

June 9, 2020

LSU Health
NEW ORLEANS
School of Medicine
Department of Pediatrics

LSU Pediatrics Tuesday Tidbits

Welcome to the Department of Pediatrics' weekly email blast designed to deliver important department information straight to your inbox.

Visit our
website

LSU Pediatrics Announcements

Dr. Lolie Yu selected by Governor John Bel Edwards to Membership on the Louisiana State Board of Medical Examiners



Dr. Yu is the Eugenie and Joseph Jones Professor of Pediatric Oncology, the Division Chief and Director of the LSU Pediatric Hematology Oncology Program and Hematopoietic Stem Cell Transplantation Program at Children's Hospital.

Please join me in congratulating Dr. Yu for this tremendous honor and recognition of her stature and reputation in the State.

Raymond G. Watts, MD
Professor and Head
Department of Pediatrics

June is LGBTQ Pride Month!

Did you know that LGBTQ youth are more likely than their peers to experience negative health and life outcomes? They are at an increased risk for depression and suicide, bullying, substance use, sexual health risks and homelessness. According to the Human Rights Center's [2017 LGBTQ Youth](#)

Survey:

- **77%** of LGBTQ teenagers surveyed report feeling depressed or down over the past week
- **95%** of LGBTQ youth report trouble sleeping at night
- More than **70%** report feelings of worthlessness and hopelessness in the past week
- **67%** report that they've heard family members make negative comments about LGBTQ people



Supporting LGBTQ Youth

Healthcare providers have unique opportunity to positively impact the lives and futures of LGBTQ youth by fostering a safe, welcoming environment and providing evidence-based, culturally competent care.

There are tons of resources out there, but here are a few to get you started:

- Physicians for Reproductive Health: [LGBTQ Essentials](#)
- Society for Adolescent Health and Medicine (SAHM): [LGBTQ Health Clinical Care Resources](#)
- Video: [Voices of Transgender Adolescents in Healthcare](#)
- [LGBTQIA+ Glossary of Terms](#)
- [Genderbread Person v4.0](#)

If you are interested in additional resources and information on supporting and caring for LGBTQ youth, please contact the Adolescent Medicine Team: Ryan H. Pasternak, MD, MPH (rpaste@lsuhsc.edu) or Carleigh Baudoin, MPH (cbaud6@lsuhsc.edu).

2020 LSU Pediatric Faculty Wellness Survey- please complete!

For the 5th year, Chairman Dr. Raymond Watts is asking our Department of Pediatrics Faculty to complete a brief (4 questions-will take no more than 30 seconds) wellness survey. The survey will collect data during the month of June.

You should have received an email from Survey Monkey to your LSUHSC.edu email. Also, you can get to the survey via this link or QR code below.

Your response is important, especially in these unprecedented times. Thank you for completing.

<https://www.surveymonkey.com/r/ST2XLQJ>



Residency Graduation Events

Please mark your calendars for several upcoming events to honor our residency graduates and chief residents:

LSU Department of Pediatrics Residency Graduation Week

Resident vs. Faculty Quiz Bowl & Chief Appreciation

Hosted by Shubho Sarkar
Tuesday, June 16, at 12:00pm
via Zoom

Meeting ID: 330 263 263
Password: lsupeds20



Please join us to cheer on your team and congratulate
Monica and Jordan!

Faculty Team: Andrew Abreo, Hannah Bauer, Tamara Bradford, Ashley Farge
Resident Team: Michael Caffery, LaTasha Henderson, Katie Procarione, Jamie Yeager

Graduation Part 1:
Annual Report, Award Announcements, Faculty Video
Special Grand Rounds
Thursday, June 18 at 12:00pm
via Zoom

Meeting ID: 330 263 263
Password: lsupeds20

Graduation Part 2:
Hello/Goodbye Ceremony
Friday, June 19 at 5:00pm
via Zoom

Link to be sent closer to the date.

Help LSU Psychiatry Studies Impact of COVID-19 Pandemic on Healthcare Providers

LSU Psychiatry under PI Dr. Erich Conrad are asking the LSUHSC community to participate in a survey for their IRB-approved study. The project's goal is to

better understand the stress and health consequences for healthcare providers so that in a future viral resurgence, UMC and other hospitals nation-wide can create better resources and support systems for healthcare workers.

