

Cub Corner

MONTHLY NEWSLETTER

NOVEMBER/DECEMBER 2023

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MOULTON'S MESSAGE

Dedrick Moulton, MD
Pediatrics Department Chair



“

“City sidewalks, busy sidewalks dressed in holiday style. In the air there’s a feeling of Christmas.”

What is this feeling of Christmas?
“Children laughing, people passing meeting smile after smile.”

I stopped and watched as she stood there seemingly helpless trying to figure out what she would keep and what needed to be put back. The people in line were becoming restless and began to talk, stir and lose patience but no one offered her a hand. The cashier glanced at the line, then turned to the manager and sharply asked, “can you please open up another register”. I felt my heart beating fast then I *(continued)*



UPCOMING EVENTS >>>>

| | |
|---|---|
| Wednesdays at 12:00 Grand Rounds Large Conference Room, CH | December 21-January 2 Holiday Break Safe travels and happy holidays! |
|---|---|

WELCOME NEW FACULTY!



Dr. Carrie Henderson
Professor of Clinical Pediatrics
Critical Care



Dr. Susan Glass
Assistant Professor of Clinical Pediatrics
Critical Care



nervously stepped out and slowly walked towards her. As I reached her side, I lightly touched her shoulder, looked at her in her eyes, smiled then said softly, in a whisper, “ I got it! Is there anything else you need?” She stood silently, as if paralyzed for a moment, then looked me in my eyes, smiled and said, “thank you for your kindness but more than that, thank you for your smile! I really needed that!”

“*In the air there’s a feeling of Christmas*”. Consider that the air may not carry holiday cheer. The air may bring with it pain, depression, hurt or lost! During this holiday season, try sharing your smile. Remember, a smile freely given can release endorphins that may yield a sort of Holiday Cheer! Remember! The Smiles are Free! Happy Holidays!!!



LEADERSHIP

LSU Department of Pediatrics Town Hall



In early November, LSU Pediatrics held a highly anticipated Town Hall meeting in which Department Chair, Dr. Dedrick Moulton, was able to address the department. The meeting provided an opportunity for Dr. Moulton to discuss the overarching goals of the department and recognize their alignment with closely affiliated institutions, Tulane University and Children’s Hospital. While discussing the dynamic between all institutions, Dr. Moulton emphasized the potential for increased collaboration by leveraging their many shared objectives.

During the town hall, Dr. Moulton also highlighted recent achievements within the department, spanning from highly productive clinics to an outstanding culture of camaraderie. A key focal point of his address was centered on the abundance of talent present in the department. Dr. Moulton expressed his commitment to providing the necessary resources to harness and best utilize this talent, underlining the promising path the department has set course for.

The latter part of Moulton’s address transitioned into his priorities and areas of focus for the upcoming months. Among these priorities, he highlighted his commitment to enhancing scholarly work by fortifying LSU’s infrastructure for research. This vision involves increased use of the department biostatistician, support for grant writing, extended collaboration with Tulane Pediatrics and other potential partners, and the development of a research academy for fellows and residents.

The interactive session that followed allowed attendees to pose questions and share insights, rendering the town hall meeting not only informative but engaging.

As the department embarks on its journey, guided by Dr. Moulton’s vision and supported by the talents and dedication of those within, there is a promising sense of continuing success and advancement for the LSU Department of Pediatrics.

MEDICAL EDUCATION

LSU Pediatric Emergency Medicine (PEM) Fellowship



Beginning this past September, the Pediatric Emergency Medicine (PEM) Fellowship at Louisiana State University Health Sciences Center and Children's Hospital New Orleans has been trailblazing the medical frontier as the first and only pediatric emergency medicine fellowship in the state of Louisiana. With a mission to offer a well-rounded experience that includes not only an outstanding education but also unmatched support and mentorship, the program is sure to gain attention as it transforms the scope of Pediatric Emergency Medicine at LSU Pediatrics.

As the Program Director, Dr. Patrick Ryan with the support of Dr. Julia Schweizer, Associate Program Director, have been conducting interviews over the past few months, evaluating an eager and promising group of applicants. Without surprise, two outstanding applicants recently matched and will begin fellowship next year.

Fellows enrolled in the program will navigate the complexities of pediatric emergency conditions, gaining hands-on experience in the evaluation and management of cases ranging from trauma and shock to respiratory distress and infection. Moreover, the curriculum extends beyond traditional emergency scenarios, providing exposure to a diverse range of pediatric-related topics, including child abuse and neglect, mental and behavioral health, child advocacy, and public health.

By offering a unique blend of clinical and research opportunities in a world-class children's hospital, this

fellowship equips participants with the knowledge and skills essential to emerge as leaders in the dynamic field of pediatric emergency medicine.

DIVERSITY, EQUITY, & INCLUSION

Visiting Professor: Dr. Jamilah Hackworth



Written by Dr. Bonnie Desselle

Dr. Jamilah Hackworth, from Cincinnati Children's Hospital, served as a Visiting Professor at CHNOLA from October 17th-19th. During her three-day visit, Dr. Hackworth hosted educational sessions with residents and fellows, as well as a faculty development session. Her presentation with the pediatric fellows examined some of the origins of mistrust of the medical community in Black and minoritized communities. Her Grand Rounds presentation, "From Bystander to Upstander: Choosing Courage over Comfort," provided more than 220 attendees with concrete instruction for confronting microaggressions in the healthcare setting.

