

May 19, 2020



# LSU Pediatrics Tuesday Tidbits

Welcome to the Department of Pediatrics' weekly email blast designed to deliver important department information straight to your inbox.

Visit our  
website

## LSU Pediatrics Announcements

### *From the Chair:* Remember our Oath of Hippocrates

As I listened to the Zoom Medical School Graduation Ceremony last week ([see program and list of students and honors](#)), I was reminded of the words of the Oath of Hippocrates, that we all recited at our own graduations.

Maybe worth a few minutes to remember during these trying times. Our task is very clear.

### Oath of Hippocrates

I do solemnly swear by whatever I hold most sacred, that I will be loyal to the profession of medicine and will be just and generous to its members and will teach those who follow after me in this practice. That I will lead my life and practice my art in uprightness and honor.

That into whatever home I shall enter, it shall be for the good of the sick and of the well and to the utmost of my power I will hold myself aloof from wrong and corruption and from tempting others to vice.

That I will exercise my art solely for the cure of my patients and for the prevention of disease. I will give no drug or perform no operation for a criminal purpose, and will never recommend such a thing.

That whatever I shall see or hear that concerns the lives of my patients which is not fitting to be spoken, I will keep forever secret.

These things I do promise in proportion to the degree that I am faithful to this oath, may happiness and good repute be ever mine, and may the opposite befall me if I am false to my word.

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## Students are Back!

Clerkship Director Dr. Amy Prudhomme reports that LSU medical students have re-entered clinical care as of yesterday, May 18. They will have a shortened clerkship with the goal to complete their required clinical competencies for the remainder of their 3rd year. Call duties will not be required and if a virtual experience is available, students should be involved in that manner. She asks that all faculty review the attached guidelines from both LSU as well as CHNOLA Office of Medical Education regarding keeping students and patients safe as well as guidelines for use of PPE.

A few key points:

1. Students may not see any patient suspected of having COVID.
2. Students as well as patients and visitors must remain masked during the encounter.

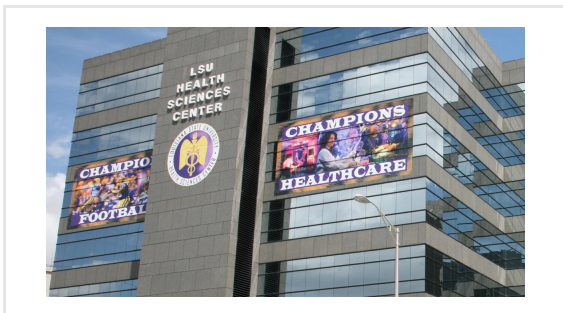
[L3 Students Return to Clinical Activities – Guiding Principles](#)  
[CH OME Medical Student Re-Entry Covid-19 Related Guidelines](#)

Faculty must ensure that students are not at risk while also educating them appropriately and allowing them to experience Pediatric Medicine as much as possible. If you have any specific questions, please reach out to [Dr. Prudhomme](#).

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## LSU Health Zoom Backgrounds

You can now download LSU Health New Orleans branded backgrounds for your next telehealth visits and zoom meetings. Find the images as well as instructions for using them to create virtual backgrounds [here](#).



LSU IT also released information about properly cleaning your computer ([information](#)).

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# COVID-19 UPDATES

**Please check your emails each day, especially communications from Dr. Watts - lots of info to share, can only do by email.**

LCMC Telehealth ([information](#))

LSUHSC's COVID-19 Page ([website](#))

CHNOLA's COVID-19 Page ([website](#))

LSU GME's COVID-19 Resources ([website](#))

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PAS Neonatology Summer Webinar Series ([information](#))

Importance of Time Certification ([information](#)) - learn more about why we certify time each month!

Update from LSUHSC Grants Office ([information](#))

Coronavirus grant – up to \$1M awards plus personalized drug development team ([information](#))

Download the new Department Composites for this academic year! ([Faculty](#), [Fellows](#), [Residents](#)).

