



CURRICULUM VITAE
Richard N. Costa, Psy.D., M.P.

Current Title: Clinical Assistant Professor of Psychiatry

Business Address: LSU Health Sciences Center School of Medicine
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Education:

Undergraduate:

(1990-1994) University of Massachusetts at Dartmouth, Bachelor of Arts

Graduate:

(1996-1998) Georgia School of Professional Psychology at Argosy University, Atlanta, GA, Master of Arts in Clinical Psychology

(1997-1998) Diagnostic Practicum Student
Emory University School of Medicine, Department of Child and Adolescent Psychiatry, Atlanta, GA, Diagnostic Practicum Student

(1998-1999)
The Hub Counseling & Education Center, Tucker, GA, Therapy Practicum Student

(1999-2000)
Emory University School of Medicine, Grady Health System, Department of Pediatrics: Hughes Spalding Children's Hospital & Georgia Comprehensive Sickle Cell Center, Atlanta, GA, Advanced Practicum Student

(1998-2002) Georgia School of Professional Psychology at Argosy University, Atlanta, GA, Doctor of Psychology in Clinical Psychology

(2009-2011) California School of Professional Psychology at Alliant International University, Baton Rouge, LA, Postdoctoral Master of Science Program in Clinical Psychopharmacology

Internship:

(2000-2001) Louisiana State University Health Sciences Center School of Medicine, Department of Psychiatry, New Orleans, LA

Post-Doctoral Fellowship in Clinical Psychology and Infant Mental Health:
(2002-2003) Louisiana State University Health Sciences Center
School of Medicine, Department of Psychiatry, New Orleans, LA

Honorary Clinical Fellowship:
(2001-2002) New Orleans Psychoanalytic Institute and Society,
New Orleans, LA

Other:

(1993) Certification in Rape Crisis Hotline Training
New Bedford Women's Center, Inc., New Bedford, MA

(1995) Certification of Authority to Administer Medication
Commonwealth of Massachusetts Department of Health, Fall River,
MA

(1998) HIV Prevention Counseling Certification
Georgia Department of Human Resources, Division of Public Health
(Epidemiology and Prevention Branch), Atlanta, GA

(2001) Hospice Volunteer Training Course
Hospice Care of Louisiana, New Orleans, LA

(2010-2011) **Classical Theory in Psychoanalysis Course,**
New Orleans/Birmingham Psychoanalytic Center, New Orleans, LA

Licensure:

11/14/2003 Louisiana State Board of Examiners for Psychologists
Clinical Psychology Louisiana State License #946

03/07/2012 Louisiana State Board of Examiners Medical Psychology, Louisiana
State License #MP0022

Academic, Professional, and Research Appointments:

11/1992 to 08/1994 Research Assistant, University of Massachusetts at Dartmouth,
North Dartmouth, MA

06/1993 to 07/1994 Relief Counselor, Meadowridge Behavioral Health Center,
Swansea, MA

07/1994 to 05/1995 Mental Health Support Counselor, Hyland House, Inc., Fall River,
MA

05/1995 to 08/1996 Case Monitor, Harvard Pilgrim Health Care of New England
(HPHC) & Brown University, Providence, RI

- 06/1998 to 08/1998 Violence Recovery Program Extern, Fenway Community Health Center, Boston, MA
- 06/1999 to 06/2000 Research Assistant, Grady Adolescent Knowledge & Adjustment Study, Emory University School of Medicine, Grady Memorial Hospital Pediatric Infectious Disease Program, Atlanta, GA
- 07/1999 to 02/2000 REACH (Rapid Evaluation & Clinical Help) Assessment Clinician, Emory University West Paces Medical Center Department of Behavioral Health Services, Atlanta, GA
- 01/2001 to 07/2003 Research Associate: Job Stress Related Hypertension Study, Louisiana State University Health Sciences Center School of Medicine Departments of Psychiatry & Nephrology, New Orleans, LA
- 07/2001 to 07/2003 Clinical Psychology and Research Fellow, Louisiana State University Health Sciences Center School of Medicine Department of Psychiatry: Section of Psychology, Department of Neurology and Epilepsy Center of Excellence, New Orleans, LA
- 12/2003 to 03/2012 Assistant Professor of Clinical Psychiatry, Louisiana State University Health Sciences Center School of Medicine, Department of Psychiatry, New Orleans, LA
- 03/2012 to Present Consulting Clinical and Medical Psychologist, RENEW Science and Technology Academy, New Orleans, LA
- 04/2012-Present Clinical Assistant Professor of Psychiatry, Louisiana State University Health Sciences Center School of Medicine, Department of Psychiatry, New Orleans, LA
- 10/2012 to 12/2014 Private Practice Clinician, Owner & Manager, Center for Emotional Health & Wellness, LLC, New Orleans, LA
- 07/2015 to Present Consulting Clinical and Medical Psychologist, KIPP New Orleans Pubic Charter Schools, New Orleans, LA

