

March 31, 2020



LSU Pediatrics Tuesday Tidbits

Welcome to the Department of Pediatrics' weekly email blast designed to deliver important department information straight to your inbox.

Visit our
website

LSU Pediatrics Announcements

COVID-19 UPDATES

Please check your emails each day, especially communications from Dr. Watts - lots of info to share, can only do by email.

CHNOLA's Virtual COVID-19 Town Hall Meetings ([link to video](#))

LCMC Telehealth ([information](#))

Algorithm and Order Set for COVID-19 Treatment ([information](#))

COVID-10 OPH Test Now Available at CHNOLA ([information](#))

LSUHSC's COVID-19 Page ([website](#))

CHNOLA's COVID-19 Page ([website](#))

LSU GME's COVID-19 Resources ([website](#))

LSU Human Resources Update ([information](#))

The LSU Department of Pediatrics Faculty Meeting: 2019 in Review and State of the Department of Pediatrics will be rescheduled to a zoom meeting. More to come!

NIH Notices ([information](#))

NIH Update: Responding to Frequent Questions on Flexibilities Related to NIH Funding and COVID-19 ([information](#))

Frequently Asked Questions for DOD Research Proposers and Awardees Impacted by the Novel Coronavirus ([information](#))

Advocacy Opportunity - Read to your patients([information](#))

Download the new Department Composites for this academic year!([Faculty](#), [Fellows](#), [Residents](#)).

School of Medicine Research Cafe ([information](#))

New Pre-Review for Grant Proposals service offered by LSU([information](#))

Latest edition of LSU SOM's *The Pulse*. ([link](#))

FACULTY DEVELOPMENT

New video monthly

March Video: *Bedside Teaching*

This spring we can all focus on making our bedside rounds more educational for our learners. This short video (2 minute, 4 seconds) highlights ways we can make bedside rounds more effective for teaching. Improve your teaching toolbox in less time than a commercial break.

<https://www.youtube.com/watch?v=iiqB-eQcbT8>

If you are interested in other forms of Faculty Development, visit these websites:

- [LSU Pediatrics Faculty Development Page](#)
- [LSUHSC GME Medical Education Development Site](#)

For questions or comments regarding Faculty Development, please contact [Amy Creel](#).

CHNOLA Announcements

CHNOLA's COVID-19 Page ([website](#))

Storyboard is coming to EPIC March 25th ([information](#))

Algorithm and Order Set for COVID-19 Treatment ([information](#))

Latest edition of CHNOLA Employee E-News ([link](#))

Upcoming Events

Grand Rounds

As of now, the Grand Rounds Committee is unsure about April presentations and the rest of the academic year.

We may hold those talks virtually over Go To Meeting.
We will be in touch as plans develop.

4/8/20 Abstracts due for LSU Quality Improvement/Patient Safety Forum
([information](#)) ([abstract submission form](#))

4/17/20 - Daniels Lecture: *Diversity in Graduate Medical Education*, William A. McDade, MD, PhD, 11:30am, MEB LRA (lunch provided)

LSU Office of Medical Education presents:

2020 Robert S. Daniels, MD Lectureship



William A. McDade, MD, PhD

Chief Diversity and Inclusion Officer

Accreditation Council for Graduate Medical Education

***Diversity in
Graduate Medical
Education***

Friday, April 17, 2020

LSU Medical Education Building

Lecture Room A

11:30 AM



Accreditation: The Louisiana State University School of Medicine, New Orleans is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

ACCME
ACCREDITED

AMA Credit Designation Statement: The Louisiana State University School of Medicine, New Orleans designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

4/21/20 - Dr. DiCarlo's New Faculty Orientation, 12:30-3:30pm, CSRB 563

4/29/20 - LSUHSC General Faculty Meeting, 12:00pm, MEB LRA (lunch provided)

5/7/20 - LA CaTS Junior Investigator Research Workshop Symposium, Tulane University SOM, 1430 Tulane Avenue, 8:00am-3:30pm ([information and agenda](#))

5/8/20 - LSU Pediatrics Research Day, Conference Center ([information and abstract submission form](#))

6/4/20 - LSU Quality Improvement/Patient Safety Forum, 1-4pm, Lions

Department Wellness

Department Wellness Ambassador Jerussa Aita-Levy, MD and the Wellness Committee have compiled a list of helpful links and resources. Please take this time to focus on your wellness!

1. Dr. Amy Creel has created a shared file of **Childcare Resources** that can be accessed by all in the department. Please review, use and edit as you'd like! ([information](#))
2. Remember LSUHSC **Campus Assistance Program** (CAP) is here to help! ([information](#))
3. A great article about grief in this new version of our world ([information](#))
4. CAP's Advise on Dealing with Stress ([article](#))
5. 7 steps to help doctors reduce stress during the COVID-19 outbreak ([link](#))

Bootcamp Class: Children's is offering a FREE virtual boot camp class on Tuesdays and Thursdays at 5:30pm if there is at least 5 people signed up. There will also be a Saturday class that will cost \$10. Attend [here](#).

Free apps and websites to keep you physically and mentally fit:

Peloton App: stream spin, run, walk, strength, stretching, bootcamp, yoga and meditation over an extended 90 day trial ([information](#)).

Pure Barre OD: 60 day free trial with Code: EXTENDED TRIAL ([information](#))

Shira Kraft, Pilates Instructor: 30 minute session on youtube ([information](#))

Beachbody: Free sample workouts ([information](#)); also offering a free 14-day trial of their on demand service.

Yoga:

Yoga with Adriene ([YouTube channel](#))

Fight Master Yoga ([YouTube channel](#))

Fitness Marshall ([YouTube channel](#))- for those who like dancing

Yoga for Kids! Cosmic Kids Yoga ([YouTube channel](#))

Meditation:

Free Headspace Plus for all US Healthcare Workers ([information](#)) Use this meditation tool to de-stress to get a healthy perspective.

Ten Percent Happier: ([information](#)) free access to app for healthcare workers

The following employees celebrate another year with the department this month. Thank you for your continued service to LSU Pediatrics!

Sheri Russell, 6 years
Kurt Piggott, 3 years

Looking for old newsletters?
View the *Tuesday Tidbits* archive on the department's website. ([link](#))

Submit information to the next Tuesday Tidbits

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