New Pre-Review for Grant Proposals service offered by LSU ([information](#))

Latest edition of LSU SOM's *The Pulse*. ([link](#))

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## Several Avenues of Stats Support, Education and Consultation

Dr. Stuart Chalew has put a helpful list of statistical support resources together for the department:

1. Online free modular basic medical stats course through LSU CITI program free to all LSUHSC students, residents, fellows faculty. Register with your LSU CITI user ID and password. Can work through modules at your own pace.
2. Formal Stats course through LSU - contact Dr. Donald Mercante for info and times.
3. Louisiana Clinical and Translational Science Center (LACATS) supports early statistical consultation for LSU and Children's - <https://www.lacats.org> Need to register/apply through SPARC website through link on <https://www.lacats.org/>. Brian Melancon 225-763-2980 can help with navigating SPARC. Usually LSU applicants get assigned to an LSU stats faculty through LACATS.

Dr. Chalew can help with navigating LACATS issues for LSU DoP members and those seeking support from LACATS for projects at Children's Hospital.

## Resident Class of 2020 Spotlight

*The COVID Pandemic has certainly changed many aspects of our daily lives and will affect how we typically celebrate our graduates via a large Hello-Goodbye Ceremony. Each week, leading up to their final days of training, our residency team will highlight the graduating residents. Please join us in celebrating these excellent pediatricians at the departmental level...give them some shout outs in the hallway over the next few weeks! We thank all of our "almost graduates" for three wonderful years of dedication to their patients, their peers, and to LSU Pediatrics/Children's Hospital. You will do GREAT things, and we will miss you all.*



### Evan Davis, MD

From: Kenner, Bra

College: University of New Orleans

Medical School: LSU New Orleans

After Graduation: Pediatrician at Collins Pediatrics, New Orleans

Talents: In order of strength: Knowledge of The Office, knowledge of Harry Potter, impressions, reciting movie release years, knowledge of Marvel movies, eating, making guacamole

Interesting Fact: I worked as a server/bartender at Nacho Mama's in Harahan for 5 years

Advice you wished you'd known during residency. Remember, K.I.S.S. (Keep it simple, stupid). Just kidding. But seriously, don't overthink things! Be confident.

Evaluation Highlights: "He is compassionate, bonds well with families, and is a good teacher. Wonderful leader of the team! It has been a pleasure to see him grow from a medical student into a great pediatrician."

### Michelle Duplantier, MD

From: Mandeville, LA

College: Auburn (Warrrrrrr eagle!)

Medical School: LSU New Orleans

After Graduation: Pediatric Hospital Medicine Fellowship, UAB

Hobbies: Anything active outside—walking, running, biking, kayaking, hiking,



soccer. Painting and being in an art museum. Spending time with my big New Orleans family.

Interesting Fact: My dad was in my future in-laws' wedding...but my fiance and I grew up in different cities. We met again about 20 years later when his mom set us up on a blind date!

Advice you wished you'd known during residency. It can be really hard but is also the best job ever.

Evaluation Highlights: "She pushed herself to be a true team leader. She is very conscientious and goes above and beyond expectations. She is a well-rounded physician balancing a strong medical knowledge with the human side of medicine."

## FACULTY DEVELOPMENT

*New video monthly*

May Video: *Feedback*

Feedback remains a core teaching skill, crucial for learners of all levels whether in person or utilizing technology. In the fall we visited division meetings offering faculty development on Specific Feedback. For those who weren't able to attend a session, and those who would like a refresher, we are offering the content of that session here. [This PowerPoint](#) will take less than 10 minutes to review (videos included). Let's all continue to provide excellence in our educational mission.

If you are interested in other forms of Faculty Development, visit these websites:

- [LSU Pediatrics Faculty Development Page](#)
- [LSUHSC GME Medical Education Development Site](#)

For questions or comments regarding Faculty Development, please contact [Amy Creel](#).

