

September 28, 2021



School of Medicine
Department of Pediatrics

LSU Pediatrics Tuesday Tidbits

Welcome to the Department of Pediatrics' weekly email blast designed to deliver important department information straight to your inbox.

Visit our
website

LSU Pediatrics Announcements

Leone Coe Retires After 33 Years at LSUHSC



Assistant Business Manager Leone Coe will retire this Thursday after 33 years with LSUHSC, 29 of those years with the department. Leone began her career at LSU employed by the Department of Medicine as the Cardiology Section Secretary. After five years, she left to finish her degree. LSU came calling once again when she answered a blind job advertisement from the Department of Pediatrics and became an Editorial Consultant where she worked closely with former Chairman Robert Suskind, MD. After five years in that position, she was promoted to Assistant Business Manager of Contracts and Grants, the job she holds to this day.

Leone is happy the majority of her career has been with the department. "I love working in Pediatrics. Pediatricians are kind, gentle people." Pediatrics has been fortunate to have her. Reflecting on her many years working with Leone, Business Manager Hyang Lee said "I have always admired and envied Leone's ability to live in the moment and enjoy all that life has to offer."

If you know Leone, you know she will be living retirement to the fullest in her and husband Randy's pool oasis in River Ridge. She was appreciative of the pool floats, the department's retirement gift to her (see picture below). Congratulations, Leone! Thank you for dedicating so many years to the department.





All large organizations depend on key personnel with deep knowledge and memory to run the organization. In the military, it is understood that the officers and generals don't run the military, that is the job of the non-commissioned officers. Leone has been a key "non-commissioned officer" of the LSU Department of Pediatrics. As a new Department Head, I came to quickly rely on Leone. She knew how to do everything, who to contact, how to get things done. Those are the types of skills that more than 29 years of service to the LSU Department of Pediatrics brings someone. Leone has earned her retirement. I hope she leaves her cell phone number with us so Kelly can text her questions while Leone lounges by the pool. Thank you, Leone. Your work, dedication and contributions to LSU are greatly appreciated. Geaux LSU Peds!

– Raymond Watts

Congratulations and best wishes Leone for a happy and healthy retirement! As the last of the old school administrators, I can say you've been at LSU a long time since I was a fellow and you had different last name when we first met. Thanks for all of your dedication, whether it was scheduling time with Dr. Suskind, working on a new LSU contract, or getting promoted. Now you can be promoted to retiree!

– Brian Barkemeyer

Hi Leone---Gonna miss you! It was wonderful having you to help me as Chair of the Promotions committee (2006-2021) through the promotion administrative process. Your expertise and skills made it easier for me and all the previous candidates. Have fun during your retirement!

– Lolie Yu

Wish you the best of times in your well-deserved retirement! Can we clone you?

– Isa Ashoor

Leone has worked tirelessly to keep us all on track. I hope that retirement is fabulous and fulfilling. Leone, you will be missed!

– Shubho Sarkar

I started during COVID and Leone was there for me every step of the way. Always friendly and helpful. Enjoy your retirement!

– Elizabeth McDonough

Congratulations on your retirement, Leone! Thanks for all you have done for the department and for me over the years. You will be missed. I hope you enjoy some well-deserved rest and relaxation!

– Chelsey Sandlin

WOW, Congratulations on a well-deserved retirement for sure. You have always been so helpful over the last 30+ years. In my cardiology days if we/Dr. Stopa needed something from LSU he

would say "Call Leone for" Thank you for all you have done for LSU Pediatrics over the years. You will be missed greatly. Take care and have a fabulous "Next Chapter in the life of Leone".

– Karen Kenan

Congrats on a well-deserved retirement Leone! I appreciate all your patience and guidance over the years as a resident and faculty member. Thanks for supporting our LSU Peds Family. Best wishes on your next adventure!

– Marcie Houser

Can I object?!?!? I don't want you to leave!!! You will be missed!

– Regina Zambrano

Best wishes on your retirement. Thanks for all your hard work and dedication to our LSU department of pediatrics. More importantly, thank you for your help personally with my directorship documents and promotions packet. If the pool days are too lazy for you, we will always welcome you back!