Dr. Hackworth also spent time with departmental leadership as well as members of the Physicians Underrepresented in Medicine Alliance (PUMA), consulting on current projects and the future trajectories of diversity, equity, and inclusion-related initiatives. Dr. Hackworth's visit was organized by Dr. Bonnie Desselle and her team in the CHNOLA Office of Medical Education.

To further your learning, consider checking out Dr. Hackworth's recommendations for [books](#), [podcasts](#), and [documentaries](#). For access to the Grand Rounds recording, please contact Emma Simon (emma.simon@lcmchealth.org).

Dr. Jamilah M. Hackworth, EdD

Jamilah M. Hackworth, EdD, is an Assistant Professor of Pediatrics in the Division of Adolescent and Transition Medicine at Cincinnati Children's Hospital Medical Center within the



Office of Academic Affairs and Career Development at Cincinnati Children's Hospital Medical Center. She earned her MSEd in Student Development/Higher Education Administration from the University of Dayton and her EdD from Northern Kentucky University. Dr. Hackworth has presented nationally on unconscious bias and microaggressions. Her other areas of interest include Hospital Medical Center. She earned her MSEd in Student Development/Higher Education Administration from the University of Dayton and her EdD from Northern Kentucky University. Dr. Hackworth has presented nationally on unconscious bias and microaggressions. Her other areas of interest include mentorship, cross-cultural mentorship, faculty wellness/vitality, biomedical sciences pathway development, and minority faculty development.



planning team comprised of the LSU Pediatric Adolescent Medicine administrative team, Hannah Simon and Tatjana Saunders, as well as LSU Pediatrics Vice Chair of Community Health and Advocacy, Dr. Ryan Pasternak, and Children's Hospital New Orleans Adolescent Medicine Practice Administrator, Nina Keiser. Their collective vision, in conjunction with support from Children's Hospital, brought to life an event tailored to the specific needs of gender diverse patients, their families, and the wider community.

The vision of this initiative emerged from the voices of patients themselves. As the LSU Pediatrics Adolescent Medicine program rapidly expanded in 2018, emerged was the clear indication that increased community support for gender-diverse youth and their families was essential. Parents expressed a desire to connect with families who could relate to their unique experiences, and physicians, noticing that patients lived in close proximity, recognized the need for a social platform where these families could be introduced. The result was the Gender Diverse Youth Social.

This year's event welcomed 48 attendees, including gender-diverse patients already accessing services and care from Children's Hospital New Orleans and outside clinical partners. The evening featured ice-breaking activities, introductions to providers and services, a lively DJ'd dance party, and access to resource tables from partners. Most importantly, it provided a space where people could engage in meaningful conversations and establish connections.

Hannah Simon emphasized the team effort that helped made the event a success. With numerous supporters and partners eager to get involved, many thanks goes out to The Parenting Center, PFLAG, Café Reconcile, Tubby + Co, Crescent Care, NOLA Hype, Juan's Flying Burrito and Lindsay Keen.

With hopes to continue hosting such events into 2024, LSU Pediatrics aspires to build a continuing sense of community for patients and their families.



DIVERSITY, EQUITY, & INCLUSION **Gender-diverse Youth Social**



In a world that increasingly recognizes the importance of inclusivity and connection, the 3rd Gender Diverse Youth event, held on October 26th, 2023, stands as a shining example of how the healthcare sector can help foster strong communities. The driving force behind this gathering was the dedicated



WHO DAT?



Diego Aviles, MD

AJKD 2023 Editor's Choice Award



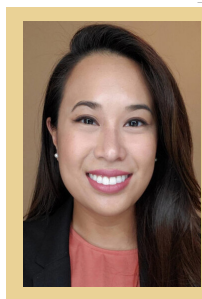
In early November, the American Journal of Kidney Diseases, the Official Journal of the National Kidney Foundation, announced their top five research publications from a pool of over 1,000 original investigation submissions. Of these five, selected was a publication

entitled "Racial and Ethnic Disparities in Acute Care Utilization Among Patients with Glomerular Disease", a publication on which Dr. Diego Aviles, Section Head of Nephrology, was a Co-Author on.

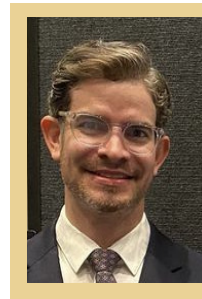
This publication can be freely accessed on the [AJKD website](#) until January 31, 2024, for viewing. Congratulations, Dr. Aviles on this great honor!

