

August 25, 2020



School of Medicine  
Department of Pediatrics

## LSU Pediatrics Tuesday Tidbits

Welcome to the Department of Pediatrics' weekly email blast designed to deliver important department information straight to your inbox.

Visit our  
website

### LSU Pediatrics Announcements



#### Dr. Alexis Morvant Selected to Serve on NCHPC Pediatric Palliative Care Task Force

The American Academy of Hospice and Palliative Medicine has selected Dr. Alexis Morvant as a representative to serve on the National Coalition for Hospice and Palliative Care's Pediatric Palliative Care Task Force (PPC-TF). As part of the Task Force, she will identify field priorities, set field strategy, and coordinate with other organizations to route financial, human and other resources to ensure completion of key PPC activities. Dr. Morvant will serve a 2 year term. Read more about the Task Force [here](#).

#### SSPR Releases Call for Abstracts Volunteer Opportunity to Review Abstracts

SRM Abstract Submission Deadline -  
October 9 at 11:00pm CST

<https://srm2021.abstractcentral.com/>

The Council for the Southern Regional Meeting will hold their annual SSPR conference virtually February 25 - 27, 2021. Abstracts submissions are due October 9 at 11:00pm CST. Read the



Dr. Marcie Houser is asking for volunteers from the department to help review abstracts for the meeting. If interested in reviewing Pediatric clinical case reports, Adolescent and General Pediatrics abstracts, and Neonatology case reports, [email Dr. Houser](#).

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## Caring for LGBTQ Youth Training

**You're invited to participate in a training series targeted at increasing provider capacity to deliver inclusive and welcoming care to LGBTQ youth!**

This training will use a combination of live virtual sessions for engagement with the training staff and co-learners, and three self-paced training modules that deliver the core content of the training. This training is being conducted in partnership with Teen Health Mississippi.

### Live Webinar #1

**Purpose:** Discuss training expectations and prepare for LGBTQ 101

**Date/Time:** 9/2/20 OR 9/4/20 from 11:30 am to 1:00 pm (participants will be able to select which date they prefer to attend. More information on selecting a date will be provided after registration)

### LGBTQ 101: Getting the Basics (self-paced)

**Dates:** 9/7/20 to 9/27/20

### Live Webinar #2

**Purpose:** Recap LGBTQ 101 and prepare for LGBTQ 102

**Date/Time:** 10/2/20 from 11:30 am to 1:00 pm

### LGBTQ 102: A Deeper Dive (self-paced)

**Dates:** 10/5/20 to 10/25/20

### Live Webinar #3

**Purpose:** Recap LGBTQ 102 and prepare for LGBTQ 103

**Date/Time:** 10/30/20 from 11:30 am to 1:00 pm

### LGBTQ 103: Taking Action (self-paced)

**Dates:** 11/2/20 to 11/22/20

### Registration

To register, please email Carleigh Baudoin at [cbaud6@isuhsu.edu](mailto:cbaud6@isuhsu.edu)

## Continuing Education Credits

CNE: This training has been approved for nursing continuing education credits (RN, APRN) through Children's Hospital New Orleans.

CME: The Louisiana State University School of Medicine, New Orleans designates this live activity for a maximum of 9 *AMA PRA Category 1 Credits*<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

See printable flyer [here](#).

# LSU HEALTHY TIGERS PRESENTS *School Supply Drive 2020*

**DONATE**  
school supplies To

Dinerral Shavers Educational Fund's

**SOCIAL DISTANCE  
BACK TO SCHOOL**

*EXTRAVAGANZA*



**When:** August 24 to September 4

**Where:** Donation boxes will be available in the doctor's lounge, resident lounge and department of pediatrics office on State Street.

**For any questions or more information, e-mail Nikita at [nlanch@lsuhsc.edu](mailto:nlanch@lsuhsc.edu).**

Crayons, pencils, loose leaf paper, binders, pens, spiral notebooks, scissors, ruler, index cards, colored markers, glue sticks, bottles of glue, pocket folders, facial tissue, paper towels, backpacks, construction paper, highlighters, binder dividers, photo copy paper, erasers, colored pencils, pencil cases, composition notebooks, ring pens, dry erase markers, nap mats.

Supplies Needed: Crayons, pencils, loose leaf paper, binders, pens, spiral notebooks, scissors, ruler, index cards, colored markers, glue sticks, bottles of glue, pocket folders, facial tissue, paper towels, backpacks, construction paper, highlighters, binder dividers, photo copy paper, erasers, colored pencils, pencil cases, composition notebooks, red pens, dry erase markers, nap mats.

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**CDC COCA Call: 2020-2021 Influenza Vaccination  
Recommendations and Clinical Guidance  
during the COVID-19 Pandemic**

Find recent COCA talks regarding Covid-19 [here](#). All talks can be indexed and replayed. Thanks to Dr. Luke Wall for sharing!

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**The Adolescent Medicine Team Would Appreciate  
Your Feedback!**

The Adolescent Medicine Team is seeking information and feedback on the awareness and visibility of Adolescent Medicine services. We'd greatly appreciate it if you could take a few minutes to complete this brief survey.