– Jeff Surcouf

Thank you for your incredible hard work throughout your career at LSU! I appreciate your dedication and support and wish you the very best in your well-deserved retirement. I will miss you!

- Elizabeth Wisner

Congratulations on your retirement, Leone! I will miss your stories, never-ending advice, and outlook on life. Thank you for your guidance through the years. Enjoy life in the pool!

– Kelly Allerton

My congratulations to Leone on her retirement! I wish you the very best of joy and fun in your retirement time. Well deserved!!!

– Debbie Hoppe

Updated LSU COVID Policies- Domestic Meeting Travel is Now Possible

Chancellor Dr. Larry Hollier's office has updated Campus Guidelines. They are posted on the Coronavirus website <https://911.lsuhs.edu/coronavirus/>. The direct link is <https://911.lsuhs.edu/coronavirus/campus-guidelines.aspx>.

Highlights of the updated guidelines include:

- Vaccination is required except for those with a medical or religious exemption. Individuals who are not fully vaccinated will be required to undergo periodic surveillance testing in the Campus Health Clinic. LSUHSC-NO also recommends that pregnant women discuss the pros and cons of vaccination with their health care provider.
- Domestic travel to meetings using LSUHSC funds is now allowed for fully vaccinated individuals. (International travel will still not be approved.)
- Students will be able to resume some volunteer clinical activities provided that the students are fully vaccinated, the volunteer work is supervised, appropriate PPE is used, and there is an approved COVID mitigation plan in place.
- Quarantine is no longer necessary for a fully vaccinated person after moderate-to-high risk exposure. However, those individuals will be required to undergo testing immediately after exposure and on day 5-7

after exposure. They should also strictly adhere to mask and social distancing policies. Quarantine is required for a fully vaccinated person who is living with someone who has a COVID-19 infection.

- Quarantine is still required for individuals who have had moderate-to-high risk exposure if they are not fully vaccinated.

Please take a few moments to familiarize yourselves with the updates when you can, and refer to them as the need arises.

Post Hurricane Ida Faculty Development Workshop



The LSUHSC School of Medicine's Committee on Faculty Development is offering an additional workshop to assist faculty and staff in their response, recovery and return to work following Hurricane Ida amidst a continuing pandemic.

Lynne Unikel, PhD and Ryan Flynn, MHA from Albert Einstein Healthcare Network in Philadelphia will explore how people can make sense and meaning out of adverse life experiences. They will introduce two wellness models: PERMA and Post-Traumatic Growth and apply both concepts in the context of current stressors, i.e. COVID-19 pandemic and hurricanes. The workshop will be comprised of a didactic session followed by an interactive group discussion.

“Finding Growth in the Wake of Adverse Events”

Friday, October 1 at 12:00pm on Zoom

<https://lsuhsc.zoom.us/j/94373027716>

CME credit will be offered. You can view the event flyer [here](#).

LSUHSC Research Café

The Research Café workshop series will take place on **Thursday, September 30th at noon in Conference Room 7 on the 6th floor of the Lion's building**. It will also be accessible by Zoom: <https://lsuhsc.zoom.us/j/99453674541> The workshop is open to all faculty, residents and post docs (please pass this along to your post-doctoral fellows or researchers). Soft drinks and coffee will be provided at the workshop,

This month's topic is on "Research Resources". This session is designed to help participants learn about the major research resources available at LSUHSC. By the end of the workshop, participants will have a better understanding of how to utilize these resources and where to get started. These include Internal and External Funding Opportunities, the Faculty Interests Database, the Faculty Mentoring Program, the Office of Research Services which includes the Institutional Biosafety Committee (IBC), Institutional Review Board (IRB), and the Institutional Animal Care and Use Committee (IACUC), as well as the Epidemiology and Data Center for data collection and analysis (i.e., REDCap, SAS).

No registration is required. If anyone has any questions, please contact Dr. Fern Tsiens fmille@lsuhsc.edu

SSPR Call for Abstracts: Deadline October 8

The deadline to submit abstracts for the 2022 SSPR Annual Meeting is fast approaching. View the call for abstracts [here](#).

