Vol. 12, No. 2 April 2010



# Departmental News

# Department of Pediatrics ~ LSUMC New Orleans

#### **KUDOS CORNER**

Nancy Ross-Ascuitto, MD, program director for the Pediatric Cardiology Fellowship Program, received great news last week. Effective July 1, 2010, the ACGME accredited the program for a length of 3 years and up to 6 residents. Congratulations Cardiology!



John Estrada, MD

On April 23<sup>rd</sup>, John Estrada, MD, along with Dillard University, was awarded a \$6,721,704 grant from the NIH's National Center for Minority Health Disparities. The grant will support 5 years of research, training, and community engagement at the new Dillard-LSUHSC Minority Health and Health Disparities Research Center. Three research projects will focus on disparities in research. These include: prostate cancer in African Americans, STDs and cervical cancer, and asthma and obesity. The training component of the grant will pair LSUHSC scientists with junior faculty at Dillard. Undergraduate students from Dillard will train at LSUHSC and Dillard labs during the summer while minority nurses will be trained to become clinical research associates. The project also aims to engage the community to seek early detection of disease and participate in clinical research, including cancer clinical trials.

The Aesculapian Society has nominated several professors, residents and interns from the Department of Pediatrics for the group's annual "Excellence in Teaching Award". These include:

### Faculty:

Brian Barkemeyer, MD Robin English, MD Andrea Hauser, MD Jessica Mouledoux, MD Kenneth Paris, MD

#### Residents:

Star Gianelloni, MD Salomon Abitbol, MD Jill FitzPatrick, MD

#### Interns:

Chelsey Sandlin, MD Emily Simon, MD Hitesh Chheda, MD

Alfonso Vargas, MD participated in the 14<sup>th</sup> Annual Conference of the National Hispanic Medical Association - NHMA (www.nhmamd.org) Transformation to "Health Care Prevention & Health Promotion for the Hispanic Community" in Washington, D.C. March 25th -28<sup>th</sup>, 2010. During the Leadership Awards Banquet he received the "NHMA Board of Directors Award" at the conclusion of his 2008-2010 tenure as Chair of the National Council of Hispanic Medical Societies, a consortium of 17 societies medical and 14 health-related organizations serving the Hispanic/Latino communities nationwide. As an ex-officio member of the Board, he has contributed to the development of the portal HispanicHealth.com and the campaigns for obesity and diabetes (type 2) prevention. As part of the conference, Dr. Vargas met with staffers from the Committees on Health, Education, Labor and Pensions in the U.S. Capitol Building. He spoke with Sheldon Fields, PhD, RN, staff of Senator Barbara

Mikulski (Maryland) along with Craig Martinez, DrPH, MPH and Taryn Morrisey, PhD, staffers of Senator Tom Harkin (Iowa), Chairman of the Committees. Dr. Vargas commented on the outcome of his trip saying, "We left strong voices of appreciation, of support for children and adolescent causes. obesity and diabetes prevention, education and health access to minorities and the uninsured, and the need to protect the children's hospitals and the educational programs for fellows, residents and medical students."

#### **PUBLICATIONS**

**Eduardo Davila, PhD** will publish several articles this year. These include the following:

<u>Title</u>: When Toll-like receptor and T-cell receptor signals collide: A Mechanism for enhanced CD8 T-cell effector function

<u>Authors</u>: Degui Geng, Liqin Zheng, Nicole Asprodites, Cruz Velasco-Gonzalez, Eduardo Davila

<u>Description</u>: These studies described the signaling mechanism by which toll-like receptor engagement on Tumor-specific T cells enhances killing activity against certain cancers and infected cells.

Journal: Blood 2010

<u>Title</u>: Amplifying TLR-MyD88 signals within tumorspecific T-cells enhances antitumor activity to suboptimal levels of weakly-immunogenic tumorantigens"

<u>Authors</u>: Degui Geng, Liqin Zheng, Ratika Srivastava, Cruz Velasco-Gonzalez, Adam Riker, Svetomir N. Markovic, Eduardo Davila

<u>Description</u>: These studies highlight that amplifying toll-like receptor signals (by over-expressing TLR-related genes) in tumor-specific T cells augments antitumor against an established and aggressive melanoma tumor.

Journal: Cancer Research 2010

<u>Title</u>: A Toll for Th17 Expansion <u>Authors</u>: Jay Kolls and Eduardo Davila

<u>Description</u>: This editorial highlighted studies conducted by Drs. Tony Vella and Jeremy McAleer showing that toll-like receptor 4 stimulation enhances the expansion of precommitted Th17 cells.

<u>Journal</u>: Journal of Leukocyte Biology (2010 in Press)

**Yves Lacassie, MD** helped author "Mixoploidy: Perinatal Diagnosis and Pregnancy Outcome." The article was recently published in *American Journal of Perinatology*.

