

October 6, 2020



School of Medicine
Department of Pediatrics

LSU Pediatrics Tuesday Tidbits

Welcome to the Department of Pediatrics' weekly email blast designed to deliver important department information straight to your inbox.

Visit our
website

LSU Pediatrics Announcements

Pediatrics Virtual Research Fest

Thank you to all who participated in LSU Pediatrics Virtual Research Fest last Friday. Congratulations to the abstract presentation winners:

Mariana Avelar Falcone de Melo, MD

Best Fellow Case Presentation

Fellow, Allergy/Immunology

*Unrecognized FPIES Leading to Failure to Thrive, Severe Metabolic Acidosis
and Methemoglobinemia*

Amanda Glinky, MD

Runner Up, Best Fellow Case Presentation

Fellow, Gastroenterology

A Case of Ipex Syndrome in a Toddler with Acute on Chronic Diarrhea

Gisela Marrero-Rivera, MD

Best Fellow Original Research

Fellow, Pediatric Hematology/Oncology

*Identification of microRNA Upregulated in Pediatric Precursor-B Cell Acute
Lymphoblastic Leukemia Patients with Post-induction MRD Positivity and Their
mRNA Targets*

Casie James, MD

Best Resident Presentation

Resident, Pediatrics
*Improving Admission Temperature in Neonates Transferred to Children's
Hospital of New Orleans*

Amy Bearison, MD
Runner Up, Best Resident Presentation
Resident, Pediatrics

Malnutrition-Induced Gastroparesis in the Setting of Nutritional Rehabilitation

Dr. Lucio Miele (pictured below) gave the plenary presentation titled *Opportunities for Translational Research at LSUHSC*. For those of you who missed this session and the others, check out the session recordings in your spare time: [Plenary Session](#), [Session Room 1](#) (Mini Workshops), [Session Room 2](#) (Fellow Case Abstracts) [Session Room 3](#) (Resident, Fellow, Faculty Abstracts).

Thank you to all who organized this event:

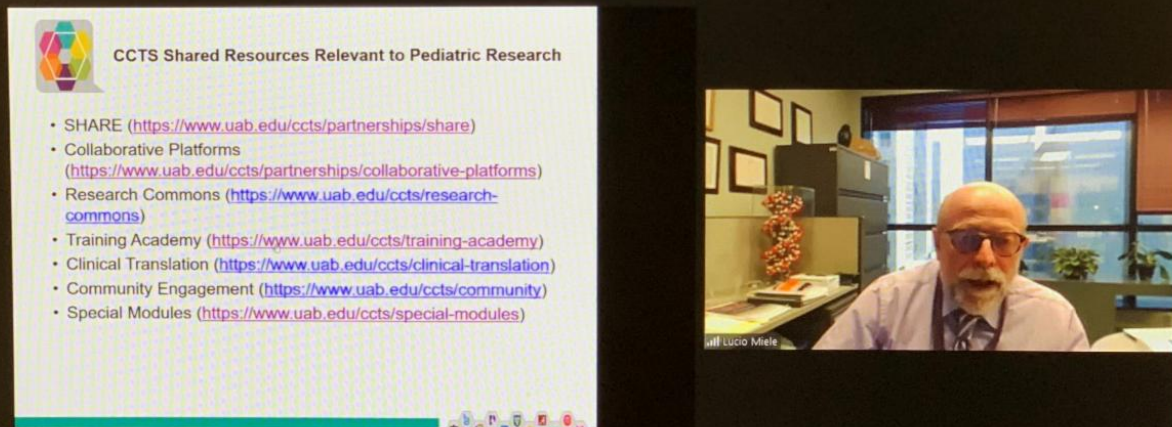
Faculty Organizer: Stuart Chalew, MD

Coordinator: Kelly Allerton

Moderators: Kurt Piggott, MD and Shannon Palombo, MD

Technical Support Hanh Rimmer and Emma Crady

Judges: Amanda Dumas, MD, Renee Gardner, MD, Kurt Piggott, MD, Peter Tieh, MD



SSPR Abstract Submission Deadline This Week

October 9 at 11:00pm CST

Submit your SSPR abstract by **this Friday**, October 9 at 11pm. Read the official call for abstracts [here](#).

The Council for the Southern Regional Meeting will hold their annual SSPR conference virtually February 25 - 27, 2021.



Resident/Fellow Book Club Wellness Event



Many thanks to Dr. Bonnie Desselle for hosting the Resident/Fellow Book Club event last week. The group discussed "The Alchemist". Dr. Jerussa Aita-Levy says it was a wonderful time with great conversation! She shares the best quotes from the book that can change the trajectory of your life:

"To realize one's Personal Legend is a person's only real obligation."

"When you want something all the Universe conspires in helping you to achieve it."

"No matter what he does every person on earth plays a central role in the history of the world and normally he doesn't know it."

