

March 26, 2019



LSU Pediatrics Tuesday Tidbits

Welcome to the Department of Pediatrics' weekly email blast designed to deliver important department information straight to your inbox.

Visit our website

LSU Pediatrics Announcements

Dr. Nelson to receive Spirit of Charity Award-October 11, 2019 ([information](#))

Physician Business Planning Opportunity ([information](#))

Please welcome our new round of medical students ([composite](#))! Please be mindful of the upcoming medical student evaluation [deadlines](#).

PAS 2019 meeting registration is now open ([information](#))

LSU Proof of Concept Fund: LIFT2 Round 10 ([information](#))

LSU Quality Improvement Forum Deadline Extended ([information](#))

The CIPECP will host 5 showings of *To Err is Human*, a documentary that builds from a 1999 Institute of Medicine (IOM) report highlighting the over 44,000 deaths occurring in hospitals annually due to medical errors. ([registration](#))

COBRE P&F Request for Applications ([information](#))

Greater New Orleans Race and Equity Workshops ([information](#))

HDI Scholar-Innovator Program ([information](#))

Advocacy Accomplishment

Deidra Pierre, FNP and Brooke Naranjo, FNP, as well as the whole Adolescent Medicine REAL Team, wrote another piece for the Spring issue of *Geaux Girl*. This one discusses the anatomy of reproductive health as well as safe sexual health and contraception. The list of Teen-Friendly Clinics includes 6 that our team currently works in. ([see article](#))

Faculty Development - Effective Feedback

This VERY SHORT [video](#) (1 minutes 40 seconds) gives great tips for providing EFFECTIVE FEEDBACK in the clinical setting. Please take a look and expand your educators toolbox in less time than a commercial break.

For questions or comments regarding Faculty Development, please contact [Amy Prudhomme](#), [Jessica Patrick-Esteve](#) or [Amy Creel](#). ([video](#))



LaQuatre Rhodes, 3rd year GI Fellow, taught the LSU Peds residents about Celiac Disease last week.

CHNOLA Announcements

CHNOLA Pain Team Assessment: We are conducting a needs assessment to understand the impact that a formal pain team could make at CHNOLA. A pain team would allow us to have an institutional approach to mitigating pain and suffering at our hospital led by formally trained individuals. A pain team could assist in post-operative pain, procedural pain, chronic pain, and serious illness pain with opioids, multi-modal approaches, and interventional pain techniques. Your participation will help us GROW! ([survey](#))

CHNOLA parking update ([information](#))

Latest issue of Small Talk ([link](#))

New Orleans CityBusiness Healthcare "Ones to Watch" ([information](#))

A Message from CEO John Nickens ([information](#))

Tip Sheet on changes to Epic's Outpatient Lab Orders ([tips](#))

Tip Sheet on changes to Lactic Acid Lab Orders ([tips](#))

EPIC upgrade coming in July. Be on the lookout for more information as we get closer!

Upcoming Events

03/29/19 - LA CaTS Professional Development Core ([information](#))

03/29/19 - LA CaTS Junior Investigator Symposium ([information](#))

03/29/19 - Camp Tiger Benefit & Auction ([information](#))

04/01/19 - LSUHSC Biostatistics Colloquium ([information](#))

04/04/19 - LSUHSC Department of Psychiatry lecture on Cultural Awareness ([invitation](#))

04/08/19 - LSUHSC Spring General Faculty Meeting

04/10/19 - NCI Grant Writing Workshop ([information](#))

04/18/19 - LSUHSC Women's Affairs Committee meeting and networking social ([information](#))

04/22/19 - LSU Wellness Krewe Burnout Lecture ([information](#))

04/22/19 - 04/26/19 - LSU Pediatrics Wellness Week

05/02/19 - Diabetes Research Day ([information](#))

05/23/19 - EQuIP QI Forum, LSU GME ([information](#)) ([submission form](#))

05/24/19 - LSU Pediatrics Research Day, CH Conference Center

Department Wellness

Mark your calendars for the 3rd Annual Department of Pediatrics Wellness Week!

Monday, April 22: Yoga & Meditation (lecture and session hosted by Dr. Rebecca Hutchings) for *entire LSU Department of Pediatrics

Tuesday, April 23: Heal the Healer Event (aromatherapy, massage therapy, touch therapy, reiki) for *entire LSU Department of Pediatrics, 11:00am - 2:00pm, 2 Center

Wednesday, April 24: Grand Rounds: *Building Joy, Resilience, and*

Excellence into Practice- Cultivating Thriving in an Era of Clinical Transformation, Read Pierce, MD, University of Colorado ([flier](#))

*entire LSU Department of Pediatrics, CHNOLA nursing staff, administration & staff

Thursday, April 25: Book Club Dinner for *When Breath Becomes Air* by Paul Kalanithi, *LSU Residents & Fellows, Dr. Jerussa Aita-Levy's home

Friday, April 26: Working Mom's Luncheon for *LSU Department of Pediatrics' working mothers

04/04/19 -The LSU Wellness Krewe's Self Care for Health Care Lecture Series presents *Preventing Burnout – Lessons Learned from Noah's Ark* ([information](#))

6 Tips to Protect Against Burnout:

- Try to put yourself on your own schedule. Identify and prioritize your values and compare them to how you spend your time.
- Find support and guidance in outside groups. Seek professional help if you need it.
- Think about your practice from a different perspective. Write down your individual mission statement.
- Think about the bigger picture when deciding how to spend your free time.
- Find meaning outside of work.
- Try to schedule (and keep

Free Yoga at CHNOLA! Classes are held every Wednesday from 5:15pm to 6:15pm in the State Street Conference Center. Sign up [here](#).

Department Anniversaries

The following employees celebrate another year with the department this month.
Thank you for your continued service to LSU Pediatrics!

Deidra Pierre, 13 years
Kurt Piggott, 2 years

Looking for old newsletters?
A *Tuesday Tidbits* archive has been added to the department's website. ([link](#))

Submit information to the next Tuesday Tidbits