

Jennifer B. Hughes, PhD.
Licensed Clinical Psychologist, LA1313
Assistant Professor, LSUHSC Department of Psychiatry

EDUCATION

<i>University of California at Santa Barbara</i> Department of Counseling, Clinical, and School Psychology (CCSP) Doctor of Philosophy Dissertation Title: <i>Parental Substance Abuse and Child Neglect: Experience in a Family Treatment Drug Court</i> Dissertation Advisor: Dr. Merith Cosden	09/2014
<i>University of California at Santa Barbara</i> M.A. in Counseling Psychology	06/2011
<i>University of Colorado, Boulder</i> B.A. in Psychology and Spanish <i>Magna Cum Laude</i> , with Honors and Distinction	08/2006

LICENSES AND CERTIFICATIONS

<i>Louisiana Licensed Clinical Psychologist, LA1313</i> Issued October 23, 2015
<i>Autism Diagnostic Observation Schedule, Second Edition (ADOS -2)</i> Clinical Certification Issued November 17, 2015
<i>Certificate in Infant Mental Health Treatment</i> Issued June 30, 2014

AWARDS AND EDUCATIONAL HONORS

• Outstanding Researcher Award - Awarded by the Department of CCSP	2013
• National Institute on Drug Abuse Early Career Investigator Award, Sponsored by NIAAA and APA Divs 28 & 50	2013
• Society of Counseling Psychology, APA Div. 17 Travel Grant	2013
• CCSP Graduate Student Travel Grant	2010 – 2013
• Ray E. Hosford Award for Excellence in Professional Behavior - Awarded by the Department of CCSP	2011
• Ray E. Hosford Hero Award for Clinical Contributions - Awarded by the Department of CCSP	2010, 2011
• Innovative Evaluation Research Award – Awarded by the University of California Educational Evaluation Center	2011
• National Collaborative Leadership Award – Awarded by the National Alliance for Drug Endangered Children	2011
• Phi Beta Kappa Honor Society	2006
• University of Colorado Honors Program: Magna Cum Laude	2005-2006
• University of Colorado Dean’s List: 7 Semesters	2002-2006

LANGUAGES

- English – native language
- Spanish– speak, read, and write proficiently

STUDENT MEMBERSHIPS

- Phi Beta Kappa National Honor Society
- American Psychological Association
- Association for Psychological Science

CLINICAL EXPERIENCE

Louisiana State University Health Sciences Center, Department of Psychiatry

Assistant Professor

Clinical professorship with an emphasis in infant mental health and integrated care. In collaboration with Dr. Kristin Callahan, I am

working to develop an infant mental health program in local primary clinics affected by numerous natural disasters and community level violence. I have participated in both the program development and clinical service aspects of this new program. Clinically, I provide direct services to clinic patients using a short-term infant mental health model. I conduct therapy in both English and Spanish to children ages 0-6 and their families and run a Spanish-speaking young child playgroup for children ages 0-5 and their mothers. Services for Spanish-speaking patients are provided to individuals of all ages. Dr. Callahan and I are also developing a brief psychological assessment service in the primary clinics, which will provide these services to children ages 0-18. Additional training experiences include the provision of long-term infant and specialty mental health services in a local outpatient clinic and school-based services in a local elementary school, providing reflective supervision and consultation services to local Head Start centers, and providing forensic evaluation and treatment services with the LSU Infant Team.

**05/2016-
Present**

Louisiana State University Health Sciences Center, Department of Psychiatry

Infant Mental Health Postdoctoral Fellow

Clinical postdoctoral fellowship with an emphasis in infant mental health. In collaboration with Dr. Kristin Callahan, I am working to develop an infant mental health program in local primary clinics affected by numerous natural disasters and community level violence. I have participated in both the program development and clinical service aspects of this new program. Clinically, I provide direct services to clinic patients using a short-term infant mental health model. I conduct therapy in both English and Spanish to children ages 0-6 and their families and run a Spanish-speaking young child playgroup for children ages 0 - 5 and their mothers. Dr. Callahan and I are also developing a brief psychological assessment service in the primary clinics, which will provide these services to children ages 0-18. Additional training experiences include the provision of long-term infant and specialty mental health services in a local outpatient clinic and school-based services in a local elementary school, providing reflective supervision and consultation services to local Head Start centers, and providing forensic evaluation and treatment services with the LSU Infant Team .

