

Cultural Awareness Bulletin

Brought to you by the Committee for Diversity, Equity, Inclusion, & Belonging
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Short on time? Read this page in less than 2 minutes! Interested in learning more?
Links to each resource are provided below.

Racial Justice Leaders Are Reeling From the 'Hypocrisy' in the Police Response to the US Capital Riots

Source: Nicole Chavez
(Columnist with CNN)

“I think what the events of this week have shown us is that there have always been multiple Americas,” said Alicia Garza, the co-founder of Black Lives Matter Global Network. “There’s been an America that we read about in history books – a romantic America that is made of fairy tales. And then there’s America that some of us live in – an America where the rules have been rigged against us for a very long time.”

<https://www.cnn.com/2021/01/08/us/police-response-black-activists-reaction/index.html>

2021 Black History Month Virtual Festival

Source: Association for the Study of African American Life & History

The theme for Black History Month 2021 is *The Black Family: Representation, Identity, and Diversity*.

“While the role of the black family has been described by some as a microcosm for the entire race, its complexity as the “foundation” of African American life and history can be seen in numerous debates over how to represent its meaning and typicality from a historical perspective – as slave or free, as patriarchal or matriarchal/matrifocal, as single-headed or dual-headed household, as extended or nuclear, as fictive kin or blood lineage, as legal or common law, and as black or interracial, etc.”

Join the ASALH for their virtual festival.

<https://asalh.org/festival/>

A Pathway to Mending our Hearts and Bodies

Source: *The Goop* podcast

“Resmaa Menakem is a trauma specialist and the New York Times – bestselling author of *My Grandmother’s Hands*, which examines how racial trauma is deeply embedded in the body. He joins Elise Loehnen today to discuss his work as a somatic healer, what he believes will happen nine generations from now, and why it’s not possible to “think” your way out of White supremacy.”

<https://podcasts.apple.com/us/podcast/the-goop-podcast/id1352546554?i=1000503298762>

We welcome any resources for our next issue! Please contact Nathan Brown, Psy.D. at nbro10@lshusc.edu or Sandy Hyatt, Psy.D. at shyatt@lsuhsc.edu.