Please see more information below and complete the survey [here](#).



We want to hear from you!

[Anonymously](#) share your experiences about COVID-19 related work stress and coping responses.

[Who:](#) Healthcare providers (including but not limited to nurses, physicians, medical assistants) with direct patient care during the COVID-19 pandemic . All Departments eligible. Must be at least 18 years old to participate.

[Why:](#) Healthcare providers may face extreme stress during pandemics. We want to know about how you have been managing stress and how you have coped with this substantial stressor.

[When:](#) Available now! The survey takes 20-30 minutes.

Your anonymous responses can help improve supports for healthcare workers like yourself.
Your experiences matter.

Take the anonymous survey now:
Scan this QR code or go to
https://is.gd/covid19survey_umcno



Your responses will be completely anonymous. This study is in conjunction with the LSU School of Public Health and LSU Psychiatry Department. Contact kbeite@lsuhsc.edu or rwiede@lsuhsc.edu for more information.

COVID-19 UPDATES

Please check your emails each day, especially communications from Dr. Watts - lots of info to share, can only do by email.

LCMC Telehealth ([information](#))

LSUHSC's COVID-19 Page ([website](#))

CHNOLA's COVID-19 Page ([website](#))

LSU GME's COVID-19 Resources ([website](#))

Mentored Career Development (KL2) Program in Clinical and Translational Science ([information](#))

PAS Neonatology Summer Webinar Series ([information](#))

Importance of Time Certification ([information](#)) - learn more about why we certify time each month!

Download the new Department Composites for this academic year! ([Faculty](#), [Fellows](#), [Residents](#)).

New Pre-Review for Grant Proposals service offered by LSU ([information](#))

Latest edition of LSU SOM's *The Pulse*. ([link](#))

Several Avenues of Stats Support, Education and Consultation

Dr. Stuart Chalew has put a helpful list of statistical support resources together for the department:

1. Online free modular basic medical stats course through LSU CITI program free to all LSUHSC students, residents, fellows faculty. Register with your LSU CITI user ID and password. Can work through modules at your own pace.
2. Formal Stats course through LSU - contact Dr. Donald Mercante for info and times.
3. Louisiana Clinical and Translational Science Center (LACATS) supports early statistical consultation for LSU and Children's - <https://www.lacats.org> Need to register/apply through SPARC website through link on <https://www.lacats.org/>. Brian Melancon 225-763-2980 can help with navigating SPARC. Usually LSU applicants get assigned to an LSU stats faculty through LACATS.

Dr. Chalew can help with navigating LACATS issues for LSU DoP members and those seeking support from LACATS for projects at Children's Hospital.

Resident Class of 2020 Spotlight

The COVID Pandemic has certainly changed many aspects of our daily lives and will affect how we typically celebrate our graduates via a large Hello-Goodbye Ceremony. Each week, leading up to their final days of training, our residency team will highlight the graduating residents. Please join us in celebrating these excellent pediatricians at the departmental level...give them

some shout outs in the hallway over the next few weeks! We thank all of our "almost graduates" for three wonderful years of dedication to their patients, their peers, and to LSU Pediatrics/Children's Hospital. You will do GREAT things, and we will miss you all.



Tyler Kingdon, MD

From: Redding, CA

College: UC Davis

Medical School: Georgetown

After Graduation: PICU Fellowship, Children's Hospital LA

Talents: I can juggle!

Interesting Fact: I once threw James Harden an alley-oop!

Advice you wished you'd known during residency: Spend as much time as you can with your co-residents at work and outside of work!

Evaluation Highlights: "Tyler impressed everyone on the team with his exceptional caring attitude and positive energy that created an effective dynamic where all team members worked hard yet had a lot of fun caring for some very sick and complex patients. He connected really well with families, and the children loved him. He was sincere, compassionate, and had a great rapport with everyone."

Andrew McKernan, MD

Hometown: Omaha, Nebraska (aka Home-aha)

Undergraduate: (insert joke about Notre Dame football here)

Medical School: University of Nebraska

Plans After Graduation: Allergy/Immunology Fellowship, Tulane

Talent: Memorizing useless sports trivia and collegiate mascots. Also, I'm really good at grilling.