Supervisor: Rick Costa, PsyD .

**07/2014-
05/2016**

Louisiana State University Health Sciences Center, Department of Psychiatry

Child/Adult Predoctoral Intern

Conducted individual and family and integrated psychological assessment with a diverse population of children and adolescents ages 0 -18 presenting with a range of clinical issues. Child and family therapy and assessment services were provided in outpatient specialty mental health clinics. Therapy interventions included play/sand tray therapy, art therapy, Trauma Focused CBT, and Dialectical Behavioral Therapy. A subspecialty track in Infant Mental Health was completed in which I was trained and certified in the use of Child Parent Psychotherapy (CPP) with young children affected by trauma and their parents or caregivers. Adult services were provided in an inpatient psychiatric hospital and included group therapy, assessment services, and short-term individual therapy.

Supervisors: Joy Osofsky, PhD., Amy Dickson, PsyD.,
Richard Costa, PsyD.

Selection of assessments administered while on internship:

Cognitive/Neuropsychological

- Wechsler Scales (WPPSI-IV, WISC-V, WAIS-IV, WASI)
- Woodcock Johnson – III
- Mullen Scales of Early Learning
- VMI
- PPVT – 4
- EVT-2
- IVA+Plus CPT
- RBANS

Parent-Child Interaction

- Crowell Tool Task
- Still Face Assessment

Personality/Diagnostic

- Rorschach
- MMPI – II/MMPI-A
- PAI/PAI – A
- TAT
- RAT - 2
- Children’s Sentence Completion Task
- BASC – 2
- CBCL
- Connors 3
- TSI/TSCC/TSCYC
- PSI

**07/2013-
06/2014**

Child Abuse Listening and Mediation

Psychological Assistant – Registration# PSB-36258

**09/2011-
08/2012**

Conducted individual and family therapy with a diverse population of English- and Spanish-speaking children and adolescents ages 5 -18 affected by child maltreatment using play/sand tray therapy, art therapy, and Trauma Focused CBT. Facilitated group therapy with teens ages 11-13 affected by domestic violence. Developed and implemented a DBT group for at-risk teens in out-of-home care (ages 14-16). Conducted individual therapy with adult clients using Trauma - Focused Narrative Interventions (Skills Training in Affective and Interpersonal Regulation) and Dialectical Behavioral Therapy (DBT) to address emotional regulation, trauma histories, and substance abuse problems. Administered periodic assessments to all clients to assess for treatment progress and areas of additional growth. Clinical work was conducted at the agency and in the field.

Supervisor: Jessica Adams, PhD.

Hosford Counseling and Psychological Services Clinic

Therapist

**06/2010-
06/2011**

Individual and family therapist with adolescent and adult clients presenting with a wide variety of psychological needs. Conducted individual, couple, and family intake interviews in English and Spanish, completed integrated assessment reports, and presented case conceptualizations to clinic supervisors for case assignment. Treatment concerns included trauma histories and mood, anxiety, and personality disorders. Treatment and case conceptualization was approached using a short-term psychodynamic model in conjunction with cognitive - behavioral techniques as appropriate.

Supervisors: Steve Smith, PhD., Merith Cosden, PhD.

Child Abuse Listening and Mediation

Assessment Specialist

**09/2009-
09/2011**

Scored psychological measures at client intake, follow -up, and termination, and wrote interpretive reports with treatment recommendations. Conducted trainings for clinical staff to ensure assessments were administered in a valid and reliable fashion. Assessments commonly used include the TSI, TSCC/TSCYC, CBCL/YSR, PSI, AAPI-2, Conflict Tactics Scale, Eyberg Child Behavior Inventory, and the Child Sexual Behavior Inventory.

Supervisor: Jessica Adams, PhD.