Membership in Professional Organizations:

- Member Louisiana Psychological Association
Member New Orleans/Birmingham Psychoanalytic Center
Member National Register of Health Services Providers in Psychology
Member Louisiana Academy of Medical Psychologists

Awards and Honors:

Inducted June, 1994 Psi Chi, the National Honor Society in Psychology

TEACHING EXPERIENCE AND RESPONSIBILITIES:

Predocutorial Internship and Postdoctoral Fellowship Directorships in Psychology/ Curriculum Development/Implementation:

10/2005-10/2011 Director of Predocutorial Clinical Psychology Internship Training Program, Louisiana State University Health Sciences Center School of Medicine, Department of Psychiatry, New Orleans, LA,

Established, developed, and oversaw all aspects of predocutorial internship program including establishment of curriculum, recruitment, training, supervision, and evaluation of all psychology interns in Adult/Child, Infant/Child, and Adult Psychology internship training tracks in this APA-accredited training program. Following hurricane Katrina prepared the curriculum that allowed for the reestablishment of the infant child, adult child accredited program and established a new adult psychology accredited training program. Developed weekly case conference series where trainees presented formal clinical cases conceptualized in various schools of thought including psychodynamic, cognitive-behavioral, family systems, and/or multicultural perspectives. Provided clinical instruction in topics including child and elder abuse reporting, clinical and reflective supervision, ethics in psychology, and multicultural counseling.

06/2015-Present Associate Director of Postdoctoral Fellowship Training Program, Louisiana State University Health Sciences Center School of Medicine, Department of Psychiatry, New Orleans, LA

Provide clinical supervision to postdoctoral psychology fellows, psychiatry residents, and research associates overseeing all aspects of their clinical and research duties. Developed/implemented and coordinate postdoctoral training weekly didactics series focusing on case consultations/conceptualizations as well as evidence-based practices in primary care clinic and school settings.

Formal Course Responsibilities:

01/1994-05/1994 Physiological Psychology and Psychopharmacology Teaching Assistance: University of Massachusetts at Dartmouth, Dartmouth, MA

Tutored undergraduate and graduate students enrolled in these courses and provided study skills and test anxiety coping skills instruction.

Summer of 1999 Graduate Instructor: Child & Adolescent Assessment Teaching Assistant and Laboratory Section: Argosy University Atlanta, Georgia School of Professional Psychology, Atlanta, GA

Taught laboratory section to doctoral-level students in the Child and Adolescent Assessment course. Created syllabus and provided instruction about appropriate use and integration of assessment tools and data. Promoted students' mastery of skills via observation and hands-on training in interviewing, test administration, scoring, test

interpretation, and psychological report writing.

Departmental/Interdisciplinary Teaching Conferences:

- 2003-Present Irving Harris Infant Mental Health Didactics Weekly Training Series, Louisiana State University Health Sciences Center School of Medicine, Department of Psychiatry, New Orleans, LA
- 2004 to Present Topics in Clinical Psychology/Ethics and Various Issues Didactics Seminar, Louisiana State University Health Sciences Center School of Medicine, Department of Psychiatry, Section of Psychology, New Orleans, LA

Predoctoral, Post-Doctoral, Graduate or Post-Residency Fellows Trained:

- (2005-2006) Christina Hall and Elizabeth McEnany
(2006-2007) Adrienne Brennan and James Smith
(2007-2008) Adrienne Brennan, Jonathan Ridenour, Tricia Doud, Amy Henke, and Anjali Sadhwani
(2008-2009) Michelle Moore, Phillip Stepka, Aaron Armelie, Sharonda Ayers, Ariel Lloyd, and Lavonda Mickens
(2009-2010) Michelle Moore, Lisa Schuster, Dana O'Hoyt, Emily Caster, Courtney Lewis, Kelly Gerhardstein, and Juliet Dinkins
(2010-2011) Kelly Gerhardstein, Michael Polito, Anne Ciccone, Kulvadee Thongpibul, Jennifer Strickland, Andrew Cox, and Celia Heppner
(2011-2012) Chikira Barker, Crystal Balfour, Elesia Hines, Andrea LaPlante, Taronish Irani, and Sara O'Neil
(2012-2013) Anne Ciccone, Kulvadee Thongpibul, Brooke Anderson, Emily Silverman, and Cristina Shaheen
(2013-2014) Jennifer Hughes and Christina Danko
(2014-2015) Jennifer Hughes, Lindsay Poe, Allyn Rodriguez, Allison Palmisano and Cristina Schock
(2015-2016) Jennifer Hughes, Lindsay Poe, Gregory Fassnacht, Rebecca Graham, Allison Palmisano, Megan Brokenborough, Elliott Lacki and Trang Pham-Smith

RESEARCH AND SCHOLARSHIP:

Journal Publications:

Refereed

Costa, R. & Hayes-Hammer, J. (2004). Examining the duty to warn in HIV psychotherapy cases. *HIV Clinician*, 16 (1), 6-8.

Butterbaugh, G., Olejniczak, P., Roques, M., **Costa, R.**, Rose, M., Fisch, B., Carey, M., Thomson, J. & Skinner, J. (2004). Lateralization of temporal lobe epilepsy and learning disabilities as defined by disability-related civil rights law. *Epilepsia*, 45, 963-970.

Butterbaugh, G., Rose, M., Thompson, J., Roques, M., **Costa, R.**, Brinkmeyer, M., Olejniczak, P., Fisch, B. & Carey, M. (2005). Mental health symptoms in partial epilepsy. *Archives of Clinical Neuropsychology*, 20, 647-654.

Kliebert, T., Osofsky, J., Osofsky, H., **Costa, R.**, Drennan, P., Morse, P., & Morse, E. (2006). Trauma interventions and systems change in rural areas: The role of the juvenile court judge in collaboration with mental health professionals. *Juvenile and Family Court Journal*, Winter: 71-77.

Hansel, T., Osofsky, H., Osofsky, J., **Costa, R.**, Kronenberg, M., & Selby, M. (2010). Attention to process and clinical outcomes of implementing a rural school-based trauma treatment program. *Journal of Traumatic Stress*, 23 (6), 708-715.

Costa, R., Hansel, T., Moore, M., Many, M., Osofsky, J. & Osofsky, H. (2015). Teachers as first responders following disasters: Survivors and supporters. *Journal of Traumatic Stress Disorders & Treatment*, 4 (2), 2-7.

Published Abstracts:

Butterbaugh, G., Olejniczak, P., Carey, M., Fisch, B., Roques, M., & **Costa, R.** (2003). Reductions on hippocampal volumes are associated with mood and anxiety in temporal lobe epilepsy. *Journal of Clinical Neurophysiology*.

Butterbaugh, G., Olejniczak, P., Carey, M., Fisch, B., Roques, M., & **Costa, R.** (2003). Hippocampal asymmetry is associated with emotional distress in intractable temporal lobe epilepsy. *Journal of Clinical Neurophysiology*.

Scientific Presentations:

Local

“Training in group, couples, and family therapy”, Association of Psychology Postdoctoral and Internship Centers (APPIC) Membership Meeting and Conference, New Orleans, LA. March 2001

“Memory effects in normotensive healthcare professionals working night versus day shifts”, Louisiana State University Health Sciences Center School of Medicine Department of Psychiatry, New Orleans, LA. February 2002

“Diagnosing and treating Reactive Attachment Disorder in young children”, 7th Annual Prevent Child Abuse and Neglect Conference, Baton Rouge, LA. February 2003

“Impact of job or life stresses and affective states on resting blood pressure and heart rate in female nurses”, Louisiana State University Health Sciences Center School of Medicine Department of Psychiatry, New Orleans, LA. February 2003