2020 Crescent City Chamber Music Festival to Live Stream Four Free Public Concerts October 2-11

Dr. Sue Berry shares this announcement with the department:

I am on the planning committee for the Crescent City Chamber Music Festival (CCCMF), which is celebrating its 5th anniversary this month. My pastor's son, Luke Fleming, got his doctorate at Juilliard and started this event as an outreach from the Manhattan Chamber Music Group, which he also directs. In addition to an impressive array of concerts at nursing homes, homeless shelters, and schools, the group provides several free public concerts at venues around New Orleans during the two week festival.

The musicians will provide live concerts over the next two weeks in New Orleans, to be viewed virtually. [Please see the attached flyer](#). If you like classical music, this is an opportunity to enjoy world class musicians and composers. If interested please see the attached details or go to [their website](#). Enjoy! -Sue Berry

Other Announcements

Latest edition of LSU SOM's *The Pulse*. ([link](#))

LA CaTS Pilot Grant Program is currently accepting applications for the 2020-2021 Grant Development Award Program and Visiting Scholar Program. Click [here](#) for the flyer and click [here](#) for further details.

Policy for Charging Personal Protective Equipment to NIH Grants and Cooperative Agreements as Direct Costs ([information](#))

New Vertebrate Animals Section (VAS) Online Training Module ([information](#))

LSU Proof-of-Concept Fund- LIFT2 Round 12 Announcement ([information](#))

Importance of Time Certification ([information](#)) - learn more about why we certify time each month!

Important Notice: P-Card Restrictions on AAP Purchases ([information](#))

Use of Non-LSUHSC Email ([information](#))

CDC COCA Call: 2020-2021 Influenza Vaccination Recommendations and Clinical Guidance during the COVID-19 Pandemic. Find recent COCA talks regarding Covid-19 [here](#). All talks can be indexed and replayed.

New Pre-Review for Grant Proposals service offered by LSU([information](#))

Several Avenues of Stats Support, Education and Consultation ([information](#))

Download the new Department Composites for this academic year! ([Faculty](#), [Fellow](#), [Resident](#)).

FACULTY DEVELOPMENT

New video monthly

October Video: Twitter as an Academic Tool

Dr. Ashoor shares his excellent national presentation on harnessing the power of this social media platform. In this fact filled video (just over 15 minutes), he demonstrates everything from Twitter sign up to uses for advocacy, education, and professional development. Thanks for sharing, Dr. Ashoor!

<https://youtu.be/VvZ1drwD4sk>

If you are interested in other forms of Faculty Development, visit these websites:

- [LSU Pediatrics Faculty Development Page](#)
- [LSUHSC GME Medical Education Development Site](#)

For questions or comments regarding Faculty Development, please contact [Amy Creel](#).

CHNOLA Announcements

Construction Update: Important Corridor Changes, ED Phase 2 Relocation, and Elevator Access to Inpatient Floors ([information](#), [map](#))

Latest edition of CHNOLA Employee E-News ([link](#))

COVID-19 Visitor Update ([information](#))

Latest COVID-19 Policies ([information](#))

Upcoming Events

For those who prefer an Outlook Calendar Reminder for Grand Rounds, please [click here](#) for directions that walk you through creating a recurring reminder.



Children's Hospital
New Orleans
LCMC Health

Virtual Pediatric Grand Rounds

Wednesday, October 7, 2020
Noon-1pm

Immune Reactions to Arthropod Bites and Stings

John C. Carlson, MD, PhD
Pediatric Residency Program Director
Allergy/Immunology Fellowship Program Director
Assistant Professor of Pediatrics, Section of Allergy & Immunology
Tulane University School of Medicine

Please join Pediatric Grand Rounds from your computer, tablet, or smartphone:

Zoom link: <https://lsuhsc.zoom.us/j/99010762984?pwd=bXJKZ3ZhSUFkQzdpajErbDd2Smt4Zz09#success>

Meeting ID: 990 1076 2984, Passcode: 018428

One tap mobile: +16465588656,,99010762984# US (New York)
+13017158592,,99010762984# US (Germantown)

Note: This is a live activity. The link is only valid from 12-1:00 pm and the presentation will not be recorded for CME or CEU credit. Please sign in with your full name and credentials in order to receive credit.

Objectives: At the conclusion of this activity, participants should be able to:

1. Describe the different types of inflammation induced by arthropod bites and stings.
2. Identify treatment options for reactions tailored to the type of inflammation present.
3. Plan immediate and long-term management for patients with venom-induced anaphylaxis.

Intended Audience: This activity is specifically directed towards the pediatrician, but it is open to all other interested physicians, residents, medical students and allied health professionals.