Survey Link: <https://www.surveymonkey.com/r/R68FFQG>

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**Other Announcements**

Latest edition of LSU SOM's *The Pulse*. ([link](#))

NORC Initiative to Advance the Careers of Researchers from Groups Underrepresented in Academia (URiA) Schedule ([information](#))

New Vertebrate Animals Section (VAS) Online Training Module ([information](#))

LSU Proof-of-Concept Fund- LIFT2 Round 12 Announcement ([information](#))

Mentored Career Development (KL2) Program in Clinical and Translational Science ([information](#))

PAS Neonatology Summer Webinar Series ([information](#))

PAS Hospital-Based Medicine Summer Webinar Series ([information](#))

Importance of Time Certification ([information](#)) - learn more about why we

certify time each month!

Important Notice: P-Card Restrictions on AAP Purchases ([information](#))

Use of Non-LSUHSC Email ([information](#))

New Pre-Review for Grant Proposals service offered by LSU([information](#))

Several Avenues of Stats Support, Education and Consultation ([information](#))

Download the new Department Composites for this academic year!([Faculty](#), [Fellow](#), [Resident](#)).

## FACULTY DEVELOPMENT

*New video monthly*

August Video: *One Minute Preceptor*

Efficient teaching during our day to day clinical work **IS** possible. This short video demonstrates and breaks down the One Minute Preceptor technique for concise clinical teaching. Whether you're new to teaching or an old pro, adding more tools and techniques will help us all achieve excellence in our educational mission.

<https://vimeo.com/76305964>

If you are interested in other forms of Faculty Development, visit these websites:

- [LSU Pediatrics Faculty Development Page](#)
- [LSUHSC GME Medical Education Development Site](#)

For questions or comments regarding Faculty Development, please contact [Amy Creel](#).

## CHNOLA Announcements

**Construction Update:** Important Corridor Changes, ED Phase 2 Relocation, and Elevator Access to Inpatient Floors ([information](#), [map](#))

Latest edition of CHNOLA Employee E-News ([link](#))

COVID-19 Visitor Update ([information](#))

Latest COVID-19 Policies ([information](#))

## Upcoming Events

**Attention: Grand Rounds canceled this week**

## Department Wellness

Department Wellness Ambassador Jerussa Aita-Levy, MD and the Wellness Committee have compiled a list of helpful links and resources. Please take this time to focus on your wellness!

1. Dr. Amy Creel has created a shared file of **Childcare Resources** that can be accessed by all in the department. Please review, use and edit as you'd like! ([information](#))
2. Remember LSUHSC **Campus Assistance Program** (CAP) is here to help! ([information](#))
3. A great article about grief in this new version of our world ([information](#))
4. CAP's Advise on Dealing with Stress ([article](#))
5. 7 steps to help doctors reduce stress during the COVID-19 outbreak ([link](#))

**Recent Wellness Grand Rounds:** Dr. Gail Gazelle gave two important, immensely helpful lectures. If anyone missed it, check out her slides here ([Grand Rounds](#), [Noon Conference](#)). Dr. Gazelle included a free resource for our department: She leads a weekly Zoom clinician support group called "Helping Clinicians Thrive During COVID-19." The group is for physicians and advanced practice clinicians like you to build community and resilience during this time. Sessions are on Wednesdays, 3:30-4:30 PM CST. Click the link below to download a calendar attachment or simply join us at <https://zoom.us/j/92100651837>.

**Bootcamp Class:** Children's Hospital's bi-weekly bootcamp class is back in-person on Thursdays! Starting Thursday, June 18, Krewe du Crossfit's free **Thursday** classes for Children's Hospital and LCMC Health employees will be in-person and not casted on Zoom. **Tuesday** classes will remain virtual and accessed through this [Zoom link](#). **Saturday** classes start at 9:30am and costs \$10 (combined yoga and bootcamp). Saturday Zoom info: zoom ID: 930503841, password: krewe.

### Free apps and websites to keep you physically and mentally fit:

**Peloton App:** stream spin, run, walk, strength, stretching, bootcamp, yoga and meditation over an extended 90 day trial ([information](#)).

**Pure Barre OD:** 60 day free trial with Code: EXTENDED TRIAL ([information](#))

**Shira Kraft, Pilates Instructor:** 30 minute session on youtube ([information](#))

**Beachbody:** Free sample workouts ([information](#)); also offering a free 14-day trial of their on demand service.

**Yoga:**

Yoga with Adriene ([YouTube channel](#))

Fight Master Yoga ([YouTube channel](#))

Fitness Marshall ([YouTube channel](#))- for those who like dancing

Yoga for Kids! Cosmic Kids Yoga ([YouTube channel](#))

**Meditation:**

**Free Headspace Plus** for all US Healthcare Workers ([information](#)) Use this meditation tool to de-stress to get a healthy perspective.

**Ten Percent Happier:** ([information](#)) free access to app for healthcare workers

Find more discounts and freebies for healthcare workers including resources for mental and physical health [here](#).

## Department Anniversaries

The following employees celebrate another year with the department this month. Thank you for your continued service to LSU Pediatrics!

Diego Aviles, 26 years

Hong Xin, 22 years

Gary Duhon, 21 years

Jerussa Aita-Levy, 20 years

Caroline Straatmann, 5 years

Nihal Godiwala, 4 years

Elizabeth Wisner, 3 years

James Krulisky, 2 years

Alexis Morvant, 2 years

Andrew Abreo, 1 year

Colleen LeBlanc, 1 year

Rebecca Taliacich, 1 year

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Looking for old newsletters?

View the *Tuesday Tidbits* archive on the department's website. ([link](#))

Submit information to the next Tuesday Tidbits

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