Interesting Fact: The only time I had ever eaten seafood before moving here was in Africa when the only thing I could eat was fish.

Advice you wish you'd know in residency: You're doing amazing!! You know a lot more than you think you do, but it's ok not to know everything. Also, ALWAYS listen to the nurses ☐

Evaluation Highlights: "Andrew cares deeply about his patients and works hard to make sure their needs are met. He is intelligent with great medical



knowledge but still always looks to expand his knowledge base by reading. But most strikingly he is one of the warmest and most positive residents in our program. He displayed extremely high emotional intelligence during our time together, and I came to see him as a role model for emotional support and sensitivity.”



Jamie Yeager, MD

From: I Grew up in Tulsa, Oklahoma, but my family now lives in Knoxville, Tennessee, so that’s home.

College: Miami University of Ohio

Medical School: East Tennessee State University

After Graduation: Allergy/Immunology Fellowship, LSU-NO

Talents: Eating ice cream, cleaning, horseback riding, watching new TV shows, online shopping, and I usually re-read Harry Potter once a year.

Interesting Fact: I grew up riding horses and I would love to own a few horses and land one day. Kyle’s horribly allergic to them but I’m going into the right field for that.

Advice you wished you’d known during residency. You will actually have a lot of fun. There are definitely stressful times and growing pains, but the good times far outweigh the bad and you’ll handle the stress better than you think and grow from it.

Evaluation Highlights: “Jamie is one in a million! She has a terrific work ethic, is always ready to see patients. She maintains poise, composure and a professional attitude even in stressful or difficult situations. She shows up each day with a positive attitude that uplifts the rest of the team.”

FACULTY DEVELOPMENT

New video monthly

June Video: *Teaching Medical Students*

This video provides tips for teaching medical learners in the clinical setting. Teaching can be simple, efficient, and effective. Let's all review these tips to ensure we continue to provide excellence in clinical education.

<https://vimeo.com/89625533>

If you are interested in other forms of Faculty Development, visit these websites:

- [LSU Pediatrics Faculty Development Page](#)

For questions or comments regarding Faculty Development,
please contact [Amy Creel](#).

CHNOLA Announcements

Latest edition of CHNOLA Employee E-News ([link](#))

CHNOLA EPIC Updates:

Storyboard Update - May 20th ([information](#))

Storyboard is coming to EPIC May 19th ([information](#))

- [Storyboard ABCs](#)
- [Storyboard Anesthesia Crosswalk](#)
- [Storyboard Surgery Crosswalk](#)
- [Ambulatory Storyboard Crosswalk All Users](#)
- [Storyboard Inpatient Crosswalk](#)
- [Storyboard ED All Users](#)

Discontinuation of COVID Transmission Based Precautions ([message](#),
[information](#))

MyChart Care Companion Home Monitoring Program ([information](#))

IP Provider: MyChart Home Monitoring Program ([information](#))

Upcoming Events

Grand Rounds

There has been a recent issue with Grand Rounds calendar invitations being sent out erroneously. Please do not try to create a calendar item using any Grand Rounds announcement emails. Instead, go to your calendar and create one manually from there. We think using the email shortcut to a calendar invitation is creating the issue.

A Holistic Approach to Multidisciplinary Management of Atopic Dermatitis in Pediatric Patients: Lessons from an Academic Medical Center.

Donald Y M Leung, MD, PhD

Professor of Medicine
Head, Division of Pediatric Allergy & Immunology
Department of Pediatrics
National Jewish Health, Denver, Colorado



Please join Pediatric Grand Rounds from your computer, tablet or smartphone:

Zoom link: <https://lsuhsc.zoom.us/j/95948773509?pwd=dlhQVFJlXaGrWVW8vSmFPZmNEQ1FSQT09>

Meeting ID: 959 4877 3509, Password: 947648

One tap mobile: +16465588656,,95948773509# US (New York)
+13126266799,,95948773509# US (Chicago)

Note: This is a live activity. The link is only valid from 8-9:00 am and the presentation will not be recorded for CME or CEU credit. Please sign in with your full name and credentials in order to receive credit.