Southern Regional Meetings

February 10-12, 2022

Abstract Deadline:

October 8, 2021

11:59 pm EST

Jointly provided by Tulane University Health Sciences Center

This activity has been approved for *AMA PRA*
Category 1 Credits™



CHNOLA/LSU/TULANE IRB Office Hours

Have you ever had unanswered questions about the IRB process? Wondering if there is a secret magic to getting your protocols written, consent forms correct the first time and have your project make it through the IRB? Wonder about who the people are behind those IRB emails? If so, please join us for informal virtual IRB drop in office hours. Talk to our amazing IRB staff from all three institutions and get their insights on the best approach to getting your study approved the first time.

When: the first Friday of every month, 12:00pm - 1:00pm

Topic: CHNOLA/LSU/TULANE IRB OFFICE HOURS

Where: via Zoom, <https://tulanehipaa.zoom.us/j/96665234856>

September is Childhood Obesity Awareness Month

The Louisiana AAP Committee on Childhood Obesity & Nutrition along with Pennington Biomedical Research Center created a healthy alphabet video

series on topics related to obesity prevention

To see the videos, go to our website:

<https://www.laaap.org/obesityandnutrition/>

See below for our social media pages where we are posting 2 letter videos per day.

[Louisiana AAP | Facebook](#)

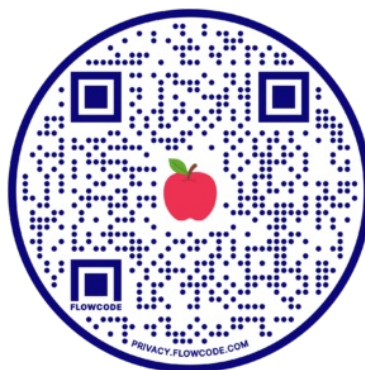
[\(5\) LA Chapter of AAP \(@MyLAAAP\) / Twitter](#)

Please consider sharing on your social media pages and any other media outlets that you think would help raise awareness!

[#ChildhoodObesityAwareness](#)

[#GetFedUp](#)

Below is our infographic that we created for Louisiana Childhood Obesity Awareness Day that we shared with the Louisiana Legislature in June!



Childhood Obesity Awareness Month

Healthy Alphabet series brought to you by:

Louisiana Chapter

INCORPORATED IN LOUISIANA

American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN®



**Pennington Biomedical
Research Center**
Louisiana State University



**LOUISIANA HEALTHY
COMMUNITIES COALITION**



**OUR LADY
OF THE ANGELS**



**OUR LADY OF THE LAKE
CHILDREN'S HEALTH**



**OUR LADY OF LOURDES
WOMEN'S & CHILDREN'S HOSPITAL**



A Partner of Our Lady of the Lake Children's Health

WELLAHEADLA.COM

CHILDHOOD OBESITY IN LOUISIANA

Louisiana ranks 6th nationally in the prevalence of childhood obesity



Portion of Louisiana youth 10-17 years old with obesity.

Companies disproportionately target African American and Hispanic youth with TV ads for sugary drinks. African American teens saw 2.3 times as many ads compared to white teens.

Spanish Language tv ads have increased by 80% since 2010.

African Americans, Hispanics and American Indians have experienced the highest increase in childhood obesity rates. On average, 25% of children in these ethnic groups are affected by obesity.



of **CHILDREN WITH OBESITY** are more likely to become adults with obesity



of **LOUISIANA** children ages 10-17 have overweight or obesity compared to the national average of 31.3%



of **YOUTH** consume at least one sugar-sweetened beverage a day



of **CHILDREN** are predicted to develop obesity by age 35 if current trends continue

Kids ages 8-18 now spend, on average 7.5 hours in front of a screen daily. Over a year that adds up to 114 full days of screen time. This severely limits time for free play and physical activity.

2012 Louisiana Report Card on Physical Activity and Health for Children and Youth (Pennington Biomedical Research Center)

Louisiana's Grade: D

for insufficient physical activity opportunities and programs available to the majority of Louisiana's children and youth.

Louisiana Chapter

INCORPORATED IN LOUISIANA

American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN®



PRODUCED BY THE OBESITY & NUTRITION COMMITTEE OF THE LOUISIANA AAP. FOR MORE INFO, VISIT:

WWW.LAAAP.ORG/OBESITYANDNUTRITION



Chief Resident Sarah Short Marries Johnny Leo

Chief Resident Dr. Sarah Short married Johnny Leo in Martha's Vineyard on August 26. They were forced to have an extended honeymoon after Hurricane Ida prevented them from coming home. Congratulations to Sarah and Johnny! Photos by Linka Odom.





