

June 2, 2020



LSU Pediatrics Tuesday Tidbits

Welcome to the Department of Pediatrics' weekly email blast designed to deliver important department information straight to your inbox.

Visit our
website

LSU Pediatrics Announcements

LSUHSC 8th Annual Quality Improvement & Patient Safety Forum

Be sure to tune in to the virtual LSUHSC QI Forum on Thursday, June 4. Numerous presenters from Pediatrics will be featured. You can view a full schedule and zoom links [here](#).

1:20 - 1:25

Increasing General Pediatrics Training in the Med/Peds Curriculum
Andrea Heifner, MD

1:25 - 1:30

Resident Handoffs
Jamie Yeager, MD

1:30 - 1:35

Neonatal Hyperbilirubinemia
Kelsey Quarls, MD and Nicole Vegh, MD

1:35 - 1:40

Flu Vaccinations Rates of Documentation on 5 Center
Nikita Lalchandani, MD

1:40 - 1:45

Peer Debriefing for Pediatric Residents
Michelle Duplantier, MD

1:45 - 1:50

Emergency Contraception Education in Pharmacy School Students
Nikita Lalchandani, MD

1:50 - 1:55

Improving Resident Preparedness for the Pediatric Intensive Care Unit
Courtney Styres, MD

2:00 - 2:05

Improving Chlamydia Screening Rates among Adolescents in a New Orleans
School-Based Health Center
Carleigh Baudoin, MPH

2:05 - 2:10

Improve ASQ completion at Well Child Checks in MedPeds Clinic
Janet Smith, MD

2:10 - 2:15

Improving Admission Temperature in Neonates Transferred to Children's
Hospital of New Orleans
Casie James, MD

CHNOLA Zoom Conference with Dr. Tamara Bradford

Also on June 4, tune in to a Zoom Conference Children's Hospital is hosting with the Cardiology Division featuring Dr. Tamara Bradford. She will give a special Cardiology Case Management Conference titled "Pediatric Multisystem Inflammatory Syndrome Associated with COVID-19 (MIS-C)" at 3:15pm. Click [here](#) for more information including the zoom link.



2020 LSU Pediatric Faculty Wellness Survey- please complete!

For the 5th year, Chairman Dr. Raymond Watts is asking our Department of Pediatrics Faculty to complete a brief (4 questions-will take no more than 30 seconds) wellness survey. The survey will collect data during the month of June.

You should have received an email from Survey Monkey to your LSUHSC.edu email. Also, you can get to the survey via this link or QR code below.

Your response is important, especially in these unprecedented times. Thank you for completing.

<https://www.surveymonkey.com/r/ST2XLQJ>



June is LGBTQ Pride Month!

Did you know that LGBTQ youth are more likely than their peers to experience negative health and life outcomes? They are at an increased risk for depression and suicide, bullying, substance use, sexual health risks and homelessness. According to the Human Rights Center's [2017 LGBTQ Youth Survey](#):



- **77%** of LGBTQ teenagers surveyed report feeling depressed or down over the past week
- **95%** of LGBTQ youth report trouble sleeping at night
- More than **70%** report feelings of worthlessness and hopelessness in the past week
- **67%** report that they've heard family members make negative comments about LGBTQ people

Supporting LGBTQ Youth

Healthcare providers have unique opportunity to positively impact the lives and futures of LGBTQ youth by fostering a safe, welcoming environment and providing evidence-based, culturally competent care.

There are tons of resources out there, but here are a few to get you started:

- Physicians for Reproductive Health: [LGBTQ Essentials](#)
- Society for Adolescent Health and Medicine (SAHM): [LGBTQ Health Clinical Care Resources](#)
- Video: [Voices of Transgender Adolescents in Healthcare](#)
- [LGBTQIA+ Glossary of Terms](#)
- [Genderbread Person v4.0](#)

If you are interested in additional resources and information on supporting and caring for LGBTQ youth, please contact the Adolescent Medicine Team: Ryan H. Pasternak, MD, MPH (rpaste@lsuhsc.edu) or Carleigh Baudoin, MPH (cbaud6@lsuhsc.edu).

Residency Graduation Events

Please mark your calendars for several upcoming events to honor our residency graduates and chief residents:

Resident vs. Faculty Quiz Bowl // Chief Appreciation

Tuesday, June 16, at 12:00pm

via [Zoom](#)

Meeting ID: 330 263 263

Password: Isupeds20

Graduation Part 1: Award Announcements & Annual Report

Special Grand Rounds

Thursday, June 18 at 12:00pm

via [Zoom](#)

Meeting ID: 330 263 263

Password: Isupeds20

Graduation Part 2: Hello-Goodbye Ceremony

Friday, June 19, 2020 at 5:00pm

via Zoom

Link to be sent closer to the date.