“The relationship between stress-induced neurophysiologic responses and common

carotid artery ultrasonographic imaging in normotensive and pre-hypertensive adults”, Southern Medical Association, New Orleans, LA. February 2004

“Identifying potential health risk factors of hypertension using mental stress tests in dialysis, intensive care, or emergency room nurses as compared to other nursing specialties”, Southern Medical Association, New Orleans, LA. February 2004

“Carotid ultrasonography and mental stress-induced hemodynamic and neurohormonal responses: potential markers of metabolic syndrome”, Southern Medical Association, New Orleans, LA. February 2004

“Nondipping and mental stress-induced hormonal and hemodynamic changes as the risk of development of hypertension and cardiovascular disease”, Southern Medical Association, New Orleans, LA. February 2004

“Recognizing trauma in children: Implications for juvenile court cases” 0th Annual Families in Need of Service (FINS) Conference, Baton Rouge, LA. May 2005

“DBT with rural female adolescents/dependency courts and rural children”, 13th Annual American Professional Society on the Abuse of Children Colloquium, New Orleans, LA. June 2005

“Promoting resiliency in children and families in the wake of Hurricane Katrina”, American Psychological Association Annual Convention, New Orleans, LA. August 2006

“The link between rural court involvement and childhood trauma”, National Association of Social Workers-LA Annual Conference, Baton Rouge, LA. March 2007

“Trauma 101: Childhood trauma and the link between rural court Involvement”, Families in Need of Services (FINS) Annual Conference, Baton Rouge, LA. April 2007

“Trauma intervention and systems of change in rural areas: The role of the juvenile judge in collaboration with mental health professionals”, Systems of Care Community Meeting Conference, New Orleans, LA. August 2007

“Changes in abdominal circumference are associated with changes in blood pressure and intima-media thickness over a 4-year period on healthy young professionals”, American Society of Hypertension 23rd Annual Scientific Meeting and Exposition, New Orleans, LA. May 2008

“Using job stress (classified as low, mixed, and high) in predicting changes in blood pressure, intima-media thickness, common carotid distensibility, and abdominal circumference over a 4-year period in healthy young professionals”, American Society of Hypertension 23rd Annual Scientific Meeting and Exposition, New Orleans, LA. May 2008

“Louisiana Rural Trauma Services Center”, National Child Traumatic Stress Network All Network Conference, New Orleans, LA. March 2009

“Lessons learned: A longitudinal look at Hurricane Katrina’s Children”, Families in Need of Services (FINS) Annual Conference, Baton Rouge, LA. April 2009

“Responding to individuals with previous trauma”, LSU Health Sciences Center Readiness and Recovery Conference, New Orleans, LA. August 2010

“Lessons learned from the Deepwater Horizon oil spill: Impact on the community and outreach to the affected community”, Collaborative Efforts toward Understanding Disasters and Future Preparedness in the Gulf Coast Conference, New Orleans, LA. June 2012

“Psychological trauma 101: The link between mental health issues and rural juvenile court offenders”, 35th Annual Louisiana Governor’s Conference on Juvenile Justice, New Orleans, LA. May 2015

“Overcoming mental health stigma in Youth”, Starfish Foundation’s PowerHERful New Orleans Conference, New Orleans, LA. April 2016

“Recognizing and responding to trauma: A guide for collaboration between mental health and juvenile court personnel”, 36th Annual Louisiana Governor’s Conference on Juvenile Justice, Baton Rouge, LA. April 2016

Scientific Presentations:

National

“Psychosocial barriers to medical adherence in HIV-infected adolescents”, American Psychological Association Convention, Washington, DC. August 2000

“Assessment and treatment of traumatized adolescents in rural communities”, Rural Mental Health Symposium, Moran, WY. June 2005

“Louisiana Rural Trauma Services Center” National Child Traumatic Stress Network All Network Conference, Orlando, FL. March 2009

“Katrina’s children revised: A longitudinal story”, Society for Research in Child Development Conference, Denver, CO. April 2009

“Louisiana Rural Trauma Services Center”, National Child Traumatic Stress Network All Network Conference, Baltimore, MD. February 2011