Other Announcements

LSUHSC COVID Self-Reporting ([information](#))

Latest edition of LSU SOM's *The Pulse*. ([link](#))

Resident Participation in Research ([information](#))

Grant Opportunity: Thrasher Research Fund ([information](#))

LSUHSC IRB's Researcher Education Series ([information](#))

LSU Proof-of-Concept Fund- LIFT2 Round 12 Announcement ([information](#))

Updated: Several Avenues of Stats Support, Education and Consultation ([information](#)) ([using stats models through CITI](#))

Importance of Time Certification ([information](#)) - learn more about why we certify time each month!

Important Notice: P-Card Restrictions on AAP Purchases ([information](#))

Use of Non-LSUHSC Email ([information](#))

New Pre-Review for Grant Proposals service offered by LSU ([information](#))

Download the new Department Composites for the 2021-2022 academic year! ([Resident](#), [Fellow](#), [Faculty](#)).

FACULTY DEVELOPMENT

New video monthly

September Video: Giving Feedback

Feedback is crucial for educating our learners. But it doesn't always come naturally. This video breaks down characteristics of effective feedback. And uses some scenarios to show do's and don'ts in clinical scenarios. With a run

time of 12 minutes it's great to watch over lunch, during a break, or in small chunks when you have a minute to invest in education!

<https://vimeo.com/76300757>

Please send any suggestions or areas of faculty development need to acree1@lsuhsc.edu.

If you are interested in other forms of Faculty Development, visit these websites:

- [LSU Pediatrics Faculty Development Page](#)
- [LSUHSC GME Medical Education Development Site](#)

For questions or comments regarding Faculty Development, please contact [Amy Creel](#).

CHNOLA Announcements

Latest edition of CHNOLA Employee E-News ([link](#))

EPIC Outpatient Efficiency Training - Free Virtual training with AMA credit ([information](#))

Report your flu-like symptoms

Please notify Employee Health at 504.962.6270 if you have any flu-like symptoms before reporting to work. Symptoms may include cough, congestion, headache, with or without fever.

Upcoming Events

Grand Rounds

For those who prefer an Outlook Calendar Reminder for Grand Rounds, please click [here](#) for directions that walk you through creating a recurring reminder.

Virtual Pediatric Grand Rounds



Children's Hospital
New Orleans
LCMC Health

"Practical Advice for Caring for the Child Who Is Overweight or Obese"

Wednesday, September 29, 2021

Noon

Please join Pediatric Grand Rounds from your computer, tablet, or smartphone:

To receive CME or CEU Credit, you **MUST register through EventBrite** and use the EventBrite link to join Grand Rounds.

Register here: <https://www.eventbrite.com/o/chnola-office-of-medical-education-34140724807>

CME/CEU credit for this activity, you can join via Zoom. Your attendance will not be counted.

Zoom link: <https://lsuhsc.zoom.us/j/92312437678?pwd=amd0RENwQWJ2L1BDNW1zeHVQRHhjQT09>

Meeting ID: 923 1243 7678

Passcode: 235623

Note: This is a live activity. The link is only valid from noon – 1:00 PM and the presentation will not be recorded for CME or CEU credit. Please register and join the activity via EventBrite to receive credit.



Marcella Houser, MD, is an Assistant Professor of Clinical Pediatrics at LSU-NO. As an academic pediatrician at Tiger Care, Dr. Houser cares for patients and families alongside resident physicians, training Louisiana's future pediatricians. She earned her medical degree at the American University of the Caribbean and completed her Pediatrics Residency at LSU-NO. Dr. Houser is board certified in Pediatrics and Obesity Medicine.

Katie Queen, MD, serves as the Director of the multidisciplinary pediatric healthy weight clinic in Bogalusa, LA. She earned her medical degree from LSU in New Orleans, spending two elective months during her fourth year at UCSF and Duke University learning from experts in childhood obesity. During her residency at LSU Pediatrics New Orleans, she received an American Academy of Pediatrics CATCH grant to design and implement an intensive healthy lifestyle program for kids and their families at a local community center.