Objectives: At the conclusion of this activity, participants should be able to:

1. Distinguish clinical features of atopic dermatitis.
2. Summarize research on the safety, efficacy, and mechanisms of action of current and emerging therapies for the treatment of atopic dermatitis in pediatric patients.
3. Select treatments for pediatric patients with atopic dermatitis utilizing a stepwise approach.
4. Develop strategies for a holistic, multidisciplinary approach to the management of atopic dermatitis in pediatric patients.



Intended Audience: This activity is specifically directed towards the pediatrician, but it is open to all other interested physicians, residents, medical students and allied health professionals.

CME Statement: Children's Hospital is accredited by the Louisiana State Medical Society to provide continuing medical education for physicians. Children's Hospital designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CEU Statement: Children's Hospital is approved as a provider of nursing continuing professional development by Louisiana State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.



Zoom link: <https://lsuhsc.zoom.us/j/95948773509?pwd=dlhQVFJlXaGrWVW8vSmFPZmNEQ1FSQT09>
Meeting ID: 959 4877 3509, Password: 947648

6.16.20 - Resident vs. Faculty Quiz Bowl // Chief Appreciation, 12:00pm via [Zoom](#), Meeting ID: 330 263 263, Password: Isupeds20

6.18.20 - Graduation Part 1: Award Announcements & Annual Report Special Grand Rounds, 12:00pm via [Zoom](#), Meeting ID: 330 263 263, Password: Isupeds20

Department Wellness

Department Wellness Ambassador Jerussa Aita-Levy, MD and the Wellness Committee have compiled a list of helpful links and resources. Please take this time to focus on your wellness!

1. Dr. Amy Creel has created a shared file of **Childcare Resources** that can be accessed by all in the department. Please review, use and edit as you'd like! ([information](#))
2. Remember LSUHSC **Campus Assistance Program** (CAP) is here to help! ([information](#))
3. A great article about grief in this new version of our world ([information](#))
4. CAP's Advise on Dealing with Stress ([article](#))
5. 7 steps to help doctors reduce stress during the COVID-19 outbreak ([link](#))

Recent Wellness Grand Rounds: Dr. Gail Gazelle gave two important, immensely helpful lectures. If anyone missed it, check out her slides here ([Grand Rounds](#), [Noon Conference](#)). Dr. Gazelle included a free resource for our department: She leads a weekly Zoom clinician support group called "Helping Clinicians Thrive During COVID-19." The group is for physicians and advanced practice clinicians like you to build community and resilience during this time. Sessions are on Wednesdays, 3:30-4:30 PM CST. Click the link below to download a calendar attachment or simply join us at <https://zoom.us/j/92100651837>.

Bootcamp Class: Children's is offering a FREE virtual boot camp class on Tuesdays and Thursdays at 5:30pm if there is at least 5 people signed up. There will also be a Saturday class that will cost \$10. Attend [here](#).

Free apps and websites to keep you physically and mentally fit:

Peloton App: stream spin, run, walk, strength, stretching, bootcamp, yoga and meditation over an extended 90 day trial ([information](#)).

Pure Barre OD: 60 day free trial with Code: EXTENDED TRIAL ([information](#))

Shira Kraft, Pilates Instructor: 30 minute session on youtube ([information](#))

Beachbody: Free sample workouts ([information](#)); also offering a free 14-day trial of their on demand service.

Yoga:

Yoga with Adriene ([YouTube channel](#))

Fight Master Yoga ([YouTube channel](#))

Fitness Marshall ([YouTube channel](#))- for those who like dancing

Yoga for Kids! Cosmic Kids Yoga ([YouTube channel](#))

Meditation:

Free Headspace Plus for all US Healthcare Workers ([information](#)) Use this meditation tool to de-stress to get a healthy perspective.

Ten Percent Happier: ([information](#)) free access to app for healthcare workers

Find more discounts and freebies for healthcare workers including resources for mental and physical health [here](#).

Department Anniversaries

The following employees celebrate another year with the department this month. Thank you for your continued service to LSU Pediatrics!

Leone Coe, 28 years
Steffan Sernich, 13 years
Tabitha Washington, 8 years
Elizabeth Alonso, 6 years
Shubho Sarkar, 3 years
DeShonda Jolly, 1 year

Looking for old newsletters?
View the *Tuesday Tidbits* archive on the department's website. ([link](#))

Submit information to the next Tuesday Tidbits