Kanya Singhapakdi & Christen Nieves Rivera

APS SPR Journeys Program Participants



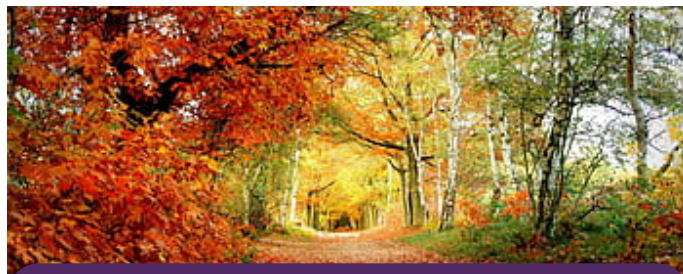
The American Pediatric Society (APS) and Society for Pediatric Research (SPR) are continuing collaboration to support pediatric research as they receive nominations from Pediatric Department Chairs for participants to join the Journeys & Frontiers in Pediatric Research program.



LSU Pediatric nominees, Kanya Singhapakdi, DO (Pediatric Cardiology Fellow) and Christen Nieves Rivera, MD (Hematology/Oncology Fellow) have been selected to participate in this program series.

"The APS SPR Program is designed to encourage and support promising early career investigators in pediatrics by offering inspiring career journey stories, career development mentoring, feedback on research and networking with experienced peers in academic medicine." -SPR Website

Congratulations Drs. Singhapakdi and Nieves-Rivera!



WELLNESS

"Gratitude works because it allows individuals to celebrate the present and be an active participant in their own lives. By valuing and appreciating friends, oneself, situations and circumstances, it focuses the mind on what an individual already has rather than something that's absent and is needed" - Robert Emmons

Gratitude and Physician Wellness

We in fact have a lot to be grateful for! But with the demands of patients, employers, colleagues, and our own families our awareness of staying grateful erodes.

- Gratitude is strongly associated with greater happiness and wellness.
- Gratitude makes us happier (blessings vs hassles)
- Gratitude provides better sleep (pre-sleep thoughts)
- Gratitude makes you friendlier and mentally well.
- Gratitude deepens your relationships (focus)

-Chief Wellness Officer: Dr. Jerussa Levy

CHALLENGE

Write a "thank you" letter!

[Share here with Microsoft Forms](#)

Second Harvest Holiday Food Drive

This holiday season, LSU Pediatrics joined forces with nonprofit organization, Second Harvest, to raise funds and assemble 100 prepared boxes filled with groceries for a hearty holiday meal. These boxes would then be offered to 100 identified patient families.

Organized by Dr. Ryan Pasternak, Vice Chair of Community Health and Advocacy, along with the support of Pediatric Administrative staff, Kelly Allerton and Sarah Brooks, the department not only met their fundraising target but exceeded it by an impressive 122% raising \$4,375! Dozens of volunteers in the department also enthusiastically gathered to pack and distribute the boxed meals.



“This event again demonstrated the true-hearts of our LSU Pediatrics Family and our mission to support our community and families, especially those most in-need. We were undoubtedly successful, but we can do more,” shares Dr. Pasternak. “We will continue to find ways to ensure families have the food and resources they need both in our clinics and in our communities. We will work to overcome the many obstacles families face to access adequate healthy food. Finally, we will continue to lead our Department with the mission of being Servant Leaders in our community. ‘Service and Leadership’ is our motto, we wear it proudly and we will walk the walk for our families.”

Energized by the success and fulfillment that the volunteer efforts catalyzed, the Pediatrics department eagerly awaits continuing this tradition into 2024 with ambitions to raise the bar and accomplish even more.



GET ACQUAINTED WITH...

Kegan Reid

Hey y'all!

My name is Kegan Reid. I'm from a small town in Livingston, LA called French Settlement. I have a Bachelor of Interdisciplinary Studies degree from Louisiana State University (Geaux Tigahs!!) with a focus in film production management & human resource development. I was the first person in my family to attend/graduate college!

In my free time, I enjoy destroying my kitchen to create elaborate meals for my friends, frequenting my local movie theater, and keeping my finger on the pulse of pop culture. I have been doing improv comedy for the last 6 years which has given me excellent opportunities to network and build relations with people of all backgrounds.

I am new to New Orleans and recently adopted a three-year-old corgi named Jackson! So far, my favorite spot to grab a bite to eat in the city is at the little hole-in-the-wall taqueria known as Felipe's to get a loaded chicken quesadilla and a glass of horchata (secret menu item, shhh). I became interested in working here due to a friend raving about how much she loved working for LSUHSC at the downtown campus, however, I became even luckier by landing a job with the Department of Pediatrics due to the fantastic work family found within the administrative team.

As one of the Department Coordinators, I am responsible for:

- Department credit card purchases (supplies, lab coats, amazon, etc.)
- Travel-Priors/Reimbursement-Residents & Fellows
- Reimbursements (LSBME renewal, reappointment, subscriptions, testing, etc.)
- Re-credentialing, hospital appointment fees, malpractice verification requests
- Clinic Travel
- Meal Priors & Payment Requests



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Chief Editor:

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Co-editors:

Dedrick Moulton, MD
Bonnie Desselle, MD

Contributors:

Jerrusa Aita-Levy, MD
Dedrick Moulton, MD
Bonnie Desselle, MD

Design and Layout:

Sarah Brooks

Contact Us: sbroo9@lsuhsc.edu