Objectives: At the conclusion of this activity, participants will:

1. Improve their understanding of obesity-related physiology
2. Gain confidence in creating patient-centered treatment plans for patients with obesity.
3. Gain awareness of obesity treatment resources.
4. Gain awareness of opportunities for engagement in childhood obesity advocacy and policy initiatives at the local and state level.

Intended audience: This activity is specifically directed towards the pediatrician, but it is open to all other interested physicians, residents, medical students, and allied health professionals.

CME statement: Children's Hospital is accredited by the Louisiana State Medical Society to provide continuing medical education for physicians. Children's Hospital designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CEU statement: Children's Hospital is approved as a provider of nursing continuing professional development by Louisiana State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.



Eventbrite link to register for Grand Rounds on 9/22:

<https://www.eventbrite.com/o/chnola-office-of-medical-education-34140724807>

**Anyone who does not wish to earn CME/CEU credit can continue join
Grand Rounds through the Zoom portal:**

[https://lsuhsc.zoom.us/j/92312437678?](https://lsuhsc.zoom.us/j/92312437678?pwd=amd0RENwQWJ2L1BDNW1zeHVQRHhjQT09)

[pwd=amd0RENwQWJ2L1BDNW1zeHVQRHhjQT09](https://lsuhsc.zoom.us/j/92312437678?pwd=amd0RENwQWJ2L1BDNW1zeHVQRHhjQT09)

Meeting ID: 923 1243 7678, Passcode: 235623

One tap mobile: +16465588656 or +13017158592

Any questions about Eventbrite can be sent to emma.cradyc@lcmchealth.org.

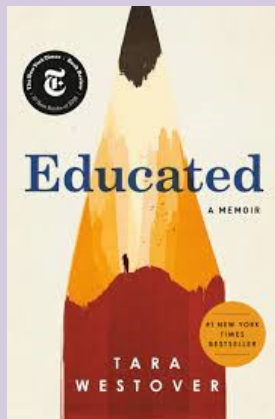
October 15 and 22, 2021 - Sustaining Behavior Change Conference - free and open to all participants. For full conference agenda, speakers and registration: [ANSCHUTZWELLNESS.COM/SBC](https://anschutzwellness.com/sbc)

- This conference grows from the belief that limitations in our ability to help people make lasting changes in their health-related behaviors is one of the greatest challenges to the well-being of our population. Whether it is adopting healthy eating and physical activity habits, or curtailing the use of unhealthy substances or behaviors, people seem able to initiate behavior change, but a range of forces typically lead to a return of previous behaviors.
- The Sustaining Behavior Change Conference assembles a group of leading scholars in a range of disciplines, including behavioral sciences, behavioral economics, marketing and neuroscience to share their insights and perspectives on this important issue.
- Our goal is to spur creative new thinking about how we might study and implement strategies that will foster effective long-term behavior change

Department Wellness

CHNOLA's childcare center open for children of providers/staff working at Children's Hospital ([flyer](#))

LSU Pediatrics Wellness Resources ([information](#))



Wellness Committee Book Club Reschedules Meeting for October

The LSU Pediatrics Wellness Committee shares its book for this quarter. It is called "[Educated](#)" by [Tara Westover](#). The September club meeting has been rescheduled to Wednesday, October 20th at 7:30pm at Peacock Room, 501 Tchoupitoulas St. Please RSVP with Eden Haile (ehaile@lsuhsc.edu) by October 6th.

Department Anniversaries

The following employees celebrate another year with the department this month. Thank you for your continued service to LSU Pediatrics!

Renee Gardner, 28 years
Cori Morrison, 11 years
Dania Felipe, 9 years
Amanda Dumas, 8 years
Leslie Reilly, 7 years
Brooke Naranjo, 5 years
Kyle Fulton, 4 years
Tamara Bradford, 2 years
Ashley Stevens Farge, 2 years
Nathalie Medeiros, 2 years

Shannon Powell, 2 years
Elizabeth McDonough, 1 year

Looking for old newsletters?
View the *Tuesday Tidbits* archive on the department's website. ([link](#))

Submit information to the next Tuesday Tidbits

Department of Pediatrics | LSUHSC