



November

Celebrate ~~Autumn~~ Lung Cancer

Awareness:

This month is dedicated worldwide to lung cancer with the goal of bringing more attention to lung cancer related issues. It is the National Lung Cancer Awareness Month! Special events are held all over the country to rally strong communities around lung cancer. The movement first began as just a one day campaign for aware-

ness and support in 1995. Over the years, this movement has grown and the number of activities have increased. The voices have gotten louder and are starting to be heard. According to the World Health Organization, lung cancer is the most common cancer worldwide (2013). So around this time of year, make an effort to check if your lungs are okay. If possible, schedule a physical examination with a health care provider annually (you could make it a point to schedule a physical every

November!) Learn the signs and symptoms of lung cancer and always talk to your doctor if you are experiencing any of them (for example, a cough that will not go away or pains in your chest when you laugh). You can go to lungcancersymptoms.org for a complete list. You can also visit lungcancer.org to see event listings near you by clicking on your state or visit lungcanceralliance.org for various topics and ideas on how to get involved in the lung cancer awareness campaign.

Helping to “Control” Lung Cancer Year-Round

Want to do something about lung cancer but not sure what? One way is through support and participation in its research. Lung cancer research plays a vital role in improving treatment options and facilitating early detection. If you know someone who has been diagnosed with lung cancer, please share our study information with them. If you have been diagnosed with lung cancer and have at least one relative (living or deceased) that has also been diagnosed with lung cancer, then you are qualified to participate in our research study. We are investigating the genetic causes of the disease inherited in such families. Participation of families with multiple cases of lung cancer will help us identify genetic and environmental factors

that determine cancer risks. We also need individuals without lung cancer (known as ‘controls’) from the same population to participate in order to better understand why some people are at a higher risk for lung cancer compared to others. Therefore, we welcome participation from spouses of lung cancer cases who do not have a family history of lung cancer. We want to express our sincere appreciation to those families who have participated in our study. We are making significant progress in the lung cancer research with your contribution of family history information and biological samples. We are using advanced cutting edge technologies and advancing towards the goal of

identifying susceptibility genes for lung cancer. Studies like this need larger participation of people and rely on obtaining biological samples (blood and/or saliva). We are fully compliant with HIPAA, so all your information will be kept strictly confidential. If you would like to get in touch with us, please call our toll-free number **1-888-720-7757** or email us at **LungCaStudy@lsuhsc.edu**. You can also learn more by visiting our website at **<http://www.medschool.lsuhs.edu/lungcancer>**.

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The Louisiana Lung Cancer Study Newsletter

*Celebrate Autumn –
 Special Edition
 November Newsletter
 from the Louisiana State
 University Health Sciences
 Center-New Orleans*

*Did you know that
 November is
 National Lung
 Cancer Awareness
 Month?!*

November 2014						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 <i>Beards for Hope starts @ freetobreathe.org & Relay for Life of Evangeline Parish</i>
2 <i>Daylight Saving Time ends</i>	3	4 <i>Open Primary and Congressional Election Day</i>	5 <i>Coping with Cancer @ Lake Charles Memorial Hospital</i>	6	7	8 <i>Neon Night for the Cure 5K run, Natchitoches</i>
9	10 <i>World Science Day for Peace & Development</i>	11 <i>Veteran's Day & Cancer Wellness Class at Baton Rouge General</i>	12	13 <i>Lung Transplant Support Group @ Ochsner West Bank Campus</i>	14 <i>World COPD Day</i>	15
16	17 <i>Cancer Support Group @ Rapides Regional Medical Center</i>	18	19 <i>Shine A Light on Lung Cancer Vigil, Baton Rouge</i>	20 <i>Great American Smoke-Out 1-800-QUIT-NOW</i>	21 <i>Lung Cancer Survivors Luncheon @ Cancer Services of Greater Baton Rouge</i>	22 <i>Health Insurance Enrollment Summit Health Fair, New Orleans</i>
23	24	25	26	27 <i>Thanksgiving & National Family Health History Day</i>	28	29
30 <i>Hurricane Season ends</i>						