## CHNOLA Announcements

CHNOLA's COVID-19 Page ([website](#))

Latest edition of CHNOLA Employee E-News ([link](#))

CHNOLA EPIC Updates:

Storyboard is coming to EPIC May 19<sup>th</sup> ([information](#))

- [Storyboard ABCs](#)
- [Storyboard Anesthesia Crosswalk](#)
- [Storyboard Surgery Crosswalk](#)
- [Ambulatory Storyboard Crosswalk All Users](#)

- [Storyboard Inpatient Crosswalk](#)
- [Storyboard ED All Users](#)

Discontinuation of COVID Transmission Based Precautions ([message, information](#))

MyChart Care Companion Home Monitoring Program ([information](#))

IP Provider: MyChart Home Monitoring Program ([information](#))

## Upcoming Events

### Grand Rounds

*There has been a recent issue with Grand Rounds calendar invitations being sent out erroneously. Please do not try to create a calendar item using any Grand Rounds announcement emails. Instead, go to your calendar and create one manually from there. We think using the email shortcut to a calendar invitation is creating the issue.*



**Children's Hospital**  
New Orleans  
LCMC Health

## Virtual Pediatric Grand Rounds

Wednesday, May 20, 2020  
8:00 am

### Tricks of the Trade: Lessons Learned from Twenty Years of Talking with Teens

**Julie L. Finger, MD, MPH, FAAP**

Assistant Professor, Division of Adolescent Medicine, Department of pediatrics  
Tulane University Hospital and Clinic

Please join Pediatric Grand Rounds from your computer, tablet or smartphone:

**Zoom link:** <https://lsuhsc.zoom.us/j/95948773509?pwd=dlhQVFlxaGtWVW8vSmFPZmNEQ1FSQT09>

**Meeting ID:** 959 4877 3509, Password: 947648

**One tap mobile:** +16465588656,,95948773509# US (New York)  
+13126266799,,95948773509# US (Chicago)

Note: This is a live activity. The link is only valid from 8-9:00 am and the presentation will not be recorded for CME or CEU credit.

**Objectives:** At the conclusion of this activity, participants should be able to:

1. Identify barriers to conducting an effective patient interview.
2. Discuss the importance of choosing one's words carefully.
3. List multiple techniques for asking difficult questions.

**Intended Audience:** This activity is specifically directed towards the pediatrician, but it is open to all other interested physicians, residents, medical students and allied health professionals.

**CME Statement:** Children's Hospital is accredited by the Louisiana State Medical Society to provide continuing medical education for physicians. Children's Hospital designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**CEU Statement:** Children's Hospital is approved as a provider of nursing continuing professional development by Louisiana State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.



**Zoom link:** <https://lsuhsc.zoom.us/j/95948773509?pwd=dlhQVFlxaGtWVW8vSmFPZmNEQ1FSQT09>

## Resident Senior Scholarly Presentations

**Conference:** Resident Journal Club

**Date/Time:** Wednesday, May 20, 2020, Noon Conference, 12:10pm – 1:00pm,  
2Center via Zoom (info below)

**Topic:** Surviving Sepsis Campaign 2020 Pediatric Guidelines ([article link](#))

**Presenters:** Drs. Andrea Heifner & Brittany Mock

**Mentor:** Dr. Shannon Palombo

## Zoom Meeting Invitation:

Topic: LSU Pediatric Residency Conferences

Time: recurring meeting

Join Zoom Meeting: <https://lsuhsc.zoom.us/j/330263263>

Meeting ID: 330 263 263

Password: lsupeds20

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**5.19.20** - 11:00am - LSU Health Foundation COVID-19 Webseries - Novel PPE for a Novel Coronavirus with Dr. Karen Bruggers and Dr. Robert Laughlin, (register [here](#))

**5.20.20** - 1:00pm - LSU Health Foundation COVID-19 Webseries - Neurological Complications of COVID-19 with Guest Speaker John D. England, MD, (register [here](#))