Psychology Assessment Center

Assessment Clinician

**09/2009-
06/2013**

Conduct integrated assessments with English - and Spanish-speaking child, adolescent, and adult clients presenting with a variety of clinical concerns. Presenting problems include attention difficulties, mood, anxiety, and personality disorders, neuropsychological problems, and learning disorders. Assessments used:

Cognitive/Neuropsychological

- WAIS – IV
- WIAT – III
- WJ – III
- DAS – II
- NAB
- VMI
- PPVT – III
- Rey Complex Figure Test
- Connors' CPT – II
- Wisconsin Card Sorting Test
- CVLT
- Stroop Color-Word Test
- CTMT
- FAS – Animals

Personality

- Rorschach
- MMPI – II
- PAI/PAI – A
- TAT
- PIC/PIY – 2
- RAT
- Children's Sentence Completion
- BASC – 2

Supervisors: Andrea Gurney, PhD., Steve Smith, PhD., Larry Bascom, PhD., Jordan Witt, PhD.

Mental Health Center of Boulder and Broomfield Counties

Staff Youth Advocate

Conducted individual therapeutic interventions with at-risk children and adolescents. Clients presented with moderate to severe emotional and/or behavioral problems, and many were placed in out-of-home care. Interventions were informed by a positive psychology theoretical orientation, and included evidenced based treatments such as Functional Family Therapy. Collaborated closely with the therapeutic outpatient team, child welfare services, other agency providers, and families to facilitate treatment progress. Received weekly individual and group clinical supervision. Formal trainings received through the agency included Cultural Competency, Adoption Interventions, Suicide Assessment and Prevention, Facilitation of COPE Parenting Class, and Strength Based Treatment.

Supervisor: Marnie Huffman -Green, MSW

**06/2005-
08/2008**

Casa Hogar de los Angeles, San Miguel de Allende, México

Child Care Volunteer

While studying abroad, engaged in volunteer work in an orphanage in Mexico. Worked closely with staff, caregivers, single mothers, and children. Helped provide meals, medical care, emotional support, and psycho-education for mothers and children ages 2 to 17. Gained experience in multicultural treatment and providing services in Spanish.

08/2004

SUPERVISION EXPERIENCE

Louisiana State University Health Sciences Center, Department of Psychiatry

08/2014-

Infant Mental Health Postdoctoral Fellow

Assisted Drs. Joy Osofsky and Amy Dickson with group supervision of Harris Infant Mental Health Fellows, which consisted of a multidisciplinary group of psychology predoctoral interns, psychiatry residents, and social work interns. Supervision included the review of video-taped therapy sessions with verbal case discussions and feedback. Individual supervision/consultation sessions were scheduled with Harris fellows on an as needed basis.

Present

Provide weekly individual supervision for a PGY3 LSUHSC psychiatry resident, focusing on individual adult cases. Diagnoses include Borderline Personality Disorder, PTSD, Anxiety, and Relational Problems.

Hosford Counseling and Psychological Services Clinic

Student Outreach and Assessment Supervisor

Duties included assisting clinic director with community outreach and advertising, maintaining assessment databases, and implementation of the assessment procedures. Also conducted phone intakes in English and Spanish, supervised and conducted clinical intakes, supervised decisions regarding diagnostic impressions, and maintained client billing information. Provided consultation, supervision, and feedback to clinic therapists, and provided crisis intervention and support. Worked closely with faculty supervisors and participated in weekly staff meetings to discuss case assignments.

Supervisor: Heidi Zetzer, Ph.D.

**06/2012-
09/2012**

Hosford Counseling and Psychological Services Clinic

Student Supervisor / Teaching Assistant

Assisted faculty supervisors with group and individual in vivo supervision of practicum therapists. Duties included participating in supervision, collecting relevant readings and resources to facilitate the growth and knowledge of practicum therapists, and supporting faculty supervisors with clinic-related paperwork, policies, and procedures.

Supervisors: Steve Smith, PhD., Merith Cosden, PhD.

