

Health Disparities in Incisional Hernia Repair: An analysis of HCUP-NIS 2012-2014



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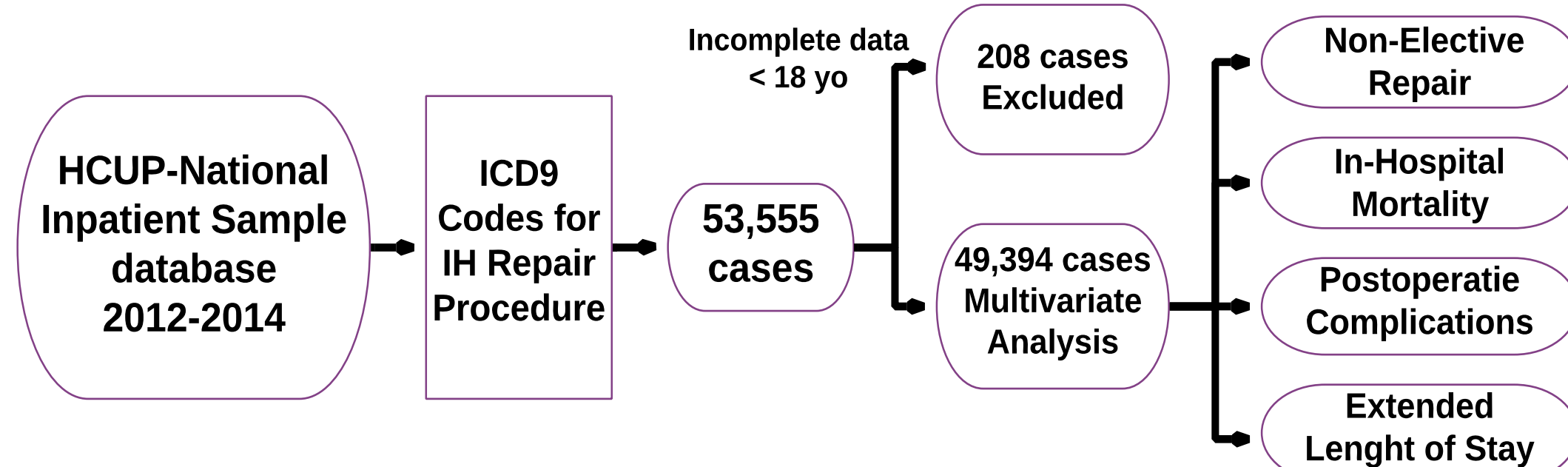
Introduction

- Incisional hernias (IH) are common surgical complications caused by incomplete healing of abdominal fascial incisions¹
- Estimates of IH incidence:
 - Midline laparotomies with primary suture closure: 12.8% at 2 year follow up²
 - 67% in cancer patients with midline incisions³
- Concerningly, the incidence of IH is increasing 2.9% each year⁴
- Burden of IH on Patients:
 - Decreased Quality of life
 - Chronic Pain
 - Dyspnea
 - Insomnia
 - Acute Complications
- Despite the high incidence of IH, little is known regarding IH-specific health disparities in repair outcomes

Specific Aim:

Investigate IH-specific health disparities in repair outcomes that exist nationally