**5.22.20** - 10:00am - LSU Health Foundation COVID-19 Webseries - Answering Frequently Asked Questions about Cancer Care in the Climate of COVID-19 with Dr. Mary A. Maluccio, (register [here](#))

**5.26.20** – Zoom Forum about COVID Research on Campus for interested faculty and staff, 4:00pm ([information and zoom link](#))

**6.4.20** – LSU GME’s Virtual Quality Improvement & Patient Safety Forum, 12:00pm – 4:00pm ([information](#)) Pediatrics presentations will take place between 1:20pm - 2:15pm, more information to come!

**6.19.20** - Hello/GoodBye Ceremony via Zoom

## Department Wellness

Department Wellness Ambassador Jerussa Aita-Levy, MD and the Wellness Committee have compiled a list of helpful links and resources. Please take this time to focus on your wellness!

1. Dr. Amy Creel has created a shared file of **Childcare Resources** that can be accessed by all in the department. Please review, use and edit as you'd like! ([information](#))
2. Remember LSUHSC **Campus Assistance Program** (CAP) is here to help! ([information](#))
3. A great article about grief in this new version of our world ([information](#))
4. CAP's Advise on Dealing with Stress ([article](#))
5. 7 steps to help doctors reduce stress during the COVID-19 outbreak ([link](#))

**Recent Wellness Grand Rounds:** Dr. Gail Gazelle gave two important, immensely helpful lectures. If anyone missed it, check out her slides here ([Grand Rounds](#), [Noon Conference](#)). Dr. Gazelle included a free resource for our department: She leads a weekly Zoom clinician support group called



"Helping Clinicians Thrive During COVID-19." The group is for physicians and advanced practice clinicians like you to build community and resilience during this time. Sessions are on Wednesdays, 3:30-4:30 PM CST. Click the link below to download a calendar attachment or simply join us at <https://zoom.us/j/92100651837>.

**Bootcamp Class:** Children's is offering a FREE virtual boot camp class on Tuesdays and Thursdays at 5:30pm if there is at least 5 people signed up. There will also be a Saturday class that will cost \$10. Attend [here](#).

## Free apps and websites to keep you physically and mentally fit:

**Peloton App:** stream spin, run, walk, strength, stretching, bootcamp, yoga and meditation over an extended 90 day trial ([information](#)).

**Pure Barre OD:** 60 day free trial with Code: EXTENDED TRIAL ([information](#))

**Shira Kraft, Pilates Instructor:** 30 minute session on youtube ([information](#))

**Beachbody:** Free sample workouts ([information](#)); also offering a free 14-day trial of their on demand service.

### **Yoga:**

Yoga with Adriene ([YouTube channel](#))

Fight Master Yoga ([YouTube channel](#))

Fitness Marshall ([YouTube channel](#))- for those who like dancing

Yoga for Kids! Cosmic Kids Yoga ([YouTube channel](#))

### **Meditation:**

**Free Headspace Plus** for all US Healthcare Workers ([information](#)) Use this meditation tool to de-stress to get a healthy perspective.

**Ten Percent Happier:** ([information](#)) free access to app for healthcare workers

Find more discounts and freebies for healthcare workers including resources for mental and physical health [here](#).

**New Addition**



Congratulations to Dr. Russell Zwiener and his wife Jamie on the birth of their baby girl, Charlotte Cecile "Cece" Zwiener! She was born on May 18 at 10:27am weighing 6 lbs 12 oz and measuring 19 3/4 inches long. Welcome to the world, Cece!

## Department Anniversaries

The following employees celebrate another year with the department this month. Thank you for your continued service to LSU Pediatrics!

Mary Pendleton, 20 years  
Richelle Monier, 4 years

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Looking for old newsletters?  
View the *Tuesday Tidbits* archive on the department's website. ([link](#))

Submit information to the next Tuesday Tidbits

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