The Residency team has already started celebrating our graduates! Program Director Dr. Chelsey Sandlin (and her mini me, Tennyson), Chief Residents Monica Hajirawala and Jordan Lim, and Coordinator Kelly Allerton drove around town recently to place congratulatory signs in front of the grads' homes.



COVID-19 UPDATES

Please check your emails each day, especially communications from Dr. Watts - lots of info to share, can only do by email.

LCMC Telehealth ([information](#))

LSUHSC's COVID-19 Page ([website](#))

CHNOLA's COVID-19 Page ([website](#))

LSU GME's COVID-19 Resources ([website](#))

Mentored Career Development (KL2) Program in Clinical and Translational Science ([information](#))

PAS Neonatology Summer Webinar Series ([information](#))

Importance of Time Certification ([information](#)) - learn more about why we certify time each month!

Update from LSUHSC Grants Office ([information](#))

Coronavirus grant – up to \$1M awards plus personalized drug development team ([information](#))

Download the new Department Composites for this academic year! ([Faculty](#), [Fellows](#), [Residents](#)).

New Pre-Review for Grant Proposals service offered by LSU ([information](#))

Latest edition of LSU SOM's *The Pulse*. ([link](#))

Several Avenues of Stats Support, Education and Consultation

Dr. Stuart Chalew has put a helpful list of statistical support resources together for the department:

1. Online free modular basic medical stats course through LSU CITI program free to all LSUHSC students, residents, fellows faculty. Register with your LSU CITI user ID and password. Can work through modules at your own pace.
2. Formal Stats course through LSU - contact Dr. Donald Mercante for info and times.
3. Louisiana Clinical and Translational Science Center (LACATS) supports early statistical consultation for LSU and Children's - <https://www.lacats.org> Need to register/apply through SPARC website through link on <https://www.lacats.org/>. Brian Melancon 225-763-2980 can help with navigating SPARC. Usually LSU applicants get assigned to an LSU stats faculty through LACATS.

Dr. Chalew can help with navigating LACATS issues for LSU DoP members and those seeking support from LACATS for projects at Children's Hospital.

The COVID pandemic has certainly changed many aspects of our daily lives and will affect how we typically celebrate our graduates via a large Hello-Goodbye Ceremony. Each week, leading up to their final days of training, our residency team will highlight the graduating residents. Please join us in celebrating these excellent pediatricians at the departmental level...give them some shout outs in the hallway over the next few weeks! We thank all of our "almost graduates" for three wonderful years of dedication to their patients, their peers, and to LSU Pediatrics/Children's Hospital. You will do GREAT things, and we will miss you all.



Katie Greer, MD

Hometown: Metairie, LA

College: LSU

Medical School: LSU Shreveport

Plans after graduation: Chief Resident ☺ and then Outpatient Peds!

Talent: Baking (and eating)

Interesting Fact: I'm a super clean freak. I'd rather clean something than sit and relax.

Advice you wish you'd known in residency: Everyone makes mistakes. Try your best to see them as learning opportunities so that you can grow into a better physician.

Evaluation Highlights: "Katie is a wonderful resident and physician. She is a fantastic team player, knowledgeable, calm in all situations, and an overall pleasure to work with. Very proactive and a great leader of the team. Katie's future patients are very lucky to have her."

LaTasha Henderson, MD

From: Shreveport, LA

College: Xavier University of Louisiana

Medical School: LSUHSC-Shreveport

After Graduation: Pediatrician with OLOL in Walker, LA (near Baton Rouge)

Talents: shopping!

Interesting Fact: I plan to pursue a funeral director's license after passing the Pediatric Board Certifying Exam. (My parents own a funeral home.)

Advice you wished you'd known during residency: Imposter Syndrome is REAL. However, you know more than you think, and you are here for a divine purpose. Keep

learning and be confident in your ability!

Evaluation Highlights: “LaTasha is such a bright presence on rotations. Her devotion to her patients is very evident, and she goes above and beyond while remaining a great support system for her co-residents. I also appreciate her openness in hard times to reflect as it is often not done.”



Fellow Class of 2020 Spotlight

Congratulations to our fellowship graduates of 2020! Thank you for your years of service to the department, your division, and your patients.