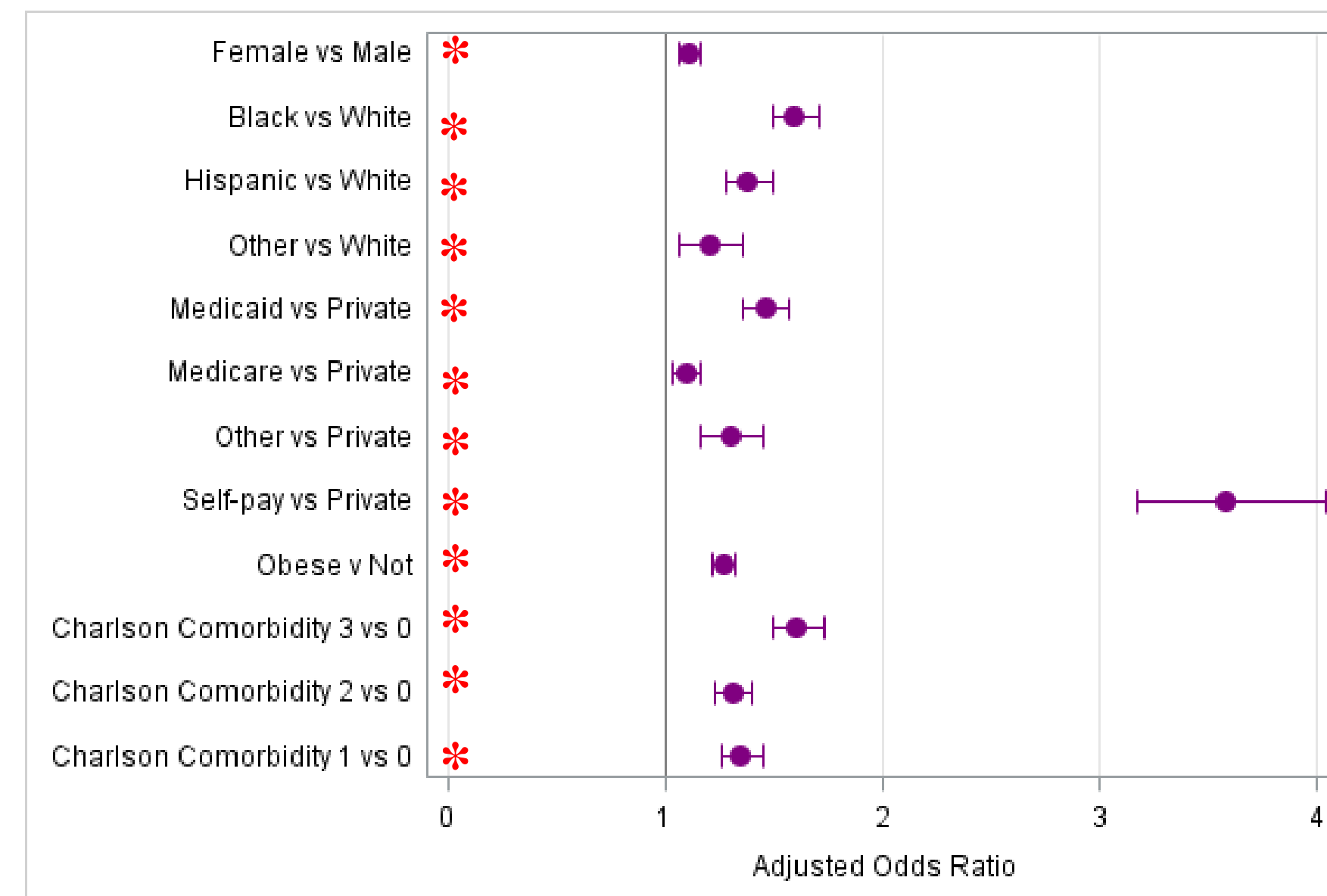
Methods



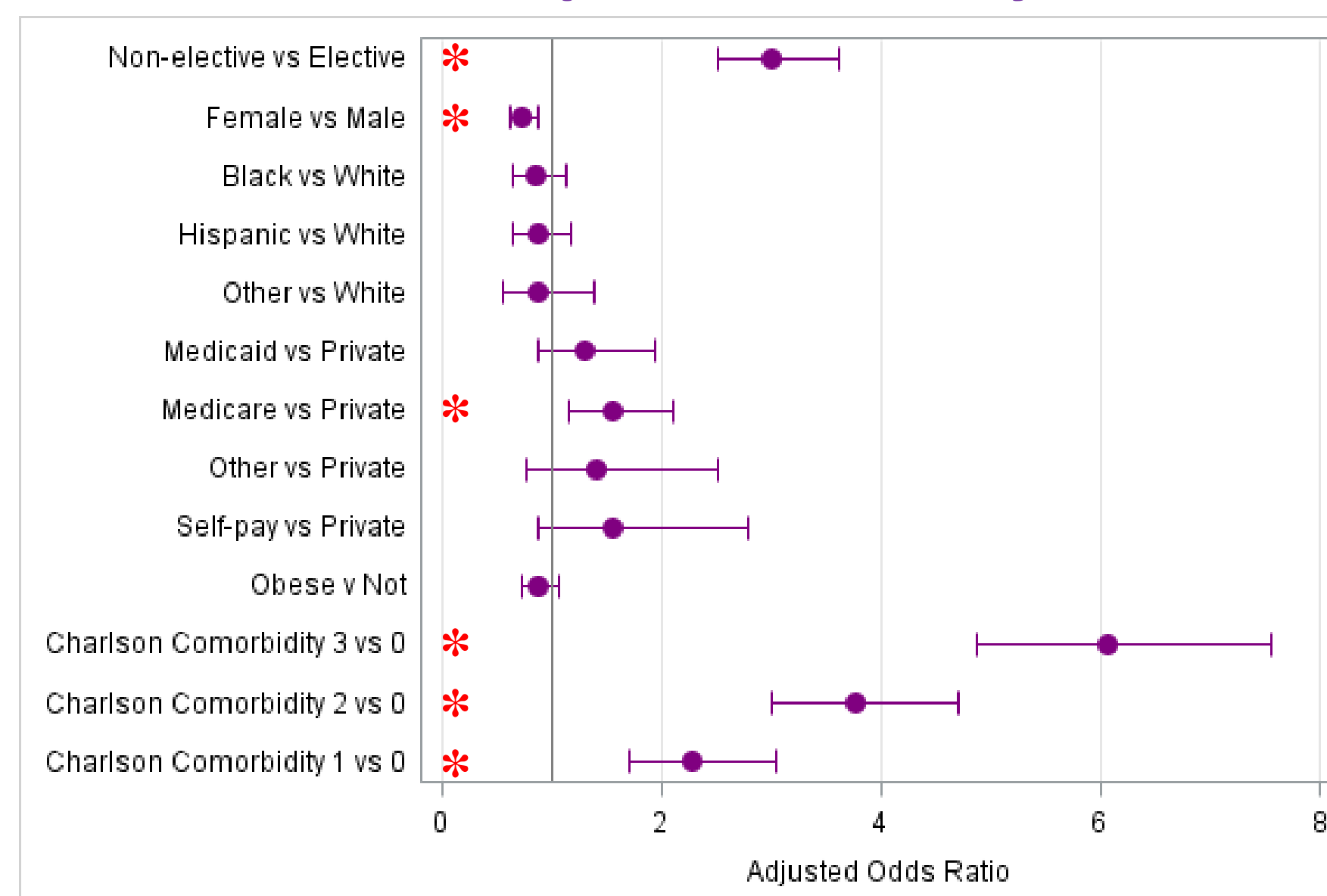
Results

Annual Frequency: 89,258 IH repairs per year
Annual Cost: 6.3 Billion US Dollars

Non-Elective Admission