“Building resilience in schools for children in military families”, National Child Traumatic Stress Network All Network Conference, Baltimore, MD. March 2012

“Louisiana Rural Trauma Services Center”, National Child Traumatic Stress Network All Network Conference, Baltimore, MD. March 2012

“Secondary traumatic stress for educators”, Webnair, National Child Traumatic Stress Network Online Speaker Series Program. September 2012

“ERP correlates of letter matching in a divided visual field task”, Eastern Psychological Association Conference, Boston, MA. April 2015

Invited Presentations, Workshops, and Seminars:

Local

“Trauma in young children: Effects on and de-escalation of disruptive behavior”, St. John the Baptist Parish School Board, LaPlace, LA. July 2005

“The aftermath of Hurricane Katrina: How to understand and help children of different ages”, East St. John High School, LaPlace, LA. October 2005

“The impact of childhood mental illness in the classroom: A guide for teachers”, Lafayette Academy Charter School. New Orleans, LA. November 2008

“Hurricane preparedness, crisis intervention, and Psychological First Aid”, Mercy Family Center Fleur De Lis Program. New Orleans, LA. June 2009

“Psychological First Aid”, Training session Lafourche Parish School System, Raceland, LA. March 2011

“Psychological First Aid”, Training session Terrebonne Parish School System, Houma, LA. January 2012

“About bullying: A guide for teachers, parents, and Students”, Training session presented at the Lafourche Parish School System, Raceland, LA. January 2012

“Anger management: What to do when I am really mad?” Training session presented at the Lafourche Parish School System, Raceland, LA. January 2012

“Psychological First Aid”, Training session presented at Vietnamese American Youth League Association, New Orleans, LA. July 2012

“Realities of bullying and cyberbullying: A guide for school personnel and students”, Workshop presented Terrebonne Parish School Board Office, Houma, LA. February 2013

“Mindfulness: Recognizing and managing stress for school personnel”, Training session presented for the Terrebonne Parish Schools, Houma, LA. March 2013

“Recognizing and managing work-related stress”, Training sessions presented at the

Terrebonne Parish Police and Fire Departments, Houma, LA. September 2013

“Various topics in child psychology: A guide for teachers”, Training session presented for the St. Bernard Parish School system, Chalmette, LA. July 2014

“Medication management in children: A guide for educators”, Presented at the Science and Technology Academy, New Orleans, LA. August 2014

”Topics in human development: Childhood and adolescence”, Presented at Louisiana State University Health Sciences Center School of Medicine, Department of Psychiatry, New Orleans, LA. February 2015

“Medical psychology: A subspecialty for the professional Psychologist”, Presented at Louisiana State University Health Sciences Center School of Medicine, Department of Psychiatry, New Orleans, LA March 2015

“Medication management in young children: A guide for school Personnel”, Presented at the KIPP Central City Academy Charter School, New Orleans, LA. July 2015

“Diversity issues: Louisiana and New Orleans culture”, Presented at Louisiana State University Health Sciences Center School of Medicine, Department of Psychiatry, New Orleans, LA. July 2015

“Medication management in primary care clinics: A guide for Psychologists”, Presented at Louisiana State University Health Sciences Center School of Medicine, Department of Psychiatry, New Orleans, LA August 2015

“Medication management: A quick reference for school Nurses”, Presented at the KIPP Believe College Prep Charter School, New Orleans, LA. September 2015

“Trauma and disruptive behavior disorders: classroom management guide for teachers”, Presented at the KIPP Believe College Prep Charter School, New Orleans, LA. November 2015

“Suicide prevention: A guide for teachers working with at-risk youth”, Presented at the St. Charles Parish Public School system, Luling, LA. November 2015

SERVICE ACTIVITIES:

University/Institutional Service:

Departmental Committees:

07/2004 to Present	Trainee Selection Committee, Predoctoral Internship and
Committee member	Postdoctoral Fellowship in Clinical Psychology

Administrative Responsibilities:

Departmental

2003 to Present Clinical Supervisor, Predoctoral and Postdoctoral Psychology Interns and Fellows, Louisiana State University Health Sciences Center School of Medicine, Department of Psychiatry, New Orleans, LA

Provide clinical supervision to predoctoral and postdoctoral psychology interns and fellows overseeing their psychotherapy, psychological evaluation, and crisis management of clinic patients served at various inpatient, outpatient, hospital, school, and primary care clinics including a diverse population of infants, children, adolescents, adults and families. LSUHSC clinics served currently include the Behavioral Sciences Center (BSC), Office of Mental Health (OMH) Algier's Clinic and previously included the New Orleans Adolescent Hospital (NOAH) and Charity Hospital.