Andrea Bauchat, MD

From: Farmington Hills, Michigan but raised in Georgia
College: University of Georgia, Athens, GA
Medical School: University of Pikeville, Kentucky College of Osteopathic Medicine

Residency: Children’s Hospital Medical Center of Akron in Ohio

After Graduation: Accepted for a 1 year pediatric bone marrow transplant fellowship at Children's Healthcare of Atlanta in Georgia

Talents: Artist, green thumb, DIY fanatic

Interesting Fact: My last name means "Handsome Cat" in French

Advice you wished you'd known during fellowship Given the patient population that I take care of, each day can be a challenging rollercoaster ride (mentally/emotionally); thus, I have learned that strength not only comes from within, but it's drawn from those surrounding you.

Evaluation Highlights: Andy is self-driven, thorough, and shows comprehensive management of her patients. She is a delight and an outstanding physician! It is an honor to work and learn from her as a co-fellow. She is always available to help and teach when necessary and is also very approachable.

Ivonne Iglesias, MD

From: Puerto Rico

College: University of Puerto Rico

Medical School: Universidad Autónoma de Guadalajara, Mexico

Residency: San Juan City Hospital, Puerto Rico

After Graduation: Provide pediatric gastroenterology services in outpatient and inpatient setting in Puerto Rico

Talents: Dance

Interesting Fact: I love Christmas season and its Hallmark's movies. I love the sky and moon because they make me feel happy and at peace. Cardinals and blue jays fill me with peace and hope.

Advice you wished you'd known during fellowship: Follow your dreams no matter how hard it is to continue studying after an exhausted residency journey because at the end you will be rewarded and happy.

Evaluation Highlights: She is very smart, efficient and hard working. She took care of very complex patients during her fellowship and her learning curve has been outstanding. I admire the hard work and dedication that Dr. Iglesias has for her patients. She is constantly reading about clinical problems which she encounters and works tirelessly to resolve. She is also kind and compassionate.



FACULTY DEVELOPMENT

New video monthly

June Video: *Teaching Medical Students*

This video provides tips for teaching medical learners in the clinical setting. Teaching can be simple, efficient, and effective. Let's all review these tips to ensure we continue to provide excellence in clinical education.

<https://vimeo.com/89625533>

If you are interested in other forms of Faculty Development, visit these websites:

- [LSU Pediatrics Faculty Development Page](#)
- [LSUHSC GME Medical Education Development Site](#)

CHNOLA Announcements

Latest edition of CHNOLA Employee E-News ([link](#))

CHNOLA EPIC Updates:

Storyboard Update - May 20th ([information](#))

Storyboard is coming to EPIC May 19th ([information](#))

- [Storyboard ABCs](#)
- [Storyboard Anesthesia Crosswalk](#)
- [Storyboard Surgery Crosswalk](#)
- [Ambulatory Storyboard Crosswalk All Users](#)
- [Storyboard Inpatient Crosswalk](#)
- [Storyboard ED All Users](#)

Discontinuation of COVID Transmission Based Precautions ([message](#),
[information](#))

MyChart Care Companion Home Monitoring Program ([information](#))

IP Provider: MyChart Home Monitoring Program ([information](#))

Upcoming Events

Grand Rounds

There has been a recent issue with Grand Rounds calendar invitations being sent out erroneously. Please do not try to create a calendar item using any Grand Rounds announcement emails. Instead, go to your calendar and create one manually from there. We think using the email shortcut to a calendar invitation is creating the issue.



Children's Hospital
New Orleans
LCMC Health

Virtual Pediatric Grand Rounds

Wednesday, June 3, 2020
8:00 am

Advanced Practice Providers: Education, Licensure, and Scope of Practice for Nurse Practitioners and Physician Assistants

Melissa Nunn, DNP, APRN, CPNP

Director Advanced Practice Nursing and Pediatric Nurse Practitioner Program Coordinator,
Children's Hospital New Orleans

Shinvani Gilotra, PA-C

Physician Assistant, Department of Hematology/Oncology, Children's Hospital New Orleans

Please join Pediatric Grand Rounds from your computer, tablet or smartphone:

Zoom link: <https://lsuhsc.zoom.us/j/95948773509?pwd=dlhQVFhkaGtWVW8vSmFPZmNEQ1FSQT09>

Meeting ID: 959 4877 3509, Password: 947648

One tap mobile: +16465588656,,95948773509# US (New York)
+13126266799,,95948773509# US (Chicago)

Note: This is a live activity. The link is only valid from 8-9:00 am and the presentation will not be recorded for CME or CEU credit. Please sign in with your full name and credentials in order to receive credit.