CME Statement: Children's Hospital is accredited by the Louisiana State Medical Society to provide continuing medical education for physicians. Children's Hospital designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CEU Statement: Children's Hospital is approved as a provider of nursing continuing professional development by Louisiana State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

LSU Health
NEW ORLEANS
School of Medicine
Department of Pediatrics



 **Tulane**
University
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Department of Pediatrics

Join Grand Rounds through the Zoom Portal:

<https://lsuhsc.zoom.us/j/99010762984?pwd=bXJKZ3ZhSUFkQzdpajErbDd2Smt4Zz09#success>
Meeting ID: Meeting ID: 990 1076 2984, Passcode: 018428
One tap mobile: +16465588656,,99010762984# US (New York)
+13017158592,,99010762984# US (Germantown)

10.19.20 - Insights Into the Impact of Sections and Departments on Your Career, Virtual Chat with American Pediatric Society & Society for Pediatric Research, register [here](#).

10.21.20, & 11.18.20 - UAB Center for Clinical and Translational Science -

Specific Aims Intensive AND Grant Proposal Development Academy ([information](#))

11.21.20 - 22nd Annual Frontiers in Diabetes Research Conference: "Obesity, Diabetes and COVID-19 – elucidating the bidirectional links" ([information](#))

Department Wellness

Department Wellness Ambassador Jerussa Aita-Levy, MD and the Wellness Committee have compiled a list of helpful links and resources. Please take this time to focus on your wellness!

1. Remember LSUHSC **Campus Assistance Program** (CAP) is here to help! ([information](#))
2. A great article about grief in this new version of our world ([information](#))
3. CAP's Advise on Dealing with Stress ([article](#))
4. 7 steps to help doctors reduce stress during the COVID-19 outbreak ([link](#))

Wellness Break: 3 Ways Your Mind Makes You Miserable (And How to Stop It Today) Dr. Jerussa Aita-Levy recommends reading our last Wellness Grand Rounds Speaker Dr. Gail Gazelle's emails and blog posts. Dr. Levy found one of Dr. Gazelle's recent [posts](#) helpful and wanted to share it with the department. You can also watch Dr. Gazelle's weekly wellness talks on her [Facebook page](#).

Recent Wellness Grand Rounds: Dr. Gail Gazelle gave two important, immensely helpful lectures. If anyone missed it, check out her slides here ([Grand Rounds, Noon Conference](#)). Dr. Gazelle included a free resource for our department: She leads a weekly Zoom clinician support group called "Helping Clinicians Thrive During COVID-19." The group is for physicians and advanced practice clinicians like you to build community and resilience during this time. Sessions are on Wednesdays, 3:30-4:30 PM CST. Click the link below to download a calendar attachment or simply join us at <https://zoom.us/j/92100651837>.

Need child care? Touro's got you covered. Touro has re-opened its Kids Activity Center and they are generously accepting children of LCMC Health employees (ages 5-11). The Kids Activity Center is open from 6:30 am - 7 pm.

CHNOLA Bootcamp Class: Children's Hospital's bi-weekly bootcamp class is back in-person on Tuesdays and Thursdays! Beginning Tuesday, September 8, all bootcamp sessions on Tuesdays and Thursdays will be in-person outside the Conference Center. The time will remain 5:30 - 6:30 pm.

CHNOLA Yoga: We're bringing back Zoom yoga with Dr. Amy Henke! Classes will be Wednesdays from 5:30 - 6:30 pm. Children's Hospital Psychologist, Dr. Amy Henke will be leading free Zoom Yoga classes for employees and staff. No experience is necessary! Classes are suitable for beginners and designed to encourage moving at your own pace with an emphasis on mindfulness, relaxation, and somatic stretching. <https://chnola.zoom.us/my/amyhenke>
Zoom ID number: 867 947 2744

Free apps and websites to keep you physically and mentally fit:

Peloton App: stream spin, run, walk, strength, stretching, bootcamp, yoga and meditation over an extended 90 day trial ([information](#)).

Pure Barre OD: 60 day free trial with Code: EXTENDED TRIAL ([information](#))

Shira Kraft, Pilates Instructor: 30 minute session on youtube ([information](#))

Beachbody: Free sample workouts ([information](#)); also offering a free 14-day trial of their on demand service.

Yoga:

Yoga with Adriene ([YouTube channel](#))

Fight Master Yoga ([YouTube channel](#))

Fitness Marshall ([YouTube channel](#))- for those who like dancing

Yoga for Kids! Cosmic Kids Yoga ([YouTube channel](#))

Meditation:

Free Headspace Plus for all US Healthcare Workers ([information](#)) Use this meditation tool to de-stress to get a healthy perspective.

Ten Percent Happier: ([information](#)) free access to app for healthcare workers

Find more discounts and freebies for healthcare workers including resources for mental and physical health [here](#).

Department Anniversaries

The following employees celebrate another year with the department this month. Thank you for your continued service to LSU Pediatrics!

Stuart Chalew, 23 years

Hanh Rimmer, 21 years

Kelly Allerton, 13 years

Hannah Bauer, 1 year

LaTasha Lewis, 1 year

Looking for old newsletters?

View the *Tuesday Tidbits* archive on the department's website. ([link](#))

Submit information to the next Tuesday Tidbits