**09/2011-
06/2012**

TEACHING EXPERIENCE

University of California at Santa Barbara

Guest Lecturer – Practicum in Applied Psychology

- “Parent-Student Communication for Families who Did and Did Not Receive Parental Notifications of their Student’s Illegal Alcohol-Use”
- “Providing Trauma-Informed Substance Abuse Treatment for Men and Women”
- “Parental Notification of College Students’ Illegal Alcohol - Use: Correlates and Consequences”

Instructor of Record: Dr. Matthew Quirk

Teaching Assistant – Professional Organizations

Collaborated on curriculum development, met with students upon request, and graded all written work, including final exam papers.

Instructor of Record: Dr. Merith Cosden

11/2012

12/2011

09/2011

**09/2011-
12/2011**

TRAININGS PROVIDED

Louisiana State University Health Science Center

Postdoctoral Trainer Facilitator and Speaker

- “Head Start Trauma Smart: Exploring a Trauma -Informed Approach to Early Childhood Education - A training for Lafourche Head Start teachers, support staff, and administrators.

02/2016

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- "Child Development and Trauma" – A training for Lfourche Head Start teachers, support staff, and administrators. **08/2015**

University of California, Santa Barbara

Training Facilitator and Speaker

- Developed and implemented annual trainings on the administration and scoring of the *Addiction Severity Index* for clinical providers using the tool in therapeutic outpatient and inpatient treatment settings. **09/2009-09/2012**
- "Improving the Mentor Relationship: Strategies for Building Rapport and Working with Adolescents" – A training for UCSB undergraduate psychology students mentoring at -risk adolescents in Santa Barbara **08/2010, 08/2012**

Child Abuse Listening and Mediation

Training Facilitator and Speaker

- "Family Drug Treatment Courts in Santa Barbara County" – Cross-site training for clinical staff and board members on the current status of the Santa Barbara County Family Drug Treatment Court. **04/2012**
- "LGBT Training for CALM Staff" – Cross-site training for clinical staff on interventions and therapeutic considerations when working with the LGBT population. **06/2012**
- "Military Families: Current Research and Practice" - Cross-site training for clinical staff on interventions and therapeutic considerations when working with military clients and their families **10/2011**
- "Periodic Assessments, 101" - Cross-site training for clinical staff to improve reliable and valid administration of standardized psychological assessments. Staff was also trained in the basics of therapeutic feedback. Assessments covered included the TSI, TSCC/TSCYC, CBCL/YSR, PSI, AAPI-2, Conflict Tactics Scale, Eyberg Child Behavior Inventory, and the Child Sexual Behavior Inventory **09/2010**

RESEARCH EXPERIENCE

University of California, Santa Barbara

Graduate Student Researcher

Assisting principle investigator of multiple SAMHSA grants with evaluation of treatment delivery, client progress, and client satisfaction with clinical services. Lead GSR for the SAMHSA funded Children Affected by Methamphetamine grant (SAMHSA Grant ID: TI023287). Job responsibilities include: coordinating a continuum of services for substance-abusing parents and their affected children, collaboration with other grantees and attendance to monthly oversight meetings, biannual reporting, database creation, data entry and analysis, initiating assessment process, and quality assurance for cross-site evaluation through training of clinical providers, conducting satisfaction surveys with program participants, and training grantees to administer assessments. Additional duties include creating and presenting grant findings for annual site visits and national conferences.

09/2009 – 06/2014

Dissertation Title: *Parental Substance Abuse and Child Neglect: Experience in a Family Treatment Drug Court*

**Defended
October,
2014**

The present study is exploring the relationship between parental substance abuse, trauma, and child neglect in a sample of 51 families enrolled in a Family Treatment Drug Court. It is hypothesized that children of parents with more severe substance abuse problems, trauma histories, and trauma symptoms at intake will be at greater risk of experiencing child neglect and will experience more severe neglect than will other children. It is also hypothesized that the severity of parental substance abuse will mediate the relationship between parental trauma and the neglect of their children.