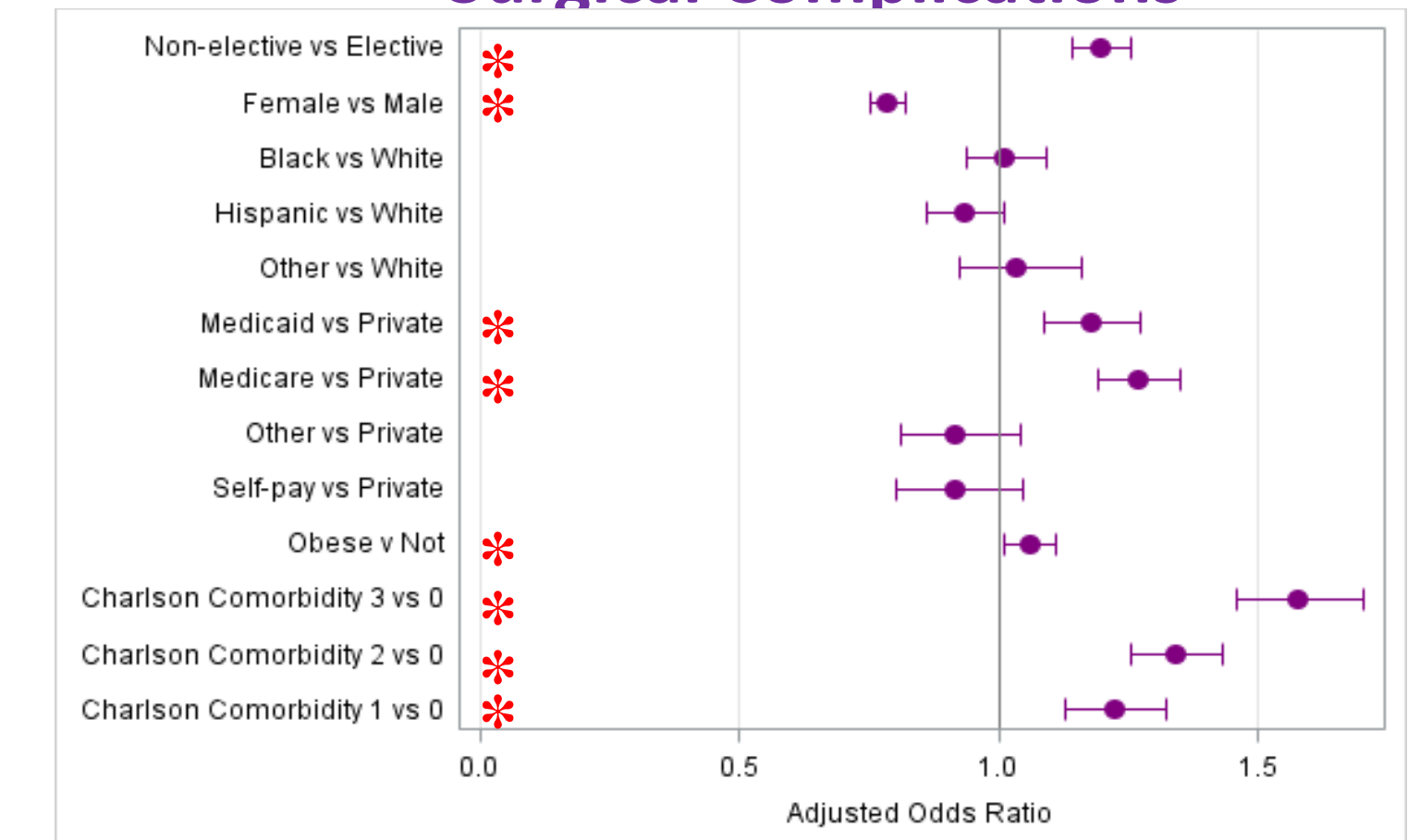


In-Hospital Mortality

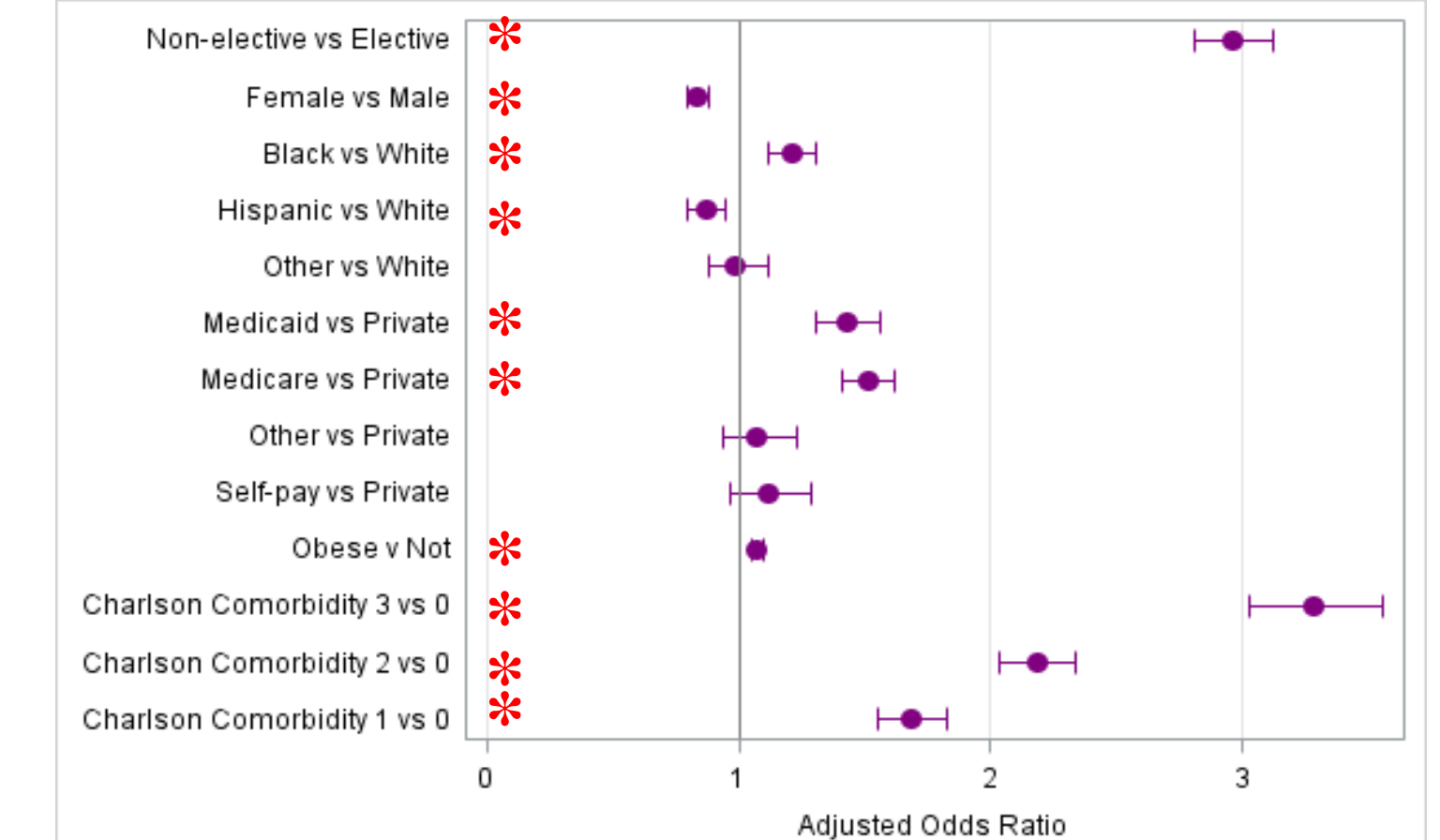


Results

Surgical Complications



Extended Length of Stay



Conclusions

- Significant health disparities exist in IH repair outcomes for non-white, non private insurance, and obese/comorbid patients.
- Future Work: Health Disparities in LSU Network
- Targeted Intervention: NO HERNIA Trial at LSU

References

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4. Shubinetz V, Fox JP, Lanni MA, et al. Incisional hernia in the United States: trends in hospital encounters and corresponding healthcare charges. *Am Surg.* 2018;84(1):118-125.