#### **WELCOME NEW FACULTY**



Franca Iorember-Acka, MD

The Nephrology Division welcomed Franca lorember-Acka, MD as Assistant Professor of Clinical Pediatrics in April. She came from Tulane University where she served as Assistant Professor in Pediatric Nephrology and Director of Pediatric Dialysis. She completed her fellowship at Ohio State University in 2008 and her residency at Morehouse School of Medicine in 2005. Dr. lorember-Acka was born and raised in Nigeria where she served as a medical officer for many years prior to coming to the United States as a graduate student at The George Washington University in Washington, D.C. Her research interest is in chronic kidney disease in children. Welcome aboard!

#### RESEARCH DAY: CALL FOR ABSTRACTS

Pediatrics Research Day is scheduled for the afternoon of June 4<sup>th</sup> in Children's Auditorium. All faculty, fellows, research associates, residents and students of the Department of Pediatrics and Research Institute for Children are invited to submit abstracts. All presentations will be given as posters and a small number of abstracts will be selected to be given orally based on scientific review of the abstract. Posters should be no larger than 4 ft x 4 ft although a larger poster that was recently presented at another meeting will be accepted. Abstracts should be 300 words or less. Contact Kelly Allerton (kslumb@lsuhsc.edu, 896-9800) for the abstract/entry form. The deadline to submit entries is Friday, May 21, 2010.

#### **FUTURE FACULTY MEETINGS**

The next faculty meeting will be held on May 21 in the Auditorium. Each monthly meeting will be held on the third Friday of the month. Meetings begin at 12:00 noon.

#### **MAY SUBMISSIONS**

Please send your submissions for the next issue of the newsletter to Kelly Allerton. You can reach Kelly by telephone (896-9800), fax (896-2720), or email (kslumb@lsuhsc.edu).

### NATIONAL WOMEN'S HEALTH WEEK

Dr. Alfonso Vargas wanted to share the following article with all faculty, fellows, residents and staff. The NIH/CDC National Diabetes Education Program (NDEP) is distributing this article as part of National Women's Health Week.



#### New Moms Can Prevent Diabetes by Keeping Up Healthy Habits

By the National Diabetes Education Program

Women who develop high blood glucose (blood sugar) levels during pregnancy are said to have gestational diabetes. These women should be tested for diabetes 6 to 12 weeks after their baby is born. In many cases their blood glucose levels show that they are no longer considered to have diabetes. But what many people don't realize is that new moms who had gestational diabetes will continue to have a greater risk for getting diabetes during their entire lifetime. So even if the test for diabetes is normal right after the baby is born, these women should continue to get tested for diabetes at least every three years.

"Many women think that if the follow-up test after the baby is born shows no signs of diabetes, they are in the clear. That is not the case," said Vivian Pinn, MD, Director of the Office of Research on Women's Health (ORWH) at the National Institutes of Health. "They continue to have a greater risk for getting diabetes in the future. The good news is that there are modest but important steps these women can take to prevent or delay developing diabetes."

Gestational diabetes occurs more often in women with a family history of diabetes, obese women and Latina, African American, American Indian, Asian, Pacific Islander, and Alaska Native women. Moms who have had gestational diabetes should be tested on a regular basis for diabetes, so it is important that they tell their doctors about their history of gestational diabetes. This follow up screening may be a simple blood test. Women who have had gestational diabetes have a 2 in 3 chance that it will return in future pregnancies so they should also talk to their obstetricians if they plan on becoming pregnant again.

Women with a history of gestational diabetes should also make an effort to reach and maintain a healthy weight by making healthy food choices and being active for at least 30 minutes, 5 days a week. Even if women do not reach their "goal" weight, research shows that maintaining a healthy lifestyle can help reduce risk. These action steps are also good for the entire family.

"Children of women who had gestational diabetes are also at risk for obesity and diabetes, so it's a good idea for mothers to let their child's doctor know that they had gestational diabetes," added Pinn. "Keeping a healthy lifestyle as a family is good for everyone. It helps both mom and baby manage their risks for getting diabetes in the future."

For a free tip sheet on gestational diabetes, including steps to reduce the risk of developing diabetes, call the National Diabetes Education Program (NDEP) at 1-888-693-NDEP (6337) or visit their website at <a href="https://www.YourDiabetesInfo.org">www.YourDiabetesInfo.org</a>.

# FACULTY DEVELOPMENT: RESIDENT NOON CONFERENCES ARE NOW INTERACTIVE

By Bonnie Desselle, MD and Rachel Dawkins, MD

Traditionally the resident lectures have been a passive learning environment, but we would like our faculty to make a dramatic shift in this educational venue by creating **INTERACTIVE LECTURES.** 

# **Advantages**

- Increased learning
- Increased attention span
- Increased motivation
- Increased satisfaction of FACULTY!

### **Helpful Hints for Creation of Interactive Lectures**

- Identify a few essential points that the audience must learn
- Case based: create one to three cases to illustrate these points
- Minimize your slides

# **Helpful Hints to Increase Audience Participation**

- Develop a worksheet for the residents and students to complete
- Have residents and students work in groups to solve cases
- Ask clear questions
- Pause after each question >5 seconds
- Make them justify their answers

# Remember: The most important thing at the end of the lecture is what the residents LEARNED and not what was taught!

Dr. Desselle is visiting all divisions to assist the faculty with this transition. Please contact her at bdesse@lsuhsc.edu for individual assistance.