Masters' Thesis Title: *Parent-Student Communication for Families Who Did and Did Not Receive Parental Notifications of their Students' Illegal Alcohol -Use*

**Approved
November,
2010**

While many colleges and universities use "parental notification" to inform parents of students' alcohol use, the impact of this intervention on student and parent behavior is unclear. Surveys were obtained from 326 parents of university undergraduates, 56 of whom had received a notification. Parent responses to the notification were largely positive, while the association of notification to parent and student drinking and to the quality of parent-student communication on alcohol and other topics was also investigated. This impact of parental notification on parents and students and the importance of parental involvement with college students are discussed.

*University of Colorado and the Children's Hospital of Denver
Fostering Healthy Futures at the Kempe Center for the
Prevention and Treatment of Child Abuse and Neglect*

Professional Research Assistant

Professional Research Assistant for Dr. Heather Taussig on a multisite, NIMH- funded randomized controlled trial of an intervention for children who have been placed in out of home care because of child abuse or neglect. Duties included collaborating with clinical and research teams, collecting data through in-home standardized interviews with youth and caregivers, coding, entering, and cleaning qualitative and quantitative data, conducting literature reviews, organizing research records, and office management.

**08/2008-
08/2009**

*University of Denver
Adolescent Mood Project*

Research Assistant

Research assistant for Dr. Stephen Shirk on an NIMH -funded clinical trial of a school-based clinical CBT intervention for depressed adolescents who have experienced interpersonal trauma. Duties included coding therapy tapes, scoring and coding data sets, organizing research data and records, and participating in weekly lab meetings with the principal investigator and graduate students. Additional responsibilities included recruiting and coordinating subjects, and facilitating their experimental trials; including interviewing and administering standardized measures.

**06/2006-
07/2009**

State University of New York at Buffalo

Summer Treatment Program at the Center for Children and Families

Research Counselor

Research counselor for Dr. William Pelham on a multisite NIMH and SAMHSA funded state of the art treatment program for children with ADHD named as a Model Program for Service Delivery, and recipient of the CHADD Innovative program of the year. Duties included administering the treatment protocol to all children in the randomized controlled clinical trial, and collecting, recoding, restructuring, and cleaning the behavioral data. Data was used by our team for research and assessment of individual and group - based behavioral modification procedures, determining reasons for lack of treatment progress, and monitoring the children's behavior change following the intervention.

06/2007-
08/2007

PUBLICATIONS AND PROFESSIONAL PRESENTATIONS

Publications:

- Osofsky, J., Hansel, T., Moore, M., Callahan, K., & **Hughes, J.** (In Press). The Trauma of Hurricane Katrina: Developmental Impact on Young Children. *The Zero to Three Journal*.
- Cosden, M., Gauthier, J., & **Hughes, J.** (2013). College students' perspectives on parental notification and parent -student communication on student alcohol use. *Journal of Student Affairs Research and Practice*, 50(1), 416-431.
- Cosden, M. & **Hughes, J.** (2012). Parents' Perspectives on Parental Notification of College Students' Alcohol Use. *Journal of Student Affairs Research and Practice*, 49(1), 51-64.

Professional Reports:

- Doyel, J., Cosden, M., & **Hughes, J.** (2012, April) . *Children Affected by Methamphetamine Grant Biannual Report*. Washington, DC: Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Treatment.
- Doyel, J., Cosden, M., & **Hughes, J.** (October, 2012). *Children Affected by Methamphetamine Grant Biannual Report*. Washington, DC: Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Treatment.
- Doyel, J., Cosden, M., & **Hughes, J.** (2011, April). *Children Affected by Methamphetamine Grant Biannual Report*. Washington, DC: Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Treatment.

Curricula:

- Hughes, J.** (2011, March) . *HOPE Specialists and Intimate Partner Violence* . Curriculum created for the Critical Time Intervention for Women Prisoners Returning to Rural Communities: HOPE Specialist Manual.

Professional Presentations:

- Gauthier, J., **Hughes, J.**, & Cosden, M. (2013, August). College students' perspectives on parental notification and parent -student communication on student alcohol use. Poster Presentation at the American Psychological Association Annual Conference, Honolulu, HI.
- Lepore, C., **Hughes, J.**, Larsen, J., & Cosden, M. (2013, August). Three models of drug treatment courts: Trauma-informed, family, and veteran. Symposium Presentation at the American Psychological Association Annual Conference, Honolulu, HI.

