in communities with less resources
  - Skepticism of the process
- The purpose of this study is to determine if lack of diversity in cancer clinical trials exists in Louisiana and define areas for improvement

## Methods



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### Findings

- Patients of the highest socioeconomic group made up, n=5,444, (21.9%) of total cancers, a larger proportion, n=35, (32.4%), p=0.01 in a trial.
- A larger proportion, n=103, (92.8%), enrolled in trial were more likely to be from an urban location when compared to those who were not, p=0.02.
- We found a significant positive correlation (p=0.01) between clinical trial enrollment and residence in geographic areas with higher rate of high-school graduation
- A smaller proportion, n=7, (6.3%), of clinical trial participants died compared to those who did not participate, n=5176, (19.6%), p<0.01
- With a national average of about 5% clinical trial participation, Louisiana has shown to have relatively low clinical trial participation independent of race.
- 25,484 new cancer diagnoses were made according to the LTR in 2019 with only 112 (0.44%) of all patients enrolling in a clinical trial.

## Findings (Cont.)

Demographic	All, N, (%)	On clinical trial n, %	Not on clinical trial n, %	p valı
SES Highest	5479, (21.9)	35, (32.4)	5444, (21.9)	
SES High SES Med SES Low	5083, (20.3) 5149, (20.6) 4786, (19.1)	22, (20.4) 16, (14.8) 17, (15.7)	5061, (20.3) 5133, (20.6) 4769, (19.2)	
SES Lowest	4504, (18)	18, (16.7)	4486, (18)	
Race White/Caucasian Black/African- American	18,766, (70.7) 7433, (28)	76, (68.5) 34, (30.6)	18,690, (70.7) 7399, (28)	
Urban Non-urban	22,361, (84.5) 4093, (15.5)	103, (92.8) 8, (7.2)	22,258, (84.5) 4085, (15.5)	
Patient Died	5183, (19.5)	7, (6.3)	5176, (19.6)	

Table 1. Population Demographics. Data comparing the proportion of patients who enrolled in clinical trial vs those who did not amongst different SES groups, races, and geographical area of residence, including the proportion of those who died



## Findings (Cont.)



those who participated in a clinical trial (purple) from those geographical locations.



participate in a cancer trial (yellow).



### Conclusions

- Clinical trial access tends to favor those from higher SES communities, with higher levels of education and from more urban locations
- Clinical trial participation is associated with better survival outcomes
- Cancers that disproportionally affect a specific racial demographic (i.e.: prostate cancer in black males) did not show adequate representation of that demographic in cancer trials
- More work needs to be done to improve equitable clinical trial participation in Louisiana especially those in lower resourced communities