Interdisciplinary/Other Program (Center or Program):

2001 to 2003 Research Associate, Department of Psychiatry, Department of Neurology, Epilepsy Center of Excellence & Department of Nephrology, Louisiana State University Health Sciences Center School of Medicine, New Orleans, LA

Collaborated with the Department of Nephrology on a longitudinal study of pre-clinical predictors of hypertension in new healthcare employees as they relate to work and life stressors. Also collaborated with the Department of Neurology and Epilepsy Center of Excellence on various studies to identify neuropsychological, neurophysiological, neuroimaging prediction, cost-effectiveness, and cost-benefit analyses of outcomes following epilepsy surgery. Assisted in completing Institutional Review Board forms, which were accepted by the LSUHSC IRB office. Conducted extensive neuropsychological assessments, according to research protocols, of patients evaluated from the LSUHSC Epilepsy Center of Excellence. Scored, interpreted, and completed comprehensive assessment reports for referring neurologists and neurosurgeons. Created outcome questionnaires to compare quality of life of patients' pre- and post-surgery.

Community Service Activities:

03/1992 to 05/1994 Certified Rape Crisis Counselor, University of Massachusetts at Dartmouth, North Dartmouth, MA

Assisted with establishing active crisis hotline on campus. Provided rape awareness education to students.

10/1993 to 08/1996 Suicide Prevention Volunteer, United Way of Fall River/New Bedford, Fall River, MA,

Participated in suicide prevention programs with other volunteers at schools, corporations, and fairs. Acted as Assistant Training Coordinator for interviewing and training prospective volunteers. Acted as Grief Facilitator to families and friends of suicide victims. Supervised other volunteers as a Home Leader.

10/1994 to 08/1996 Lifeline Volunteer, United Way of Fall River/New Bedford, Fall River, MA

Provided outreach to inmates enrolled in Lifeline program in three residential correctional facilities. Educated inmates in suicide prevention, empathic listening skills,

and crisis intervention. Promoted mastery of skills through role-playing.

04/1998 to 01/1999 AIDS Outreach Program Volunteer, AID Atlanta,
Atlanta, GA

Co-facilitated monthly support/discussion group for adult males focusing on various issues pertaining to sexuality and HIV/AIDS prevention.

09/1998 to 03/1999 HIV/AIDS Testing and Counseling Volunteer, Dekalb County
Board of Health, Decatur, GA

Provided anonymous and confidential counseling, education, and test results to individuals tested for HIV, AIDS, and/or other STDs.

09/2001 to 09/2004 No/AIDS Task Force: Chevron No/AIDS Walk Volunteer,
New Orleans, LA

Volunteered at annual fund-raiser to benefit agency whose mission is to serve local patients with HIV and AIDS. Assisted with set-up and provided office support. Served as greeter and staffed information booth.

10/2005 to 04/2007 Villa D'Orleans Condominium Association Board Member,
Vice-President, Metairie, LA

After being elected as board member and appointed Vice-President after Hurricane Katrina, worked actively with neighbors to oversee all aspects of rebuilding buildings damaged in this 240 unit condo association including hiring and managing contractors, collecting condo dues, enforcing rules and regulations, mediating unit owners'/renters' grievances, overseeing repairs and maintenance, and facilitating board meetings.

05/2013 and 05/2014 Children's Miracle Network Telethon Volunteer, New Orleans, LA
Annual Memorial Day weekend telethon to benefit Children's Hospital New Orleans.
Answered telephones on-air at WDSU television station to collect pledges/donations from callers/viewers.

04/2014 to Present Preservation Resource Center: New Orleans Annual Home Tours
Volunteer, New Orleans, LA

Volunteer as docent guiding visitors and providing them historical accounts of Uptown New Orleans homes showcased in the Annual Shotgun Homes Tour event hosted each spring as well as the Holiday Homes Tour hosted each winter.