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- Lepore, C., **Hughes, J.**, & Cosden, M. (2013, August). Positive memories, trauma, and treatment outcome in a drug court. Poster Presentation at the American Psychological Association Annual Conference, Honolulu, HI.
- Hughes, J.** (2013, March). Tribunales de tratamiento de drogas: La implementación y evaluación de un TTD en los Estados Unidos. Symposium Presentation at the Taller sobre Viabilidad del Modelo de Tribunales de Tratamientos de Drogas.
- Cosden, M., Lepore, C., & **Hughes, J.** (2012, June) . Trauma-informed treatment for drug court participants: Implementation, outcomes, and consumer perspectives. Symposium presentation at the Annual Training Conference for the National Association of Drug Court Professionals , Nashville, TN.
- Hughes, J.**, Cacaes, J., & Montoya, J. (2012, June). El octavo componente clave. Symposium presentation for the International Delegation at the Annual Training Conference for the National Association of Drug Court Professionals, Nashville, TN.
- Larsen, J., Gauthier, J., **Hughes, J.**, & Cosden, M. (2012, May). *Do the Needs of Veterans and Civilians Differ in a Drug Treatment Court?* Poster Presentation at the Association for Psychological Science Conference, Chicago, IL.
- Cosden, M., **Hughes, J.**, Drake, D., & Haro, L. (2011, September). Trauma - Informed Substance Abuse Treatment: Impact on Women and their Children. Symposium presentation at the National Conference on Substance Abuse, Child Welfare, and the Courts, Washington, DC.
- Hughes, J.**, Cosden, M. (2011, August). *Parental Notification of College Students' Illegal Alcohol-Use: Correlates and Consequences.* Poster Presentation at the American Psychological Association Annual Convention, Washington, DC.
- Donahue, M., Hopsicker, R., & **Hughes, J.** (2011, August). Providing Trauma-Informed Substance Abuse Treatment: Residential and Outpatient Programs and Outcomes. Symposium at the American Psychological Association Annual Convention, Washington, DC.
- Hughes, J.** (2010, November). Parental Notification of College Students' Illegal Alcohol-Use: Correlates and Consequences. Presented at the Annual Counseling, Clinical, and School Psychology Research Festival.
- Hughes, J.**, Lopez, A., & Cosden, M. (2010, October). Providing Trauma -Informed Substance Abuse Treatment for Men and Women. Symposium presentation at the California Department of Alcohol and Drug Programs Conference, Sacramento, CA.
- Donahue, M., Hopsicker, R., Benki, C., **Hughes, J.**, and Cosden, M. (2010, August). *Differences Between Men and Women in Trauma -Informed Substance Abuse Treatment.* Poster Presentation at the American Psychological Association Annual Convention, San Diego, CA.

REFERENCES

Joy Osofsky, PhD., Paul J. Ramsay Chair of Psychiatry, Departments of Pediatrics and Psychiatry, LSU Health Sciences Center; 504-296-9011; [josofs@lsuhsc.edu](mailto:jsofs@lsuhsc.edu)

Amy Dickson, PsyD., Assistant Professor of Clinical Psychiatry, LSU Health Sciences Center Department of Psychiatry; (504) 903-9213; adicks@lsuhsc.edu

Richard Costa, PsyD., MP, Assistant Professor of Clinical Psychiatry, LSU Health Sciences Center; (504) 491-0489; rcosta@lsuhsc.edu

Merith Cosden, PhD., Professor and Chair – Department of Counseling, Clinical, and School Psychology, University of California, Santa Barbara ; 805-893-2370; cosden@education.ucsb.edu

Steven Smith, PhD., Assistant Professor, Department of Counseling, Clinical, and School Psychology, University of California, Santa Barbara, Santa Barbara, CA; 805-893-5772; ssmith@education.ucsb.edu

Jessica Adams, PhD., Director of Psychological Programs, Child Abuse Listening and Mediation, 1236 Chapala Street, Santa Barbara, CA 93101; 805-965-2376; jadams@calm4kids.org