Objectives: At the conclusion of this activity, participants should be able to:

1. Identify the required education for NPs and PAs.
2. Recognize the process for NP and PA certification and licensure.
3. Discuss the scope of practice for NPs and PAs.

Intended Audience: This activity is specifically directed towards the pediatrician, but it is open to all other interested physicians, residents, medical students and allied health professionals.

CME Statement: Children's Hospital is accredited by the Louisiana State Medical Society to provide continuing medical education for physicians. Children's Hospital designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CEU Statement: Children's Hospital is approved as a provider of nursing continuing professional development by Louisiana State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

LSU Health
NEW ORLEANS
School of Medicine
Department of Pediatrics



Tulane University
SCHOOL OF MEDICINE
Department of Pediatrics

Zoom link: <https://lsuhsc.zoom.us/j/95948773509?pwd=dlhQVFhkaGtWVW8vSmFPZmNEQ1FSQT09>
Meeting ID: 959 4877 3509, Password: 947648

6.4.20 – LSU GME's Virtual Quality Improvement & Patient Safety Forum, 12:00pm – 4:00pm ([information](#)).

6.16.20 - Resident vs. Faculty Quiz Bowl // Chief Appreciation, 12:00pm via [Zoom](#), Meeting ID: 330 263 263, Password: Isupeds20

6.18.20 - Graduation Part 1: Award Announcements & Annual Report

6.19.20 - Graduation Part 2: Hello/GoodBye Ceremony, 5:00pm (link to be sent closer to the date)

Department Wellness

Department Wellness Ambassador Jerussa Aita-Levy, MD and the Wellness Committee have compiled a list of helpful links and resources. Please take this time to focus on your wellness!

1. Dr. Amy Creel has created a shared file of **Childcare Resources** that can be accessed by all in the department. Please review, use and edit as you'd like! ([information](#))
2. Remember LSUHSC **Campus Assistance Program** (CAP) is here to help! ([information](#))
3. A great article about grief in this new version of our world ([information](#))
4. CAP's Advise on Dealing with Stress ([article](#))
5. 7 steps to help doctors reduce stress during the COVID-19 outbreak ([link](#))

Recent Wellness Grand Rounds: Dr. Gail Gazelle gave two important, immensely helpful lectures. If anyone missed it, check out her slides here ([Grand Rounds, Noon Conference](#)). Dr. Gazelle included a free resource for our department: She leads a weekly Zoom clinician support group called "Helping Clinicians Thrive During COVID-19." The group is for physicians and advanced practice clinicians like you to build community and resilience during this time. Sessions are on Wednesdays, 3:30-4:30 PM CST. Click the link below to download a calendar attachment or simply join us at <https://zoom.us/j/92100651837>.

Bootcamp Class: Children's is offering a FREE virtual boot camp class on Tuesdays and Thursdays at 5:30pm if there is at least 5 people signed up. There will also be a Saturday class that will cost \$10. Attend [here](#).

Free apps and websites to keep you physically and mentally fit:

Peloton App: stream spin, run, walk, strength, stretching, bootcamp, yoga and meditation over an extended 90 day trial ([information](#)).

Pure Barre OD: 60 day free trial with Code: EXTENDED TRIAL ([information](#))

Shira Kraft, Pilates Instructor: 30 minute session on youtube ([information](#))

Beachbody: Free sample workouts ([information](#)); also offering a free 14-day trial of their on demand service.

Yoga:

Yoga with Adriene ([YouTube channel](#))

Fight Master Yoga ([YouTube channel](#))

Fitness Marshall ([YouTube channel](#))- for those who like dancing
Yoga for Kids! Cosmic Kids Yoga ([YouTube channel](#))

Meditation:

Free Headspace Plus for all US Healthcare Workers ([information](#)) Use this meditation tool to de-stress to get a healthy perspective.

Ten Percent Happier: ([information](#)) free access to app for healthcare workers

Find more discounts and freebies for healthcare workers including resources for mental and physical health [here](#).

Department Anniversaries

The following employees celebrate another year with the department this month. Thank you for your continued service to LSU Pediatrics!

Leone Coe, 28 years
Steffan Sernich, 13 years
Tabitha Washington, 8 years
Elizabeth Alonso, 6 years
Shubho Sarkar, 3 years
DeShonda Jolly, 1 year

Looking for old newsletters?
View the *Tuesday Tidbits* archive on the department's website. ([link](#))

Submit information to the next Tuesday Tidbits

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