Lung Cancer in African-American Men

Protect your family and yourself.

Lung cancers are mostly caused by smoking.

African-American men have the highest rates of lung cancer in the U.S.

When you smoke around your family, everyone smokes!

The smoke from your cigarettes, called **secondhand smoke**, can cause lung cancer and other health problems in people who have never smoked, **even kids.**

There's no safe way to smoke.

menthol

Menthol cigarettes are just as dangerous as nonmenthol cigarettes.

It's never too late to quit.

Your risk for lung cancer goes down when you quit, no matter how old you are or how long you have smoked.

Quitting can be hard, and you may need help.

Ask your doctor for help or visit smokefree.gov, call 1 (800) QUIT-NOW, or text the word QUIT to 47848 from your mobile phone.

CDC