Introduction to Clinical Medicine 200 (ICM 200)

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COURSE OBJECTIVES

The Introduction to Clinical Medicine 200 (ICM 200) - Physical Diagnosis course aims to prepare ‘pre-clinical’ students in the second year of medical school for their clinical clerkships in the third year.

There are multiple educational objectives:

1) Teach history taking and physical examination skills
2) Provide students the opportunity to develop clinical problem solving skills
3) Develop professional behaviors
4) Develop proper patient presentation skills.

EXPECTATIONS (Based on the Core Competencies)

Professionalism- The student is expected to demonstrate integrity and personal responsibility. Write ups should be completed honestly and in a timely fashion. Their conduct should encourage patient trust. They will demonstrate responsibility to others by treating colleagues with respect. They will understand and support their patient’s emotional state. (19-1, 19-3, 20-2, 20-3) **** please see below for examples of physicianship

Interpersonal Relationships and Communication Skills – The student is expected to demonstrate effective communication skills with patients and fellow team members. He/ She will use active listening skills when interviewing patient and show respect, compassion, and empathy. He/ She will present patient information to colleagues in an appropriate and efficient manner. (14-1, 16-1)

Patient Care Skills- The student is expected to demonstrate the ability to gather accurate information from patients and the ability to write an acceptable history and physical and make diagnoses. This includes taking an appropriate history, including the history of present illness, social history, and psychological factors. They will examine the patients as thoroughly as necessary, while providing for the patients’ comfort and safety. The student should identify the patients’ most significant problems and differential diagnoses based on available evidence (5-1, 5-2, 6-1).
COURSE DESCRIPTION

ICM 200 consists of three components which are described below.

Introductory Lectures

History taking, the physical exam and the interpretation of common abnormal physical findings are reviewed during the introductory lectures at the beginning of the second year of school. A full history and physical exam is demonstrated during these lectures. The proper format for writing up the history and physical examination is also reviewed and a prototype write-up is provided as a guide for their own write-ups during the year.

Formal History and Physical Exams (3)

Following the introductory lectures, each student is assigned 3 days to go to University Hospital or Touro Infirmary to work with the medicine resident on call for the night. Students should check the schedule for their assigned dates and locations. Two dates are scheduled for the fall semester, and one date is scheduled for the spring semester. During the week, the student should plan on arriving at the hospital between 4:30 and 5:30pm on their assigned date. On the weekend, the student should plan on arriving at the hospital by 1pm. The students will page the resident when they arrive. (See instruction sheet). The resident will assign each student a patient. During the first hospital visit, the student will interview the patient and write up the complete history with a problem list and differential diagnosis list. For the second visit, the student will interview a patient and perform a complete physical exam. The resident is available to help with any problems and demonstrate parts of the physical exam if the student requests. The resident introduces the patient to the student prior to the start of the exam.

- First H&P date - The student writes up the complete history, problem list and differential diagnosis for critique by the course director or a designated faculty member.
- Second and Third H&P date - The student writes up the complete history, physical exam, problem list and differential diagnosis for critique by the course director or a designated faculty member.
- The write up is due THREE school days after the scheduled date.
- The write up should have the student's name and email address listed on the first page.
- The write-up is returned to the student with written comments from the faculty.

Hospital Physical Diagnosis Rounds (3)

Each student is also assigned to go to the LSU Interim Hospital (UH) for physical diagnosis rounds with either Dr Hebert or Dr. DiCarlo 3-times per year. This is done in groups of 6 or 7 students with one faculty member. Students should check the schedule for their assigned dates and times for rounds. Rounds will take place at the LSU Interim Hospital.

- During those rounds, the students are directly observed taking a history and performing a cardiac, lung and abdominal exam.
- During the first meeting the proper format for writing up a history of present illness is discussed.
- During the second meeting, a patient chart is reviewed along with the patient’s chest x-ray and ECG.
During the third meeting the proper format for presenting a patient on rounds is demonstrated and practiced with the small group of students.

At all times it is expected of the student to act in a professional manner and treat patients with respect.

After each scheduled rounds, the faculty member will sign the competency sheets for the specific part of the H&P that was observed that day. Each student MUST bring their competency books with them to each scheduled rounds. The faculty member will turn them in to Dr Hebert.

ICM 200 GRADING AND POLICIES

ICM 200 is a pass/fail course. A written evaluation form is completed for each student at the end of the course. In order to receive a passing grade the student must:

- Attend the introductory lectures
- Attend all three hospital rounds sessions
- Write up one complete history and two complete history and physical examinations, including problem list and differential diagnosis, for the patients assigned to them during the course.

If for some reason the student needs to reschedule their H&P or Rounds date, it is the STUDENT’S RESPONSIBILITY to find another student to switch days. If an emergency occurs (i.e. illness or family issue) the student must notify the course director as soon as possible.

ADDITIONAL REQUIREMENTS

- Students must bring their competency books with them to every rounds session.
- H&Ps are to be turned in no later than 3 school days after the scheduled H&P date.
- H&Ps should have the student’s name and email address listed on the front page at the top. **DO NOT** put the patient’s name on the H&P.
- Each H&P should include a problem list and a differential diagnosis.
- H&Ps are to be EMAILED to Melanie Brown at mbro15@lsuhsc.edu - they will be critiqued by Dr Hebert or Dr DiCarlo and emailed back to the student.

RECOMMENDED TEXTBOOKS

- Bates Guide to Physical Examination and History Taking (recommended for SPM 100) will also be used extensively for this course.
Physicianship

- Attend all hospital rounds
- Be on time for lectures, rounds and H&P dates
- Dress appropriately– professional dress– no scrubs, no hats
- Treat your patients and fellow classmates with respect.
- Do not turn in the same H&P as your partner. You may be assigned the same patient but I expect each of you to write up your own HPI.
- If you do not perform the exam, do not document it in your write up.
- Turn in your write ups on time. (3 business days after your assigned date)
- If you need to switch H&P dates or hospital rounds dates, notify the course director AFTER you have found a student willing to switch.